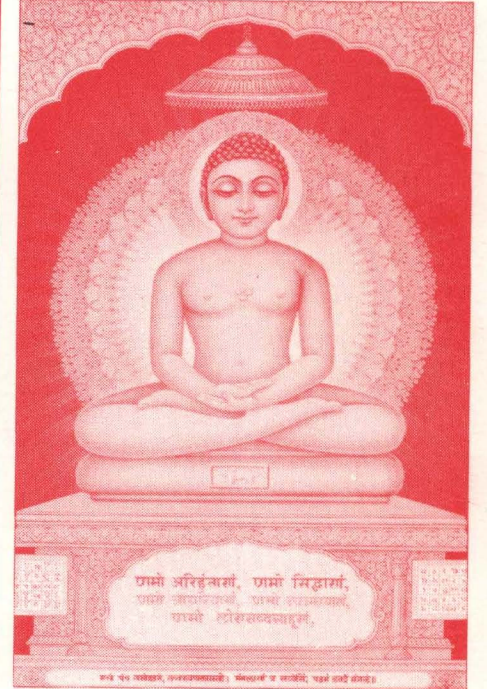
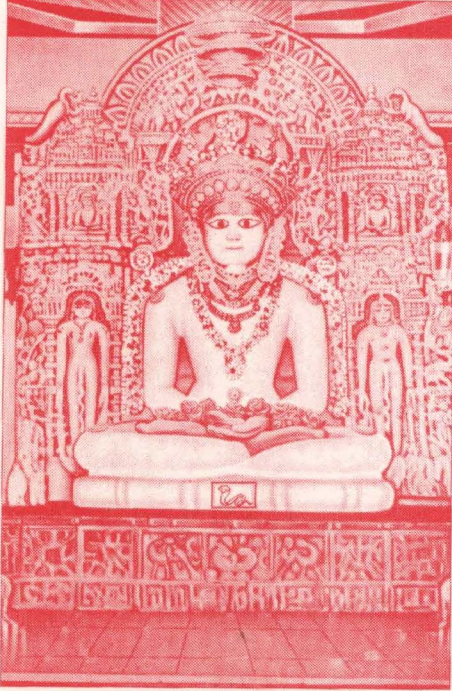


# JAIN SOCIETY of Toronto



## DIWALI GREETINGS !

Upal Doshi and Saketu Shah

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wishes all freinds and members of Jain Society,

A Happy Diwall and a very prosperous New Year.



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# ENTERTAINMENT PROGRAMME

## Welcome Speech - Kumud Bhimani

1. **Namokar Mantra**  
Pathshala Children
2. **Group Dance - Sambeloo**  
Neeta Shah, Rita Daya, Ami Gupta, Ritu Khamesara, Bina Khandoor, Pooja Jain, Leena Zaveri, Rakhi Maniar and Geeta Shinde
3. **Minor Garbo - Ghadulio**  
Reena Shah, Neepa Shah, Dimple Savla, Palak Mehta, Arpi Mehta, Payal Doshi, Pooja Sanghavi, Sejal Shah, Hiral Mistri and Roshni Vora
4. **Fashion Show - Part 1 - Sharara and Punjabi Suits**  
Shila Bhimani, Shilpa Kothary, Mital Vora, Neilesh Kothary, Hemant Shah, Shyam Sheth, Nisha Khanderia, Sonal Khanderia, Ravi Jain, Jyoti Khona, Nina Mehta and Amit Sanghavi
5. **Dance - Chane Ke Khetme**  
Isah Jain
6. **Dance - Kaga Bole**  
Sumita Jain
7. **Folk Dance**  
Siddi Mehta, Jessica Seth, Neha Shah, Kamal Bhatt, Monica Shah, Tanvitalsania, Rishabh Khamesra, Vicky Seth, Paresh Mehta, Dave Mehta, Prahar Mehta and Ronak Shah
8. **Dance - Pyar Kiya To Darna Kya**  
Shila Bhimani
9. **Bharat Natyam**  
Sejal Shah
10. **Fashion Show - Part 2 - Chaniya Choli and Rajasthani Dress**
11. **Dance - Chane Ke Khetme**  
Kinara Khanderia and Nisha Sanghavi
12. **Dance - Megha Re Megha.**  
Minila Shah
13. **Fashion Show - Part 3 - Saree.**
14. **President's and Trustee's Message.**
15. **Musical Hour - Lalchand Mathur and Party.**

Thank You Note - Kumud Bhimani

## A WORD OF THANKS

It has been my pleasure to work for this Special Diwali Issue. I thank all of you who have supported this issue. I wish you all HAPPY NEW YEAR. My special thanks go to Anil.

*Sobhagya S. Khamesra.*  
*November 1994*

# દિવાળી પર્વની શુભેચ્છાઓ !!

**Best wishes for Diwali and New Year**

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## **PESIDENT'S MESSAGE**

On this auspicious day of Diwali celebrations, I personally, on behalf of the members of the Executive Committee and Board of Trustees, would like to wish each and every member of the Jain Society a Happy Diwali and a Prosperous New Year. On this day, Bhagwan Mahavir achieved Nirvana. We Jain's celebrate Diwali because Bhagwan Mahavir conquered the constant fight of 8 karmas and became Tirthankar. One of his main teachings was non-violence – ie. Live and Let Live. Today let us all commit ourselves as true Jains and follow the teachings of Bhagwan Mahavir.

On this day I want to Thank and appreciate all the members of our society for working and enjoying together whether it is on a cruise in Lake Ontario, or a picnic in Simon Park or Dadawari Yatra, or lectures by visiting scholars and sadhus at the Centre. It has been only possible because we believe in unity, respect for each other and have a greater understanding for each others views. We have started looking beyond the four walls of our Jain Centre by donating blood, taking part in multi-faith and taking part in Year of the Family which is organized by 22 religions of Ontario in the Royal Ontario Museum under United Nations.

It is a matter of great pride for our society when we find our small children take first place in cultural activities conducted by Festival of Gujrat as well learning Jain Principles in Pathshala.

This is the Jain Way which brings peace, happiness and prosperity to all our member irrespective of how they do their rituals as long as they follow the teachings of Bhagwan Mahavir.

With your continued cooperation and hard work and benevolence, I can assure you that we shall have the best Jain Society not only in Toronto but in the whole of North America. Let us keep it up!

## **JAI JINENDRA**

Gyanchand Jain, M.S. P.ENG.

संगलं भगवान् वीरो, संगलं गौतमो गणी ।  
संगलं कुन्दकुन्दाद्यो, जैनधर्मेस्तु संगलम् ॥

## **Board of Trustees Message:**

We extend our best wishes to all members of our Jain Society for Deepawali. We are delighted with the success of our society because of the co-operation and hard work of the executive committee and other devoted members. We have made various efforts in the past to improve facilities at Jain Centre and hope to improve our present religious facility and bring harmony among members. We are thankful to members at large for donations received. We wish Deepawali Function on November 6 a great success.

## **JAINA**

**By: Ramesh Jain, Vice-President of JAINA**

Dear Members,

Praful Shah and I have been representing your society along with 16 other organizations at JAINA for the past two years.

The following has been achieved:

1. Jain Digest Improvement and Improvement of Mailing System.
2. Establishing JAINA Canada Office, Nekison Engineers and Contractors.
3. Appointment of Regional Editor for Canada, Dr. Mahendra Mehta.
4. Having Canada at forefront at all JAINA meetings and all decisions including conventions '95, JAINA Digest, and at Siddhachalam.

I urge you to become a life member of Jain Digest for \$150.00 Cdn. and send it to S.S. Jain Foundation for a tax receipt.

---

## ***Federation of Jain Associations InNorth America***

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*Quarterly News Magazine*

JAINA Headquarters  
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Please make checks payable to: JAINA-in the USA or the S.S. JAIN Foundation in Canada

Please advise us if you wish your donation to remain anonymous.

## **JAIN CENTRE - MONTHLY PROGRAMS**

1st Sunday - Mahavir Pooja  
2nd Sunday - Srimad Rajghandra Bhakti  
3rd Sunday - Snatra Pooja  
4th Sunday - Samayika, & Pathshala



All the above programs start at 10:30 a.m. and are hosted by one of our generous families. Lunch is served which makes them a very happy, enjoyable, sociable and religious Sunday.

All are welcome to attend at no cost and it is highly appreciated if R.S.V.P. are done to the host families. We need hosts for the above monthly programs, please contact the sub-committee chairperson.

## **FUTURE EVENTS**

**Date:** Saturday, November 12, 1994 - 5:30 p.m.  
**Lecture Topic:** Reform in the Jain tradition  
**By:** Prof. John E. Cort  
Columbia University, N.Y. U.S.A.  
**Sponsored By:** Shri Rooplal Jain Trust  
**Place:** The Croft Chapter House  
University College,  
15 King's College Circle  
University of Toronto

**Program:** Shrimad Rajchandra Jayanti Bhakti, reading and Atmasiddi  
**Date:** Saturday, November 19, 1994 from 3:30-6:00 p.m. at Jain Centre

United Nations sponsored International Year of the Family

**Program:** Festival of the Family Faith Sponsorship  
**Date:** Weekend of December 3-4 (Saturday and Sunday)  
**Place:** Royal Ontario Museum

Jain Society of Toronto is one of the founding co-sponsors of the above program.  
For more information contact Bhadra Kothari.

## **Sri 1008 Chintamani Parasnath Bhagwan Jayanti**

**Date:** Sunday, December 25, 1994 at Jain Centre  
**Program:** Samiyika (Regular Program) 10:30-11:30 a.m.  
Parasnath Pooja 11:30-12:00 p.m.  
Bhajans, Aarti 12:00-12:30 p.m.

For more information contact Gyan Chand Jain and S.S. Khamesra.

## DEEPAWALI CELEBRATIONS AT JAIN CENTRE

Thursday, November 3	<i>Bhagwan Mahavira Nirvana Pooja</i>	7am-8am
Friday, November 4	<i>Bhavna, Stavans, Bhajans</i>	8pm-9:30pm
Sunday, November 6	<i>Regular Monthly Mahavir Pooja</i>	

### DEEPAWALI ENTERTAINMENT CELEBRATIONS:

**Place:** North Albion Collegiate Institution, Martin Grove Rd. and Albion Rd.  
**Date:** Sunday, November 6, 1994; 2pm -5pm  
**Program:** Cultural and Entertainment programs  
Thanks to Kumud Bhimani, Samita Vora, Executive Committee, and others  
**Thanks to dinner hosts:** Sobhagya Singh and Garima Khamesra and Family

*Happy Deepawali Greetings to you, your family and friends  
and Happy New Year Vir Samvat 2020*

### PAST EVENTS

During 1994 Paryushan days Sept. 1, 1994 to Sept. 11, 1994. Largest number of Jains and non Jains attended Jain Centre, Toronto to obtain Guruji Shri Chitrabhanji's blessings who was kind enough to visit us with his wife Pramodaben from Jain Meditation International Centre, New York, U.S.A. and India.

Thanks to dinner hosts of Paryushan (Mahavir Jayanti) Day - **Kanak and Madhu Chopra and Family.**

Dashlakshan Parva - September 9 to September 18, 1994 was celebrated at Jain Centre with Pooja in the mornings and Aarti, Bhajans, and lectures every evening for 10 days.

Anant Chaudash was celebrated on Sunday, September 28, 1994 with Rath Yatra as an annual event. **Satypal Jain** delivered lectures.

Congratulations to all of you for your generous donations.

**Lectures:** At Jain Centre

**Mr. Virendra Gupta**, Cherry Hill, U.S.A. - September 16, 1994  
(Yoga & Bhagwan Mahavir's Enlightenment Years)

Shamanji Disciples of Acharya Tulsiji from Jain University, **Ladun Rajasthan.**

Thanks to **Lalit Pansar** - September 29 - October 5, 1994.

