

# *Isha Yoga Roots*

A look at the Egyptian roots of Isha Yoga with observations that apply to yoga and Hinduism in general.



I know many will hate me and call me all kinds of names for speaking out about this but exposing the truth is far more important than what anyone thinks. I would have been the same way, so very defensive if any one had told me what I am about to reveal while I was still in it. I will be talking about Isha Yoga, its roots, Sadhguru aka Jaggi Vasudev ( the Founder), and my involvement and experience in it. First I'd like to say I believe there are sincere people that are truly searching and sacrificing themselves that are following Isha Yoga, but I tell you out of love and for the love of truth that it is not what it seems. Even if you get angry at viewing this information, and you think that the bible is a lie created by men and those believing in it are highly indoctrinated (pretty much my sentiments before), and you will not take any biblical scripture as truth, I ask that you please please read this until the end. I will be touching on the lies and fraud of Isha Yoga, but covering more in depth the true spiritual force behind the establishment as well as yoga and Hinduism in general.

I am an Indian woman. I was born in India and grew up in the USA. I have been involved with eastern philosophy and various traditions of Hinduism, Jainism, and a mingling of them both for most of my life. I also had a “new age” mentality and have read and studied many scriptures of the Upanishads, Gita, and many many ( too many to count) writings of eastern “spiritual masters.” I was offended by Christians who would tell me Jesus is the truth, the life, the way and would argue and debate them. I was always interested in helping others and considered myself to be a good person ( in my own eyes) but still in need of something deeper. A very sensitive person in many ways. I meditated regularly even before Isha Yoga.

I will tell you that I was immediately drawn to Isha Yoga given my background and became deeply involved as I progressed all the way from Inner Engineering to BSP ( Bhavana Spandana Program) to Samyama and everything in-between ( Shoonya, Hatha, Shakti Chalana..ect). At that time I thought that Jesus was just another great teacher. I had no clue who He truly is. I experienced shaking and twitching and groaning during most of the programs as many did ( if they didn't they at least witnessed others who did). I was excited as I believed this to be a sure sign that I was getting in touch with universal energy or releasing karma and getting closer to reaching new dimensions towards the enlightenment of my soul. With each program I felt like I was getting more in tune. I was a main volunteer at every program I could get to, even using my own money to fly to Tennessee for BSP every chance I got ( several times). I believed the lie that through my own works I could attain liberation if I was committed enough. Plus the fact that I was actually feeling something happening in my system was further evidence to me that I was surely on the right path.

I was becoming aware of the money minded politics that take place at the higher levels but made excuses that any institution will have its flaws and that it is not Sadhguru's fault and he may not even know about it. What I came to know is that the core of the whole thing revolves around deceit and lies both in the worldly material way and also in the most important spiritual way. I will go in depth and explain further below. For me, my “well being” was slowly degenerating while doing high level Isha Yoga programs in India ( I was practicing correctly as told to me by several instructors) to the point of a horrible condition. I sought help while there and upon returning to the USA. I while in very poor health made it to a local talk that was given by Sadhguru. I approached Sadhguru afterward ( people were all around him) and started, “ I am not well, I was in the Isha Ashram in India and...” when he immediately told me to “shhhhh.” There were other people attending the talk an earshot away that he certainly did not want to hear any bad publicity that might dissuade them from Isha or the India Ashram in particular. Bad experiences are ignored and hushed ( on a quick side-note, I remember at one of the programs a lady stood up and shared how after doing the practice she could feel the presence of entities

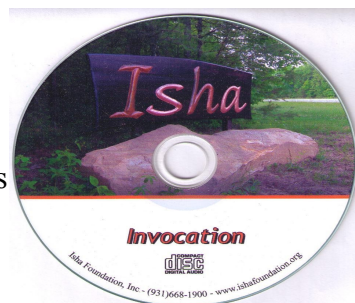
in her room and weird feelings in her system and it scared her. There was no response given by the teacher about it as she quickly moved on and asked the rest of the class, “Does anyone have any good positive experiences to share?”) Anyway, I was basically told to do more yoga by Sadhguru. No amount of yoga or meditations ( of any form), or any advice directly from Sadhguru or teachers, no amount of chanting, positive affirmations, or visualizations, calling on Hindu gods or other “gurus”, NOTHING helped me. The Jesus Christ of the bible (the Christian view) I thought was a figment of western people's deluded imaginations as I held the belief that he was just another “enlightened master” among many. However it was ONLY when I cried out to Jesus Christ asking forgiveness of my sins did my whole world, my perspective and everything as I knew it change. For the slightly longer version of my journey and what happened to me, look towards the bottom of this document in the section titled “My Testimony.”

Isha Yoga is not just a money scam although that is a part of it certainly. There are truly spiritual principalities involved. But it is from the Occult. For definition of “occult” see <http://en.wikipedia.org/wiki/Occult>. As I mentioned I was actually feeling something happening in my system. I emotionally, physically, and mentally felt change that took on different forms. Sometimes I would laugh, cry, feel euphoria, twitch, grunt/groan, shake,dance, roll eyes, breathe different, gain supernatural energy, gasp, hop up and down..etc. This is very common throughout the programs ( and many yoga programs taught by other “mystics” as well) and I was certainly not alone in such expressions. The truth is it was actually spirits/demons altering my system as I opened pathways through the practices for them to enter in and yoke with me. It was NOT spiritual advancement toward “enlightenment” or any indication of spiritual progress whatsoever. The monks at the Ashram at one time may have displayed similar expressions but no longer do. They are quite still. Sadhguru says this is because they are more seasoned yogi's and have learned to control energy through doing the high level practices for so long. The fact is that these people have become the personalities of the various spirits invoked and invited. It is a deeper level of possession in which the personality of the person has been overtaken in a zombie like way although it may SEEMINGLY look like it is for the better or more peaceful.

In Isha Yoga ( as with many other yogic traditions) we are taught an **invocation** ( the common invocation is the one that starts “sahana vavatu...” ) to be recited before doing a “sadhana”(such as Shambhavi Mahamudra). It is openly called for what it is as the term used to describe it by Isha Foundation is “invocation.” There are even cd's sold at the Isha Yoga shop with the invocations on them ( see pic).



Invocation is defined as the following in wikipedia:“An **invocation** (from the Latin verb *invocare* "to call on, invoke, to give") may take the form of: Supplication, prayer or spell. **A form of possession**. Command or conjugation. **Self-identification with certain spirits...**The word "possession" is used here in its neutral form to mean "a state (potentially psychological) in which **an individual's normal personality is replaced by another**". This is also sometimes known as 'aspecting'...Possessive invocation may be attempted singly or, as is often the case in Wicca, in pairs - with one person doing the invocation (reciting the liturgy or prayers and acting as anchor), and the other person being invoked (**allowing themselves to become a vessel for the spirit or deity**). **The person successfully invoked may be moved to speak or act in non-**



**characteristic ways, acting as the deity or spirit; and they may lose all or some self-awareness while doing so.”**

(Source: <http://en.wikipedia.org/wiki/Invocation> )

The “Guru Pooja” is a training program one can take at Isha Yoga. Sadhguru says this about it, “*Guru Pooja is a way of making your system become an invitation to the divine. **There is a whole system established to create an energy invitation where certain types of beings are invited** in the yogic tradition. Initially, you just learn the words and the method of it. As you learn to give yourself into the process, it can become a wonderful way to manifest something in your own house in such a big way on a daily basis. You can manifest something so powerful within yourself and in the spaces you live in, so that there you have constant company.*” (Source: <http://www.ishausa.org/programs/advanced/guru-pooja/>)

Who are we inviting when doing all these programs, techniques, and invoking? Who is being allowed to alter our system/chemistry and for what purpose? Is our consciousness being altered and controlled by the invoked spirits helping advance our souls?

There is a **false** peace one can get through various occult/witchcraft/sorcery which is exactly what this is. These invited spirits are demons that induce many experiences which are real but they are **very** deceptive concerning the end result. Even if one feels good doing such practices, it does not mean it is good for you or coming from a good place. If a drug dealer gave you a drug and it felt good, it is still bad for your body and the dealer is still using you to make money. The good feeling is not proof that it is good. **Satan is real. He is a liar and deceiver and so are all the spirits that are under him.**

**2 Corinthians 11:14-15 “And no marvel; for Satan himself is transformed into an angel of light. Therefore it is no great thing if his ministers also be transformed as the ministers of righteousness; whose end shall be according to their works.”**

For more information and overview of yoga please see “Yoga Unveiled” also known as “Yoga Uncoiled” by author of Gods of the New Age Caryl Matriciana. The link to that youtube video is <http://youtu.be/ee92wZ-a5aM>. After watching that check out “Shocking Documentary 1” by Andrew Strom. The youtube link for that is <http://youtu.be/eBpw2oQrvMM>. I will definitely discuss the spiritual roots of Isha Yoga ( applicable to yoga in general in many aspects) more in depth a little later.

The more you go into these programs, you will notice you will spend more money and time volunteering getting roped into the Isha Yoga cult thinking you are being spiritual and sacrificing. I thought dissolving myself and my needs was a noble and humble thing to do. Sadhguru has said “spirituality is a higher level of suicide” (Source: <http://life-after-joining-ishayoga.blogspot.com/2012/06/spirituality-is-higher-level-of-suicide.html>) . We are taught by Sadhguru that dissolving oneself is good. So I felt good about myself when I would not eat for long periods, sleep little, work till exhaustion to help the Isha Yoga cause and looked up to others who did these and more. I thought I was dissolving my attachments and identities that were holding me in bondage. I felt I was gaining spiritual ground because I was working harder as a volunteer in the programs and seemingly overcoming my ego limitations. This coupled with the shaking, violent twitching, grunting, and euphoric feelings was proof to me that my soul was progressing in the right direction. Surely I felt something happening and since in the ideology taught (which I wholeheartedly adhered to), there is no real good or evil, I was passionately moving forward...so I thought. In reality I was clutched in the grasp of complete and utter deception. I also felt I was helping other souls too! I was fooled at all angles. The truth is it was only spiritual pride. Putting others first is a commendable



thing indeed, however when you are doing it because you believe in your heart deep down that your soul is benefiting from it and you are essentially helping work your way to enlightenment through it, it is actually only self serving. I now see that in essence such a mind set opens one up to become a more obedient and efficient worker for the establishment in a zombie like way all in the name of a “silent revolution for self realization.” All the while I was thinking I am gaining new growth and maturity (as spirits entered in and out of me, of course I didn't know it was spirits at the time) through various emotions, uncontrollable bodily movements, and all kinds of mental experiences.

I love the people in Isha Yoga truly. I do not doubt that many of them may be truly seeking for something more than this limited life as was I. I want them to know the deception they are involved in. I pray for them often in tears only because of pure love for them. My heart goes out to all that do not know the pure free love of Christ.

Now regarding the superficial money manipulation that takes place let us look at a few things. Then afterward I will address the occultic root of Isha Yoga.

Isha Yoga has a very solid public relations footing. By Sadhguru's own admission he has put up a facade to the public, although he says that it is done in order to draw in “goodwill” and help people become “receptive enough.” I will directly quote him out of an excerpt from Mystic Musings. He says, “Slowly you will see, as the days pass, I won't be interested in keeping up any facade for anybody's sake. We have done enough of that in order to bring about the necessary goodwill and understanding into people so that they could become receptive enough. We don't have to continue doing that for a lifetime.”(Source: [http://www.dhyanalinga.org/difference\\_qa.htm](http://www.dhyanalinga.org/difference_qa.htm) ) Making excuses about lying for the benefit of the greater good (according to Sadhguru) is the foundation of Isha Yoga.

They are consistently asking for donations and working on all levels to bring in the dollars through marketing and media. Community Chase giving competition on facebook is just one of many endeavors involved. Isha voters were publicly accused of fraud during the competition by creating false accounts just to put in a vote ( Source: [http://www.huffingtonpost.com/2010/01/22/fraud-in-facebookchase-co\\_n\\_433928.html](http://www.huffingtonpost.com/2010/01/22/fraud-in-facebookchase-co_n_433928.html) ). I remember being in the India Ashram during the time of the competition and some of the residents and guests were frantically on the computer in the last hours of the competition in the night instead of sleeping. I do know and remember one resident for sure that created several accounts to help gain ground in the contest. I know they *felt* they were working for a noble cause and I do not doubt that. However they are making excuses about lying for the benefit of the greater good, a familiar notion as addressed above. I did not get involved too much but I distinctly remember the atmosphere of intensity among some of the residents/volunteers. All for money. **The pressure to somehow dissolve oneself (any sense of right or wrong, likes/dislikes/personal boundaries) to achieve a seemingly more important agenda exclusively for the institution ( in this case monetary gain) is certainly rampant. This pressure is not randomly coming from thin air, but is rather a strategically conditioned atmosphere from the man at the top. The more one gives (money, time, energy), volunteers, and gives up their identity for the “greater good” of the Isha Yoga cause, the more dedicated to personal transformation and good will one is perceived to be.** I remember after a satsang, one of the teachers told a story as the donation basket came out about how some really poor people gave all they had in a donation even though they didn't have much. She went on about how they gave so much and sacrificed their comforts and how touching it was and so on. The guilt was permeable in the air. I remember thinking “I should give more.”

