

JAIN DIGEST

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FEDERATION OF THE JAIN ASSOCIATIONS IN NORTH AMERICA

CIRCULATION 5,600

Federation of JAINA established 1981



Live and let live

Hope 91'

Editor-In-Chief; Surender K. Jain

3 Ransom Rd., Athens, Ohio 45701 USA

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Jain Digest

Jain Digest is a quarterly news magazine published by the **Federation of JAINA** for the international Jain community and many others who have interest in Jainism. Besides domestic and international news including achievements, awards and honors received by individuals, we also publish some articles of general interest appropriate to the goal of this magazine. The directors of Jain Centers both in the United States and abroad should send their newsletters and other items of interest to the Editor as per details given below.

ISSUE	DEADLINE
January	December 1st
April	March 1st
July	June 1st
October	September 1st

Materials concerning matrimonial matters should be sent to F.J. Dalal, 9001 Goodluck Road, Lanham, MD 20706. News for the Youth Corner may be sent to Urmila Talsania, 5 Yellow Star Court, Woodridge, IL 60007 and items relating to Library and Education should be sent to Premchand Gada, 4410 Fiftieth St., Lubbock, TX 79414.

It is requested that all articles submitted be typed, of good quality. Black and white non-returnable photographs may be sent for possible publication. We will try our best to publish the materials sent, but due to space restrictions, the Editor reserves the right to edit any of the material submitted. Materials submitted will not be returned regardless of being published or not. Editor-in-Chief: Surender K. Jain, Phone & Fax (614) 592-1660.

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Canada Brahmi Society Jain Meditation Center	Mahavir Jain Mission Montreal	Ottawa Toronto	Vancouver

From The Editor...

I hope that you are receiving the *Jain Digest* regularly. I always look forward to hearing your comments. We are covering news of all Jain centers in the United States, Canada and other parts of the world. We are able to continue to publish these through the generous support of our donors. I urge each family to donate regularly, no

matter how small the donation may be. Furthermore, if each Jain center pledges to send one advertisement each issue this would go a long way. I believe each center can come up with such a pledge to put *Jain Digest* on a strong footing. I also urge each center to send their news that they believe could be in the *Jain Digest* in time. (Please note the schedule laid down on the cover

page for submissions) Frankly, last minute article insertions cause problems. I suggest each center appropriates a liaison officer to the *Jain Digest*. This officer would be in charge of collecting and sending their area news column for publication.

Surender K. Jain

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Special Thanks

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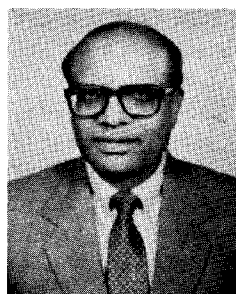
**Ravindra K. and Usha Jain,
Bedford, Texas**

I would like to thank Ravindra K. Jain, Bedford, TX; Urmish Mehta, Columbus, OH; and Steve Jain, Athens, OH for their help in proof-reading and Hope Tyburk, Publishing Editor, for a beautiful job.

Surender K. Jain

Vantage Point

Is JAINA meeting your expectations?



Sulekh C. Jain

By Sulekh C. Jain

The charter of JAINA states that it is an association of associations and it should assist all member organizations to further Jainism and undertake and promote activities that are non-sectarian and benefit all or a majority of its members.

JAINA, against many odds, in its 11 years of existence has tried to fulfill this charter. Today, JAINA and the Jain community is well-recognized and respected not only in the U.S. and Canada but throughout the Jain world in India and other countries also. I came back recently from Singapore and India meeting prominent Jain leaders from Hong Kong, East Africa and Dubai. Also, I met hundreds of Jains, Jain leaders Sadhvis, Sadhus, Acharyas and attended many Jain functions and celebrations. Everywhere I went and nearly everyone I met had a good image and vibrations about the

North American Jain community, youths and the national organization JAINA. During this trip I also realized that as our visibility increases so do our roles, responsibilities and expectations.

In October 1991 issue of the *Jain Digest* I wrote about the great summer of 1991. It was truly a great summer. After the sixth JAINA Convention in July 1991 at San Francisco, a new executive committee was elected. The task of this committee is not only to fulfill JAINA's charter but also to meet the ever increasing needs and expectations of the Jain community.

The question, "is JAINA meeting your expectations?" needs to be given a serious consideration. In this issue of the *Jain Digest*, let me attempt briefly to give you some insight. Let you be the judge and decide what we together (you and JAINA) can and should do.

1. Personal visits to various Jain centers: Since July 1991 myself, Dr. Jagat Jain and other members of the JAINA Executive have visited Jain centers in Ottawa, Toronto, Seattle, Portland, Phoenix, Dallas, Atlanta, Pittsburgh, New York, Boston, Siddhachalam, Buffalo, Cincinnati/Dayton, Syracuse, Columbus, Rochester, Los Angeles, etc. for exchange of ideas and to improve communication.

2. Division of responsibilities: To be responsive to your needs, JAINA Executive has divided its responsibilities.

3. JAINA National Committees: To increase the scope and improve the quality of activities, JAINA has now appointed 30 national committees.

4. JAINA Executive Meetings: To improve our workings JAINA executive (hosted

by various local Jain centers) have become regular features. We met at Pittsburgh in September 1991, Cleveland in Jan. 1992 and plan to meet in Atlanta and other places this year.

5. Jain Pathshala workshop: A two day Pathshala workshop was held in New York. This was the first ever in North America.

6. Overseas Visits and Contacts: International contacts and visits are beneficial in many ways. As mentioned earlier I visited Jain Sangh in Singapore, represented JAINA at Meenakshi's Deeksha at Veerayatan, participated in celebration at Jain Vishva Bharati University, Ladnun, attended many public Jain functions, addressed many meetings in India, met many Jain scholars and leaders, gave an overview of Jains in North America to the Vice President of India Dr. Shankar Dayal Sharma, and met Jain leaders from Hong Kong, Dubai and East Africa. In addition, we maintain regular contacts with the Jains in the United Kingdom. Recently other members of JAINA Executive also visited India for the same mission.

7. Religious Conference: JAINA was well represented at Religious Pluralism Conference at Harvard University in October 1991.

8. Press/ Media Coverage: Through the efforts of several individuals we (Jain Community) have been getting good media coverage in North America as well as in India.

What is your role? Communication is a two way street. We need to hear from you more often. Please call or write to, JAINA Executive, chairmen of various committees and your own directors of JAINA. We need more participation. Many committees need more participation. Let us keep the momentum going. Let us participate and make a difference.