**Samanji** delivered special lectures at York University on October 4, and 5, 1994 with the attendance at 150 - 200 students on Jainism, Yoga and meditation.

**Bhattarak Charukirti Ji Maharaj** of Moodbidri, India - September 27, 1994.



## PAST EVENTS

10th Chaitya Paripathi or Dadawadi Tirth Yatra - Oct. 2, 1994 8:00 a.m. - 10:00 p.m.

2 school buses full of Jains

Started Yatra at Jain Centre, Toronto. At Jain Centre the following families were hosts and offered Prabhavna to all Jains travelling on buses.

Hosts: **Ashok & Harsha Rathod**  
**Raj, Lalita, Paresh & Namita Doshi**  
**Jadavben, Tulsi, Bipin, Pravina, Raju, Rekhal, Rohit, Rupal Shah**

The above families also donated the bus trip expenses, and making it free of charge to all Yatris.

From Toronto to Kitchener at residence of Hosts: **Shashikant & Jashwanti Mehta & Family**

Waterloo Hosts: **Dr. K. R. Shah & Devindra**

Here lunch was served jointly by Shashikant Mehta & Dr. K.R. Shah families.

London Hosts: At residence of **Dr. Rajubhai & Jyotiben Shah**

**Hindu Cultural Centre** - Here the Centre had recently installed Bhagwan Mahavir's idol in May, 1994. Here dinner was served jointly by Dr. Rajubhai Shah & Family and Hindu Cultural Centre, **President Mrs. Kusum Sharma.**

Thanks to all of the above hosts, and Hindu & Jain Community of London, Ontario.

Thanks to organizers of the above Dadawadi Tirth Yatra - Praful Shah, Raj Doshi and Manhar Sheth.

Jain Society of Toronto presented plaques to all the hosts in appreciation of the above events.

Shri S.S. Jain Foundation is pleased to inform that their hot vegetarian meal program is doing very well on every Saturday at 4 Pm at 353 Eastern Ave., unit #105, Toronto. They also provide meals at Good Sheppard Refuge at 412 Queen St. East, Toronto on the 3rd Sunday of every month. About 600 people avail this opportunity. Many people from our Jain Society take part in serving. Foundation is thankful to all who participated in this programme and hope to continue this programme throughout the year.

For further information please contact Gyanchand Jain at (416) 469-1109 or Manhar Seth at (905) 828-9879.

## CONDOLENCES

“Mr. Rajendrakumar Guvantlal Shah, eldest brother of Purnima Shah, passed away in Navsari, India. He was 59. Prayers for peace and permanent bliss were performed at the residence of Mr. Bharat and Purnima Shah.”

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**WE WISH YOU,  
FAMILY & FRIENDS  
HAPPY DEEPAWALI &  
A VERY PROSPEROUS  
NEW YEAR  
FROM**



***Arhant, Vandana  
Sundeep, Lily  
&  
Viraat Jain***

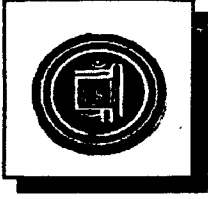
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## **FUTURE EVENTS:**



10TH Anniversary Camp

July 29/95 - Aug. 5/95

For Adults and Children

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**For More Information Contact:**

S. B. Shah, Kamal Jain, Kanak Chopra,

Leela Gudka, Sagar Jain

---

## **\*JAIN SOCIAL GROUP, TORONTO\***

---

### **Popular Programs:**

Valentine Dinner Dance, Toronto Harbor Cruise Night, Annual Picnic, Rhythm of India, Classical Dance Drama, Weekend at the Camp Retreat, Musical Night, Variety Show, Indian Drama, Dandia Night, etc.

The current JSG Executive and its Management Committees dynamic enthusiasm has taken the JSG Toronto to newer heights in its stride to provide a different flavor of programs and events. If the programs of 1994 are any thing to go by, then members are in for a galore of events in their 1995 programs.

FOR FURTHER INFORMATION CALL:

Dr. Atul Tolia [Founder President] (905) 278-1743

Ashwin Vora [President] (416) 283-8846

Shan Jain [Vice President] (905) 646-1739

Nilesh Shah [Treasurer] (905) 839-5089

Raj Shah [General Secretary] (905) 837-0063

Meena Makim [Secretary] (905) 829-1838

*Happy Diwali*  
*With Best Wishes for Continued Progress of the*  
*Jain Society of Toronto*



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**EAST END GROUP**  
**JAIN SOCIETY OF TORONTO**

To facilitate for the members in the East end, Jain Society East Branch was founded in 1993 under the umbrella of Jain society of Toronto. It has over 100 families who have decided to provide a forum for Youths/Seniors. They have been organizing the following for the benefit of all Jain Community members in the East end of Toronto:

- 1) Pathshala; 2) Samayaka; 3) Jain Philosophy discussion;  
4) Seniors activities; 5) Youth activities; 6) Picnics

Thrust of this group is to spread a word of JAINISM and VEGETARIANISM and to provide continuity for the Main body and is in NO WAY intended to be a break away from the Main Society.

Currently they are looking for a school to hold some of these activities. The PATHSALA AND SAMAYAKA are presently held every 2nd Sunday of the month. All are invited to attend these activities. For more information please contact:

Arvind Shah (416) 282-3113  
Pradeep Shanghavi (905) 294-4312  
Pramod Shanghavi (905) 472-0159  
Anil Vora (416) 635-5759 Liaison Officer Jain Society of Toronto

---

**CONGRATULATIONS**

To: Parmod and Savita Jain

Have been blessed with a baby boy **DEV ASHISH JAIN** on March 11, 1994.

---

Congratulations:

Daughter of: **Manisha** weds **Jignesh**  
**Hasmukh & Ranjan Shah**

---

**Kulin** grandson of **Shri Mohamlal ji Mehta** gets married with **Neela** daughter of **Shri Vinod Mehta** in Los Angeles. Originally from Zanzibar.

---

**Anup (Andy) Kuriya**, son of **Mr. and Mrs. Balu Arvinda Kuriya** of Carleton Place, Ontario Recently married **Sujatha (Sharon) Shenay**, daughter of **Mr. & Mrs. Shenay** of Burlington, Ontario on October 8, 1994

---

**Sameer Sheth**, son of **Mr. and Mrs. Manhar & Sunita Sheth** of Mississauga, Ontario was recently engaged to **Sheila Kuriya**, daughter of **Mr. & Mrs. Balun Arvinda Kuriya** of Carleton Place, Ontario



# JAIN SOCIETY OF TORONTO

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## HAPPY DEEPAWALI

*By Arhant Jain*

### JAINISM:

"Jainism's important tenets are based on science. The more science advances, the more Jainism will be proven true."

*L. P. Tessitori (Italy)*

According to Jain cosmology the universe comprises six Dravyas, substances or realities. Six realities are (1) The soul; (2) the matter, (Ajiva); (3) space, (Akasa); (4) time; (5) a non-material medium for the motion of souls and the propagation of matter and energy (Dharma) and; (6) the field through which the gravitational and electromagnetic forces operate for maintaining the unity of the microscopics as well as the macroscopic worlds (Adharma).

The number of substances is fixed as six; it can never be seven or five.

### DEEPAWALI:

On Deepawali Day we hope you enjoy this special issue magazine, entertainment program and dinner. We wish you a Happy Deepawali and a Prosperous New Year, Vir Samvat 2522. On this day we wish that the members of Jain Society of Toronto remain committed to extend our united and strong Jain heritage to the next generations to come.

Deepawali is the day of Bhagwan Mahaviri's Nirvana Day - the festival of colourful lights, greetings and happiness.

### VOTE OF THANKS:

We extend our special thanks to G.C. Jain, S. Khamesra, Anil Vora, Kumud Bhimani, advertisers, donors, artist participants, volunteers, T.L. Officer Services for artwork and typing, printers, The Board of Education for school hall facilities, E.C. members, trustees and all other numerous devoted members and families who have worked hard in making this program successful.

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and  
Prosperous New Year  
from**

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**TO ALL A HAPPY  
DIWALI AND  
PROSPEROUS NEW  
YEAR**

***Doshi Rajendra,  
Lalita, Paresh, Priti,  
Rekha***

***Diwali  
Greetings***

**From**

**KHANDOR KEERTI  
KSHEMLATA,  
SANJAY, BINA**

**DEEPAWALI  
GREETINGS**

***From***

**Shah Pravin,  
Prafulla,  
Piyush, Paresh**

***BEST  
COMPLIMENTS***

**From**

**Shah Vijay  
Urmila Jagesh  
Nisha**

# HAPPY DEEPAWALI FROM: -

**Doshi Diwakar, Geeta,**  
**Samit and Nimesh**

*Non-Violence, Friendship, Compassion*  
*Mother of all living beings*

## HAPPY DIWALI AND HAPPY NEW YEAR

***Naresh and Manju Jain & Family***

### SEVEN DEADLY SINS

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Pleasure without conscience  
Knowledge without character  
Commerce without humanity  
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Politics without principle

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AND  
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&  
PROSPEROUS NEW YEAR  
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**WISHING YOU ALL A HAPPY DIPAWALI  
&  
A PROSPEROUS NEW YEAR  
FROM**

***Pramod and Savita Jain***

**JAI JINENDRA**

“He who himself hurts the creatures, or get them hurt by others,  
or approves of hurt done by others augments the World’s  
hostility himself.”

Lord Mahavira

---

**WITH BEST COMPLIMENTS**

***Non-Violence, Friendship, Compassion:  
Mother of all living beings***

**From**

**Kothari Mukund, Lila and Family**



Shree Mahaviray Namah

**Happy Deepavali  
and  
A Prosperous New Year  
With Best Wishes From:**

***Talakchand, Ramila  
Dina, Anil, Radha, Reema  
Rupal, Naresh, Payal, Shripal***



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# *Happy Dīwali & Prosperous New Year*

**From**

**Dr. Suryakant and Susmita Mehta & Family**

हे प्रभो!  
दीपावलीके शुभ दिन पर  
हमारी ईशश्रद्धाको अटल रखें;  
हमारे आत्मविश्वासको जागृत करें;  
हमारा आत्मप्रत्यय बढे  
और हमारा आत्मगौरव टिके;  
यही हमारी आपसे प्रार्थना!

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M6G 1C9

Residence:  
1726 Chesbro Court  
Mississauga, Ontario  
L5H 4H3  
Tel: (905) 271-7055

*Shree Mahaviray Namah*

**Happy Deepavali  
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हमारा आत्मप्रत्यय बढे  
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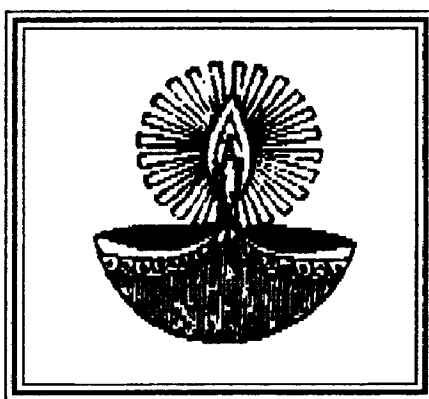
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**and**  
**a Prosperous New Year**



**Dinesh      Leela**  
**Paulomi      Rushabh**

# MY EXPERIENCE WITH VIPASSANA

MOTI CHAMPSEE

---

It was a spur of the moment decision for me and Lata sometime in June, 1994 to go for Vipassana Meditation course last August at Shelburne Falls, Massachusetts, U.S.A. Shri Satya Narayan Goenka who has really brought Vipassana to North America and many other countries used to be my neighbour in Rangoon, Burma and also my first boss for a while just before every business got nationalized by the Burmese Government in 1962. When I met him in 1991 on one of my visits to the States, after a gap of almost 30 years he suggested me to go for a Vipassana course. Not being a great believer in meditation at that time, I told him that I was very busy trying to untangle the mess in the real estate business created by the recession and that I could not spare ten days time. His simple words were that, "Moti, this is why you should be meditating. This is what will help you in solving every problem".