A ex-isha meditator makes observations of the India ashram that I can verify is true from my own experience, “The other thing i noted is how they demand money for everything. they say a red rope

when tied around your hand will improve your ‘vibration’ but you have to pay 5 rs for it! its just a very small piece of rope, if enlightening people is your objective shouldn't you be giving it away for free? or at least for a nominal fee? why would you sell it for a profit? they also sell a red handkerchief sized cloth for 20 Rs. Before entering the dhyanalinga you are asked to go to theerthakund where you can wash your feet or get a bath, guess what each person has to pay 10Rs for that. Outside they have a store selling isha merchandise, they sell everything from isha branded soaps to night pants at a very high price. The building and temples were far from being modest, they are very fine pieces of art with so much attention to details. It would have costed a fortune. Sathguru himself has a very luxurious accomodation. I find it hard to accept this is a foundation which preaches modesty and simplicity.”  
(Source: <http://ayogesh.wordpress.com/2011/05/13/isha-yoga-just-another-scam/> )

The plea for money is everywhere. Sadhguru encourages people to skip a meal and donate. Click on this link for see this plea <http://www.youtube.com/watch?v=5qrV7-yxyCA>. The money is supposed to go for schools. However there has not been a public disclosure of how funds are used. No details and numbers have been available. Essentially there is no accountability.

Isha Yoga has a large merchandise department with Isha icons of all sorts. Sadhguru stays in fancy hotels, wears expensive clothes, meets with famous & wealthy politicians and celebrities of all sorts and spends time with the elite of society ( even the Chief Minister of Tamil Nadu publicly endorses him). Some of the conferences/speaking engagements he has attended include: The World Economic Forum, TieCon Global, India Economic Summit, ICCO Global Summit to name a few. He has, as seen in photo above, even rung the Bombay Stock Exchange opening bell. The affluent and powerful of society are particularly targeted in many ways.

Sadhguru is served and pampered everywhere he goes and can be seen on his BMW motorbike, SUV, or even his own helicopter:

( <http://blog.ishafoundation.org/sadhguru-spot/helicopter-flying/> ). The model he has is \$258,000

([http://en.wikipedia.org/wiki/Robinson\\_R22](http://en.wikipedia.org/wiki/Robinson_R22)). That is not including operating costs.

There is a fee for every program to attain supposedly special knowledge of techniques that spiritually help the soul. The fee to get a close seat in the Linga Bhairavi consecration ( A female energy idol) cost thousands of dollars!! Even after the consecration ( which I was a part of witnessing) outside there is a shop set up where one is encouraged to buy something to offer the idol. That is true for the Dyanalinga as well ( another stone idol I will touch on later). As mentioned in earlier post of ex-Isha meditator, there is also a charge every time one visits the Teertakund ( a water pool area that is supposedly consecrated with solid mercury and “blessed” by Sadhguru).



I also noticed favoritism towards those with money and I was not alone in noting this both in the USA and in the center in India. Even my relative who is deeply involved at the highest levels of Isha Yoga talked to me about the noticeable favoritism towards those with power and money. This **same** relative

told me about an Isha Yoga partnership program. My guess is this program is just available and offered to certain special high level elite. I simply don't know anything more about it other than what this relative told me ( she happens to be a very prominent Bombay Stock Exchange figure). I asked what this program was. She told me it is basically an agreement one can sign to give 10% of one's income to Isha Yoga. She told me in return she and her family receive blessings and protection from Sadhguru! Paying for protection!

Let me tell everyone some incredibly good news. You don't need a dime to receive the **FREE** gift of salvation for your soul! He will protect like nobody possibly can. The most incredible thing I ever did was ask Yeshua ( Jesus) to save me and forgive me of my sins and be my Lord and Savior. I will never be the same. God is personal and after coming to know the truth of Him I pray and am in communication with Him. I don't have enough room or time to tell you all the remarkable miracles that have happened since the Holy Spirit has filled me ( including healing from a fatal condition), but I am truly blessed and grateful! Seek Him and you will find Him.

Back to the subject of favoritism the bible says this:

**James 2:2-9:** “For if there come unto your assembly a man with a gold ring, in goodly apparel, and there come in also a poor man in vile raiment; And ye have respect to him that weareth the gay clothing, and say unto him, Sit thou here in a good place; and say to the poor, Stand thou there, or sit here under my footstool: Are ye not then partial in yourselves, and are become judges of evil thoughts? Harken, my beloved brethren, Hath not God chosen the poor of this world rich in faith, and heirs of the kingdom which he hath promised to them that love him? But ye have despised the poor. Do not rich men oppress you, and draw you before the judgment seats? Do not they blaspheme that worthy name by the which ye are called? If ye fulfil the royal law according to the scripture, Thou shalt love thy neighbor as thyself, ye do well: **But if ye have respect to persons**, ye commit sin, and are convinced of the law as transgressors.”

Now you may be thinking that Isha Yoga does care about the poor because of the outreach programs they do. These are actually well designed publicity stunts/marketing techniques and serve as another platform to anchor in donations. The funding behind much of these programs come from corrupt institutions. For example, Sanofi Aventis has been known for funding Isha Yoga mobile health clinics (see link and pic below). The fact is that Aventis is a subsidiary of a corporation that was making Zyklon B that was used in Nazi Germany to Genocide millions which is a documented fact. On the surface everything seems really great and the volunteers nor the recipients know the serious danger involved with the chemicals that come out of Sanofi Aventis. There are many reports of people getting really sick from their vaccines and medicine and even dying! However that is never spoken about. You can find more information by clicking on the blue underlined appropriate words below. Nazi connections regarding pharmaceutical corporations: [Nazi Germany Third Reich. Nuremberg war tribunal I.G. Farben. IG Farben](#) board colleagues says, "**our new friendship with the SS is a blessing. We have determined all measures integrating the concentration camps to benefit our company.**" [Zyklon-B](#) was made by [IG Farben](#). After the war, IG Farben changed its name to [Hoechst AG](#) and was a [German](#) chemicals then life-sciences company that became [Aventis](#) Deutschland after its merger with France's Rhône-Poulenc S.A. in 1999. With the new company's 2004 merger with Sanofi-Synthelabo, it became a subsidiary of the resulting [Sanofi-Aventis](#) pharmaceuticals.



[http://www.ishafoundation.org/index2.php?option=com\\_newscomponent&act=view&id=578](http://www.ishafoundation.org/index2.php?option=com_newscomponent&act=view&id=578)

There is quite a bit of discussion and signs pointing to hypocrisy and corruption regarding many other actions of Sadhguru. For example, (1) behind the scenes political connections used to “pull strings” including immoral tactics to usurp land, (2) Sadhguru being a student of Rishi Prabhakar ( founder of SSY) yet maintaining that he does not come from any particular tradition but only comes from inner experience, a statement written in Mystic Musings, (3) Sadhguru and his colleagues teaching the same yoga, meditation and BSP with minor differences yet claiming that he is the only one in the world doing such things with people, ( I have heard this personally from him) just to name a few. I have a side-note with regards to this last point. Osho's meditations are similar to many things that Sadhguru does. The same thrusting forward practice and screaming at top of lungs practice and the intense movement to a standstill frozen technique can be observed in the BSP and in Osho's methods when he was alive conducting “programs.” Many other similarities can be noted which I will not delve into.

False marketing and lies infest the Isha Foundation on all levels. Several others including myself noticed that the advertisement directly off of Isha Yoga website ( also on CD covers) about the Ashram housing a “yogic hospital” to be completely false. The website is quoted as saying, “Spread across 150 acres of land, the ashram houses Dhyanalinga temple, Spanda meditation hall, Isha Rejuvenation Center, Isha Home School, **Yogic Hospital** and also cottages for visitors...” (Source: <http://www.dhyanalinga.org/ishayogacenter.htm> ). **In reality there is no yogic hospital there.** In the virtual tour of the center at <http://www.ishafoundation.org/Isha-Yoga-Center/isha-yoga-center-360-degree-virtual-tour-of-dhyanalinga-isha-foundation.isa> there is no hospital included. I lived there for months and can testify that there is no yogic hospital there! I am not alone in this observation. I remember another meditator mentioning his shock upon finding out that the hospital he was looking forward to visiting did not exist. At the time I shrugged it off in my blindness as a simple mistake and no big deal. I have emailed several Isha Yoga teachers over six months ago inquiring about this yogic hospital and have not received a single reply back. One can claim that this is an error that Sadhguru may not be aware of but as the head of the establishment I truly doubt it. He oversees the marketing and public relations carefully.



There are countless actions of Sadhguru that over and over again point to lies and deception lurking behind the veil of his alluring charm and impressive veneer. However incriminating evidence of such may be, it is not the purpose of this document to thoroughly examine each point, but rather identify the root of it. I will undoubtedly nevertheless highlight key deceptive actions of Sadhguru and Isha Yoga Foundation throughout the document as a means of exposing a deeper agenda.

Now I find it appropriate to talk about the occult root of Isha Yoga (true with yoga in general). Yoga means “to yoke.” One is yoking with *Brahman* whether they know it or not while doing yoga. Ex-guru former yogi Rabindranath Maharaj states it correctly when saying “Brahman is the hindu concept of God.” He also says, “There is no yoga that is purely physical” and “there is no Hinduism without yoga and no yoga without Hinduism.” (Source: Gods of New Age <http://youtu.be/56E3Ky5hZhQ>)

Sadhguru says that yoga is just a science and not religious. THIS IS A LIE (discussed further below). He says you can be a Christian or a Muslim or anything else and still do Isha Yoga. This is part of a clever marketing technique to draw in crowds of all sorts. Sadhguru panders to the audience that he speaks in front of. For example there is more mention of Jesus in his talks in front of westerners that are more likely to have Christian backgrounds. He quotes Jesus (Yeshua) out of context and twists the truth. Interesting he never quoted John 14:6 when Jesus says “I am the way, the truth, the life, no man comes to the Father but by me.” With all the flowery rhetoric and public appeal there is something much larger going on than what meets the eye.

“India's 'Vishva Hindu Parishad, 'the world's largest missionary organization launched an ambitious missionary effort in 1979 Allahabad India. At the second world congress on Hinduism, attended from about 60,000 delegates from around the world, one of the speakers announced, 'our mission in the west has been crowned with fantastic success. Hinduism is becoming the dominant world religion, and the end of Christianity has come near.” In the constitution of the Vishva Hindu Parishad regarding its primary goals it states, “**To establish an order of missionaries**, both lay and initiate, [for] the purpose of propagating dynamic Hinduism representing... denominations, including Buddhists, Jains, Sikhs, Lingayats, etc. and to open, manage or assist seminaries or centers for spiritual principles and practices of Hinduism... **in all parts of the world...**” (Source: The influence of eastern mysticism-Occult Invasion by Dave Hunt. The reference for this quote from Johannes Aagaard “Hinduism's world mission” in *Update* Sept 1992). “The Hindu Vishva Parishad in its magazine very clearly states that the **yoga teachers are the front missionaries**.” (Source: Gods of New Age <http://youtu.be/56E3Ky5hZhQ>). An editorial from *Hinduism Today* titled “An open letter to evangelicals” written by its editor a Hindu monk states, “There is a growing missionary spirit in Hinduism..a small army of **yoga missionaries** is ready to go to the west.” (Source: *Christianity Today* April 8<sup>th</sup> 1991, pg 64)

How does one lure a group of people into dangerous occult practices and into Hindu god worship without calling it such? Advertising and marketing is key. Sadhguru markets this yoga as a special inner “science.” The idea of a scientific basis to the programs is appealing and seemingly credible thus drawing in people initially weary. This yoga that Sadhguru offers is a type of secret science or secret knowledge as we are told not to talk or share about the yogic practices with anyone. Whoever wants this special knowledge of this “nonreligious” “inner science” can learn if they come through him as their guru. We are told that a hundred years ago to get this kind of yogic insight one would have to leave everything and follow a guru for many years. However now, the deceptive ploy goes, we can learn it all in these simple basic techniques. The part about it not being a religion is a blatant lie (more on this below). The part about it being a science is *partially* true. Certainly NOT in the way it is advertised.. This advertising of yoga as a science is not new and actually is a common marketing technique of various institutions with Hindu roots. Dave Hunt author and leading expert on new age

comments on this very facade in the book Occult Invasion “**The Deceit and Danger of the 'Science of Yoga'**...In a classic flimflam, one of the world's most ancient *religious* practices is being sold as the '*science* of yoga.' The average Westerner is not aware that yoga was introduced by Lord Krishna in the Bhagavad Gita..., or that Shiva ( one of the most feared Hindu deities) is addressed as *Yogeshwara* or Lord of Yoga.”