News and Announcements

Pravinbhai Doshi to visit N. America in 92

By Hasmukh Shah, Silver Springs, MD

Dr. Pravinbhai D. Doshi, F.R.C.S. (England) a renowned Jain scholar and orator on Jainism has kindly consented to visit U.S.A and Canada during summer of 1992. Dr. Doshi speaks fluently in English, Hindi and Gujarati. He has pioneered various educational activities for making young Jains more interested in understanding and practice of Jainism. Exact dates of his visits are being worked out now. Organisations interested in hosting his visit this summer may contact Hasmukh Shah, 1409 Rising Wind Court, Silver Spring, MD 20905, Phone: (301) 384 1746.

Jain scholar speaks at Northern California

Shree Kiranbhai Parekh, a Jain scholar from Bombay, India visited the San Francisco Bay area to give religious discourses at the Jain Center of Northern California from September 27 - October 10, 1991.

Navakar Mantra Jaap chanting at Lubbock

The Jain Center of Lubbock had a group meeting for chanting Navakar Mantra and Bhajans on Thanksgiving Day. Dr. Prem Gada presided and scholars from India - Professor Malook Chand Shah and Mr. R.K. Jain addressed the meeting.

*"Children are likely to live
up to what you believe of
them."*

Lady Bird Johnson

Greater St. Loius celebrated Mahavir Nirvana Day

MAHAVIR NIRVANA DAY CELEBRATION was organized by the Jain Center of St. Louis on Nov. 9, 1991. Acharya Shree Sushil Kumarji and Shree Shanti Priyaji visited and gave an illuminating discourse on the interpretation of Life in Jainism and of Ahimsa. This time Nirvana day had an added significance for the St. Louis Center, since it completed five years of its existence on this day.

Houston Jain Center Library has opened

Houston Jain Society has opened the doors of its library. It will be open daily from 11:15 to 11:45 am. There are a variety of books, audio cassettes, as well as video cassettes in English, Hindi and Gujarati to choose from.

The Jain Center of Central Ohio: Snatra Pooja

By Urmish Mehta, Columbus, OH

Snatra Pooja is the celebration of the birth of Lord Mahavir. Lord's birth was known by the three worlds namely, Urdhvaloka, Madhyaloka and Adholoka. According to the interpretation of the meaning of the sixteen dreams of mother Trishla, this was the greatest day on the earth for the people of all the three worlds. Even Indra from the Urdhvaloka came to celebrate it. When we perform Snatra Pooja we go back to those auspicious moments when the Light arrived into this world to liberate us from the bondage of the infinite deaths and the births. Snatra Pooja describes how Indra and Indrani took the Lord to the Meru Parvat upon his birth to give him a bath and then to offer him the prayers. It also describes the ushering of prosperity in the town and the state upon the birth of Lord

Bhoomi Poojan performed at Detroit

By Sona Mehta Columbus, OH

On November 30, 1991 Bhoomi Poojan for the new temple at Farmington Hills, (Detroit) was performed. On the day of Bhoomi Poojan, the Bhoomi Pravesh Ceremony was performed by Acharya Shree Sushil Kumarji. He recited the great Samayika Sutra to begin the Poojan, which lasted over two and half hours. Weather remained surprisingly good till the end of Poojan, inspite of the windy, icy and stormy forecast of the day by the TV media.

Thus it can be said that even nature favored the auspicious moments of great Poojan. Bhoomi Poojan is a special prayer offered to gods who in return help and protect the endeavours undertaken by the people who offer the prayer. During the Pooja, flowers were dropped by helicopters on the site of Bhoomi Poojan. The program was attended by a large number of people on each of the three days of the celebrations.



Boomi Poojan Ceremony at Detroit

Mahavir. Understanding the significance of this Pooja, The Jain Center of Central Ohio, Columbus has started performing this Pooja once every month. Any other center who may be interested in the details and Samagri of Snatra Pooja should contact: Sailesh Parikh at (614) 863 5436 or Narendra Shah at (614) 891 0830.

Diets are including more vegetables

From Cincinnati Enquirer Jan. 4, 1992

U.S. consumers' diets have shifted dramatically in the past 20 years from heavy consumption of meat and animal products to a larger emphasis on crop products.

From 1970 to 1990, a period when per capita food consumption climbed 8%, use of animal products in diets rose less than 1%, while consumption of crop products rose 16%, according to USDA's annual Food Review.

"Diets have shifted away from meat or animal products as the main entree to a mixture of animal products, vegetables, fruits, nuts and grains," Judith Jones Putnam wrote in the review.

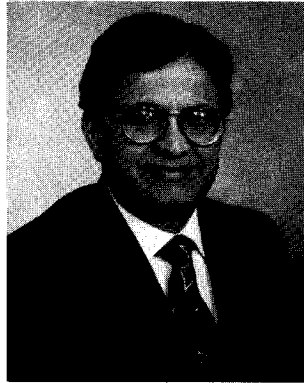
The sharp increase in consumption of crop products was fueled by expanding use of vegetable fats and oils, flour and cereal products, frozen potatoes, peanuts and nuts, Putnam said.

Consumption of fresh fruit rose 24% to 94.0 pounds per person from 1970-1990, while fresh vegetable use skyrocketed to 38% the USDA said.

Song book being translated into English

The Jain Society of Rochester has translated a number of Stavans (songs) into English and is planning to publish a booklet that will be distributed to the attendees of the next JAINA convention in Pittsburgh. If you have any song translated into English, please let them know so that they may include it in the publication. The contributors of any new material will be duly acknowledged in the booklet. For additional details, please write Anop Vora, 1 Robin Dr., Rochester, NY 14618 or call (716) 473-9290.

Ahimsa Celebration committee named



Surendra Singhvi

To promote the principles of non-violence in North America among Jains and non-Jains, the Federation of JAINA has established a new committee for the Ahimsa Day Celebration naming Surendra Singhvi as chairperson. All Jain Centers are encouraged to celebrate Ahimsa Day on the first Sunday in October (To be in proximity with Mahatma Gandhi's birthday which falls on October 2.) This is also being practiced in India under the leadership of Dr. D.C. Jain, Head of Neurology, Safdarjang Hospital, New Delhi.

The following activities may be encouraged by local Jain Centers: providing vegetarian food to homeless people; donating toys and household items; organizing a program on Ahimsa for all Jains; practicing Ahimsa by controlling anger, greed, ego, deceit; requesting the local city officials to proclaim the Ahimsa Day; and preparing a news release for local media. Comments from all readers are being solicited and may be sent to Surendra Singhvi, 145 Lemon Wood Court., Springsboro, OH 45066. (513) 748-2569.

JAINA World Community Service Committee

JAINA has established World Community Service committee under the chairmanship of Dr. Dhiraj Shah M.D. of Buffalo, NY. This committee will undertake charitable projects for India. Indeed one such project for earthquake and drought victims is underway. For details contact Dr. Dhiraj Shah at (716) 773-1314.