The Vipassana Meditation course that I attended at Shelburne Falls is a ten day course conducted by assistant teachers with Goenka's discourses on video tapes. The environment could not be more ideal. The meditation centre at Shelburne Falls is located on 100 acres of land with dormitory type buildings, meditation hall, kitchen and dining room facilities which could accommodate over 200 students. There is also a pagoda building which has facilities for advanced students attending 20 and 30 day courses.

All students are made completely aware of the seriousness of the course on their day of arrival and are strictly required to stay on for ten days. During all this time there is absolutely no communication with the outside world: no phone calls, T.V., radio, newspapers and no conversation with anybody except your teacher for a very limited time if there are questions. You cannot even make any notes or keep a diary. One has to maintain noble silence with no communication whatsoever, verbal or otherwise with fellow students. Even exchanging a glance is not permitted.

The course begins with students undertaking the five precepts for the duration of the course. These precepts require students to abstain from killing any living creature, abstaining from stealing, sexual activity, telling lies and taking any intoxicants.

The routine begins with over ten hours of meditation daily starting with a wake up gong at 4 a.m. with breaks for personal hygiene, breakfasts, and lunches. Excepting for a discourse for almost an hour at 7 p.m., there are no lectures whatsoever. For the first three days students are taught to observe their own respiration, breathing in and out. This trains the mind to concentrate. The mind seems to wander away every now and then. One has to try and stop it from thinking of anything except observing the breath. This is difficult but continuous practice gets everyone going.

On the fourth day, everyone is taught the technique of Vipassana. Now you observe your entire body from the top of the head to the tip of the toe through your inner vision. This is really a deeper form of meditation. Students are told to observe every sensation, heat, cold, perspiration, itchiness whatsoever. Again, we simply observe these sensations. No action of any kind is called for. The routine goes on day after day until the tenth day, when everyone is brought back to the real world again. You are now allowed to talk with fellow students and share your experience.

On the surface, all of this seems like a very rudimentary practice. But the results are overwhelming. The noble silence for a period of ten days gives you the freedom that your mind was probably craving for, for the last twenty or thirty years. Your mind becomes sharp and completely rejuvenated. The lethargy that is built up trying to go through various situations in your life, simply gets out of the system. Both mind and body get completely rested. All anger, ego and discomfort seems to be calmed down and you emerge as a new person ready to face the world again. You achieve total control over your mind, and feel positive about everything.

The experience that I went through is something that is hard to put to words. In this complicated world of ours, everyone who can should take advantage of this 2500 year old technique of meditation developed by Lord Buddha himself. Over 100 people who attended with me also had a wonderful experience. Some of them had attended Vipassana courses for over half a dozen times. There were people talking about how they had experienced great improvement through Vipassana from ailments like mental depression, blood pressure and arthritis.

Goenkaji got involved with Vipassana in Burma in the fifties. He was a very well-to-do industrialist and a well respected businessman. But he had a terrible problem with migraine headaches which became so severe that he had to take morphine injections to get relief every two or three weeks. The doctors were concerned that at this rate he would become a drug addict and they advised him to seek help in Western Countries. He consulted specialists in Germany, Switzerland and England, but no one could help him. Finally someone suggested him to learn meditation taught by Sayagi U Ba Khin, at a centre in Rangoon. The technique followed is the same that was mastered by Lord Buddha himself during his twelve years of meditation.

After a lot of persuasion, he started Vipassana meditation and gradually began to feel better. Later on when his mother had some problems, he visited her in India and taught her the same technique. At this time, several family members and friends attended this course. And all of them began to feel better in one form or the other.

Over the course of years, Goenkaji started getting more and more requests to teach this meditation in an organized way. Finally, when the Burmese Government nationalized all his industries, he returned to India in mid sixties and started devoting all his time and energy to propagate this wonderful method of meditation. The main centre is now established at Igat-puri which is about three hours drive from Bombay. Now there are four centres in the States and over twenty centres in other countries conducting over 300 courses every year. All of these centres portray the wonderful business acumen of Goenkaji. All centres provide facilities absolutely free of charge and yet every centre runs in black. The donations are totally unsolicited but they keep on coming from satisfied students. All centres are operated by volunteers who are former students, most of whom are Americans. One gets amazed at the organized manner in which courses are conducted at these centres. There is never any confusion or delays and again everyone observes noble silence while discharging their duties.

The information on the forthcoming courses can be obtained from: Vipassana Meditation Centre, P.O. Box 24, Shelburne Falls, MA, 01370, Phone: (413) 625-2160. This centre is about nine hours drive from Toronto.



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# **JAINS**

## **Jains Observe Sacred “Paryushan” Holy Days**

During the month of September, Jains all over the world celebrate “Paryushan”, the annual occasion for the revival of spiritual awareness. There are approximately 10 million followers of Jainism in the world, with over 100,000 of them living in the United States and Canada.

As part of Paryushan, Jains observe several disciplines such as fasting and reading of the scriptures, which are considered necessary for spiritual progress.

For an eight to 10 day period, some Jains eat only once a day; others will observe total fasting for one to three days. There are also some who will not eat for as many as eight days.

During the Paryushan observance, all Jains will worship and attend religious discourses in their temples, and perform “Pratikraman”, a form of confession through introspection.

Jainism is an ancient religion from India, dating back to the 9th century B.C.. However, Jains believe their roots have existed since the beginning of time. The word “Jain” is derived from the word “Jina”, which in ancient times was applied to spiritual victors.

The Jinas called “Tirthankaras” are human teachers who gained infinite knowledge and discovered the true path for attaining salvation. Through this knowledge, the Tirthankaras are able to reinstate religious order.

Lord Mahavira (599-527 B.C.) is the climactic figure in a succession of 24 Tirthankaras in the current regressive period of the Jain Cycle of Universe. According to the Jain belief, the next succession of the 24 Tirthankaras will occur during the subsequent, progressive period of the Cycle of the Universe.

Jainism is not a non-theistic religion assigning each individual the responsibility to acquire right belief, right conduct, and right knowledge, in order to free the soul from material bondage.

Jain philosophy postulates the eternal existence of the soul (Jiva) without a beginning and without an end. Soul is distinct from matter (Ajiva) which is the other of the two primary substances that constitute the Universe. There is an infinite number of souls in the Universe.

Souls exist in two conditions - pure souls untainted by matter, and embodied souls smeared by “Karmic” matter. A pure soul is omniscient and exhibits the attributes of perfection (Godhood), seeking nothing and remaining in a state of bliss.

Non-violence (Ahimsa) is the supreme tenet of Jains. All living beings have potentially perfect souls and deserve to be treated with respect. Careless injury through passion, to material or conscious vitalities of a living being is considered Himsa (Violence). Thus, Jains are vegetarians.

The goal of the individual is to achieve salvation by liberation of soul from matter. While much is written in Jain scriptures about the burden of karma, Jains have also produced a large volume of literature prescribing the remedial course to follow.

With their commitment to gaining correct knowledge, Jains are taught to analyze other religious beliefs. In studying the nature of reality, they apply the principles of “Anekamvad” (multiplicity of viewpoints) and “Syadvad” (relativism). Multiplicity of viewpoints is an integrated approach to solving the problems of life. Syadvad is the doctrine of “may be”, and implies that what one may perceive as perfect knowledge may only be probabilistic.

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## **Survival and Growth of Jainism**

By: Dr. Mahendra Mehta

Jainism has not only survived but flourished over three millennia within the great cultural mosaic of Indian life. Jains in India have a long history of royal patronage that has helped Jainism to prosper. Bhagwan Mahavir's aunt Chelana was married to King Srenick of Magadha who was converted to Jainism by his queen.

In Magadha, the Nanda dynasty was pro-Jain and ruled until 324 B.C. The next emperor of Magadha was Chandragupta Maurya who became a disciple of famous Bhadrabahu swami.

In Kalinga (today's Orissa), King Kharavela took anuvratas of a layperson and built many temples to the Jinas.

In Mathura and Delhi regions, King Kiniska, though a Buddhist King, was favorably disposed towards the Jains.

In Karnataka, the Ganga dynasty was very pro-Jain because of the deep involvement of the Digambar monk Simhanandi in establishing the dynasty. The great Ganga general Chamudaraya erected Bhagwan Bahubali image at Shravanabelgola in the year 948 A.D.

In Gujarat, in mid-twelfth century, the Saivite King Jaysinh-Siddharaja died without an heir. Kumarpala, a distant cousin of the King, ascended the throne of Gujarat helped by the great Acharya Hemchandra. This event ushered in the Golden Age of Jainism in Gujarat. Kumarpala took anuvratas of a layperson, forbade animal sacrifice in Gujarat, and built many temples to the Jinas. In 1165, Muslims ended Kumarpala's rule but, the Jain influence in Gujarat persists to date as evidenced by the fact that the majority of Gujaratis observe a vegetarian diet, refrain from animal sacrifice and exploitation, and activities that bring pain and suffering to animals.

Unlike Buddhism which disappeared from India around the fourteenth century, the ability of Jainism to survive in the sea of non-Jain populace is credited to the following.

The Jain acharayas produced systematic instructions for lay conduct set forth in 'Shravakachar' text. Jain munis remained in constant touch with the laity. Bhagwan Mahavir's classification of Chatursangh of ravak, sravika, sadhu, and sadhvi was fundamental in ensuring that Jainism was firmly rooted in India.

In the south, The Digambar Jains integration with Hindu tradition consisted of adopting certain local customs fully, reinterpreting the doctrine of caste system so that Jain society could be reorganized along the lines similar to those of its neighbors and by instituting a new set of "kriyas" concerning secular life. The great Acharya Jinasena's massive Adipurana went a long way to achieve the above goals.

Acharya Jinasena also legitimized the incorporation of the deity in the puja, presence of a priest, the practice of offering flowers and milk products, the chanting of mantra and the holy fire in an effort to facilitate in order to integrate Jains into Hindu society.

Jinasena further laid down rules vaivahikriya or wedding ceremony. Kanyadan or giving away of the bride is an effort to integrate Jains with non-Jains. Finally, Jina's teaching on ahimsa, an ideal of paramount importance to every Jain, have played a very important if not pivotal role in the survival of Jainism in India, and will enhance their influence in the future.

The image of Jain as a man of peace and goodwill is strongly imprinted on the Indian psyche. Gandhiji, the great champion of non-violence of this century, proved to the world the innate power of ahimsa in achieving his goal.

In North America, the survival and growth of Jainism will be ensured if Jains can integrate without being assimilated in North American society. We can find certain common grounds with non-Jains and join them in achieving common goals. To the peace activists, we can say that ahimsa is the foundation of our lifestyle and only further extension of this philosophy can guarantee world peace.

To the health conscious, we can say that our body benefits a great deal from a vegetarian diet as shown by numerous scientific and clinical studies.

To the animal protection movement, we can say that we totally agree with you and we have a track record of twenty-five centuries on this subject. Let us join forces and we shall achieve more by non-violent approaches.

Today's troubled world needs Ahimsa, Anukampa, and a total approach of Jain philosophy to solving its numerous problems.

**Acknowledgement:**

Jaini, P.S., The Jaina Path of Purification, University of California Press, U.S.A., 1979.  
Jain Digest, Fall 1993.

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# ***PRESTIGEMS***



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## New Interesting Publications

### - Prakash Mody

Recently two books are published of interest to Jains. First is an English translation of Umaswati's **Jain Tattvarth Sutra** Institute of Jainology of England and prominent publishing house of Harper Collins have jointly, under the series of the **International Sacred Literature Trust**, have made available to the western audience the world's heritage of spiritual and ethical insights. This book will build the essential bridges of understanding both within factions and faiths, as well as across ages and civilizations.