It is actually an OCCULT science and a form of sorcery or witchcraft. It can be compared to taking a drug. The pharmaceutical links above (regarding Sanofi-Aventis) will give an idea of the absolute evil behind the industry. That is a whole other document in itself. However, I mention it here because it is also a type of sorcery. In fact regarding the root word behind Pharmacology, “**The term "pharmakos" later became the term "pharmakeus" which refers to "a drug, spell-giving potion, druggist, poisoner, by extension a magician or a sorcerer." A variation of this term is "pharmakon" (φάρμακον) a complex term meaning sacrament, remedy, poison, talisman, cosmetic, perfume or intoxicant. From this, the modern term "pharmacology" emerged.**” (Source: <http://en.wikipedia.org/wiki/Pharmakos>). In the definition of sorcery we see: “**(Spirituality, New Age, Astrology & Self-help / Alternative Belief Systems) the art, practices, or spells of magic, esp black magic, by which it is sought to harness occult forces or evil spirits in order to produce preternatural effects in the world.**” or “**the art, practices, or spells of a person who is supposed to exercise supernatural powers through the aid of evil spirits; black magic; witchery.**” (Source: <http://www.thefreedictionary.com/sorcery> )

A side-note I would like to add is that it does so happen that drugs that chemically alter the system can in addition open up doorways for demonic influence to further alter one's state of consciousness. For example with regards to alcohol, I find it very interesting some alcohol is commonly referred to as “spirits.” “The true origin of the word “alcohol” as it is used today in the West is a matter of some debate, though it is commonly accepted that it was derived from the Arabic word الغول (pronounced “al-ghūl” or sometimes “al-ğawl”), first introduced into the English language around 1543. This early word for ethanol, or drinking alcohol, literally translates to “spirit”, since the **early Islamic and Persian alchemists who first distilled the liquid believed its effects resulted from spirits entering the body as it was consumed.** Thus today we see this same terminology still in use with regard to English liquors.” (Source: <http://www.cultureofspirits.com/a-history-of-alcohol/>) I do not believe this to be an old myth or wives tale to be ignored, but rather an accurate description of the very real result of altering one's consciousness.

Those that do black magic gain strong euphoric feelings and powers just as some drugs may produce. In order to continue with the euphoria induced, the practices have to continue just like a drug. The yogic type of magic is disguised well as a self improvement and spiritually enlightening simple change of chemistry. According to Sadhguru's own admission “When you go to the doctor he gives you a tablet, which has some chemical composition. When this chemical composition does its work inside the body you become peaceful. Even though it may be for a short time, you become peaceful. So in a way experiencing peace and happiness depends on your chemical composition....Can we become peaceful chemically? True, that is what we are doing in terms of sadhana. With kriya yoga and hata yoga **you are trying to change the chemistry so that you change**...So change your chemistry, and then being peaceful would be your natural quality.”( Source: [http://cdn.ishafoundation.org/news/columns/panorama/NavhindTimesThe\\_7Oct2007.pdf](http://cdn.ishafoundation.org/news/columns/panorama/NavhindTimesThe_7Oct2007.pdf) )

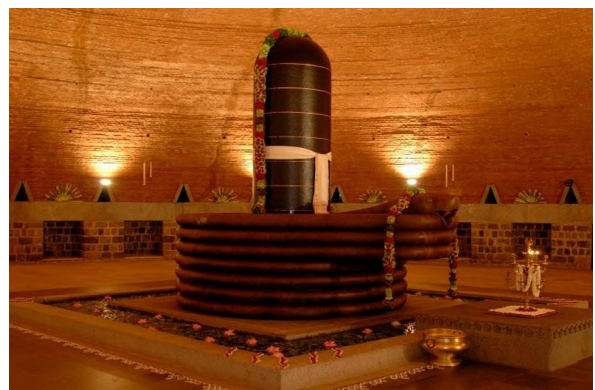
**Spirits entering the body will chemically alter the system** ( even creating feelings of peace as a drug would). This “peace” is then experientially felt and accredited to the action ( in this case yogic practice) which elicited the entrance of the spirit. It is a false peace.

Now if this yoga were just a science ( not religious) based on body chemistry as Sadhguru claims, why is Shiva the Hindu god such a foundational part of the institution? A part of the BSP and Samyama programs include chanting and shouting the name of the Hindu god Shiva while thrusting your body forward. The higher level yogi's in ecstatic states are routinely uttering and sometimes shouting "shambhu" which is another name for Shiva. (Source: <http://www.pitarau.com/nd/Girl/shambhavi> ) Sadhguru sings songs with Shiva ( Shiva Shambho for example) and mentions Shiva often. There is a "Trimurti panel" carving at the Isha Yoga Center in India described by the foundation as, "Carved out of three 50 ton granite blocks, the Trimurthi panel is an impressive outcome of the art of stone sculpting cultivated in India over millennia. Symbolizing the three different **dimensions of Shiva - Hara, Rudra and Sadashiva..**" (Source: <http://www.ishafoundation.org/Isha-Yoga-Center/isha-yoga-center-360-degree-virtual-tour-of-dhyanalinga-isha-foundation.isa> ) Sadhguru says himself, "' I am not a devotee of Shiva, but **Shiva is my life breath**. I am not a worshiper. I have never prayed to Shiva or to anybody in my life - never, not even once; but **he has been my breath and being always.**" This same page where that quote comes from describes a program created by Sadhguru called "Vaibhav Shiva." The Isha Foundation website concerning one of these programs states, "The way Sadhguru not just presented this ultimate yogi during the program, but literally transformed himself (and his surroundings) into Shiva's each and every aspect, left no doubt about his true lineage - **there is one with us who is truly eligible to say "Shivo Ham" (I am Shiva)...**" (Source: <http://www.ishafoundation.org/Isha-Yoga-Programs/vaibhav-shiva.isa> ) The birth day of Shiva known as Mahashivrathri is a highly celebrated festival in Isha Yoga and live streamed from the Isha Center in India every year. I have attended the event myself. The pic below shows Sadhguru during an Isha Yoga Mahashivratri festival. Notice the pitchfork image in the back. Shiva is known as "the destroyer" and is always depicted with a serpent around the neck and a pitchfork. Shiva is often accompanied by a bull/cow as well and we will go into the significance of that later in the document. We will also discuss the serpent connection later as well.

The Dyanalinga at the Isha Center ( see pic) is claimed in Isha Yoga literature to not ascribe to any particular belief or faith. This is another lie. Shiva linga's are found around the world with the same snake coiled base and long phallic shape stone center in **Hindu** sites and temples. I will discuss the lingam, its Egyptian origins, and why it is relevant later in the document.



First I would like to talk about a significant event that happened within the time period of the consecration of the Dhyanalinga. Sadhguru's wife Viji DIED while meditating, it is claimed by Sadhguru. Sadhguru claims she was not a "seasoned yogi." The energy of the whole consecration process was too intense so the story goes. He claims she took off her jewelry to prepare for death as she knew the energy was too much. He said she went into "Mahasamadhi." Wikipedia defines Mahasamadhi as "the act of consciously and intentionally leaving one's body during the time of enlightenment."



The following is the **Indian Express report as appearing on October 12, 1997** about Police registering a case of murder by Jaggi Vasudev: Coimbatore, Oct, 11: “*Close on the heels of scandals relating to fake godmen getting exposed, yet another ashram from Coimbatore is in the limelight with Jaggi Vasudev alias Jagadeesh of Isha Yoga ashram at Poondi near Coimbatore, being charged with the murder of his wife Viji alias Vijayakumari. A team of police personnel recently visited the premises of Isha Ashram at poondi and interrogated the inmates of the ashram. Godman Jaggi is away in the US. According to police, T. S. Ganganna of Bangalore (father of Viji) had preferred a complaint with the Bangalore Police suspecting foul play in the death of his daughter Viji. The complainant had stated that his daughter left him last on June 15, 1996. He reportedly received a message on January 23, 1997, from Jaggi Vasudev, stating that Viji was no more. Ganganna said that Jaggi Vasudev had hurriedly completed the cremation on Jan.24 even before they could rush from Bangalore, raising suspicion about the nature of death. He suspected death due to poisoning or strangulation. According to him, Jaggi Vasudev could have caused the death of Viji to facilitate his illicit relationship with yet another inmate of the ashram. Based on the complaint of Ganganna to the Bangalore City Police on Aug. 12, a case was registered. The Bangalore City Police transferred it to the Coimbatore Rural Police. The Coimbatore Rural Police have registered a case against Jaggi Vasudev under Section 302 of IPC (murder) and IPC 201 (suppression of evidence). Later, Isha Yoga Foundation has denied reports that Jaggi Vasudev had fled to USA to avoid investigation of ashram. Authorised Signatory of Ashram Kiran stated that Guruji had gone for giving lectures .*”

The occult world is very dangerous. It is no coincidence that her death revolves around the Dhyanalina consecration. These are occult ceremonies which often involve sacrifices. There are supernatural powers at play but they come from Satan. As I mentioned earlier Shiva worship is prevalent and undeniable within Isha Yoga. These “gods” are demonic beings. I do not believe the satanic bible as a source of truth by any means, however I would like to note that it is telling that even in the Satanic Bible by Anton Levay, **the satanist is encouraged to invoke the name of Shiva**. Even the blatant satanist refers to Shiva as a devil in the list of infernal names ( pg 32). Earlier it was mentioned that Shiva is commonly known as “the destroyer.” Interestingly I have found this to be an absolutely accurate description. Jesus himself says,

**John 10:1** Verily, verily, I say unto you, He that entereth not by the door into the sheepfold, but climbeth up some other way, the same is a thief and a robber.

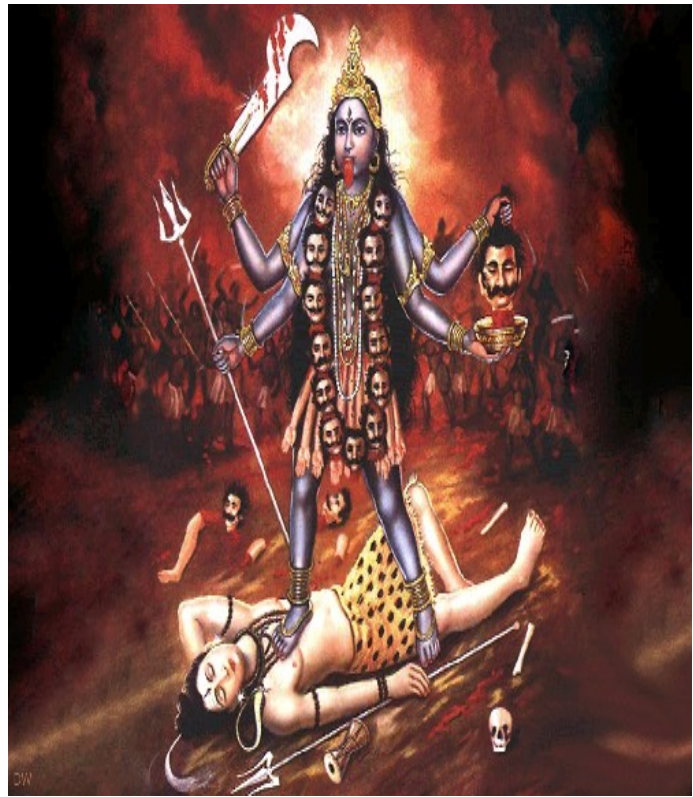
**John 10:9-10** I am the door: by me if any man enter in, he shall be saved, and shall go in and out, and find pasture. **The thief cometh not, but for to steal, and to kill, and to destroy:** I am come that they might have life, and that they might have it more abundantly.

Demons demand blood offerings and it is common in the occult world. Shiva and Kali (another Hindu “deity”) have a strong connection. “**The name Kali comes from *kāla*, which means black, time, death, lord of death, Shiva. Kali means 'the black one'. Since Shiva is called *Kāla*—the eternal time—Kālī, his consort, also means 'Time' or 'Death' (as in time has come)**” ( Source: <http://en.wikipedia.org/wiki/Kali> ). An article from Velvet Rock magazine says, “ Kali, whose name means 'the black one,' is the Hindu goddess associated with time and change and is the deity **Shiva's bloodthirsty companion**...Two hundred years ago, worshippers sacrificed a human boy every day at a **Kali temple in Calcutta**...And not long ago the police chief of Bihar, Umkant Sahay, had this to say about sacrifices for Kali: 'We have tried our best to curb human sacrifices, but what can an agency do





*Kali Shrine in Dibrugarh India*



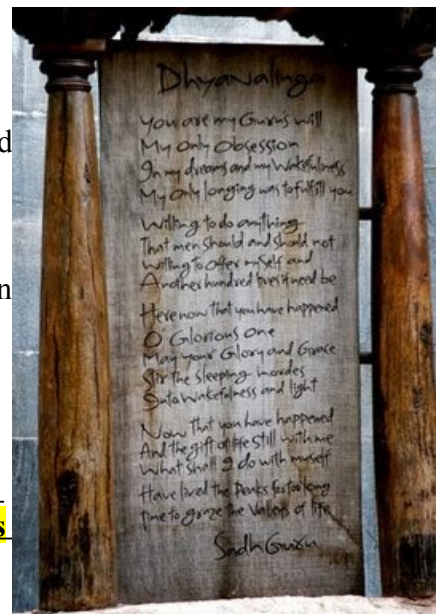
*Depiction of Kali ( Again we notice the pitchfork)*

when an entire village chooses a victim and cuts off his head with his parent's consent? **Human sacrifice under our law is treated as murder, but the killer – never found – is always the local high priest.** At times the local policemen are reluctant to take action because of the inbred fear of the gods and goddesses.'... Kali is most often depicted with black skin and four arms, wielding weapons and severed limbs. She wears a necklace constructed of human skulls. A skirt of human limbs from those she has destroyed, hangs around her waist. Her long black tongue hangs out of her mouth, dripping with blood and she's usually carrying a severed head in one of her four hands."