Temple committee: initial questionnaire results released

By Dr. Mahendra Pandya, Staten Island

An initial analysis of the response to the questionnaire sent out in the October, 1991 issue of the *Jain Digest* indicates that a majority of our Jain readers favor our temples to have both Digamber and Shwetamber Murtees on the same platform with Namokar Mantra in the middle. Most of them felt that this arrangement is an ideal representation of all the Jains. The Jain Centers of Dallas, Toronto Pittsburgh and Buffalo have already adopted such an arrangement in their temples.

The JAINA temple committee again urges all of the readers to please send their suggestions, for input while the plans for temples in North America are being finalized. Please send suggestions to Dr. Mahendra Pandya 3371 Richmond Ave., Staten Island, New York 10312.

Sangh from Boston visits Siddhachalam

For the last three years, the Jain Center of Greater Boston Sangh has been going to Siddhachalam for a week-end trip during summer. This year about 120 people went there in two buses and a few cars during the week-end of August 23 - 25, 1991.

The highlight of the program was discourses, questions and answers sessions and spiritual mantra-chanting with Shree Acharya Sushil Kumarji. Shree Amrendra Muniji held Yoga-training sessions in the morning and Bhakti-Bhavana program was held on Saturday night. On Sunday morning, Snatra-pooja was performed in the new temple by Shree Khemchandji while the Sangh performed murtipooja.

Sangh from Northern New Jersey visits Boston Jain Center

Jain Center of Greater Boston was honored to host a Sangh from Northern New Jersey during Sept 28-29, 1991. NJ

Sangh performed the pooja at Jain Temple while Shree Chitrabhanuji guided the Paryushan Program followed by Bhavana and Dandia Rassa in the evening. This program coincided with the 10th temple anniversary. Shree Chitrabhanuji blessed the tapasvis from New Jersey and Boston during the Paryushan Program.

Houston Jain Society donates to the needy

The Jain Society of Houston celebrated Diwali-Mahavir Nirvan Day under the guidance of Shree Rupchandji and Shree Manak Muniji from Nov. 1- 7, 1991.

Also, during Paryushan the society collected used clothes and sent them to the Share and Care Foundation in New York.

Jain Society of Toronto keeps busy

The following are some of the activities held in Toronto and surrounding area. June 8, 1991: Panchkalyanak Pooja was performed at the new residence of Dr. Bharat and Sheela Shah. July 20-21 1991: Shree Sidhhachakra Pooja was performed by Shree Babubhai Kadiwala and his group. Aug. 11, 1991: Antraikarma Pooja was performed at the Hindu-Jain temple, London, Ont. at the 1st death anniversary of Shree Chandra Mohan Jain and his daughter Nishant. Sept 7, 1991: Mahavir Janmavacchan and Swapna Ceremony performed at Buffalo. Sept 8, 1991: Mahavir Jayanti, Janmavacchan and Swapna Ceremony performed at Toronto. Oct. 26, 1991: Navpad Pooja was performed at Jain Center of Toronto, on the occasion of "Parna Ceremony" of Mrs. Sadhna Sheth at the completion of her "Varshitap

Tapascharya." Nov. 2, 1991: Panchkalyanak Pooja was performed at

Mahotsav-in London the installing of Jain idols- was held October 27, 1991. About 4000 devotees participated in the event.

Seventh Biennial JAINA Convention Monroeville (Pittsburgh) July 2-4, 1993

Site: Expo-Mart, Monroeville, PA

Theme: Jainism: past, present and future.

Program plans are being finalized. If you plan to volunteer or seek information related to the convention, please contact:

Vinod Doshi, 140 Penn Lear Dr., Monroeville, PA 15146 (412) 856-0235. or Dr. Surendra K. Sethi, (412) 283-8822.

Various dignitaries Jain monks, Jain scholars, young Jains from around the world are expected to attend.

All are cordially invited.

Jain manuscripts being compiled

Institute of Jainology, London, U.K. has undertaken a project of compiling all the manuscripts and old books which were preserved outside India over the last few centuries. India Office Library and Records (IOLR) has more than 1000 manuscripts, some as old as 700 years.

Vegetarianism in U.K. is on the rise

Survey conducted by Bradford University shows that more than 28,000 adults are turning vegetarian every week in U.K.

Mahavir audio/video cassettes available

Audio/video cassettes on Lord Mahavir are available in Hindi and Gujarati. An English version will be available in early February. For more information please contact Nemu Chanderia, London, UK (081-997-2300).

Temple at Haridwar

Haridwar, the holy pilgrim center, has now Parshvanatha Temple, called *Shree Chintamani Parshvanath Shwetamber Jain Temple*. The function was attended and blessed by the Jain Saints, Acharyas and ardent devotees. The foundation which has undertaken the construction of the temple has a Board of trustees headed by Shree Shanti Lal Jain, Chairmen, Motilal Banarsidas Publishers. The project has the blessings of Acharya Jambu Vijay.

the new residence of Ashok and Harsha Shah.

All the poojas were conducted by Shree Vasant Sheth and shree Raju Doshi

International News

Translation of Tatvartha Sutra

Nema Chandaria of London has informed that the translation of Tatvartha Sutra is on schedule. The draft is being edited and will be sent to wordsmiths as soon as possible. The draft is also being circulated to the four sects for comment. The book's release is planned for this year.

Jain Idols installed in South London

At Oshwal Mahanjanwadi Ghar Derasar in South London, Pratistha

Outstanding Jain Pathshala teacher in Singapore



Jain Pathshala in Singapore (girls)

By Sulekh Jain, Cincinnati, OH

On a recent visit to the Singapore Jain Society, my wife Ravi and I had the good fortune of meeting a dedicated and devoted Jain teacher Mrs. Madhu Doshi. On Sunday morning we were greeted at the Singapore Jain Bhavan and introduced to the young Jain students and their teacher Mrs. Doshi. After her marriage Mrs.

Doshi moved to Singapore and started the Sunday Jain Pathshala. She teaches Jain philosophy, rituals, poojas and prayers in English, Hindi and Gujarati. The boys and girls learn many aspects of Jainism. Her classes are well attended and the parents highly appreciate what Mrs. Doshi is doing for the young Jains in Singapore.



Jain Pathshala in Singapore (boys)

The federation of JAINA has established committees

In order to make JAINA a broad based organization and to serve the ever changing and expanding needs, demands and expectations of the Jain community in North America, JAINA has organized the following committees. Given below are the names of the committees and their chairpersons. Memberships on these committees are open to all Jains living in North America. The only requirement is your interest, vision and willingness to work. You can join more than one committee depending on your interest. If interested please call the committee chairperson or write to JAINA. In addition, we also need your comments and suggestions.