Four years in the making this latest translation by **Dr. Nathmal Tatia** is a living legend in the field of Jain studies. **Tattvartha Sutra** is by common consent the book of books in the Jain tradition. Its authority is definitive and undisputed. The translation is simple, elegant, authentic, lucid and faithful.

Written as a manual for understanding the true nature of reality by the second century Jain Saint Umaswati, the **Tattvartha Sutra**-the Sutra of that which is - is the only sacred text recognized by all Jain traditions. The work explores the basic Jain principles of non-violence, the interdependence of all life and the subjectivity of knowledge.

The Jain heritage of ahimsa was brought to the consciousness of the world by the living apostle of non-violence Mahatma Gandhi who provided the whole science of non-violence, a whole technology of non-violence dealing with issues which concern the world here and now, in our own age, in our own time. The great Jain tradition became a part of the legacy of mankind. However, Jain tradition had been unable, so far, to attain its true potential because it had remained basically unexplained to the rest of the world.

**Dr. L. M. Singhvi**, India's High Commissioner to U.K. while releasing this book at London, hoped that the **Tattvartha Sutra** would bring 'a new sense of quest and humility with this, new translation's wider dissemination of the values of Jainism and the Jain faith tradition.

### **TATTVARTHA SUTRA**

Through its exposition of the seven categories of truth, jiva, ajiva, asrava, etc., the **Tattvartha Sutra** gives a systematic summary of the philosophy of Jain scripture. It gives the basic metaphysics, ontology, epistemology, ethics and cosmology of Jainism. Also it systematises the doctrine of karma and the pathway to liberation by articulating the stages of spiritual development and the part played by meditation in the spiritual practice. The doctrine of philosophical

standpoints (naya), the principles of linguistic analysis (niksepa) and the rudiments of anekanta and syadavada enshrined in the scriptural are brought into the limelight in the **Tattvartha Sutra**. The gates of investigation (anuyogadvaras) that found place in such later scriptural literature as the **Niryuktis** are employed in the exposition of the modes and states of the soul in its worldly life. In brief, the **Tattvartha Sutra** epitomises the entire history of Jain religion and thought that flourished in the centuries that preceded the advent of Umaswati in the second century AD.

Umaswati's systematisation of the contents of the Jain scripture in the **Tattvartha Bhasya** can be compared with Vasubandhu's codification of the contents of the Buddhist scripture in his **Abhidharm-kosa Bhasya**. Like Vasubandhu, Umaswati provided a solid foundation for Jain philosophy to flourish in the hands of his successors who wrote commentaries and sub-commentaries on his Sutra and Bhasya and also composed independent treatises that were glorious contributions to the heritage of Indian philosophy.

The translator has quite judiciously drawn valuable material from the classical commentaries of both sects to put the earlier concepts in proper perspective in their later developments.

Three English translations of the **Tattvartha Sutra** were already available, but the IOJ, BMMS and ISLT felt the need of a new translation in readable contemporary English with all the technical words of Jainism rendered in simple easily intelligible language. The task was assigned to Dr. Nathmal Tatia who worked for four long years on the programme and with the cooperation of eminent scholars from all Jain sects produced the work which was launched to such acclaim at the end of last month.

Alphabetical arrangement of the English renderings of the technical words in the glossary helps the reader to easily identify their Sanskrit equivalents.

The index provides an exhaustive list of subjects dilated upon in the translation.

The translator's introduction highlights the broad bases of Jain philosophy and ethics that invite the readers to bring their own thoughts and experiences to enrich them.

There are 13 diagrams that explain the Jain conception of the cosmos, transits of souls to new births, varieties of knowledge and numbers.



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## **YOUNG JAINS OF AMERICA**

### **First Biennial Convention:**

Young Jains of America recently convened its first national convention from July 1 - 4, 1994. The convention was held at the Hickory Ridge Conference Center in Chicago, Illinois. This unique event was attended by 430 Jain youths, between the ages of 14 and 29.

Contrary to the general sentiment of the North American Jain Community: that youths are apathetic and disinterested; this convention showcased the enthusiasm and sincerity of young Jains. Youths from all over North America came seeking new friendships and a better understanding of their religion's philosophy and culture.

Among the 430 attendees, about 51% were females and 49% males. About 40% of the youth were between the ages of 14-17, about 35% between 17-22 and about 25% between 22-29. The leading states in terms of representation were: Illinois, New Jersey and Texas. The Jain Society of Toronto only had 9 youth representatives. As one of the largest, prominent and influential societies in JAINA, let us mirror the enthusiasm of our parents and be one of the leading participants in the next YJA Convention (July 1-4, 1996).

The convention's content reflected its theme of **"Religion and Culture: Learning for Tomorrow"**. Seminars and workshops, researched and conducted solely by the youth, covered a wide range of subjects. The programs were put together with the intent that the attendees will gain a deeper understanding of their religion and culture and also be able to express their opinions and their views. The main program of the convention consisted of morning meditation sessions, two speeches by Shri Chitrabhanuji and Dr. Bhalbhadra (Bruce Costain), three seminars, three moderated panel discussions, and after dinner small group discussions covering various topics.

The three seminars, each 90 minutes in duration were held twice to approximately 215 attendees at a time. These informative seminars focused on three different aspects of Jain academic studies: "Jain Science and Philosophy", "Jain Practices for the Lay Class" and "Jain History, Art and Architecture, and Literature".

The three panel discussions, which were also 90 minutes in length, were designed to give the attendees a chance to discuss their views and opinions. For each, a 40 minute panel discussion with 4 panelists and moderators was followed by a breakout in small discussion groups each consisting of about 50 youths. The topics of the panel discussions were: "Social Issues and Values", "Applying Jainism in Daily Life" and "Careers and Education". (ref: August JAINA FOCUS)

### **Upcoming Events:**

YJA is currently in the midst of producing a JAIN YOUTH DIRECTORY. The goal is to list at least 1500 Jain Youths across North America. To get YOUR name in the directory, please fill out and send the YJA Membership form by mid-November. This form will be found in the latest edition of the JAINA Digest or can be obtained from either Sundeep Jain or Premal Shah.

This Northeast region, encompassing: Toronto, Montreal, Pittsburgh and upper-state New York is planning an informal regional meeting during the Christmas holidays in Rochester, NY. This is a great opportunity for all of us to go on a mini 2-3 day vacation and make a lot of new friends, as well as discuss how we can get involved in YJA on both the local and national scale. For more information on these or any other happenings, please contact:

<b>Sundeep Jain</b> , Oakville	(905) 827-7494 Northeast Regional Coordinator
<b>Anil Jain</b> , Elmira NY	(607) 871-3786 Co-Chair YJA, NE Regional Coordinator
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Lord Mahavira

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## **JAIN YOUTH'S CORNER**

- By: Tushar Mehta      Brampton, Ontario

During this last year, which I happily took off from school, I spent three months in India. However, this trip was quite different than my previous visits since I spent six weeks working at Veerayatan's eye hospital, the Netra Jyoti Seva Mandiram (NJSM) in Bihar, and ten days at the Shree Bidada Saravodaya Trust Hospital (SBSTH) in Kuchchh, Gujarat. These were excellent experiences for me, and so I encourage others to become involved.

Veerayatan, a Jain ashram, is a remarkable place. For example, its idea was conceived by a poet-philosopher, Gurudev Upadhyaya Amar Muniji Maharaj, it was built and is led by a female leader, Acharya Chandanaji Maharaj, and is non-denominational (ie. no Sthanakvasi, Deravasi, Degumber etc.). Its motto is "Service, Education, Meditation", and, as such, the Veerayatan sadhvis have personally organized and laboured in eye camps for many years. The NJSM is a permanent facility which functions year-round; it has replaced the eye camps. Veerayatan doctors have performed over 30,000 free eye operations to date.

Currently, Sadhvi Chetnaji Maharaj is the manager of Veerayatan's eye hospital. I worked under her and the resident Ophthalmologists' direction. These people were extremely friendly and helpful. Initially, I felt quite lost at the hospital. I couldn't make sense of the overwhelmingly long and wretched lines of patients, the patients being shipped here and there for all kinds of tests, the shouting, and the diverse activity. Furthermore, I didn't speak any Hindi -- which was not good when confused patients bombarded me with questions! But day by day, I learned the hospital's systems and became increasingly helpful on outpatient days and in the operation theatre. Eventually, I worked very closely with the doctors, paramedical staff, and patients, and I enjoyed it thoroughly.

The hospital in Bidada is a very different institution. It holds brief camps at various times of the year, which offer a plethora of special services for local people. For example, plastic surgery, orthopaedics, gynaecology and ophthalmology are only five of the sixteen medical faculties offered during January's camp. About 16000 patients were examined and over 500 were admitted for operations during the two weeks.

I became involved here more as an observer than a worker -- my inquisitiveness got the better of me -- but there were plenty of opportunities for volunteers. Trustees themselves were the main organizers and there were many volunteers from Bombay. A friendly openness and spirit of camaraderie was prevalent amongst everyone, and the local people were familiar with the place; the SBSTH camp was a very lively and community oriented enterprise.

During my stay in Veerayatan and Bidada I learned much about health issues and socioeconomic conditions in India, and about people in general. In addition to personal benefit, involvement by North American Jains increases first hand knowledge about these institutions. If we wish to support these institutions, then we should be aware and informed of their valuable work. As such, both institutions welcome visitors and volunteers, and Veerayatan now has a flexible work-study programme for overseas youth.

I give special thanks to the sadhvis, doctors, managers, and others (including some Americans) who assisted and befriended me during my travels.

**Wishing you a  
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# JAINISM

Irena Upenieks



Jainism, one of the world's oldest religions, originated in India. However, it is distinct from the other two ancient religions in India, Hinduism and Buddhism. The Jain religion is known as *Ahimsa Dharma*, "The Religion of Non-Violence." This fundamental principle of *Ahimsa* or "non-injury" extends to all forms of life.

The word *Jain* (or *Jaina*) comes from the word *Jina* (Spiritual Victors). The *Jinas* (Omniscient Teachers) were also called *Tirthankaras* (literally "ford makers"), showing the path to salvation across the ocean of suffering. They had attained infinite knowledge (*Kaivalya*) and preached the doctrine of Liberation of the soul (*Moksa*). Those who follow the religious path as practiced and preached by the *Jinas* are called Jains.

The Jains believe their religion to be eternal, and that it has been revealed again and again by innumerable Teachers, for the benefit of mankind, in all the succeeding cosmic time-cycles in the world.

In Jain cosmology, which includes the existence of a Cosmic Wheel of Time, the universe is eternal, without beginning and end. The Wheel of Time continuously revolves, pendulum-like, in half-cycles, each one with six progressive gradations, one descending and the other ascending. The ascending half-cycle represents the gradual evolution on the earth of growth, happiness, and prosperity. The descending one, a gradual decline into degenerating ages of increased violence, catastrophes, and misery. We are presently in the fifth phase of the descending cycle.

In each half of the cosmic time-cycle, there are 24 Teachers born to show the Path to Liberation. The first in this line was called Rsabha. The last one was Vardhamana Mahavira (599-527 B.C.).

## The Life of Mahavira

Mahavira was the last Omniscient Teacher of the Present Era. It is common to refer to Mahavira as the "founder" of Jainism and Jains look to his life and teaching as a great inspiration, guide, and model for their own lives.

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NAMO SIDDHA NAM  
NAMO AYARI YA NAM  
NAMO UVAJJHA YA NAM  
NAMO LOYE SAVVA SAHU NAM  
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Mahavira was born into a royal family in north-east India. He was an elder contemporary of the Buddha. At the age of thirty, Mahavira renounced the world and became a possessionless, ascetic monk. For over twelve years he endured a life of great hardship, without permanent shelter, wandering on foot, and practicing meditation, fasting, and non-attachment. In the thirteenth year, at the end of a long fast, he attained full enlightenment, a state known as *Kaivalya*, the supreme knowledge and complete understanding of the nature of the universe.