<http://thevelvetrocket.com/2011/01/11/a-shrine-to-the-bloodthirsty-kali/>

In the case of Sadhguru, there was mass deception behind the death of Viji. Publicly the cover story is that she somehow **accidentally** went into Mahasamadhi even though they were on the verge of finishing the Dyanalinga. It is claimed that Viji was one of just a handful of people preparing her energies through various intense yogic practices for the consecration of the Dyanalinga. She is claimed to have been a key part of the process according to Isha Yoga teachers. Unfortunately she was a key part of what was being done... more than they know.

A "poem" written by Sadhguru in plain site for all to see sits right outside the Dyanalinga ( see pic). It reads "You are my Guru's will, My only obsession, In my dreams and my wakefulness, My only longing was to fulfill you, **Willing to do anything, That men should and should not, Willing to offer myself and Another hundred lives if need be.** Here now that you have happened O Glorious One, May your Glory and Grace, Stir the sleeping hordes, Into wakefulness and



light, Now that you have happened, And the gift of life still with me, What shall I do with myself, Have lived the peaks for too long, Time to graze the valleys of life.”

When he says he is willing to offer himself and a hundred lives if need be, he is talking about other human lives. It cannot be argued that he is referring to lifetimes when saying “lives” as he is professed to be an enlightened master. The very definition of enlightened is according to the Hindu philosophy the cessation of the birth and death cycle. It is defined as “awakening to ultimate truth by which man is freed from the endless cycle of personal reincarnations to which all men are otherwise subject.”

(Source: <http://www.thefreedictionary.com/enlightenment> ) He compares himself with the Dyanalinga which he describes as the highest possible peak vibration and describes it more or less as a living enlightened master. He says the only difference between him and the Dyanalinga is that he eats, sleeps, and walks and it doesn't. The other difference he describes saying, “Another difference is that I took three lifetimes to become like this; he managed it in three

years.” (Source: [http://www.dhyanalinga.org/difference\\_qa.htm](http://www.dhyanalinga.org/difference_qa.htm) ) He has said and I have witnessed him saying that this is his last lifetime here. It is clear what was being said in this grim “poem”. He is “willing to offer another hundred lives if need be” as a sacrifice to none other than the devil. It is important to note that Sadhguru was never arrested. **He certainly functions as the “high priest” of the area as defined by above article.**

The devil aka Satan is very real. We live in a world of good and evil that I never knew existed because of the unbelievable level of deception. I thought it was a man made fantasy...and that was exactly the point of the devil, to keep me in ignorance. Sadhguru has also taught that there is no real good and evil. He is very charismatic, alluring, and skillful with his speech and mannerisms that draws many people. His charm combined with actual sensations and supernatural euphoria ( I would have been irate if anyone told me it was actually witchcraft/sorcery at that time) had me sold out and completely fooled. The bible as I mentioned earlier and would like to reiterate warns that Satan is a deceiver and liar who masquerades as something good and righteous and so do his workers:

**2 Corinthians 11:14-15** “And no marvel; for Satan himself is transformed into an angel of light. Therefore it is no great thing if his ministers also be transformed as the ministers of righteousness; whose end shall be according to their works.”

I would like to share an article with you before proceeding with the rest of the document.

## Hindu Human Sacrifice

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**Demons demand blood offerings to deflect sinners from the only Blood Sacrifice that God accepts**

March 2006: Indian woman on trial for the murder of her neighbor's son.

A village woman in India consulted one of the many 'Hindu holy men' about family and financial problems she was experiencing. The Tantric Hindu guru told her to appease the 'goddess' Kali by offering a chicken sacrifice, which she did. When her situation grew worse, she returned to the guru who told her that **Kali** would only be appeased by a human sacrifice.

The desperate woman took him at his word, arranged for her neighbor's young son to be snatched, and he was ritually slaughtered in front of the local Kali

shrine.

Soon, she was reported to the police, and is now on trial for murder. Her crime is not uncommon. The Hindustan Times counted 25 cases during a 2003 six month period in Uttar Pradesh alone.

Jan. 07 Update:

A husband and wife have been arrested in Orissa, North India, for the ritual sacrificing of their two children. Their seven and eight year-old boys were strangled in front of the family demon shrine in their own home. The father said they were following the instructions of a Tantric 'holy man', and that they did it to please 'god'. The Tantric guru has also been arrested.

Indian journalists investigating this practice say that there have been hundreds of such cases in recent years.

**Human sacrifice has long been practised by Satan's followers. The Babylonians, Egyptians, Incas, and Druids were renowned for it.** It was so prevalent in occupied Celtic Britain that even the invading Roman thugs were revolted, and tried to stamp it out. They failed, and it still occurs in 'civilised' England, as numerous unsolved 'ritual killings' on police records bear witness.....

Cases of human ritual sacrifice have recently been reported in Canada, America, Australia, and have never been eradicated from Africa, Asia, and South America. It is a trend that will get worse as the AntiChrist spirit takes charge.

**Satan demands animal or human blood to 'appease his wrath', but the blood of animals and sinners can never take away our guilt before God.**

Only the Blood of Jesus can take away the guilt, and consequences of sin. God came Himself and shed His own sinless Blood to fulfil the righteous demands of His Word. He instituted a New Covenant. Every sinner who believes that Christ is Almighty God in the Flesh, died for them personally, and rose again, will be made righteous through heart faith in that once and for all Sacrifice.

That Covenant is sealed with the Blood of Christ in the Holy of Holies in Heaven.

(Source: <http://www.born-again-christian.info/hindu.human.sacrifice.htm>)

**Psalm 106:36** “And they served their idols: which were a snare unto them.

**Psalm 106:37** Yea, they sacrificed their sons and their daughters unto devils,

**Psalm 106:38** And shed innocent blood, even the blood of their sons and of their daughters, whom they sacrificed unto the idols of Canaan: and the land was polluted with blood.”

We have discussed the “goddess” Kali above in various accounts of Human sacrifice. These are not isolated cases or some rare incidents. Now this is some of the *deceptive* speech that Sadhguru uses about this very Kali, “Kali is a very fierce one..there are others even more fierce...but they all have a purpose. They have been created by certain yogi's in the past, they have crystallized them and they are just there... They can become a reality for you if you do certain processes to attract that kind of energy to you...she (Kali) can walk in front of you...Kali is a certain dimension of that energy, Dyanalingam includes all dimensions...Kali and others are all part of yogic traditions but with most people it is not needed such things, it is only for people who want to do certain things with the world who need to



know these things..." (Source: <http://youtu.be/XytTXDynkII> )

## Lies.

Another lie ( so many it is hard to count) that is seen here in Sadhguru's quote is that humans have the ability to become the creator. He says that "They have been created by certain yogi's in the past, they have crystallized them..." Basically what is being said is that if one does enough yogic practice and attains a high enough level, one can actually create energy beings. I remember Sadhguru saying that we can create things the way we want and become part of being the creator of the universe. So in essence it is taught that **we can become God**. This all is the present day version of the same lie of the serpent of old from the beginning, Satan, when he spoke to Eve:

**Genesis 3:4** And the serpent said unto the woman, **Ye shall not surely die:**

**Genesis 3:5** For God doth know that in the day ye eat thereof, then your eyes shall be opened, and **ye shall be as gods**, knowing good and evil.

Dave Hunt describes the uncanny connection saying, "The Yogi's teach the same lie that the serpent deceived Eve with..death is merely the doorway to reincarnation and that humans can become God. This is either an unbelievable coincidence or an unmistakable identification of the mastermind behind eastern mysticism." ( Source: Gods of the New Age Documentary, link above)

We saw in **Psalms 106:36** above idols being mentioned. Now I would like to shift into discussing the significance of various stone idols ( Dyanalinga, Linga Bairavi, and Nandhi) and symbols such as the sun, moon, and triangle in Isha Yoga and unveil their **Egyptian** origins. First I would like to quote from an article:

*"Devi Dandam" Linga Bhairavi pose*

"In a number of places the Scripture makes clear that God has no shape or form, and is utterly incomparable; thus no idol, image, idea, or anything comparable to creation could ever capture God's essence. For example, when the Israelite's are visited by God (Example... Deuteronomy 4:15), they see no shape or form. While it is true that many verses in the Bible use anthropomorphism's to describe God, (e.g. God's mighty hand, God's finger, etc.), these verses have always been understood as poetic images rather than literal descriptions.



The Biblical condemnation of idolatry, usually defined as worship of any cult image, idea, or object, as opposed to the worship of a monotheistic God, is very strongly worded and found all through Scripture, from cover to cover. It is singled out in the Bible as the most abominable of sins, so much so that the first two commandments state..."

The author goes on to partially quote bible verses so I would like to add the full quote:

**Exodus 20:2** "I am the LORD thy God, which have brought thee out of the **land of Egypt**, out of the house of bondage.

**Exodus 20:3** Thou shalt have no other gods before me.

**Exodus 20:4** Thou shalt not make unto thee any graven image, or any likeness of any thing that is in heaven above, or that is in the earth beneath, or that is in the water under the earth:

**Exodus 20:5** **Thou shalt not bow down thyself to them, nor serve them:** for I the LORD thy God am a jealous God, visiting the iniquity of the fathers upon the children unto the third and fourth generation of them that hate me"

**"Note:** "Jealous" does not mean He is suspicious or distrustful, but that He demands exclusive devotion." (Source: [http://www.inplainsite.org/html/idol\\_worship.html](http://www.inplainsite.org/html/idol_worship.html))



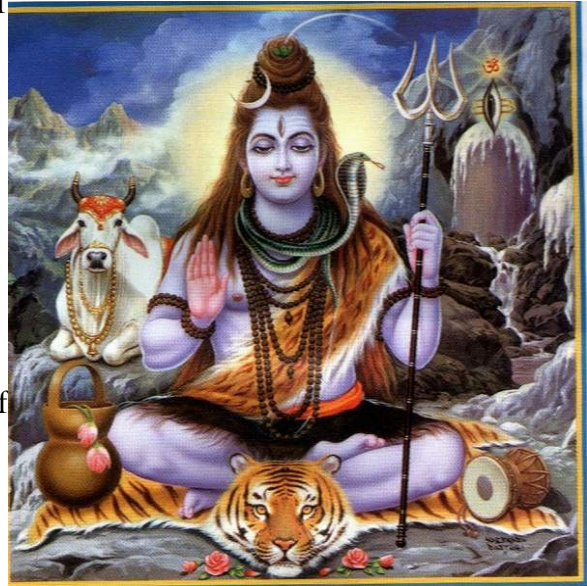
We note that idolatry has its root from Egypt.

“Devi Dandam” ( see above pic) is a specific bowing posture for worshipping the Linga Bhairavi stone idol at the Isha Yoga Center in India (<http://lingabhairavi.org/offerings-and-rituals/devi-dandam/> )

A side-note that I would like to share is an eyewitness account that only now makes sense. During the “death meditation” in the BSP, more than one meditator I talked to interestingly enough said they saw pyramids and felt like they were in Egypt. At the time I thought that was interesting but didn't know why that happened but thought it was really cool. I only now understand that what was being done surely has its roots in Egypt.

The same idolatry that came out of Egypt in biblical times, namely worshiping stone/ metal/wood carvings, or animals, or the sun/moon/stars, is the same idolatry that we see today. It is an abomination to God.

**Rev 9:20** “And the rest of the men which were not killed by these plagues yet repented not of the works of their hands, **that they should not worship devils, and idols of gold, and silver, and brass, and stone, and of wood:** which neither can see, nor hear, nor walk:”



Now I would like to address the Bull (Cow), referred to as “Nandhi” among Isha Yoga followers. Other Hindus refer to this bull of Shiva's as “Nandhi” as well. A bull commonly accompanies Shiva in depicted images as you see in this pic (as a side-note also notice the snake around the neck, and the shiva lingam in top right corner) The Isha Yoga Center in India has a large bull statue as you see in below pic.



*Isha Yoga Center in Coimbatore*



*Linga Bhairavi procession for Pongal celebration with bull in center & worshipers bowing to the idol*

Isha yoga followers celebrate a festival called Pongal every year.

Here is a quote from their site describing it, *“Pongal falls in mid-January every year and marks the auspicious beginning of Uttarayana – the northward journey of the sun. It signals the end of the harvest season and offers a special thanksgiving to the sun, earth and cattle.”* The picture to the right is of an Isha Yoga Pongal



*Pongal ritual “cow aarti”*

celebration in which the living cow was worshiped. The cow/bull is offered “aarti.”

It is defined as the following as per

<http://www.dictionary30.com/meaning/Aarthi:>

“Aarti (Hindi आर्त), also spelled arathi, aarthi (from the Sanskrit term Aradhana) is a Hindu religious ritual of worship, a form of puja, in which light from wicks soaked in ghee (purified butter) or camphor is offered to one or more deities..

Aartis also refer to the songs sung in praise of the deity, when offering of lamps is being offered.”



*Sadhguru with decorated living bull*

Clearly the bull is worshiped. It holds such great importance that a huge bull “Nandhi” statue sits in the Isha Yoga center. This cow/bull worship is common in Hinduism. This worship is identical to the cow/bull worship from ancient Egypt.