JAINA national committees and chairpersons: Ahimsa Day, Surendra

Singhvi (513) 748-2569; Cultural activities, Dilip Gandhi (508) 872-6979; Environment and Ecology, Girish Shah (408) 378-8165; Encyclopedia of Jainism, Sri C. Jain (412) 795-8047; Fund Raising, Vibhuti Gosalia (602) 863-1073; Scholar Visitation, Naresh Shah (516) 741-9269; Museum and Art Gallery, Kirit Gosalia (602) 863-1073; World Community Services, Dhiraj Shah (716) 773-1314; Animal Rights and Vegetarianism, Kumudini Shah (417) 782-7380; Exhibition and Displays, Manhar Sheth (416) 828-9879; Fund Raising Canada, Lax Nagda (416) 626-7040; Membership, Jit Turakhiya (315) 622-3287; Public Relations, Nirmal Dosi (908) 390-0296; Women Affairs, Bhadra Kothari (416) 820-0659; Jain Poojas, Arhant Jain (416) 827-7494; JAINA Convention, Vinod

Doshi (412) 856-9235; Marriage Info Service, F.J. Dalal (301) 577-5215; World Parliament of Religion, Sulekh C. Jain (513) 777-1554; Constitution Amendment, Jagmohan Humar (613) 736-0783; Jain Digest, S.K. Jain (614) 592-1660; Library and Curriculum, Prem Gada (806) 794-4777; Inter-Faith Activities, Tansukh Salgia (217) 223-7735; Pathshala, Niranjana Shah (708) 635-7780; Jain Temple Guidelines, M.K. Pandya (718) 816-0083; Long Range Planning, Mahendra Nanvati (716) 442-4553; Non-violence and Peace Movement, Shailendra Palvia (617) 449-8443; Retirement Affairs, Lata Champasi; Young Jains of America, Urmila Talsania (708) 969-8845; Essay Competition, Jain Center of Boston (416) 646-1739; Summer Camp, Shan Jain (416) 646-7010.

Jain Center of America hosts education conference

By Yogendra Jain (Boston)

The JAINA Education Conference took place in New York on December 21-22 under the leadership of Dr. Prem Gada of Lubbock, TX. Over 40 teachers and scholars from all over the U.S. gathered. The goal of the conference was to find a common curriculum that could be used at the respective centers.

Several goals were set:

- To see how various centers were teaching and motivating Jain youngsters, youths and parents to participate in Pathshalas.

- To establish a Pathshala even in the homes.

- To establish new teaching techniques that can be incorporated to make teaching practical and interesting.

- To develop a curriculum which addresses science and Jainism as it applies to day to day life.

- To find what teaching materials are already available and what additional ones need to be developed.

- How to qualify Jain teachers to insure quality and correctness of the material that they teach?

- To organize the JAINA Education Committee in several sub-committees and recruit members.

After establishing the above goals, each Jain center gave a presentation on how they run their Pathshalas. These pre-

It was clear from the presentation that the Jain teachers are a unique breed of people.

sentations provided much needed material which will be used to develop the common curriculum.

Many centers were represented at the meeting. Albany, Jayesh Shah; Boston, Kishore Shah, Yogendra Jain; Chicago, Manu Doshi, Niranjana Shah; Connecticut, Hans Maru; Detroit, Mahendra Shah, Narendra Shah; Houston, Ridhi Desi; New York, Susmita Mehta; New Jersey, Arvind Bhandari, Binny Mehta; North Carolina, Pravin Shah; North California, Navin Dedia; Rochester, Anop Vora; and Dallas, Pawan Jhaveri.

It was clear from the presentation that the Jain teachers are a unique breed of people. Despite the lack of interest and support from the parents, all the teachers continue to work hard.

After the presentation from the centers a new approach was decided upon.

- Incorporate multi-media in teaching.

- Develop an examination on Jainism.

- Include environmentalism, human

rights and applications in day to day life.

- Add material on Jain rituals.

- Maintain our original Sanskrit/Prakrit/Hindi words in the curriculum.

- Teach other religions.

- Develop a Jain dictionary.

- Streamline Pathshala logistics and teaching methods.

- Have a teacher-guide to go along with the curriculum.

Many techniques for teaching were developed: start classes with Namokar Mantra and yoga, have debates, use students to teach part of the class, give homework, do group reading, interact with students, have field trips, be caring, have an award system, use only positive reinforcement, and get parents to participate.

The meeting concluded with satisfaction. All of the teachers felt that they were not alone in their endeavors and made determination so that they can work together and benefit our community. For further information on starting a Pathshala contact Dr. Prem Gada at (806) 793-8555 or Yogendra Jain at (617) 237-5997.

Steps are being taken to improve communication

Steps are being taken to improve the communication between Jain centers and JAINA. Because of the increasing workload, and also to serve the Jain community better, JAINA Executives have been assigned responsibilities. These include

- Maintain regular contact with assigned Jain centers.

- Represent JAINA at their major events and celebrations.

- To provide information about activities, resolve any complaints and misunderstandings.

- Collect news for Jain Digest.

- Be a conduit between Jain center and JAINA.

Given below are the names of Jain centers and the assigned JAINA Executive. All Jains and Jain centers are requested to contact the assigned JAINA Executive for all kinds of communication and feedback as much as possible. Group one: Dr. Manibhai Mehta (714) 898-3156; Los Angeles, L.A. Social Group, San Francisco, Vancouver, San Diego, Phoenix, and Seattle. Group two: Dr. Mahendra Mehta (416) 241-2044; Toronto, IMJM Canada, Jain Meditation Center Canada, Bramhi Society, Ottawa, Montreal, Rochester, Syracuse, Elmira, London Ontario and Edmonton. Group three: Prabodh Vaidya (708) 985-9144; Chicago, Detroit,

Washington D.C., Milwaukee, Minneapolis/St. Paul, Cleveland, Atlanta, Columbus, Orlando, Miami, Ft. Meyers and Charlotte. Group four: Dr. Satish Nayak (314) 394-3195; St. Louis, Tulsa, New Orleans, Houston, Dallas, Lubbock, Memphis, Kansas City and Bramhi Jain Society. Group five: Dr. Sulekh C. Jain (513) 777-1554; Cincinnati/Dayton, Daytona Beach, Jain Med. Int. Center. Group six: Dr. Jagat P. Jain (716) 688-0104 Buffalo, IMJM U.S.A., Boston, Albany, Allentown, Cherry Hill and Kutchhi Gurjar Jain Society. Group seven Vinod Doshi (412) 856-9235; Pittsburgh, Raleigh and Jain Sangh of NJ.

Calender of Events

April 12, 1992 - Mahavir Jayanti Celebration at Hindu - Jain Temple Pittsburgh. For information contact Vinod Doshi 412-856-9235

April 18 - 19, 1992 - Mahavir Jayanti Celebration at The Jain Center of Central OH. For information contact Girish Parikh 614-864-4581.