For over 30 years, Mahavira travelled from place to place as a great Teacher. He preached the Path of Purification and Non-Violence as the means and way to emancipation, which included the practice of restraint, renunciation, and austerity. Many stories abound from this period of his life; describing how animals, which were natural enemies of each other, sat together with him under the shade of a tree in perfect harmony. His teaching had a great impact on all classes of society.

Mahavira used the language of the ordinary people, *Ardha Magadhi*, and the earliest Jain scriptures were recorded and preserved in this language.

## **The Rise and Spread of Jainism**

After Mahavira's death, the leadership passed on to his senior disciples, and Jainism continued to spread into various parts of India. Jainism entered a period of growth and influence from the 5th century A.D. in the Middle Ages. Jain monks and nuns travelled on foot (this is their tradition even today) across the sub-continent of India, teaching the path of non-violence, tolerance, and peace. Jainism became a notable cultural force, particularly in matters of the development of vernacular literature. They received the patronage of kings and princes, many of whom became their followers. Great poets and writers flourished, and Jain influence was prominent in many regions and centres among all classes of society. There is no caste system in Jain religious tradition.

Under the auspices of royal patrons, the Jains produced some of the most magnificent temple architecture in the world. Their exquisite, intricately carved patterns in ceilings and ornamented pillars, with carved figures and flowers in white marble, are among the finest in the world. Also outstanding are the mountain-top temple-cities, with hundreds of temples and shrines from many different periods.

There are numerous ancient Jain monuments and sites scattered throughout India. Mural paintings were notable, as were miniature paintings in the form of illustrated manuscripts, calligraphy, and inscriptions on rock or copperplates. Jain images were made of stone, gold, silver and bronze, as well as precious stones. Portable images of Jain saints were made of crystal, alabaster, soap-stone, blood-stone, and various other materials.

With the rise of the Hindu devotional movement in the Middle Ages, Jainism went into decline in South India. In the North, due to the Muslim invasion (c. 1200 A.D.), Jainism suffered severely, with many temples destroyed by the conquerors. Monks and nuns were persecuted and scattered.

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However, unlike Buddhism in India, Jainism has survived, mainly because of the close interdependency of the monks and nuns with the laity. The Jain community has remained a very small part of India's rapidly growing population, but it has maintained its distinctive identity in the midst of change in modern-day India.

## **Our Basic Teachings**

Jain beliefs are based on the knowledge expounded by the Omniscient Jinas. These teachings have been preserved in sacred texts (*agamas*). Referred to as *Siddhanta* (The Doctrine), the canonical literature encompasses the whole philosophical and religious system. This includes doctrines related to cosmology, the soul and bondage of the soul, the theory of Karma, the stages of spiritual development, atoms, matter, rebirth, rules and conduct for monastic life and laity, ethics, and the final Liberation of the soul.

An important part of the teaching is "The Three Jewels": right faith, right knowledge, and right action. These three together lead the way towards the development of higher consciousness.

According to Jain metaphysics, the universe is without beginning or end. It undergoes countless changes that are produced by the inherent powers of different substances. The Ultimate Realities making up the structure of the cosmos are six in number and are called the "fundamental substances." They are: soul, matter, principle of motion, principle of rest, space, and time. These cosmic constituents are divided into two categories: the soul, which is sentient (or conscious), and non-soul, which is non-sentient (non-living matter). They are considered uncreated, self-existent, without beginning, endless, eternal, and infinite.

## **Soul**

The soul manifests as consciousness and cannot be perceived by the senses. Its qualities are perception, knowledge, energy, and bliss. There are an infinite number of souls in the universe, each one an eternal and individual entity unto itself. Jains believe that souls do not emanate from a common cause nor merge with others upon Liberation. As the soul's essential character is pure consciousness, it has the knowledge of its existence for all times: past, present, and future. This knowledge, though, has been obscured by the soul's association with matter. Soul and matter have been joined with each other from beginningless time. In its pure state the soul is omniscient. However, through contact with matter, knowledge is obscured. This prevents the soul from realizing its true nature, which is omniscient and immortal. This eternal bondage of soul to matter is linked to the universal law of Karma.

## **Karma**

In the Jain view, Karma is a subtle form of matter, sub-atomic particles that pervade the whole universe. Through action, speech, thought (good or bad), and the passions of the mind (anger, pride, deceit, and greed), these subtle particles are drawn unto the soul and adhere to it like clay to a pot. They obscure the soul's innate capacities and cause the soul to be reborn into endless, different physical forms of existences. By effort, discipline, and right knowledge, this process can be stopped. The way to total freedom from Karmic bondage involves an ascetic life.

*“He, who himself hurts the creatures,  
or gets them hurt by others,  
or approves of hurt done by others,  
augments the world’s hostility towards himself.”*

Lord Mahavir

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The goal is to stop further inflow of Karma and to burn off the existing Karma. When the soul is freed, it loses its heavy weight. It is freed from rebirth and rises to the uppermost part of the universe, to abide there eternally in its innate perfection.

## **Non-Violence and Tolerance**

One central tenant of Jain belief is an active concern for the prevention of suffering for all living beings. Animals are not used for sport, clothing, or food. Jains have a strict vegetarian way of life. The practice of non-violence involves abstinence, not only from acts of injury or killing, but also from aggression, possession, and ownership. For Jains, non-possession means the limitation of possessions and attachment to things or people. One's never-ending desire to accumulate leads to greed, one of the main causes of violence in the world.

Another important aspect of Jainism is the doctrine of "multiplicity of viewpoints" or "Many-sidedness of Reality." This principle asserts that all statements are only partial expressions of truth, and this philosophy helps one to be tolerant towards another's point of view.

## **Monastic Life**

Monastic life has always been important. Jains do not have a priestly caste. Their ascetics have been the beholders and teachers of their ancient religion. The monks and nuns engage in deep daily study of sacred scriptures, in meditation, and in undertaking various internal and external disciplines. Jain ascetics have no permanent dwelling place, and do not use animals or vehicles for travel.

The Jain women's renunciant orders are the world's oldest and the acceptance of women's spirituality and equality has always been a part of the Jain religion. One of the 24 Omniscient Teachers was considered to be a woman by the name of Mallinatha.

Upon entering monastic life, Jain monks and nuns take the five great vows: the practice of non-violence, not to kill or injure; not to lie; not to steal or take anything that is not given; celibacy; and non-possession.

## **Your Jain Neighbour**

The majority of those who call themselves Jains are lay persons. Their daily lives are similar to all other people in the world, with the exception that they actively incorporate their most distinctive doctrine, non-violence to living things. Lay followers also observe the same vows as ascetics, with the following differences: the vow of strict celibacy is modified to mean avoiding sexual promiscuity, and the vow of non-possession means limiting the acquisition of material goods. Other religious activities include temple rituals, pilgrimage, and observance of religious holidays.

Jain families usually have only two or three children. They value education and professional training, so that most children attend university or college. Many Jains own and operate their own businesses. Others work in various professions, such as medicine, accounting, engineering, or teaching. They try to choose professions that entail the least possible harm to others and engage in a wide range of charitable activities and social concerns.

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## **Jains Outside India**

From their earliest history, Jain merchants and tradesmen travelled outside of India, leaving traces of their religion and philosophy behind them. The migration increased in the 19th and 20th centuries, mainly to East Africa. Due to political upheaval in Africa in the 1960s and 1970s, many Jains emigrated to Canada, the United States, and Britain. A small group left for Central Europe. There are some 15,000 Jains in Canada; 60,000 in the United States; 50,000 in Europe (mostly in the United Kingdom); 5000 in Asia; and 21,000 in Africa. Jains in India number approximately 10 million.

Most of the Jains currently living in Canada emigrated from India or East Africa. They settled in many cities across Canada, with the largest community based in Toronto.

## **Will You Know Us?**

Jainism is still rather unknown in the Western world. Early Western scholars and Christian missionaries in India mistook Jainism as a sub-sect of Hinduism or an offshoot of Buddhism. Many misconceptions prevail even today. Also, because Jains do not try to convert anyone to their faith, Jainism is less known than other religions.

However, Jain ethical values have influenced many philosophers, writers and humanitarians. Albert Schweitzer was deeply touched by the Jain “Reverence for All Life.” In his early life, Mahatma Gandhi was influenced by Jain teachings. His great principle of non-violence and practices of poverty and vegetarianism were intrinsic to Jainism. Martin Luther King, inspired Gandhi’s example, also practiced non-violence in his Civil Rights movement.

Wherever they are, Jains continue to be faithful to Mahavira’s teaching that “all life is bound together by mutual support and interdependence.”

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### **About the Author**

*Irena Upenieks emigrated to Canada from Latvia in 1952. She became a Jain in 1978. Irena lives in Toronto and teaches Jain philosophy, meditation, and vegetarian dietetics.*

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This article is reprinted from the book: “Faith in My Neighbour”, published by The United Church Publishing House. For review of this book see elsewhere.

## PARTICIPATE IN WASTE REDUCTION

BY NANCY JAIN 416-447-1650

The Earth needs your help! Join thousands of North Americans during Waste Reduction Week to help eliminate trash. We produce almost twice as much garbage as other industrialized countries and 90% of it is simply dumped in landfill sites and buried. However, our landfill sites are filling up and thousands of dumps have been closed due to pollution problems. Air pollution is increasing, our drinking water is contaminated and our forests continue to be destroyed due to consumer demands.

Waste Reduction is an opportunity for all of us to get involved and protect our environment. We implore Jains to consciously reduce, reuse, recycle or even better eliminate waste at home and at work. Waste minimization is not difficult, but a matter of habit. Here are a few suggestions:

### ***In the Home...***

#### **Reduce**

***Change to compact Fluorescent lightbulbs.*** They last 10 times longer, use only 25% of the energy consumed by an incandescent bulb, and will keep 1/2 TON of CO<sub>2</sub> out of the atmosphere over the life of the bulb.

***Install 'low-flow' shower heads.*** By replacing your conventional showerhead with a low-flow showerhead, the average family will save 350 gallons of water every week.

***Stop junk mail.*** If you put an end to all your unwanted mail, you could save 1 1/2 trees every year! Together, we could save over 100 MILLION trees every year. Contact Mail Preference Service, Direct Marketing Association, 6 East 43rd St., NY, NY 10017 (212)768-7277.

***Washer & Dryer Tips.*** Up to 90% of the energy used for washing clothes goes to heating the water. Try a warm water wash and a cold water rinse - the temperature of the rinse does not effect the cleaning.

## **Reuse**

***Shoppers think twice before taking any bag.*** If just 25% of American homes used 10 fewer plastic bags a month, we would save over 2.5 BILLION bags a year. Reuse plastic and paper bags, or even better bring a cloth bag when you shop.

***Keep rags in the kitchen.*** Use rags to wipe up spills instead of using paper towels every time, then wash and reuse them.

***Use reusable glass, plastic or aluminum containers to store food in your refrigerator instead of habitually wrapping food in aluminum foil or plastic wrap.***

## **Recycle**

***Recycle old newspaper.*** If we all recycled even 1/10 of our newspapers, we could save 25 MILLION trees every year.

***Recycle your motor oil.*** About 350 MILLION gallons of motor oil ends up polluting our environment and waterways. Do not pour used oil onto the ground, into the sewer or trash. Instead, take your used oil to a service station for recycling.

## ***At the Office...***

***Introduce ceramic Mugs to replace styrofoam cups.*** Mugs cost \$2.50 each in bulk, while styrofoam cups cost about \$3.35/year/employee assuming each person uses only one cup per day.