“In Egyptian mythology, **Apis or Hapis (alternatively spelled Hapi-ankh), is a bull-deity** that **was worshipped** in the Memphis region....Apis was the most important of all the sacred animals in Egypt, and, as with the others, its importance increased as time went on....The cult of the Apis bull started at the very beginning of Egyptian history, probably as a fertility god connected to grain and the herds...The Apis bull was considered to be a manifestation of the pharaoh, as bulls were symbols of strength and fertility, qualities which are closely linked with kingship (“strong bull of his mother Hathor” was a common title for gods and pharaohs)...Occasionally, the Apis bull was pictured with her sun-disk between his horns, being one of few deities associated with her symbol. When the disk was depicted on his head with his horns below and the triangle on his forehead...The bovines in the region in which **Ptah** was worshiped exhibited white patterning on their mainly black bodies, and so a belief grew up that the Apis bull had to have a certain set of markings suitable to its role. It was required to have a white triangle upon its forehead, a white vulture wing outline on its back, a scarab mark under its tongue, a



*Apis Bull*



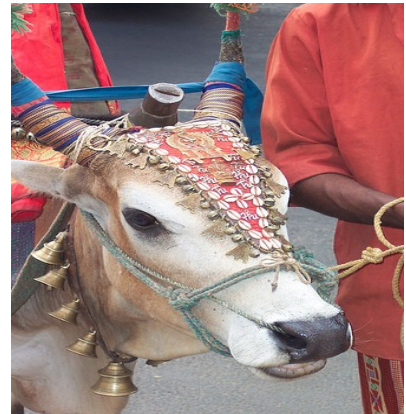
white crescent moon shape on its right flank, and double hairs on its tail...The bull which matched these markings was selected from the herd, brought to a [temple](#), given a [harem](#) of cows, and worshiped as an aspect of **Ptah.**” (Source: [http://en.wikipedia.org/wiki/Apis\\_%28god%29](http://en.wikipedia.org/wiki/Apis_%28god%29) )

\*Notice that Apis is linked to grain and herds, and the pongal festival above where the bull is worshiped signals end of harvest. Apis bull statue with sun disk and uraeus(more on uraeus later) is seen in pic. I will address “Ptah” later towards the end of the document.

The ritual of marking up and decorating a living bull and worshiping it is not new. We saw in above picture of Isha Yoga pongal celebration, a living cow was decorated and worshiped and we saw the decorated bull with Sadhguru. Adorning the bull with ornaments as seen in picture of bull god Apis ( around neck) in picture to the right (orange) is a tradition passed down till present day. This pic to the right below it shows a common Hindu custom of decorating a cow with bells around neck. Interestingly, a triangle shaped pattern on his forehead can be observed here. This was taken during a pongal celebration in Chennai. We read above that “a belief grew up that the



*Bull god Apis adorned with necklace*



Apis bull had to have a certain set of markings suitable to its role....and [it was] worshiped as an aspect of Ptah.” The picture above is taken from Hindu Tingnath temple in India. Markings such as these are not uncommon. Interestingly enough, the picture of this statue displays a crescent moon shape marking on the idol's flank. Marking up living bulls/cows and statues and decorating them can be observed in both Hinduism and ancient Egyptian tradition.

“**The bull was also worshipped as Mnevis**, the embodiment of [Atum-Ra](#), in [Heliopolis](#). *Ka* in Egyptian is both a religious concept of life-force/power and the word for bull...Mnevis was identified as being a living bull. This may be a vestige of the sacrifice of kings after a period of reign, who were seen as the sons of Bat or Hathor (see:horned goddess Hathor), the **ancient cow deity of the early solar cults**. Thus, seen as a symbol of the later sun god, Ra, the Mnevis was often depicted, in art, with the solar disc of their mother, Hathor between its horns.”

(Source:[http://en.wikipedia.org/wiki/Horned\\_deity](http://en.wikipedia.org/wiki/Horned_deity) )

Wikipedia states,“The Canaanite deity Moloch (according to the bible) was often depicted as a bull...The bull is familiar in Judeo-Christian cultures from the Biblical episode wherein an idol of the

Golden Calf is made by Aaron and worshiped by the Hebrews in the wilderness of Sinai (Exodus). The text of the Hebrew Bible can be understood to refer to the idol as representing a separate god, or as representing the God of Israel himself, **perhaps through an association or synchronization with Egyptian or Levantine bull gods, rather than a new deity in itself.**"

**Exodus 32:4** "He took this from their hand, and fashioned it with a graving tool and made it into a **molten calf**; and they said, 'This is your god, O Israel, who brought you up from the land of Egypt'."

**Nehemiah 9:18** "even when they made an **idol shaped like a calf** and said, 'This is your god who brought you out of Egypt!' They committed terrible blasphemies." ( Source: [http://en.wikipedia.org/wiki/Horned\\_deity](http://en.wikipedia.org/wiki/Horned_deity) )

**2 Kings 17:16-17** "And they left all the commandments of the LORD their God, and made them molten images, **even two calves**, and made a grove, and worshiped all the **host of heaven**, and served Baal. And they caused their sons and their daughters to pass through the fire, and used divination and enchantments, and sold themselves to do evil in the sight of the LORD, to provoke him to anger."

In the bible the children of Israel sinned against God as they copied the customs they learned while in Egypt by making idols ( including cows), using divination (witchcraft), worshiping false gods (demons),worshiping the creation ( sun/moon) more than the creator, and partaking in human child sacrifice.

The bible also states:

**Romans 1:22-23** "Professing themselves to be wise, they became fools, and changed the glory of the incorruptible God into an image made like to corruptible man, and to birds, and four-footed beasts, and creeping things."

**Romans 1:25** "Who changed the truth of God into a lie, and **worshiped and served the creature more than the Creator**, who is blessed for ever. Amen."

Isha Yoga, stemming from Hinduism, teaches that everything is God. Sadhguru encourages a practice where you bow to something ( anything) you see every day and then he says eventually you will internally bow to everything..which is the point of the practice. This is clear worshiping of the creation more than the one who made it. Why is this important? Because we have a personal almighty God worthy to be worshiped as the creator! How ridiculous to worship the creation more than the creator. Please allow me to give you a simple analogy. Let us say you are hungry. Then someone cooks you a wonderful meal. In your gratitude do you thank the food? Do you start praising and worshiping the food? Of course not. The ingredients in the meal have no power in itself. It is **only** because of the work the cook did that the meal exists. The "cook" of this entire creation including the sun, moon, animals..etc is Elohim/Almighty God/Yahweh. He is the only one worthy of the credit. God is truly worthy to be praised!



Sun worship is central to Hinduism. A Hindu site describes this aspect of the religion saying, “The sun is considered the supreme God in Hinduism like Zeus in Greek mythology. He is worshiped in different names, chiefly as Surya Narayana, Bhaskara, Aditya, Ravi, Mitra, Bhanu etc.” (Source: <http://brahmam.com/2008/02/sun-worship-in-hinduism/> ). Since Hinduism is the foundation of Isha Yoga and all yoga, it is not surprising to see the sun worship demonstrated. Notice this Pongal festival “offers special thanksgiving to the **sun**...” The cow and sun connection is first found in Egypt as we just read about “the ancient cow deity of the early **solar** cults” as highlighted above. We see the sun disk all over ancient Egyptian paintings and carvings with and without the bull deities.

The common Isha Yoga symbol seen on various Isha products and in cd covers is a **triangle** with a **sun**, **moon**, and a **snake** ( see pic). I will say these are all classic occult symbols which I will expand on later in more detail. The sun certainly included.

One of the most famous yoga practices taught in a wide variety of yogic institutions including Isha Yoga ( taught in the Hatha Yoga program) is called “Suriya Namaskar” which means “**bowing to the sun**.” Please note that whether it

be Isha Yoga or another form of Yoga it derives from Hinduism based in occultic Egyptian roots. The sun symbol is also displayed on top of a carving right outside the Dyanalinga (see pic). Note: To promote the lie of the Dyanalinga not belonging to any particular religious tradition or faith we see various religious symbols used in the carving to lure people from all backgrounds into a feeling of common interfaith connection.

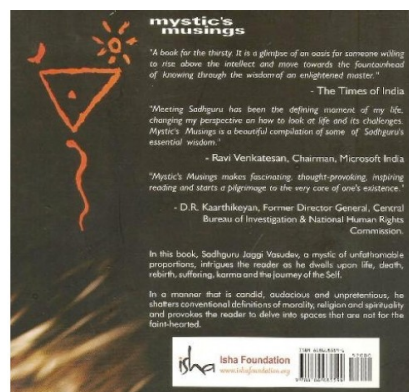
I have bolded “hosts of heaven” from **2 Kings 17:16-17** above because that is referring to the sun, moon, stars, and such. God speaks clearly in the bible when He says:

**Deuteronomy 17:3** “And hath gone and served other gods, and worshiped them, either the **sun**, or moon, or any of the host of heaven, which I have not commanded”

The children of Israel were warned by God to avoid such worshiping of the sun that they learned while in Egypt.

**Deuteronomy 4:19**: “And lest thou lift up thine eyes unto heaven, and when thou seest the sun, and the moon, and the stars, even all the host of heaven, shouldest be driven to worship them, and serve them, which the LORD thy God hath divided unto all nations under the whole heaven.”

**Mathew Henry bible commentary** says, “The worship of the sun, moon, and stars, is another sort of idolatry which they were cautioned against, **Deu 4:19**. This was the most ancient species of idolatry and the most plausible, drawing the adoration to those creatures that not only are in a situation above us, but are most sensibly glorious in themselves and most generally serviceable to the world. And the plausibleness of it made it the more dangerous. It is intimated here, *First*, How strong the temptation is to sense; for the caution is, *Lest thou shouldest be driven to worship them* by the strong impulse of a vain imagination and the impetuous torrent of the customs of the nations. The heart is supposed to



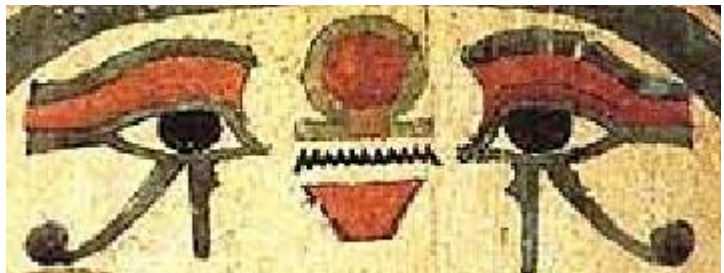
walk after the eye, which, in our corrupt and degenerate state, it is very apt to do. **“When thou seest the sun, moon, and stars, thou wilt so admire their height and brightness, their regular motion and powerful influence, that thou wilt be strongly tempted to give that glory to them which is due to him that made them, and made them what they are to us - gave them their beings, and made them blessings to the world.”** It seems there was need of a great deal of resolution to arm them against this temptation, so weak was their faith in an invisible God and an invisible world. *Secondly*, Yet he shows how weak the temptation would be to those that would use their reason; for these pretended deities, the *sun, moon, and stars*, were only blessings which the Lord their God, whom they were obliged to worship, had imparted to all nations. It is absurd to worship them, for they are man's servants, were made and ordained to give light on earth; and shall we serve those that were made to serve us? The sun, in Hebrew is called *shemesh*, which signifies a *servant*, for it is the minister-general of this visible world, and holds the candle to all mankind; let it not then be worshipped as a lord. Moreover, they are God's gifts; he has imparted them; whatever benefit we have by them, we owe it to him; it is therefore highly injurious to him to give that honour and praise to them which is due to him only.”

Let us observe a few things regarding the sun, moon, and serpent as overriding themes in both yogic tradition and ancient Egyptian tradition. We already mentioned the “bowing to sun” in the common suriya namsakar yoga posture as well as some other sun related connections.

Sadhguru has spoken about “Ida” and “Pingala” in many lectures. In yogic philosophy it is said that balancing both sides of “Ida” (represented as the **moon**) and “Pingala” (represented as the **sun**) facilitate the arising of the kundalini. “Kundalini” is the coiled **serpent** force at the base of the spine. It is envisioned either as a goddess or else as a sleeping serpent.” (Source: <http://en.wikipedia.org/wiki/Kundalini> ) When awakened it is known to move up.

The **serpent** energy rising up through the various chakras is commonly referred to as **“Kundalini rising.”**

“Horus’ is one of the oldest and most significant deities in ancient Egyptian religion...he was considered to also contain the **sun** and the **moon**. It became said that the sun was his right eye and the moon his left...” ( <http://en.wikipedia.org/wiki/Horus> )



Eyes of “Horus”

I would like to present some information regarding the sun god of Egypt and the snake. Earlier we saw a snake as part of the common Isha Yoga symbol with the triangle. We will look at more snake connections in Isha Yoga further below.