August 24-31, 1992 - Paryushan Parva Celebration. at Jain Center of Central OH. For information contact Girish Parikh 614-864-4581.

Dec. 29, 1992 - Jan. 11, 1993 - World Vegetarian Congress will take place in Delhi and Medras. For information write Indian Vegetarian Congress, 1, Eldams Road, Madras, 600018, India

July 2-4, 1993 - Seventh JAINA Convention at Pittsburgh. For information contact Vinod Doshi 412-856-9235.

Matrimonials

FEMALE

AF30: Gujarati brother invites responses from suitable candidates for divorced religious sister - vegetarian, fair, citizen, graduate, born Feb 55, 158 lbs., in PA. Contact (215) 464-4549 or (718) 478-2621.

F131: Gujarati Vegetarian lady, divorced (after 3 weeks), from NJ, 5'2", 115 lbs., born Mar 51, invites responses from suitable candidates.

F132: Gujarati visitor girl from U.K. in NY, 5'2", 130 lbs., born Dec 64, dip. in Bus. invites responses from suitable candidates.

F134: Gujarati vegetarian divorcee from IL, 5'2", 116 lbs., B. Com. born May 56, seeks responses from suitable candidates.

F137: Gujarati vegetarian lady form CA, 5'1", 108 lbs., born Aug 56, B.Sc. (Micro-Bio), invites responses from suitable candidates.

F139: Gujarati parents invite correspondence from vegetarian professionals with returnable photo for slim, intelligent, beautiful, social daughter 22, 5'2", B.S. (Health Pol & Adm), completing M.S. (Corp Edu, May 1992).

F141: Gujarati vegetarian citizen girl from TX, 5'2" 112 lbs., born Dec 66, B.B.A. (Mktg), employed, seeks responses from educated candidates.

F145: Gujarati vegetarian citizen girl from KY, born Sep 66, 5'2", 100 lbs., B.S. (Comp) employed, seeks responses from educated professionals.

F146: Gujarati vegetarian girl from Ahmedabad, India, 5'1", 110 lbs., born June 67, B.Com, well traveled, proficient in art of folk dance, running Dancing Academy, invites responses from professionals.

F148: Gujarati vegetarian girl from CT, 5'3", 100 lbs., born Dec 69, B.S. (1992), seeks responses from graduate boys.

F150: Gujarati vegetarian divorcee (short marriage of 12 days) from GA, 5'3", 110 lbs., M.A., Comp Progr, employed, seeks responses from professionals.

F151: Gujarati vegetarian girl from IL, 5'5", 115 lbs., born Aug 68, B.S. (Comp Sc), employed, seeks responses from well educated professionals.

F152: Gujarati Vegetarian girl from IL, 5'5", 115 lbs, born Aug 68, B.S. (Mech Engg), employed, seeks responses from well educated professionals.

F153: North Indian parents invite correspondence for their 27 year old daughter - fair, 5'5", vegetarian citizen, completing M.D. 1992, from tall, handsome professional and ambitious match.

F155: Gujarati parents invite responses from vegetarian non-smoker and non-drinker professional, preferable MD's for their daughter, M.D., 5'4", 115 lbs., born Feb 64.

F157: Jain parents invite correspondence from professionals for pretty, intel-

ligent, B.SC. graduate and employed, outgoing, Hindi-speaking daughter born 68 in Canada 5'7"

122 lbs, vegetarian, enjoys music and social activities. Write: P.O. Box 243, Station G, Toronto, Ontario Canada M4M-3G7.

Jain parents invite correspondence from U.S. educated physcians for smart, fair, U.S. Citizen, physician (M.D.), doing residency in radiation oncology, 27 years old, 5'3 1/2". Send biodata 9831 Tall Timber, Cincinnati, OH 45241, Phone: (513) 777-1554.

MALE:

AM28: Well established Gujarati parents invite responses for handsome dynamic son 28, 5'8", with Law degree, holding CA Real estate, General Contractor and Stock broker Licenses, from beautiful, well educated girl with Indian values from respectable families.

AM29: Gujarati professional, well settled in Toronto, born Mar 65, 5'7", invites responses from graduate girls, with biodata and returnable photo. Call (302) 645-7669.

AM31: Correspondence invited by visiting Gujarati parents for their M.S. Engineer, vegetarian son, 27, 5'8" from educated match with biodata and returnable photo to: P. Mehta, 1052 W. Cecil st., #10 Neenah, WI 54956. (414) 725-4512.

AM32: Gujarati parents invite responses from professional girls for their son, 27, 5'9", M.B.A., working for CPA firm. Reply with biodata and returnable photo to: Suketu Shah, 108-38 63rd Ave., 1st Floor, Forest Hills, NY, 11375. (718) 997-8287 or (203) 359-8349.

AM33: North Indian parents invite correspondence for well employed son, 26, 5'7", vegetarian, non-smoking, non-drinking, M.S. (Chem Engg), from cultured, educated girls with returnable photo.

M133: Gujarati vegetarian from CA, 5'7" 165 lbs, born Oct 58, B.S.

(Arch), invites responses from educated girls.

M136: Gujarati vegetarian from, CA. 5'6", 140 lbs., born Aug 62, B.S. (Pharm), H-1 Visa, seeks responses from graduate girls.

M138: Gujarati parents invite correspondence with returnable photo from professional vegetarian girls for handsome intelligent, social son, 24, 5'9", completing M.D. in May 92.

M140: Gujarati vegetarian from CA 5'6", 125 lbs., born Jan 52, B.Sc. (Chem), in Business, invites responses from suitable girls.

M142: Gujarati vegetarian divorcee (3 weeks marriage) from CA, 5'7", 154 lbs., born Jan 60 B.A. (Mktg. Acctg), invites responses from suitable candidates.

M143: Handsome Gujarati vegetarian, non-smoker, 5'8", 150 lbs., born Sep 57, divorced (married for 6 days), MS/MBA, well employed, invites responses from beautiful, outgoing, cultured, professional girls. Contact Kirti Mody, 118 Greencroft Ave., Staten Island, NY 10308. (718) 966-0123.

M144: Gujarati vegetarian citizen from GA, 5'7", 145 lbs., born Aug 66, B.S. (El Engg) well employed, invites responses from graduate girls.

M147: Gujarati vegetarian from PA, 5'9", 140 lbs., born Feb 63, Dip Engg, H-1 visa, invites responses from suitable resident girls.

M149: Gujarati vegetarian from CA, 6'0", 145 lbs., born June 62 M.S. (El Engg), well employed, seeks responses from educated girls.