***Ensure employees turn off equipment when not in use at the end of the day.*** By turning off 10 PC's at nights and the weekend you could save \$1000/year on energy bills.

***Encourage car pooling or public transport.*** If 1% of US car owners left their car at home one day a week, it would save 42 Million GALLONS of gas, therefore reducing the 'Greenhouse gases' and CO2 emissions by 840 Million pounds.

***Air pollution within a building can be costly i.e. employee sick days.*** A 'natural' solution is placing plants within the office.

***Introduce recycling programs which will help reduce your garbage disposal costs.***

***Switch company credit cards to 'Affinity Cards' which will benefit environmental groups.***  
Contact VISA, USA Corp. Relations, P.O. Box 8999, San Francisco, CA 94128 (415)570-3814  
or Mastercard International, attn:Stephen Drees, 888 Seventh Ave., New York, NY 10106  
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## **Non-Environmental Chemicals and their *EVERYDAY* Alternatives**

### **OFFICE CHEMICALS**

Adhesives, glues  
Art supplies  
Batteries  
Paint  
Paint strippers, solvents  
Typewriter correction fluid

### **ALTERNATIVES**

White glue  
Water-based paints, inks  
Rechargeables, manual items  
Nontoxic water-based paint  
Solvent-free strippers  
Correction tape

### **HOME CHEMICALS**

Air fresheners  
Bleach  
Cleaners, ammonia  
Cleaners  
Carpets  
Carpet/rug cleaners  
Disinfectants  
Metal polishes (acetone)

### **ALTERNATIVES**

Baking soda, white vinegar, herbal potpourri  
Nonchlorine bleach  
Lemon juice, vinegar, borax  
Nontoxic cleaners  
Natural fibres  
Borax, baking soda  
Vinegar  
Silver: Baking soda and boiling water;  
Brass: Salt, flour and vinegar for brass;  
Copper: Lemon juice and salt.  
Cedar blocks, herbs  
Organic pesticides, boric acid  
Brewer's yeast, di-limonene pet shampoo  
Borax, club soda  
Baking soda, lemon juice

Mothballs  
Pesticides  
Pet flea & tick treatment  
Spot removers  
Toilet cleaners

### **PERSONAL**

Deodorants  
Dry cleaning fabrics  
Hair spray

### **ALTERNATIVES**

Baking soda  
Washable fabrics  
Boil lemon juice, chill, put in spray bottle

### **Sources:**

John Wasik, *The GREEN Supermarket Shopping Guide*, Warner Books Inc., New York, 1993.

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The Earth Works Group, *50 Simple Things Your Business Can Do To Save The Earth*, Earthworks Press, Inc., 1991.



## **1995 T-SHIRT DESIGN CONTEST**

The Jaina Environment & Ecology is sponsoring its first annual T-shirt design contest. Have your illustration be the first to appear on our 1995 Environment Awareness T-shirts.

Your design should incorporate an environmental and/or ecological issue, for example: conservation of rainforests, prevention of wildlife extinction, waste reduction, preservation of renewable natural resources. You may even want to include a reference to Jainism. The contest is open to everyone. We encourage you to be original!

### **Contest Rules & Guidelines**

1. Any medium can be used to illustrate your environmental issue, e.g. crayons, paints, pencil crayons, markers, **except fluorescent markers**. Bright, bold colours are better than pastels.
2. Designs should be restricted to 2 colours only.
3. The design must be on an 8 1/2x11 sheet of white recycled paper.
4. Use as much of the paper as possible for the picture.
5. All messages must be clear and legible.

Entries will be judged by a select panel. One submission will be chosen to be on our 1995 T-shirts. The winner will also be awarded a prize.

**ALL ENTRIES MUST BE RECEIVED BEFORE DECEMBER 15, 1994.**

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PAHELI AARATI PUJA KEEJE, NARBHAV PAMI NE LAHO LEEJE.  
JAY JAY AARATI . . .

DUSARI AARATI DIN DAYALA, DHULEVA NAGARMA JAG AJWALA.  
JAY JAY AARATI . . .

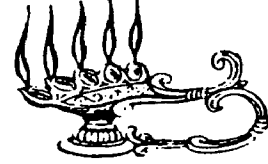
TISARI AARATI TRIBHUVAN DEVA, SUR-NAR INDRA KARE TORI SEVA.  
JAY JAY AARATI . . .

CHOTHI AARATI CHAUGATI CHOORE, MAN WANCHHIT PHAL SHIV SUKH PURE.  
JAY JAY AARATI . . .

PANCHAMI AARATI PUNYA UPAYO, MOOL CHANDE RUSHABHA GUNA GAYO.  
JAY JAY AARATI . . .

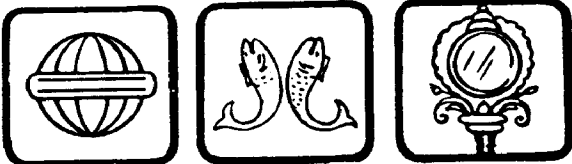
## આરતી

જય જય આરતી આદિ જિણંદા  
નાભિરાયા મહા દેવીકા નંદા ... જય જય ...  
પહેલી આરતી પૂજા કીજે,  
નરભવ પામીને લાવો લીજે ... જય જય ...  
દૂસરી આરતી દીન દયાલા,  
ધૂલેવા નગરમા જગ અજવાળા ... જય જય ...  
તીસરી આરતી ત્રિભુવન દેવા,  
સુરનર ઇન્દ્ર કરે તેરી સેવા ... જય જય ...  
ચોથી આરતી ચઝગતિ પૂરે  
મન વાંછિત ફલ શિવસુખ પૂરે ... જય જય ...  
પંચમી આરતી પુણ્ય ઉપાયો  
મૂલચંદે રિખવ ગુણ ગાયો ... જય જય ...



## : આરતી

જય-જય આરતી આદિ જિણંદા,  
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દૂસરી આરતી દીન - દયાલા,  
ધૂલેવા નગરમાં જગ અજવાળા; જય૦  
તીસરી આરતી ત્રિભુવન - દેવા,  
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## PANCHPARAMESTHI KI AARATI

YAHA VIDHI MANGAL AARATI KEEJE  
PUNCH PARAM PAD BHAJ SUKH LEEGE - YAHA.

PAHELI AARATI SHRIJIN RAJA  
BHAVADADHI PAAR UTAR JIHAJA - YAHA.

DUSARI AARATI SIDDHAN KERI  
SUMARANAKARAT MITE BHAV PHERI - YAHA

TEEJI AARATI SOOR MUNINDA  
JANAM MARAN DUKHA DOOR KARINDA - YAHA.

CHOTHI AARATI SHRI UVAJHAYA  
DARASHAN DEKHAT PAAP PALAYA - YAHA.

PANCHAMI AARATI SADHU TIHARI  
KUMATI VINASHAN SHIV ADHIKARI - YAHA.

CHHATHI GYARAH PRATIMA DHARI  
SHRAVAK BANDO ANAND KARI - YAHA.

SATAMI AARATI SHRIJIN VANI  
DHYANAT SUARG MUKTI SUKHDANI - YAHA.

### ☆ पंच परमेष्ठी की आरती ☆

४९ विधि मंगल आरती कीजै,  
पंच परम पद भज सुख लीजै...टेक.

पहली आरती श्री जिनराजा,  
भवदधि पार-उतार-जिहाजा...४९.

दूसरी आरती सिद्धन केरी,  
सुमरन करत मिटे भव फेरी...४९.

तीजी आरती सूर मुनि' दा,  
जनम-मरन-दुःख दूर करि' दा...४९.

चौथी आरती श्री उवझाया,  
दर्शन देखत पाप पलाया...४९.

पांचमी आरती साधु तिहारी  
कुमति विनाशन शिव-अधिकारी...४९.

छहठी ग्यारह प्रतिमाधारी,  
श्रावक बंदों आनंदकारी...४९.

सातमी आरती श्री जिनवानी,  
'ध्यानत' सुरग-मुक्ति-सुखदानी...४९.

### ☆ पंच परमेष्ठी की आरती ☆

इह विधि मंगल आरती कीजै,  
पंच परम पद भज सुख लीजै...टेक.

पहली आरती श्री जिनराजा,  
भवदधि-पार-उतार-जिहाजा...इह.

दूसरी आरती सिद्धन केरी,  
सुमरन करत मिटे भव फेरी...इह.

तीजी आरती सूर मुनिदा,  
जनम-मरन-दुःख दूर करिंदा...इह.

चौथी आरती श्री उवझाया,  
दर्शन देखत पाप पलाया...इह.

पांचमी आरती साधु तिहारी  
कुमति विनाशन शिव-अधिकारी...इह.

छहठी ग्यारह प्रतिमाधारी,  
श्रावक बंदों आनंदकारी...इह.

सातमी आरती श्री जिनवानी,  
'ध्यानत' सुरग-मुक्ति-सुखदानी...इह.

## DEEVO

DEEVO RE DEEVO PRABHU MANGLIK DEEVO, AARTI UTARI NE BAHU CHIRANJEEVO.

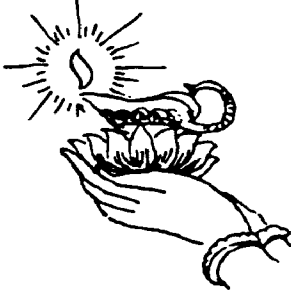
SOHAAMANU GHER PARVA DIVALI, AMAR KHELE AMARA BALI.  
DEEVO RE DEEVO ...

DIPAAL BHANE YENE KUL AJAVALI, BHAVE BHAGTE WIGHNA NIVARI.  
DEEVO RE DEEVO ...

DEPAAL BHANE YENE YE KALIKAALE, AARTI UTARI RAJA KUMAAR PAALE.  
DEEVO RE DEEVO ...

AM GHER MANGLIK TUM GHER MANGLIK, MANGLIK CHATUR-VIDH SANGHNE HOJO.  
DEEVO RE DEEVO ...

## મંગલ દીવો



દીવો રે દીવો પ્રભુ મંગલિક દીવો  
આરતી ઉતારણ બહુ ચિરંજીવો  
સોહામણું ઘેર પર્વ દિવાળી  
અંબર ખેલે અમર બાળી  
દીપાળ ભણે એણે કુળ અજુવાળી  
ભાવે ભજને વિધન નિવારી  
દીપાળ ભણે એણે એ ક્રિયાજાળે  
આરતી ઉતારી રાજા કુમારપાળે  
અમ ઘેર મંગલિક તુમ ઘેર મંગલિક  
મંગલિક ચતુર્વિધ સંઘને હોળે ... દીવો રે દીવો ...

## ॥ આરતી પદ્યાવતી માતા ૧ ॥

પદ્યાવતી માતા દર્શન કી બલિહારિયાં

પાશ્વનાથ મહારાજ વિરાજે મસ્તક ઊપર થારે ।  
ઇન્દ્ર ફણિન્દ્ર નરેન્દ્ર સમી લહે રહે નિત દ્વારે ॥૧॥ પદ૦  
જો જીવ થારો શરણો લીનો સબ સંકટ હર લીનો ।  
પુત્ર પૌત્ર ધન સમ્પત્તી દેકર મંગલમય કર લીનો ॥૨॥ પદ૦  
ડાકન શાકન ભૂત ભવાની નામ લેત ભગ જાય ।  
વાત પિત કફરોગ મિટે ઓર તન સુખમય હો જાય ॥૩॥ પદ૦  
દીપ ધૂપ ઓર પુષ્પ હાર લે મૈં દર્શન કો આયો ।  
દર્શન કરકે માત તુમારે મન વંછિત ફલ પાયો ॥૪॥ પદ૦

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## **SHARDDHANJALI**

To: H.H. Acharya Sushil Kumarji Maharaj



One can't avoid violence with violence. Puja Acharya Sushil Kumarji Maharaj had been teaching and preaching non-violence all over the world for half century. He was a living symbol on non-violence in body, mind and soul. He was well known and accepted by most of the religious heads, politicians, and educators as the biggest proponent of non-violence in the world.