The Cobra is a symbol of power in Egypt. Its figure decorates the crown of the Pharaoh and sun god Ra. The uraeus is the protruding **serpent** figure coming out of the forehead of the Pharaoh's headdress. See pic. The uraeus is symbolic of The goddess Wadjet. “The name Wadjet is derived from 'wadj' meaning 'green', hence 'the green one', and was known to the Greeks and Romans as 'uraeus' from the **Egyptian 'iareset' meaning 'risen one' from the image of a cobra rising up in protection**” (Source: [http://en.wikipedia.org/wiki/Eye\\_of\\_Horus](http://en.wikipedia.org/wiki/Eye_of_Horus) )

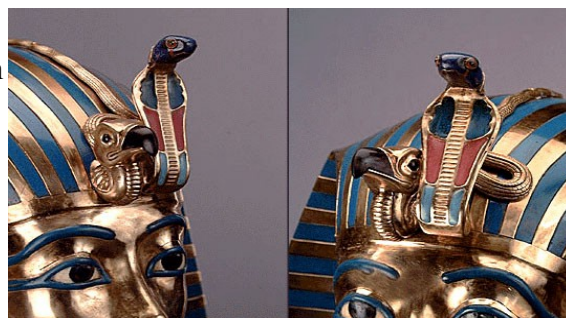
“The uraeus is a symbol for the goddess Wadjet, one of the earliest of the Egyptian deities who was often depicted as a



cobra...The Pharaoh was recognized only by wearing the uraeus, which conveyed legitimacy to the ruler. The uraeus was seen as a royal symbol. **Later the Pharaohs were seen as a manifestation of the sun-god Re/Ra, and so it was also believed that the uraeus protected them by spitting fire on their enemies from the fiery eye of the goddess.** In some mythological works, the eyes of Ra are said to be uraei. Wadjets existed long before the rise of this cult when they originated as the eye of Wadjet as cobra and are the name of the symbols also called the Eye of the moon, Eye of Hathor, **the Eye of Horus**, and the Eye of Ra-depending upon the dates of the references to the symbols.” (Source: <http://www.crystalinks.com/uraeus.html>)

The Egyptians believed this **snake/serpent** goddess represented by the uraeus in the middle of their forehead to be a protective force. This same area in between the eyes as we see marked by the sun disk in the picture above with the eyes of Horus, is the same area commonly referred to in yoga as the **“third eye”** where the ajna chakra is located on the pineal gland. Concerning the pineal gland wikipedia states, “..a "mystery" gland with myth, superstition and **occult** theories surrounding its perceived functions..”( Source: [http://en.wikipedia.org/wiki/Pineal\\_gland](http://en.wikipedia.org/wiki/Pineal_gland) )

Remember that in this particular location it was believed that the goddess Wadjet (“iaret”) would spit out fire from her **EYE** to protect the Pharaohs. So a Pharaoh wearing this headress with the snake shaped uraeus representing Wadjet would have both his eyes to see and in addition the eye of the goddess to protect him. So it would function as **a third eye**. The center “third eye” or bindi location between the eyes was a significant area for the Egyptians. This is the precise area where hindu's have traditionally worn a round red dot but is seen in other shapes and colors as well.



Before entering the Dyanalinga everyone is offered “vibhuti” a grey powder supposedly “blessed” by Sadhguru to be placed in this exact third eye/bindi location on the forehead. The pic to the right shows Sadhguru wearing this vibhuti in his “third eye”location. Not surprisingly we see a connection again to the cow with this ash. “**Vibhuti** is the holy ash obtained from sacred **puja** rites involving fire. Also a variant called Basma used as Vibhuti is prepared from the purified ashes of cow dung.” (Source: [http://en.wikipedia.org/wiki/Hindu\\_iconography](http://en.wikipedia.org/wiki/Hindu_iconography))



The awakening of the kundalini and the opening of chakras especially the third eye or ajna/agna chakra have been known to go hand in hand in the Hindu world. Sadhguru says in a lecture titled *What is the third eye?*, “so third eye is not a physical thing, it is just that if your energies reach a certain peak within you..you see everything from a completely different dimension..**your perception has risen beyond the physical that is the third eye..why is it connected to a particular spot in your body, among the seven chakras the sixth dimension is called as agna..located slightly above where the eyebrows meet, there are three dimensions attached to it, these three dimensions are traditionally**



**named after shiva, three different forms of Shiva..you call it God you call it kundalini** you call it yoga you call it what you want...once your third eye opens..your perception is reason beyond the physical.” (Source: <http://dotsub.com/view/ce205720-9928-41fb-b1d1-38ed4464b3f2/viewTranscript/eng> )

Before going on I would like to point out that many blatant satanists/practitioners of black magic encourage others to use the third eye when invoking demons. One such satanic site states, “Go into a slight trance, breathe in energy from the Moon into your **third eye** on the inhale, and on the exhale, chant...condense the energy from the Moon in your **third eye**..Write the following prayer on a clean piece of paper..Hear me Lord Satan, I ask in your name..that I may use this magickal medium to contact any Demons I may call forth..” (Source:

[http://www.angelfire.com/empire/serpentis666/Black\\_Mirror.html](http://www.angelfire.com/empire/serpentis666/Black_Mirror.html) )

Let us also note that the goddess Wadjet in the Egyptian originally “iaret” means **“risen one” from the image of a cobra rising up in protection.**” The rising serpent was seen as a positive force to protect from enemies as Wadjet would spit fire out her eye. Along these lines on a quick sidenote observation it is interesting when discussing the third eye that Sadhguru has said “Shiva can open up his third eye and burn up the whole existence if he wants.”He then goes on to say it is not to be taken logically or literally.(Source: <http://youtu.be/VTekP4g0a4k> ) **The rising kundalini serpent** is seen as a positive force in yoga as well, as it is proclaimed to enlighten one and change one's perception of reality. This area of the forehead as mentioned earlier is a key location for both rising snakes. Sadhguru says regarding the third eye, “you have clarity of vision...once your third eye opens your perception has risen beyond the physical” and one of the names he used to describe the facilitation of this process was “kundalini”( same source as was just noted).

The veneration of the snake can be traced right back to ancient Egypt. **The cobra/ rising serpent was a symbol of power and protection** in Egypt as we have seen. Remember that it was believed that through the wearing of this ureaus that one had legitimacy/authority/power. It's snake figure decorates the crown of the Pharoah and Sun-god Ra.

Sadhguru has shared an account where he claims a **serpent gave him protection** when he was near death. He said that a “celestial snake” visited his bedroom and bit him. He claims this bite gave him **power**, strength, and healed him around the time of the Dyanalinga consecration when his body was weak and failing. I have heard him personally speak about this and in addition this account can be found in the book *Mystic Musings*. **There is certainly a supernatural serpent force working here and the Egyptians seemed quite aware of this force as well.**



The serpent is also known to yield **power** in yoga through kundalini. When asked what kundalini is Sadhguru once responded, “Kundalini is the plug point...once you are plugged in you can make the light happen...so if you are plugged in, you don't know how power is generated but you know what the power is, what it can do, and what you can make out of it; **you are plugged into an endless source of power-that is kundalini**...yoga is just the science of getting the plug properly in so that there is an uninterrupted source of power..”(Source: <http://blog.ishafoundation.org/happenings/kundalini-plug-into-the-source-of-creation/> ) In fact Sadhguru goes as far as to say that kundalini is God! Note that he does not call it God per say because he says yoga looks at it as a “science” and not faith however what is clearly being taught is that kundalini





is the creator of the universe. Sadhguru says, **“If you look at it on one level kundalini is just another name for the source of creation.”** (Source: <http://australia.innerengineering.com/pages/kundalini/> )

ONLY God Yahweh who truly created all things is the source of all creation. We do not become the creator through our “spiritual progress”(he claims this blatantly) nor is any serpent kundalini force our creator. The lure of gaining an endless source of power certainly appeals to the flesh. One does indeed gain certain powers through this supernatural force of the serpent. No doubt about that. However, it is an extremely dangerous power. It is like a sweet lollipop with venom in the center. Some will get to the center sooner than others, but anyone who has been deceived into taking the sweet tasting candy and eats of it, will sooner or later hit the poison, obviously enjoying it on the way.

Worship of the serpent is nothing new as we have seen. It has been passed down through time and is a very key part of Hinduism. Even today people bow and worship snakes as gods. In above picture a Hindu lady is seen worshipping the snake.



*Patanjali ½ man ½snake mural*



Neelan

The Isha Yoga institution is woven with the serpent being the fabric of it. Sadhguru has said that actual snakes are attracted to the ashram because of the spiritual energy there. Pictures above show Sadhguru handling snakes. We are taught by Sadhguru that snakes are one of the animals that are special and spiritually sensitive. The Hindu god Shiva is always depicted with a snake around the neck ( as seen in pictures previously). The Isha yoga center has snake images and carvings throughout it highlighted by its central attraction, the Dyanalinga with the serpent coiled base. People fully bow to it laying on the floor upon entrance. A mural of patanjali ( known as the father of Yoga) as half man and half snake ( as seen in pic) is displayed. This picture above it to the right is taken from within the ashram (aka Isha Yoga Center) and displays metal snakes appearing to come out from the ceiling. The Isha merchandise includes snake rings, I had one myself and many of the meditators wear one (see pic).

Where did it come from? Why is it important?

There is no shortage of strong snake symbolism stemming from Egypt, in Hinduism which naturally spills over to Isha Yoga as it is based in Hindu tradition.

The bible tells us who the serpent is in **Revelation 20:2**, “ And he laid hold on the dragon, **that old serpent**, which is the devil, and Satan and bound him a thousand years.”

The devil is real. He is a deceitful liar and has been from the beginning. We saw earlier Genesis 3:4-5 “And the **serpent** said unto the woman ye shall surely not die. For God doth know that in the day ye eat therof, then your eyes shall be opened, and ye shall be as gods, knowing good and evil.”

The deception is that we by works can become as gods. Ephesians 2:8-9 “For by grace are ye saved

#### BAKUR-KHANI.

BAKUR-KHANI. PERS. *Armeniaca vulgaris*, *Lam.*; the apricot.

BAKUS. BENG. Malabar nut, *Adhatoda vasica*.

BAL, the **sun**-god of the Hindus, identical with the Baal-god of the Egyptians and western Semitic nations. The **worship** of Bal seems to have been originally astronomical, and subsequently physiological. In the former, the **sun** was worshipped direct, as yet in India, every morning, and at every solstice or sakrant. In the physiological **worship**, the female power of Bal was Baal-tis or Bel-tis. These formed an androgyne divinity. The Semitic emblem of Baal was the pillar on the high places, and his companion was the bull or calf,—all identical with the Hindu Ba-al or Bal represented by Siva, whose emblem is the pillar or **lingam** encircled by the yoni; with the vahan bull, Nandi or Basava, facing in front. See Numbers xxii. 41, xxiii. 14-28.

The **worship** of the god Bal seems to have been adopted in Egypt and throughout south-western Asia, and sometimes to have been considered that of the creative **sun**; sometimes in the form of the physiological emblems. The **sun-worship** of India seems to have had its chief place in Saurashtra, which was in constant intercourse with Egypt and western Asia. Under one or other of these philosophical explanations, Baal or Bal or Belus was the chief god of all the Semitic nations. The Aryan Brahman seems at present to have chiefly adopted the astronomical view; the Rajput and the southern Asiatics, the physiological. But in India, at present, these philosophies are all confused. At present the sakrant, or Sivarat (night of Siva) is the winter solstice. On it, in ancient times, in India, the horse was sacrificed to the **sun**, or Balnath—the lord Bal. The Scandinavians termed the longest night the ‘mother night,’ on which they held that the world was born. Hence the Beltane, the fires of Bal or Belenus; the Hi-ul of northern nations; the sacrificial fires on the Aswa Medha, or horse sacrifice **worship** of the **sun**, by the Soorya sect on the Ganges, and the Syrians and Sauromatæ on the shores of the Mediterranean. When ‘Judah

#### BALA BHADRA.

Bal. In ancient western Asia, Bal and the brazen calf were specially worshipped on the fifteenth of the month, and in India, the sacred day of Bal-Eswar, with his vahan bull Nandi, is the amavasa, the moonless fifteenth day of the month. Amongst the Rajput races, according to Colonel Tod, Har is Bal, and is the patron of all who love war and strong drink, and is especially the object of the Rajput warrior's devotion; accordingly blood and wine form the chief oblations to the great god of the Indus. The Gosains, and the peculiar priests of Har, or Bal, the **sun**, all indulge in intoxicating drugs, herbs, and drinks. They are usually seated on a lion, leopard, or deer skins, their bodies covered with ashes, their hair matted and braided, with iron tongs to feed the penitential fires; and their savage appearance makes them fit organs for the command of the god of blood and slaughter. The bodies of these Gosain priests, ministers of Har, the god of war, are not burned like the Hindus, but are buried, and a circular tumulus is raised over the remains; and over some classes of Gosains, small tumuli, whose form is the frustum of a cone, with lateral steps, the apex crowned with a cylindrical stone.—*Tod's Rajasthan*, i. 76, 77; *Tod's Travels*, pp. 54, 49; *Milner's Seven Churches*, p. 100; *Layard's Nineveh*; *Sonnerat's Voyage*, i. p. 160.

BAL. HIND. An ear of corn. Bāl-kat, cutting off the ears of corn without reaping the stalks.

BAL, also Bala, also Bala-ka. SANSK., HIND. A child. Kumara, Kumari, a boy, a girl under 5 years of age. Poganda, a boy from 5 to 9. Kisora, from 10 to 16, is a child, a boy, a youth. Under the British, however, the minority is to the end of the 18th year. Women are termed Bala if under 16; Prude, middle-aged; Bridu, when forty. Bal-Krishn, Bal-Gopala, the infant Krishna. Many Hindus and many Hindu towns have names beginning with Bal, sometimes referring to infancy, as bal-amra, or young mango grove, sometimes to a deity.—*Wilson*; *Tod's Rajasthan*, ii. p. 251.