M154: Correspondence invited from highly intelligent, attractive, Medical or engineer for a brilliant engineer completing Ph.D. in El Engg. from Stanford in Fall of 92, U.S. Born July 67, 5'7", 135 lbs. Contact Raj Mehta, 3786 Corina Way, Palo Alto, CA 94303. (415) 856-7844.

M156: Gujarati vegetarian from NJ, 5'7", 115 lbs, born February 54, B.A. in

Business seeks responses from suitable girls.

M157: Gujarati vegetarian from NJ, 5'7", 125 lbs., M.S. (Env Engg), F-1 visa, well employed, invites responses from educated resident girls.

NOTES:

1. The following have been engaged/married:

F001, F006, M009, F012, M016, F018, F019, M020, M038, M039, M047, F052, M058, M062, F063, M068, F076, F095, F101, M121, and AF01.

2. MIS is continuously updating its files. Registered candidates are requested to inform any change in their status immediately.

3. Miss Sonal N. Shah of CT donated \$101 to JAINA on her engagement.

4. Miss Minal Parekh of GA married to Mr Punit Shah of U.K., one of the members of Youth Exchange group from U.K., both attending Sixth JAINA Convention at Stanford University in CA.

5. For addition to Jain Digest mailing list, please contact directly Dr. Surender K. Jain, Editor, at (614) 592-1660.

6. MIS is organizing seminar type 'Get together' for young adults and their parents in various locations. Interested groups are requested to contact Mr. F.J. dalal or their Jain Center/Society.

Education

(Cont.)

Medieval Jainism: Culture and Environment.

P.S. Jain and R.M. Lodha
New Delhi, 1990. xvi, 178p. Append., Index, ref.
ISBN: 81-7024-272-x Rs. 150.00 (HB).

Motilal Banarsidas, Delhi
Medieval Jainism: "Culture and

Environment" is an important book on the subject. This book is certainly the first work of its kind, highlighting the approach through which fast deteriorating environment can be saved through ethical values and principles of Jainism. The articles of the first part of the book deal with different aspects of Jain society, culture, art, and inscriptions of the period. The second part of the book comprises of some important papers dealing with cultural value of the Jain Literature and Jaina Grantha-Bhandaras. It shows that the contributions of Jaina writers to the development of literature are enormous.

The third part of the book deals with Jain way of life and environmental protection of the world. Ahimsa, Vegetarianism, simple living, charity, service and other essentials for human survival have played an important role in the protection of national culture and environment of the country.

Jain Yoga

Delhi, 1991. xxx, 296p. Append, Notes, Tables.

ISBN: 81-208-0775-8 Rs. 165.00 (HB)

Motilal Banarsidas, Delhi

This book describes what Jains considered to be the proper way of life for a layman. It attempts to examine the contents of the principle Jaina Sravakacaras. as these texts are not well-known and often not easily accessible, some information about their authors have also been given and a few excerpts designed to show the extent to which one writer depends on another, have been included in the appendix.

It will be noted, that to avoid confusion, all technical terms have been given in Sanskrit even in cases where an original Prakrit form has falsely been Sanskritized.

"A warm smile is the universal language of kindness"

William Arthur Ward

Youth

Essay Competition planned

An Essay competition is planned to be held in conjunction with the seventh JAINA Convention. Your suggestions for topics are invited. Write or call: Shantilal Mohnot, 1016 Summer Ridge Dr., Murrysville, PA., 15668. (412) 325-2058.

Youngsters travel throughout Texas

Twelve youngsters from Dallas, Texas visited Houston during Thanksgiving weekend at the invitation of the Houston Jain fellowship. They all interacted well in their social activities and religious discussions.

Youth survey results made available

The Jain Youth Forum of Metropolitan Chicago conducted an in-depth survey at the Sixth Biennial JAINA Convention. This survey was divided into three categories: personal, religious and social.

Out of 221 respondents questioned, 117 were male and 104 were female. Almost two-thirds of the youth present were teenagers. Eighty-seven percent of the youths were from the United States while the rest were split equally between Europe and Canada.

Gujarati is spoken by eighty percent while others speak Hindi and other Indian languages.

Eighty-four percent are vegetarian. The youth from the United States feel that it is difficult to be a vegetarian; yet, sixty-six percent of the vegetarian youths claimed to have no difficulty.

The religious section of the survey included questions about Jain functions and activities in the youth's hometown. About forty-two percent do not have established youth groups.

When asked about reciting mantras and practicing Jainism, most of the youths surveyed said that they knew the

Mantra. However, there is a significant group of ages 12 and under that does not know the mantra. Also, almost twenty percent recite the Namokar Mantra without knowing its meaning.

Although seventy-seven percent are proud of their Indian heritage and enjoy discussing it with their non-Indian friends, a shocking sixty percent believe that the Jain heritage will disappear in the next few generations.

As the Jain community continues to expand outside of India, it is important to get feedback from the youth about how effectively the Jain heritage is being passed on to the next generation. We hope that this survey is the first step in that direction. Now it is the responsibility of each individual to preserve the Jain philosophy so that future generations can learn, benefit from and "Extend the Jain Heritage to the Next Gen-

eration."

(Editors note: The section of the survey containing other issues which were part of the original survey is not included. This is only an abridged version. We appreciate the efforts put forth by the youths.)

Dallas youth active

By Raksha Jain, Dallas TX

The Jain youth group of Dallas has been functioning for three years with a membership of about 20. Among their accomplishments are a book entitled Reflections summarizing the 1989-1990 year, a video of their 1990-1991 activities and a movie about Mahavir. This is a very active group with goals on how to learn and understand Jainism through discussion and lectures.

Youth Rap

From the Boston Youth Group

Yo, they call me Lord Mahavir!
I never eat meat and I never drink beer!
Follow me, if you wanna know
The three jewels are the way to go.
Dudes! I never cause pain,
And I'm proud to say that I'm a Jain!
We're Jain, we're cool, we're peaceful fools
Bad karmas attach to my soul,
And prevent me from attaining my goal!
I gave up all of my possessions,
and for my sins I've given my confessions!
Here's some advice from your mama
Don't die, attain Nirvana!!
We're Jain, we're cool, we're peaceful fools
I'm through with the cycle of death and life
because I never hurt a man and I never had a wife!
I like to meditate on Friday nights!
I prefer to talk- not get into fights!
I never told a lie- I always told what's true,
To steal is the last thing I'd ever wanna do.
I say NAMO! (namo!)