**L A T E**

**Acharya Sushil Kumarji's blessings and message**

June 15, 1926 - April 22, 1994

Divine Souls,

As Jains we cannot classify ourselves as members of only one of the four sects - Terapanthi, Sthanakvasi, Shwetambara, Digambara. Rather, each individual is a combination of all four.

Everyone must be Terapanthi. Terapanthi means God's sect, not one's own. When one's ego is destroyed, when one considers that his own judgement is not supreme, but that God's is - then he becomes Terapanthi. He thinks, "This is your sect Lord, not mine". When this attitude is accepted, then one begins to ponder the reality of his soul and searches for his true "place".

One who dwells in his own "place" is Sthanakvasi. Sthanak does not mean building. There is no difference between the structure of a householder's building and a sthanak. Sthanakvasi means one who is searching for the place of his soul. When one searches his soul then he becomes internally and externally pure or "white". This is the meaning of Shwetamber.

There is no importance of dress on the path of self-realization. One who has broken all bondage and knots of karma is Digambar. There is no cover of karma internally and no need of cover externally. This must be our goal. It is not that we must literally become Digambar by sect, but by ideal. What greater ideal can there be than this?

Children of the Arihantas, unite! Divine blessings are yours. You are the followers of the Jina - the conqueror of inner enemies. The future of the world is in your hands. Work together for the peace & perfection of mankind - you are the symbol of AHIMSA.

**JAINAM**

**JAYATI**

**SHASHANAM**

*This space is donated by an Anonymous Member of the Jain Society*



## **NOMINATIONS ARE INVITED FOR EXECUTIVE COMMITTEE**

Opening to nominate 1 executive committee member for 2 years term, 1994 and 1995 for the Jain Society of Toronto.

Nominations are invited from members of the Jain Society of Toronto per our constitution (Latest Rev.).

Nominations must be signed by nominee, proposer and 2nd by members of the Jain Society indicating membership status, and must reach suggestion box by November 20, 1994 at 1:00 p.m. or contact Arhant Jain.

Nominations shall be opened on November 20, 1994 at 2:00 p.m. at the Jain Centre.



## **SUGGESTIONS INVITED**

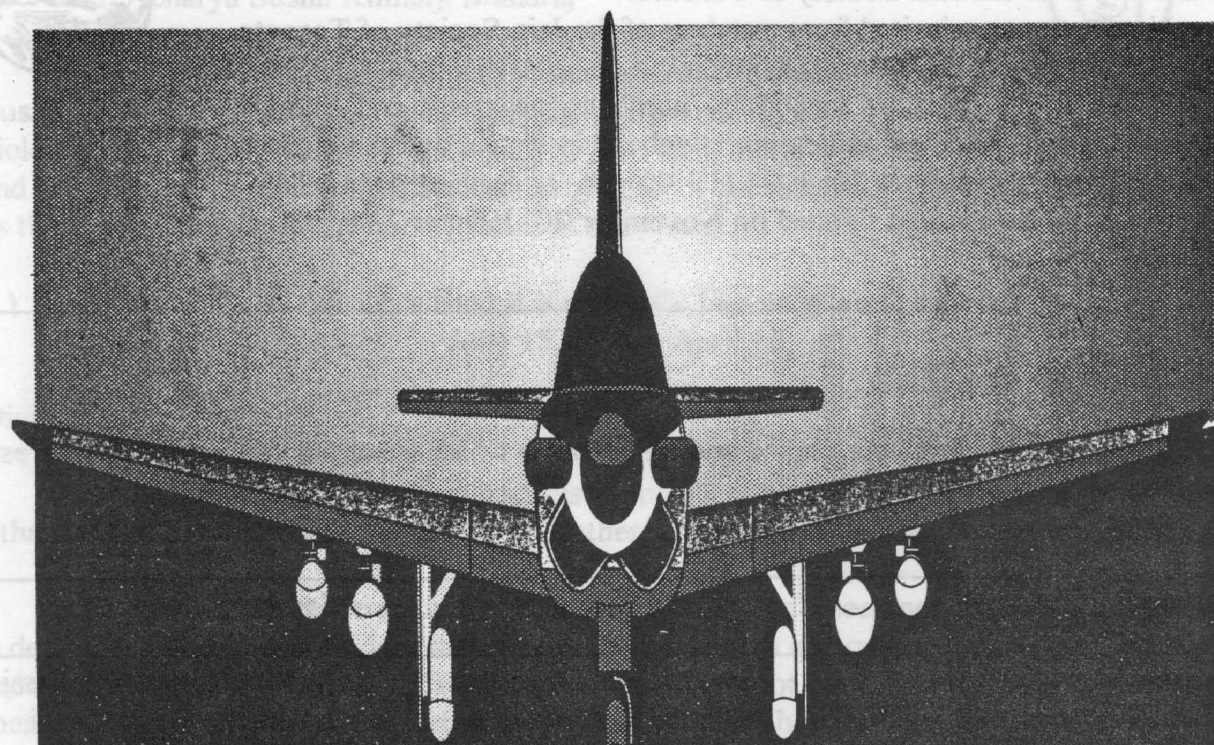
For 1995 year, please select your choice and let us know which speakers you would be interested to attend lectures of:

Gurudev Chitrabhanuji	Samanji	Samaniji
Swastishri Charukeertiji Bhattarakji	Swastishree Devendra Keertiji Bhattarakji	Bandhu Triputi-Maharaj Jinchandji-Kirtichandji
Roopchandji & Manak Muniji Maharaj	Atmanandji Maharaj (Soneji)	Sadhviiji Madhusmitaji
Acharya Chandanaji	Amrendra Muniji Maharaj	Pandit Dheerajlal Mehta
Dr. S. P. Jain	Dr. H. Bharrill	Nareshbhai Doshi
Rajendra Dalal	Dr. Kumarpal Desai	Pratap Kumar Tolia
Dr. Jitendra Shah	Dr. Sagarmal Jain	Rajendra Kamdar
Marlukant Mehta	Dinesh Mody	Niranjan Seth
Pt. Khemchandra Jain	Pt. Dharamchand Shastri	Dr. Balbhadra

Your Name:

Date:

Please return your suggestions by November 27, 1994, 1:00 p.m. to G.C. Jain, President or drop in suggestion box at the Jain Centre.



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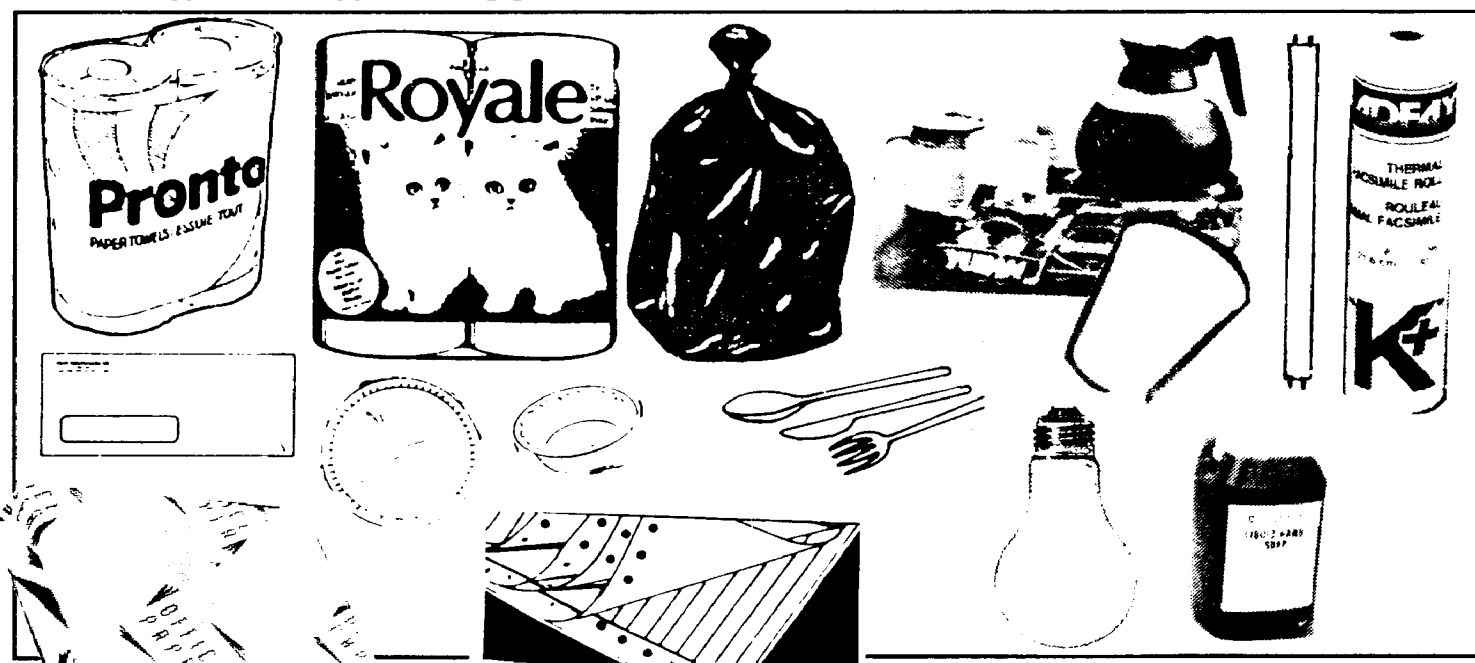


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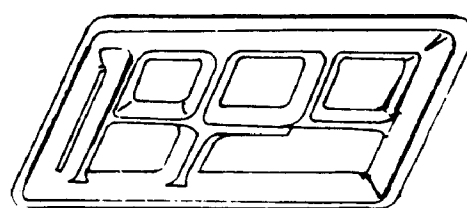
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# NAMOKAR MAHA MANTRA



(The Universal Prayer)

## NAMO ARIHANTANAM -- नमो अरिहंताणं

Obeisance to the Arihantas -- perfect souls -- Godmen

*I bow down to those who have reached omniscience in the flesh and teach the road to everlasting life in the liberated state.*

## NAMO SIDDHANAM -- नमो सिद्धाणं

Obeisance to the Siddhas -- liberated bodiless souls

*I bow down to those who have attained perfect knowledge and liberated their souls of all karma.*

## NAMO AYARIYANAM -- नमो आयरियाणं

Obeisance to the masters -- heads of congregations

*I bow down to those who have experienced self-realization of their souls through self-control and self-sacrifice.*

## NAMO UVAJJAYANAM -- नमो उवज्झयाणं

Obeisance to the teachers -- ascetic teachers

*I bow down to those who understand the true nature of soul and teach the importance of the spiritual over the material.*

## NAMO LOE SAVVA SAHUNAM -- नमो लोएसवसाहूणं

Obeisance to all the ascetic aspirants in the universe

*I bow down to those who strictly follow the five great vows of conduct and inspire us to live a virtuous life.*