BALA. BENG. *Pavonia odorata*, also *Hibiscus tortuosus*. Twisted hibiscus.



did evil in the sight of the Lord, and built them high places, and images, and groves, on every high hill and under every tree, the object was Bal, and the pillar, the **lingam**, was his symbol. It was on his altar they burned incense, and 'sacrificed unto the calf on the fifteenth day of the month' (the sacred Amavas of the Hindus). The calf of Israel is the bull (Nandi) of Bal-eswar or Eswara, the Apis of the Egyptian Osiris. According to Colonel Tod, the temple of Solomon was to Bal; and all the idolaters of that day seem to have held to the grosser tenets of modern Hinduism.

'Peor his other name, when he enticed Israel in Sittim, on their march from Nile.'

—*Paradise Lost*, Book I.

Colonel Tod tells us that Balnath was the god Bal of the ancient times of India, and the buldan was the gift of the bull to the **sun**. He mentions that there are numerous temples in Rajasthan of Baalim; and that Balpoor (Mahadeo) in Saurashtra has several, all representing the **sun**. There is at Balpoor a temple to Balpoor Siva, or Siva of the town of Bal, with its **lingam**, yoni, and ball of brass; and Bal-eswar is the lord Bal, Maha-bal-Eswar the great lord

BALA. DUK. Cuscut root; *Andropogon muricatus*. In Bengal, *Haliaetus fulviventer*, *Viell.* In Hindustan, *Sida rhombifolia*. Also a grub which eats the young plants of wheat or barley when about six inches high.

BA-LA. BURM. *Elettaria cardamomum*, *Wh. and Mat.* MALAY, *Musa sapientum*.

BALA, also Bala Mushk. HIND. *Valeriana Wallichiana*.

BALA-BAND, or head fillet, the diadem of the Greeks, is in Mewar the symbol of honour, and in the days of the grandeur of that state was held equal to any cordon of Christendom. It consists of one or more cords of floss silk and gold thread tied round the turban, the ends hanging behind the head. The bala-band or silken fillet was valued as a mark of the sovereign's favour, and was tantamount to one of the courtly orders of Europe.—*Tod's Rajasthan*, i. p. 652.

BALABANDI TIGE. TEL. *Ipomæa pes-capræ*.

BALA BHADRA, son of Nanda, and elder brother of Krishna. He is the patron of agriculture. He was of great strength and irate temper. Hindus believe that Bala Bhadra is Balarama, the ninth incarnation of Vishnu.—*Taylor*. See Baldeva.

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through faith; and that not of yourselves: it is the gift of God: Not of works, lest any man should boast.”

We have to humble ourselves and realize that we are all sinners and we can't save ourselves! In Jesus's (Yeshua) own words he says in **Mathew 23:12** “**And whosoever shall exalt himself shall be abased; and he that shall humble himself shall be exalted.**”

Let us further look at various Egyptian connections inherent in Hinduism/ Yoga, and Isha Yoga in particular. In the cyclopædia of India and of eastern and southern Asia: by edward balfour, under Bal (which was spelled Baal in 2 Kings 17:16-17 bible verse above) it reads, “**The sun-god of the hindus identical to the Baal-god of the Egyptians** and western Semitic nations.” Please refer to Pg. 240 below to understand some connections of the lingam, sun worship, and its roots.

( Source: The cyclopædia of India and of eastern and southern Asia: by edward balfour page 240

<http://books.google.com/books?>

[id=mFcIAAAQAAJ&pg=PA240&lpg=PA240&dq=lingam+sun+worship&source=bl&ots=BM5z90q\\_a6&sig=iWzdFmxjDBzbrA7cVBa\\_TG3shml&hl=en&sa=X&ei=MpxGT6elBvPJiQKz4MXbDQ&ved=0CCoQ6AEwAQ#v=onepage&q=lingam%20sun%20worship&f=false](http://books.google.com/books?id=mFcIAAAQAAJ&pg=PA240&lpg=PA240&dq=lingam+sun+worship&source=bl&ots=BM5z90q_a6&sig=iWzdFmxjDBzbrA7cVBa_TG3shml&hl=en&sa=X&ei=MpxGT6elBvPJiQKz4MXbDQ&ved=0CCoQ6AEwAQ#v=onepage&q=lingam%20sun%20worship&f=false))

In the book, *Nature Worship: An Account of Phallic Faiths and Practices Ancient and Modern* by Hargrave Jennings on page 37 it says, “the temple raised to Bal in Tadmor in the Desert, by Solomon, where he worshipped 'Bal and Ashtoreth, the strange gods of the Sidonians,' was the Bal-nat'h, or Great God of the Hindus, the Vivifier, the Sun: and the Pillar erected to him, 'in every grove and on every high hill;' The Lingam or Phallus, the emblem of Bal; Bal-nath, Balcesari, or as Bal-Iswara, the Osiris of the Egyptians; and as Nand-Iswara their Serapis, or Lord of the Sacred Bull; Nanda, or Apis, the 'Calf of Egypt,'”



The idol "Lingam," same as the "Shivalingam" or the "Dyanalingam" from the Isha Yoga Center, also once again has Egyptian origins.

Idolatry is a major part of Isha Yoga as we have seen.. The Bull,(Nandi) the Linga Bairavi, the Dyanalinga are proof of this. The Dyanalingam as shown in pic previously above is not a new type of idol. This phallic symbol again goes back to Egyptian roots as it was known as an obelisk. "The word 'Obelisk' literally means 'Baal's shaft' or 'Baal's organ of reproduction' ( Source : Masonic and occult symbols illustrated by Cathy Burns pg 341) The Lingam is also known as a phallic symbol. One can do basic research and find this to be true. The Shiva Purana, originally known as *Saiva Purana* is a Hindu religious text dedicated to Shiva. "The '*Shiva Purana* 'describes the worship of the lingam as originating in the loss and recovery of Shiva's phallus" (Source:

[http://en.wikipedia.org/wiki/Lingam#cite\\_note-13](http://en.wikipedia.org/wiki/Lingam#cite_note-13) ). For more on this please see this link:

<http://books.google.com/books?id=Jgsu-alM3ncC&lpg=PA210&vq=linga&pg=PA210#v=onepage&q&f=false>.

**"The obelisk had several functions among the early Egyptians. One included the worshiping of the pillar as the dwelling place of the sun-god"** ( Source: Illustrated Dictionary of symbols in Eastern and Western Art by James Hall, published by Harpor Collins, 1994, pg 75).

Obelisks are commonly seen with Egyptian writing on them as they are Egyptian in origin. "The one in St. Peter's Square is the only one in Rome without Egyptian writing on it" (Source: [www.saintpetersbasilica.org](http://www.saintpetersbasilica.org) ).

\*PLEASE NOTE THAT THE VATICAN AND THE ROMAN CATHOLIC CHURCH HAVE OCCULTIC ROOTS ( THE CENTRAL OBJECT IN THE VATICAN IS THE EGYPTIAN OBELISK) AND HAVE NOTHING TO DO WITH THE TRUE TEACHINGS OF CHRIST WHATSOEVER ALTHOUGH THEY MAY PROFESS TO KNOW HIM, THEIR ACTIONS ARE FAR FROM HIM ( HENCE THE CRUSADES..ECT). THAT IS ANOTHER SUBJECT ON ITS OWN WHICH DIGRESSES FROM THE SUBJECT AT HAND, HOWEVER IT IS VERY IMPORTANT TO UNDERSTAND.

I share this picture (on top right) of St. Peters piazza in Rome to simply give a visual of what an obelisk looks like. Below this picture, this same obelisk is captured in photo from a directly above aerial view. Underneath this obelisk picture is a picture of a stone Shiva Linga. It is in classical Shiva Linga form. This is the same shape as the Isha Yoga Dyanalinga since the Dyanalinga is a Shiva Linga as seen in pictures below. The resemblance of the obelisk and linga can be observed in several fashions, most notably the long middle protruding figure (phallus) coming out of the center of a circular shape.



What does God think of such idols? **Leviticus 26:1** “Ye shall make you no idols nor graven image, neither rear you up a standing image, neither shall ye set up any image of stone in your land, to bow down unto it: for I am the LORD your God.”

The Freemasons are another occult group, with roots stemming from Egypt. Some similarities can be noted regarding the topic at hand.

“ Monumental , historical, and philological evidence shows that the phallus worship is among the oldest , if not the oldest form of idolatry. Reverence for the phallus or for phallic emblems shows itself in the earliest historic remains of Babylonia , Assyria , India , China , Japan , Persia , Phrygia, Scandinavia , France , Spain , Great Britain , North and South America, Africa , and in the islands of the sea. **Phallicism is the bond that unites all forms of idolatry into one great system. It is the essential principle that pervades them. It is the basis of tree worship , animal worship , serpent worship , sun worship and man worship.** It was the basis of the mysteries of Phrygia , Egypt , Greece and Rome. It is the basis of all the mythology of the past ages ... The power of procreating life became deified and worshiped under phallic emblems, which in turn became the deities.... 'Freemasonry proclaims as it has ever proclaimed from its origin , the existence of a Creative Principle , under the name of '**the Great Architect of the Universe**'..... Concerning this declaration Gen. Albert Pike (33<sup>rd</sup> degree Freemason : author of morals and dogma) declared : 'It is but an old term revived. Our adversaries numerous and formidable as they are , will say and **will have the right to say that our Creative Principle is identical with the Generative Principle of the Indian and Egyptian, and may fitly be symbolized as it was symbolized anciently by the linga.**'”(Source: pages 258-262 of Freemasonry: An Interpretation By Martin L. Wagner <http://books.google.com/books?id=9SIVWsABUHIC&q=great+architect#v=snippet&q=page%20262&f=false> )

Earlier we addressed the bull being worshiped as an aspect of **“Ptah”**. The Egyptians themselves referred to Ptah as “The Great Architect of the Universe”In the book **Ancient Egypt - The Light of the World:** By Gerald Massey page 347 it states, “In the Egyptian Mythos Ptah was **the great architect of the universe.**”

In Ancient Egyptian belief Ptah is considered the creator of all. “When Osiris absorbed the identity of Ptah, becoming *Ptah-Seker-Osiris*, the Apis bull became considered an aspect of Osiris rather than Ptah.“ Source :[http://en.wikipedia.org/wiki/Apis\\_%28god%29](http://en.wikipedia.org/wiki/Apis_%28god%29) Ptah created Osiris who is Horus's father which has assimilated the Eye of Ra as his symbol. Later this eye became known as the “Eye of Horus” or “all seeing eye”.

“The **Eye of Providence** (or the **all-seeing eye of God**) is a symbol showing an eye often surrounded by rays of light or a glory and **usually enclosed by a triangle....**

Today, the Eye of Providence is usually associated with Freemasonry. The Eye first appeared as part of the standard iconography of the Freemasons in 1797, with the publication of Thomas Smith Webb's *Freemasons Monitor*. Here, it represents the all-seeing eye of God and is a reminder that a Mason's thoughts and deeds are always observed by God



*Masonic symbol with sun ,moon , and triangle with all seeing eye in the center.*



(who is referred to in Masonry as **the Great Architect of the Universe**. Typically, the Masonic Eye of Providence has a semi-circular glory below the eye. Sometimes **the Eye is enclosed by a triangle**....

Imagery of an all-seeing eye can be traced back to Egyptian mythology and the Eye of Horus...

In **Hinduism**, the divine providence is associated with **Lord Shiva**, a major Hindu deity, who is one with great powers, yet lives a life of a sage and is known to keep himself intoxicated and meditating with bhang so that the world remains safe from his anger. He has an all seeing eye, the third eye on his forehead, that notices everything that happens in the world, has an authority over death, rebirth and immortality. There are also other Hindu gods that have a third eye which is described as being an 'all powerful and **all seeing eye**'." (Source: [http://en.wikipedia.org/wiki/Eye\\_of\\_Providence](http://en.wikipedia.org/wiki/Eye_of_Providence) )

Looking at the above masonic symbol we can observe a sun, moon , and triangle with an eye in the center.

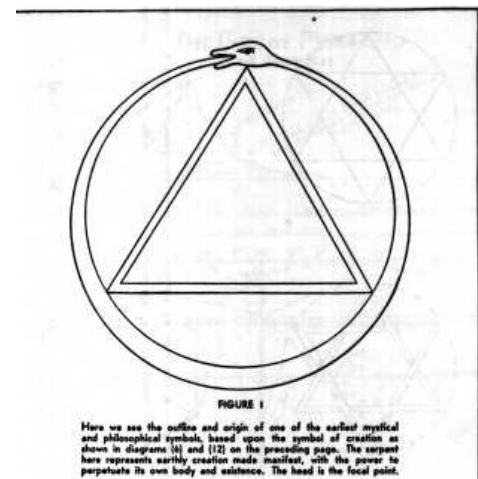
Another masonic symbol of the snake and triangle also is found in the Rosicrucian Order of Freemasonry.