I say NAMO, NAMO! (namo, namo!)
Get down and boogie and chant
Namokar mantra till you die!
We're Jain, we're cool, we're peaceful fools
For a Jain to be considered a humanitarian,
He also must be a vegetarian!
I've attained Kevalgyan, or supreme knowledge
But I never went to school and I never went to college!
The only way to attain eternal deevana
Is to purify your soul and attain Nirvana!
We're Jain, we're cool, we're peaceful fools
Yo man let's pray
Word to your muni
•Performed under the auspices of the JAINA Convention during July 4-6, 1991 in San Francisco, U.S.A.
Lyrics: Anupam Palvia, Lead
Vocalists: Anupam Palvia, Nimesh Shah
Background Vocalists/Dancers: Brinda Shah, Mona Shah, Neeli Shah, Pinky Shah, Sandeep Dalal,
Disc Jockey: Aseem Palvia, Side Dancers: Sonali Dalal, Ami Vora

Texas youth group organized

By Pavan Zaveri and Sonal Damani, Austin, TX

Jain students at the University of Texas at Austin have organized a youth group. Meetings are usually held bi-weekly with a normal gathering of seven to eight members. All Jain students at UT Austin are encouraged to attend the meetings if possible.

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Punam Jain, Mississauga, Canada
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Dr. Rakesh & Diane Jain, Richmond VA
Bharat and Charu Mehta, Columbia MD

Rajgiri witnessed historic Deeksha

By Dr. S.K. Jain

On Oct. 23, 1991 we witnessed a historical event at Veerayatan in Rajgiri, Bihar. Meenakshi Jain who received her M. Comm. from University of Delhi renounced this material world and adopted the world of spirituality and religion. The Deeksha ceremony was celebrated in an extraordinary manner in the presence of thousands of people for eight days. The eight days beginning Oct. 16, 1991 of Deeksha celebration were named as ASHTANTIK PARVA.

The idea of the celebration was far from any pomp and show, but for exhibiting the falsity and deceptiveness of the glamor of the materialistic world. This has made an indelible impression on the minds of all the people that were present. People exclaimed with a feeling of joy and surprise that this Deeksha had been unique. Honorable Chief Minister of Madhya Pradesh Shree Sunder Lal Patwa presided over the Deeksha celebration while Dr. Sulekh Jain, President, Federation of JAINA, represented the JAINA. Meenakshi Jain has been named by her Guru Acharya Shree Chandanaji as Sadhvi Shilapaji. During my recent visit at Veerayatan, I was deeply moved by her serenity and grandeur in her new acquired title of Sadhvi. She is on four months of Maun (complete silence). Excepting for necessary religious discussion with her Guru.

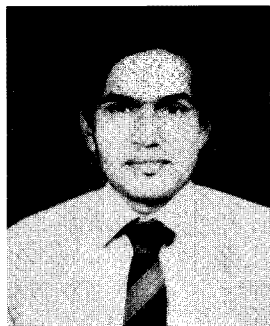


Shree Sunder Lal Patwa Chief Minister Madhya Pradesh with Meenakshi Jain before Deeksha



Sadhvi Shree Shilapaji with Acharya Shree Chandanaji after Meenakshi got Deeksha and given the name Shree Shilapiji

Medical basis of vegetarianism



Dr. D.C. Jain,

By Dr. D.C. Jain, Head, Department of Neurology, Safdarjung Hospital, New Delhi

In the United States of America about 10 million people have adopted vegetarianism. All major states have vegetarian associations, which are actively engaged in the propagation of vegetarianism. In the United Kingdom, Switzerland, West Germany, Israel, Mexico, Japan, the vegetarian dietary habit is getting recognition from a large number of people.

What is the rationale behind this movement?

Medical Basis: The fast growing medical sciences have been the major factor in converting the people to vegetarianism. The fibre content of diet, low cholesterol contents, prevention of zoonotic disorders have been the major reasons which have appealed the medical people to propagate vegetarianism. The discovery of human onchogene (mutation of gene by meat eating) by Professor Weinberg of Massachusetts Institute of Technology has revolutionized the programs of Cancer Prevention. Bowel cancer is very well known to be due to low fibre content in the animal diet. However, the association of breast cancer and other organ cancers appears to be due to a mutant cancer gene or some unknown reason. Prevention of hemorrhoids, varicosity, constipation, hiatus hernia, ulcerative colitis and peptic ulcer by a fibre rich diet is known to medical scientists since four decades.

Heart attack and stroke: Recently the relationship between animal food and the myocardial infarction stroke have gained much attention. In the United Kingdom and United States the trend is now, no animal food and less eggs in the diet. The cholesterol contents of animal food makes

the atherogenesis faster. 1985 Nobel Prize awarded to Professor Goldstein and Brown for their outstanding work on the cholesterol receptor deprivation with high animal food consumption. Most of the rich and elite people have this fatal illness.

Prevention of zoonoses: The World Health Organization has brought to notice the 160 zoonotic disorders transmitted through the intermediate host: the animals. Many of these diseases are spread by mere contact and others by eating them (WHO magazine "World Health" - July, 1985).

Immunological state: The foreign body setting up the antigen antibody reaction, lowers the immune status and increases the chance of graft rejection in the organ transplants. Animal food increases the chance of bacterial and viral antigens to grow further. Thus the immune system is impaired.

Growing requirements of food energy resources has made the scientists to work out the alternative resources. The commercial production of meat is costly. The conversion rate of plant protein to animal protein is too low. It is, therefore, better to utilize vegetable food directly in the human diet rather than animal for protein. Not only the conversion of plant protein to animal protein is lower, the caloric conversion is much lower. It has been estimated that 7 vegetable calories are required for production of one animal calorie. It is, therefore, evident that the plant food to animal food conversion is not only too costly but too wasteful a proposition in the present day world when all efforts are being directed to remove the caloric malnutrition throughout the world. At the time when millions are dying of starvation, it is morally indefensible that over half the world's grain is fed to animals which in turn would be fed to people. The British Parliamentarian, Rt. Hon. Bernard Westherhill, has expressed that economically there would be tremendous saving of food energy resources provided the intermediate link of livestock is broken and people start taking vegetarian meals. No soul on this earth will be left over without meal.

Economic basis: The animals and plants form a natural habitat for human beings. This ecosystem has greatly been disturbed by fast growing deserts, deforestation and de-animation. The fertility of

land, soil erosion, all depend upon the animal life which apparently looks economically useless. Therefore, vegetarianism will promote the preservation of the animal kingdom and promote the forestry. The ecological experts are very fast realizing the need for maintenance of our ecosystem and environment.

Longevity of life and diet: The Human survival rate of India is fast decreasing. We have still people who are octogenarian. Attention has been focussed on the Soviet Republic of Abkhasia. They live well over one hundred years and are largely vegetarian. They are healthy, vigorous, slim and smart people. A study conducted by the Ethnographic Institute in Sukhumi revealed that arteriosclerosis is rare there except in extreme old age after one hundred years. A nine year study of 123 people over one hundred years old living on vegetarian food revealed no reported case of mental illness.