*"Rosicrucian Manual "* (right)

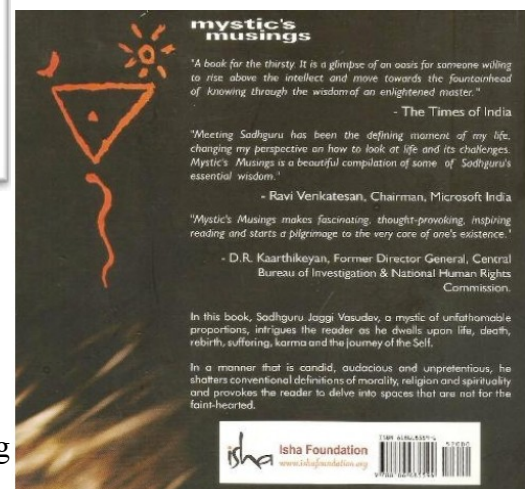
(Source: <http://mailstar.net/rosicrucian.html> )



*Freemason Apron with sun ,moon, triangle and eye in center*



*Rosicrucian Order: snake and triangle symbol found in their manual*



*Common Isha Yoga logo with sun , moon , and triangle with dot in center, and snake*

The similarities of the occult symbols found in Freemasonry and of those found in the Isha Yoga logo are quite evident. The Isha Yoga logo as seen in the picture on the right, has a triangle with a dot in the center which represents the all seeing eye. Just outside the triangle are the symbols of the sun and the moon. This is the same common placement of these occult symbols as seen in Freemasonry as demonstrated in both pictures above. In addition we observe the snake outside of the triangle in the Isha Yoga logo. The snake can also be observed in the Rosicrucian Order of Freemasonry depicted by a snake encircling a triangle.



Let us now discuss the triangle. The triangle symbol as we saw in the earlier Isha Yoga emblem is a very classic and common occult symbol. You can see picture below of an image which appears in the address bar of the Isha Yoga website with a triangle in a circle identical to the Rosicrucian symbol. The Isha Yoga Center in India has a building called “Triangle Block” which is described according to the foundation as, “An architecturally appealing residential facility designed in the shape of a triangle, a *yantra* (yogic symbol)...”

(Source: <http://www.ishafoundation.org/Isha-Yoga-Center/isha-yoga-center-360-degree-virtual-tour-of-dhyanalinga-isha-foundation.isa> )



There are countless triangle images in the merchandise, everything from shirts with triangles and a snake to crafts in the shape of triangles. There are too many triangle symbols all over Isha foundation to count.

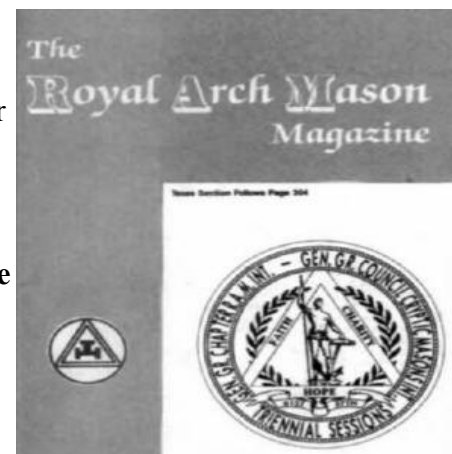
Albert Pike a 33rd degree mason of the Scottish rite says “From the mutual action and re-action of each of these pairs of opposites and contraries results that which with them forms **the Triangle, to all the Ancient Sages the expressive symbol of the Deity**; as from **Osiris** and Isis, Har-oeri, the Master of Light and Life, and the Creative Word. “ (Source: XXXII SUBLIME PRINCE OF THE ROYAL SECRET. - Morals and Dogma <http://www.freemasons-freemasonry.com/apike13.html#32> )

We see this in various occult groups. The triangle “sometimes called the Thaumaturgic Triangle..is an important figure as many of Satan's symbols contain triangular elements...in coven meetings a triangle is depicted on the floor, usually in the place where the spirit or demon that is being invoked will materialise. The triangle represents the occult element of fire. The triangle is often used in magical processes such as spell casting and demon summoning.” ( Source:

[http://www.campbellmgold.com/archive\\_esoteric/occult\\_signs\\_cg.pdf](http://www.campbellmgold.com/archive_esoteric/occult_signs_cg.pdf) )

Whether it be the ritual ceremonies of the Rosicrucians, Masons, or the witchcraft, astrological and black magic practice of other illuminists, **the triangle is always used**. This stems from Egypt as well. Remember also that earlier we discussed the Egyptian belief that the Apis bull had to have a certain set of markings suitable to its role and it was required to have a white **triangle** upon its forehead. A very obvious example of the importance of the triangle to ancient Egyptians is found in the pyramid, a classical triangular structure by which Egypt is famously recognized worldwide. The triangle and pyramid with the all seeing eye of Horus inside is a flourishing symbol virtually impossible not to come across, as it is even seen on the US dollar bill. It is safe to say that the triangle/pyramid has been made popular by the ancient Egyptian use of it.

A Masonic author, R.H. MacKenzie, states that "**among Egyptians, the base [of the triangle] represented Osiris, or the Male Principle; the perpendicular, Isis, or the Female Principle; and the hypotenuse, Horus, their son ...**" ( Source: Kenneth R.H. MacKenzie, The Royal Masonic Cyclopaedia of History, Rites, Symbolism, and Biography , New York, J.W.



Bouton, 1877, p. 743)

(See pic to right)“This issue of The Royal Arch Mason magazine (Summer 1990) featured the seal of the General Grand Council of Cryptic Masons International, which is designed in the form of a **triangle within a circle**”

( Source: [http://www.bibliotecapleyades.net/sociopolitica/codex\\_magica/codex\\_magica18.htm](http://www.bibliotecapleyades.net/sociopolitica/codex_magica/codex_magica18.htm) )

An interesting but not surprising association regarding Free Masons:

..”the third degree a Serpent is added to the Apron and that it is an Emblem of Divine Wisdom! The Entered Apprentice's Handbook points out that: “. . . the Serpent is regarded as 'The Shining One' -- the Holy wisdom itself. Thus we see that the Serpent on our apron denotes that we are encircled by the Holy Wisdom . . . **The snake is peculiarly associated with (the Hindu god) Shiva, the Destroyer, whose close symbolic association with the third (Masonic) degree is obvious.** . . He is depicted making the (sign) of a Master Mason" (Source: Dave Hunt and Ed Decker, The God Makers: A Shocking Expose of What the Mormon Church Really Believes; Eugene, Oregon: Harvest House Publishers, 1984, p. 197. <http://www.biblebelievers.org.au/masonry.htm> )

I have kept the history of these symbols as brief as possible. There are deep and detailed roots between Freemasonry and Hinduism but in order to stay on the subject at hand, I am forced to leave it at that. For more study refer to *Freemasonry and the Ancient Gods of India* by J.S.M. Ward. One can research these at leisure.

## **Conclusion**

As wonderful as it seems on the outside with white clothing and fancy beautifully decorated programs and pleasing music, Isha Yoga is deceiving countless people. Isha Yoga and all forms of yoga come from Hinduism. The roots of Hinduism come from Egypt. Ancient Egyptian occultic practices that have demonically deceiving elements have been very well packaged and re-packaged through Hinduism/ yoga and other new age and occult groups to draw people into a spiritual realm of “experience” that is more dangerous than humanely imaginable. In a time of desperation on earth as suffering and evil abounds, the lure of becoming “enlightened” to not only help one's own soul but the planet at large ( many of these groups including Isha Yoga teach that the best thing one can do for the world and self is spiritually progress, according to their prescribed methods), is drawing people in from all sorts. People are being drawn into seducing spirits and doctrines of devils as 1 Timothy 4:1 predicts would happen.

I experienced many things, but I never experienced real peace except when I gave my life to Christ. It was not through any work of my own that I could gain my salvation or gain my enlightenment. It was through the faith in the work done on the cross already by the one and only Messiah Yeshua/ Jesus. The enlightenment of a soul according to yogic Hindu belief comes from various practices and works that alter the mind and body until the point of supposed liberation from the cycle of birth and death (aka belief in reincarnation) which is called “nirvana”.



Please allow me to briefly describe the difference between religion by self effort ( which of course includes yoga) and salvation by faith. I use KJV application study bible page 1809 as a base frame

	<b><u>Religion by self effort</u></b>	<b><u>Salvation by Faith</u></b>
<b><u>Goal</u></b>	*Please God (or attain liberation) by our own good deeds/work/practice/rituals	*Trust in Christ then live to please God
<b><u>Means</u></b>	* Practice , diligence, discipline, and obedience, in hope of reward	*Confess, submit, and commit yourself to Christ's control
<b><u>Power</u></b>	*Good, honest effort through self determination (Note: Many times inspiration one thinks is coming from oneself, is really an influence of invoked demons)	*The Holy Spirit in us helps us do good work for Christ's Kingdom
<b><u>Control</u></b>	*Self motivation; self -control	*Christ is in us; we are in Christ
<b><u>Results</u></b>	*Chronic guilt ( ie not volunteering enough, not being strict enough..etc), apathy, failure, constant desire for approval (or proof of progress toward enlightenment), delusion of attaining spiritual progress	*Joy, thankfulness, love, guidance, service, forgiveness ( eternal life!)

Please see this link that briefly describes differences between Hinduism and Christianity:  
[http://www.jesus-is-savior.com/False%20Religions/Hinduism/hinduism\\_tract.pdf](http://www.jesus-is-savior.com/False%20Religions/Hinduism/hinduism_tract.pdf)

The truth is you don't have to spend money to learn secret knowledge with special techniques to achieve progress for your soul nor rely on any man for such. You can wherever you are right now receive the FREE gift of salvation. Seemed too simple to me before. But I praise God that it is this simple truth that I have come to receive. Again do not just believe me. Ask Jesus yourself. The best part of coming to the knowledge of Him is that He is a *personal* God. You can talk to Him. This life is temporary and all of us will die one day, some sooner than later. Do you know where you will go? There is a heaven and an hell. Our good works on our own can't get us freedom. As a born again believer I can rejoice in the scripture from **Philippians 1:21** "to live is Christ, to die is gain." If all that one has to look forward to is this life, it would be miserable. But there is a real hope and good news in life! Jesus Christ died for the sins of the whole world that whosoever believes on Him shall not perish but have everlasting life (**John 3:16**).

**My opinion really means nothing. Your opinion really means nothing. It is only the will of God that really matters. Don't just believe me or anybody else but pray for yourself to the Lord Yeshua/Jesus and ask Him to reveal the truth to you.**



## MY TESTIMONY

While in India doing one program after another at high levels of this yoga and meditation I became very sick physically and I was having very strange strong emotional ups and downs. Now when things go wrong with people, we are told by Isha yoga teachers that it is our karma coming forth because of the work being done and that it needs to happen to be able to clear the past accumulation. Either that OR we are told that we are immature in handling the spiritual energy changes that we are experiencing as we shift into new dimensions. Here is the hard truth which I only later found out, I was inviting demons of all types into my system through the things I was doing. I could NEVER have imagined this to be true at that time. We are taught there is no real good or evil. Up until this point when I wrote letters to Sadhguru about how I was getting worse he would advise me to do something that would make it worse again. **For the longest time I just believed I was the one with the problem** and that I needed more yoga. After I came back to the USA I even struggled to meet him at a local talk he gave, even with really, really poor health I went. He told me to go to TN center to stabilize and when I told him how sick I was that travel was not an option he just told me to listen to the doctors and do more yoga. I grew weaker and started becoming hopeless, the teachers did not keep in touch with me and I had nobody from my spiritual community and I was rejected by mainstream society. I still faithfully held on to the yoga which absolutely flung me deeper and deeper into the pit.

I became suicidal and the anger in me grew. I recall saying in front of my mom “ I am going to take you all down with me” in a voice that was not mine. It shocked my mom and myself and I stopped for a minute and said “ that was not me.” People thought I was crazy literally. I do not blame them ( I forgive all those that have hurt me and falsely accused me and actually pray for them out of love). I was frantic and started searching how to heal myself on the internet but I was lead to biblical prophecy instead. In my heart something struck me as true and I thought to try calling on Yeshua/ Jesus for help. Never in my wildest imagination would I have done this before. I was the most desperate I have ever been in my life, sick, demonically possessed, and suicidal. Sadhguru could not help me, more yoga could not help me, doctors could not help me, chanting could not help me, new age healers could not help me, positive affirmations and visualizations could not help me, meditation could not help me, medication could not help me, but the only real help came from the most unexpected place, it came from God the creator of the universe himself, and I am grateful beyond words. I am actually grateful for all the suffering I went through because it humbled me enough to realize I can't do it on my own and I need God. I called on Jesus Christ and the moment I did that the demons in me shook and a huge release took place. The anger was gone. The crippling fear gone. The suicidal thoughts gone. He has been healing me ever since and I am remarkably better in physical health. My whole life changed. I have since experienced amazing supernatural miracles of God ( Satan and his demons can heal too but it is never a true healing and there is always a cost).

I now have a radio and video ministry the Lord is having me and my husband do ( after all this the Lord brought me a husband!) I am stronger everyday! I never needed a single medication after that day I gave my life to Christ. No meditation or medication even in all its euphoria compares to this true peace. **I don't ask that you believe me, but I encourage you to yourself pray to Jesus and ask Him if all this is real. Ask Him to lead and guide you to truth. Ask Him yourself if he really died for your sins. If you are truly seeking he will undoubtedly lead you.**

So much love to you. God bless!

Purvi

*\*Please note that I have not been able to review all the information and teachings that have come out of some of the ministries I have used as sources. I therefore can't wholeheartedly point anyone in their direction for anything other than the topic at hand. Regarding the topic at hand I can absolutely certainly say I am in agreement with what has been shared which is why I quote and use them as a source for this document.*