Physical strength and endurance: Johnny Welsmuher, Provo Nurmi, Chris Evert-Lloyd and many other marathon runners, body-builders, weight lifters have preferred to be vegetarian. The endurance and stamina has been extraordinary among them. In fact, in scientific tests using a stationary bicycle, athletes put on a vegetable and grains diet averaged three times as long as when eating animal based diet.

Vitamin B-12 deficiency = a myth: The myth among people is that meat would make them very strong. They believe that muscles of animals would directly incorporate into their muscles. The fact is that whatever you eat, is broken down by the digestive system. You must know that elephant, cow buffalo, bulls, oxen, gorillas, are vegetarians. How could they develop so strong without eating other animals!

Most of the nutritional scientist know that sub-acute-combined-degeneration a disease caused by the deficiency of Vitamin B-12 is rare in India. If B-12 deficiency would have been so common, many more cases would have been seen in India. It shows that there is no deficiency of B-12 in vegetarians.

It will thus be not unfair if it is concluded that the world-wide movement for vegetarianism is the need of the time. Your kind support as an individual, scientist and ecological expert on the subject matter is urgently needed:

Letters

Thanks Texas youth

Dear Editor:

I would like to thank the Jain Youth Group of North Texas for giving me the opportunity to learn a lot about Jainism. In the past two years I have been with them, I have learned a great deal. I have learned many positive points on Jainism. The major one is non-violence. I think all mankind should respect each other and treat each other fairly. I also believe vegetarianism is something everyone should practice. I also credit Jainism's ideals of no stealing, no cheating, etc. All of these concepts plus many more are what make me love Jainism. Although I think some concepts are great, there are some ideas which I think go a little overboard. Jainism says you should have no attachments to anything. It also says you should do nothing because even if you do good things, you will get karma. As a young Jain, I still have a lot to learn. But so far, I am very happy being a Jain.

Manish Mehta
(age 12; son of Sudhir and
Sadhna Mehta)

keep striving

Dear Editor:

Last night I received a copy of your quarterly news magazine from Mrs.

Nirmal Jain of Tokyo and I can not explain in words how pleased I was to see that. In fact, what you have already done, has been a dream for me. To do the same I am trying to organize Jains in Tokyo, who are about 120 in number.

I completely agree with the one article in your magazine, which says "...the world has become a spiritual slum..." I certainly want to ensure the great works of philosophy, metaphysics, Anekantvad and many others, of Tirthankaras, Jain Acharyas etc. do not get lost in the tornado of materialism which will ultimately destroy the world and with it the human existence.

Dinesh and Shubhra Jain
#302 Maison Watanabe
6-21-1, Higashi Kanamachi
Katsu-shika-ku, Tokyo-125 Japan

Mothers needed

Dear Editor:

In many families in the United States both parents work.

In this system the mother cannot properly take care of the children. The mother is being replaced by a baby-sitter. However, the mother is the greatest teacher. Taking her away creates a serious loss to the theme of our Sixth JAINA Convention "Extending Jain Heritage to the Next Generation". Therefore, JAINA should declare one more award: "The Ideal Mother". This award should be presented to the mother who takes ideal interest in her child care.

M.R. Shah, Lubbock, TX

Congratulations to Dr. Dhiraj Shah



*Dr. Dhiraj
Shah*

The response of the appeal sent on Dec. 15, 1991 by the World Community service Committee of JAINA under the chairmanship of Dr. Dhiraj Shah for earthquake victims in UP (India) and drought victims in Kutch Gujrat (India) was overwhelming. We have already collected eight thousand dollars from 125 families. We hope to have the same response from other families. We would like to thank the donors and congratulate Dr. Dhiraj Shah of Buffalo, NY., for the tremendous success.

JAINA Executive meeting successful

The JAINA Executive Committee meeting took place Jan. 18-19, 1992 in Cleveland hosted by the Jain Society of Greater Cleveland at the Summit Motel. Various items concerning different committees of JAINA, the seventh JAINA convention, youth summer camp and next years budget were discussed. JAINA would like to express their deep appreciation to the Jain Society of Greater Cleveland for their hospitality.

*This Space has been
generously donated by
Dallas -Fortworth
Jains. JAINA is grate-
ful for this gesture.*



Jain Digest

Dear Jain Digest Reader,

It is our intention to expand the *Jain Digest* in every way...including advertising support.

The *Jain Digest* serves thousands of Jain families and is an outstanding medium for the Jain community. It is also an excellent source of advertising for businesses and service companies.

We need your support both in the form of donation and volunteer help in making JAINA activities succeed. With your help we will keep moving forward

Please make your tax deductible check payable to the Federation of JAINA.

All of your donations to JAINA/Jain Digests/JAINA Library or other projects are used 100% for these projects. No portion of your donation is used for the salary, remuneration, food or travel expenses, etc. of any of the committee members. All work is voluntary.

Sulekh C Jain
President of JAINA

Parmod Jhaveri
Chairperson, *Jain Digest*
Finance Committee

Surender K Jain
Editor-in-chief
Jain Digest

Your support is needed for JAINA activities

By Sulekh C. Jain

I am writing to you for your financial support. From this and previous issues of the *Jain Digest* you have been able to get a glimpse of what is happening in the Jain world. Your expectations are increasing so consequently the activities of the JAINA must expand.

As you see JAINA has established thirty national committees to meet many of these needs. *Jain Digest* is improving in coverage, quality and circulation. The library, Jain Pathshala, World Community Service, Marriage Information Service, Scholar Visitation, Publication, Youth Activities, Essay Competition, Awards, Convention, Souvenir and Contacts with Jains here and overseas—to name just a few activities are all expanding.

All of these activities cost money. The *Jain Digest* alone now costs between \$16,000 - \$17,000 per year. Secretarial load (letters, mailing, fax, phone calls, etc.) is increasing. Many other activities also require money.

Yearly membership dues from member organizations amount to less than \$3,000. General donations average about \$10 per check and are a small fraction of our needs. The *Jain Digest* has been brought to you regularly by sponsorships and generous donations of a few individuals.

Recently while the work load has increased the finances have decreased, moving us into the RED (more expenses than income).

Many Jains are working hard to serve the community. Many put in long hours out of their daily lives. We are all

part-timers. We do it because we feel it is the right thing to do and we enjoy doing it.

All your donations to JAINA/*Jain Digest* are used 100% for the projects themselves: no portion of your donation is used for the salary, food or travel expenses, etc. of any of the committee members. **ALL WORK IS VOLUNTARY.**

You can help in several ways:

- Sponsoring *Jain Digest*.
- Placing advertisements in the *Jain Digest*.
- Generous donations to the *Jain Digest* and JAINA activities.
- Life membership, patron membership.

No amount of support is insignificant. We need your help today. So we may continue to fill your needs. Please make your tax deductible check to JAINA.

Federation of Jain Associations In North America

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