## ESO PANCHA NAMMUKARO -- एसो पंचनमुक्कारो

This five folds obeisance mantra

*To these five types of great souls I offer my praise.*

## SAVVA PAVA PANASANO -- सबपावप्पणासणो

Destroys all demerit

*Such praise will help diminish my sins*

## MANGALANAM CHA SAVVESIM -- मंगलाणं च सबोसिं

And is the first and foremost of all

*Giving this praise is most auspicious*

## PADHAMAM HAVAE MANGALAM -- पढमं हवइ मंगलं

Auspicious recitations

*So auspicious as to bring happiness and bliss.*

## LOGASS UJJOYEGARE

LOGASS UJJOYEGARE  
 DHAMMA TITHYAREJINE  
 ARIHANTE KITTYESAM  
 CHAUVISAMPI KEVALI  
 USABHAMAJIYAM C VANDE  
 SAMBHAYMABHINANDANAN  
 SUMAENC  
 PAUMAPPAHAM  
 SUPASAM  
 JINAN C CHANDPPAHAM VANDE  
 SUVIHIM C PUFDANTAM  
 SIAL SEJJAANS VASUPUJJAANS  
 VIMALMAANANTAM C JINAM  
 DHAMMA SANTIN C VANDAMI  
 KUNTHUN ARAM  
 MALLIM VANDE  
 MUNI SUVVAYAM  
 NAMIJINAM C  
 VANDAMI RETTHNEMIM  
 PASAM TAH VADDHMANAM C  
 EVA MAI ABHITHUYA  
 VIHUYE RAYMALA  
 PAHINJARAMARNA  
 CHAUVISAMPI JINVARA  
 TITHYARA ME PASEYANTU  
 KITTIYE VANDIYE  
 MAHIYA  
 JE LOGASS UTTAMA SIDDHA  
 ARUGGABOHILABHAM  
 SAMAHIVARMUTTAMAM DINTU  
 CHANDESU NIMMALYARA  
 AICHESU AHIYAM  
 PAYASAYARA  
 SAGAR VAR GAMBHIRA  
 SIDDHA  
 SIDDHIM  
 MAM DISANTU



Oh, Arihantas! You are shedding divine light on the entire universe.  
 Founder of Divine laws and conquerer of inner enemies  
 I praise you Lord, Arihantas who are twenty-four omniscient beings —  
 Adinath (Adam) and Ajitanath, Sambhavanath and Abhinandanath  
 and Sumatinath  
 Padmprabhu  
 I bow to Chandraprabhu  
 Pushpadantanath and Suvidhinath  
 Sitalanath, Shreyansanath, Vasupuj yanath  
 Vimalanath; Anantanath  
 I bow to Dharmanath and Shantinath  
 Kunthunath and Arahamath  
 I bow to Mallinath  
 Munisuvratath  
 Naminath  
 I bow to Arisht Neminath  
 Lord Parshvanath and Mahavira (Vardhman)  
 I am praising the Arihantas who have been liberated from karmas and  
 have broken the cycle of birth and death  
 These are the twenty-four Lord Jinas  
 Tirthankaras smile upon me  
 Oh, Arihantas! You are praised and bowed to, wholeheartedly  
 worshipped  
 You are the purest souls in the universe  
 Grant me Divine Health and Knowledge and the highest state of  
 consciousness  
 You are brighter than the moons and more brilliant than the suns  
 You are deeper than oceans  
 My God, grant me perfection.

### लोगस्स-नामस्तव सूत्र.

लोगस्स उज्जोअगरे, धम्मतिथ्यरे जिणे ॥  
 अरिहंते कित्तइस्सं, चउवीसंपि केवली ॥ १ ॥  
 उसभ मज्झिअं च वंदे, संभव मभिणंदणं च सुमइं च ॥  
 पउमप्पहं सुपासं, जिणं च चंदप्पहं वंदे ॥ २ ॥  
 सुविहिं च पुप्फदंतं, सीअल सिज्जंस वासुपुज्जं च ॥  
 विमल मणंतं च जिणं, धम्मं संतिं च वंदामि ॥ ३ ॥  
 कुंथुं अरं च मल्लिं, वंदे मुणिसुवयं नमि जिणं च ॥  
 वंदामि रिद्धनेमिं, पासं तह वद्धमाणं च ॥ ४ ॥  
 एवं मए अभिथुआ, विहययमला, पहीणजरमरणा ॥  
 चउवीसंपि जिणवरा, तिथ्यरा मे पसीयंतु ॥ ५ ॥  
 कित्तिव वंदिय महिया, जे ए लोगस्स उत्तमा सिद्धा ॥  
 आरुग्ग वोहिलाभं, समाहिवरमुत्तमं दिंतु ॥ ६ ॥  
 चंदेसु निम्मलयरा, आइचेसु अहियं पयासयरा ॥  
 सागरवरगंभीरा, सिद्धा सिद्धिं मम दिसंतु ॥ ७ ॥

**TUMASE LAGEE LAGAN**  
**WE ARE IN LOVE WITH YOU**

Tumase Lāgee Lagan, Le lo Apanee Sharan,  
Pāras Pyārā, Meto Meto Ji Sankat Hamārā!

**We are in love (devoted to) with you**  
**Please accept us into your fold (congregation),**  
**Dear Lord Paras, remove all our afflictions and pain.**

Nishadin Tujako Japun, Par Se Nehā Tajun (2),  
Jeevan Sārā, Tere Charanon men Beete Hamārā..... 1

**We wish to pray to you day and night, and think of nothing else,**  
**And spend all of our life at your feet.**

Ashvasenke Rajadulāre, Vāmā Deveeke Sut Prān Pyāre (2),  
Saba se Nehā Todā, Jaga se Munhako Modā,  
Sanyama Dhārā,..... Meto Meto.....2

**You are the dear son of King Ashvasen, and the precious and beloved son of Mother**  
**Vamadevi,**  
**You broke all association with the world, and turned away from all worldly treasures,**  
**You took the path of ascetic (Monkhood).**

Indra Aur Dharanendra Bhee Āye, Devi Padmāvati Mangal Gäve (2),  
Āshā Pooro Sadā, Duhkh Nahin Pāve Kadā,  
Sevak Thārā,..... Meto Meto.....3

**Indra and Dharanendra came to pray, Devi Padmāvati sang a song of praise,**  
**Please fulfill our aspirations, never to suffer from afflictions,**  
**I am your devotee.**

Jagake Dukhaki To Parawāh Nahin Hai, Swarg Sukhaki Bhee Chāh Nahin hai (2),  
Meto Janam --- Maran Hove Aisā Yatan,  
Pāras Pyārā,..... Meto Meto.....4

**I do not care about the worldly pains; nor do I wish to have heavenly pleasures,**  
**I am mainly longing for the end of this cycle of birth and death.**

Lākhon Bār Tumhe Shish Navāun, Jagake Nāth Tumhen Kaise Pāun (2),  
'Pankaj' Vyākul bhayā, Darshan Bin Ye Jiyā,  
Lāge Khārā,..... Meto Meto.....5

**We bow to you millions of times, O Lord of this universe, how can we get close to you?**  
**Pankaj (the poet) is anxious without your sight (blessings), and**  
**Life feels barren without you.**



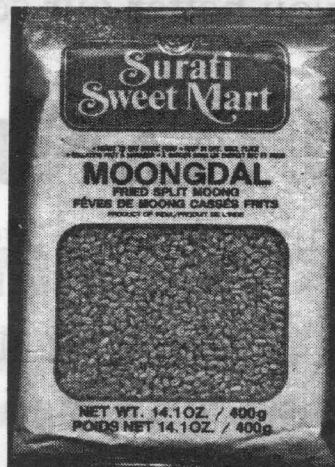
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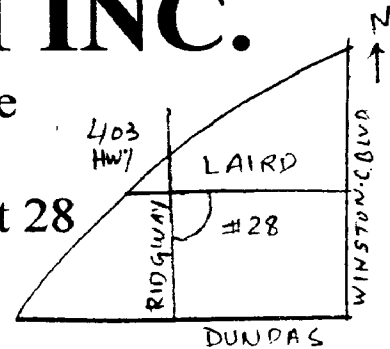
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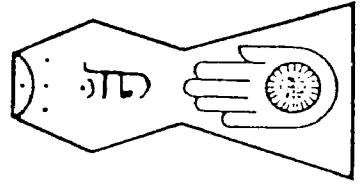
## ❖ ભક્તિ કરતાં છુટે મારા પ્રાણ ❖

ભક્તિ કરતાં છુટે મારા પ્રાણ પ્રભુ એવું માંગું રે.  
રહે જનમો જનમ તારો સાથ, પ્રભુ એવું માંગું રે.

તારું મુખડું મનોહર જોયા કરું,  
રાત ને દિન હું ગુણ તારા ગાયા કરું.  
રહે અંતસમય તારું ધ્યાન...પ્રભુ એવું માંગું રે.

મારી આશા નિરાશા કરશે નહીં  
મારા અવગુણ હૃદયમાં ધરશે નહીં.  
શ્વાસે શ્વાસે રટું તારું નામ...પ્રભુ એવું માંગું રે.

મારા પાપ ને તાપ સમાવી લેજો  
મને મોક્ષનો માર્ગ બતાવી દેજો.  
દેજો આવીને દર્શન દાન...પ્રભુ એવું માંગું રે.



પરસ્પરોપગ્રહો જીવાનામ્  
Live and Let Live

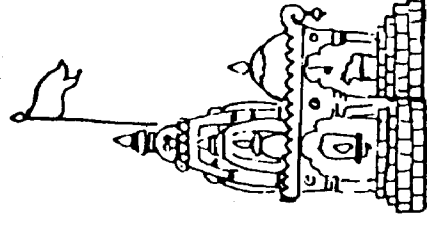
## ❖ પ્રભુ ગીત ❖

પ્રભુ તારું ગીત મારે ગાવું છે,  
પ્રેમનું અમૃત પાવું છે...પ્રભુ...

આવે જીવનમાં તડકા ને છાયા,  
માગું છું હે પ્રભુ ! તારી માયા,  
ભક્તિના રસમાં ન્હાવું છે... પ્રભુ...

ભવસાગરમાં નૈયા હુલ્કાવી,  
ત્યાં તો અચાનક આંધી ચડી આવી,  
સામે કિનારે મારે જાવું છે...પ્રભુ...

તું વીતરાગી હું અનુરાગી,  
તારી ભક્તિની રહ મને લાગી,  
પ્રભુ તારા જેવું મારે થાવું છે...પ્રભુ...



## ☆ આવો રે આવો મહાવીર નામ લઈએ ☆

આવો રે આવો મહાવીર નામ લઈએ...(૨)  
વીર નામ લઈને ભવપાર તરી જઈએ...આવો રે આવો...  
ભાગ્યવાન આપણે કે જૈન ધર્મ પામીયા  
એના સિદ્ધાંતથી રે નાવ તરી જઈએ...આવો રે આવો...

વીર પ્રભુ મહે છ કે અહિંસા અપનાવજો  
અહિંસામાં આતપ્રોત બની જઈએ...આવો રે આવો...

વીર પ્રભુ મહે કોઈને દુઃખ ના રે દઈએ  
સુખ આપી દુઃખ હરનાર બની જઈએ...આવો રે આવો...

વીર પ્રભુ મહે સહુથી સમભાવ રાખવો  
ઊંચ શું ને નીચ બધું એક ગણી લઈએ...આવો રે આવો...

વીર પ્રભુ મહે ભક્તિ પ્રેમભાવ રાખવો  
પ્રેમભરી શાંત સરિતા બની જઈએ...આવો રે આવો...

વીર પ્રભુ મહે કોઈથી કોઈ નવ કરીએ  
શીતળ ને શાંત ચંદન બની જઈએ...આવો રે આવો...

વીરનો ઉપદેશ જે તનમનથી પાળે  
કહે 'કિશોર' એના દાસ બની જઈએ...આવો રે આવો...

## ☆ મહાવીર નામનો ડંકો ☆

મહાવીર નામનો ડંકો, જગમાં વાગીયો રે લોલ,  
વર્ધમાનનો ડંકો, જગમાં વાગીયો રે લોલ.

સિદ્ધાર્થનો બેટો, માતા ત્રિશળાજીનો જાવો  
પરચો બતાવ્યો એણે, તેથી મહાવીર એ કહેવાયો  
એણે માર્યો એવાં કીધાં જેથી જગમાં બધે પંકાયો...મહાવીર...

ખીર રાંધી ગોવાળે, એને ખીસા ઠોસ્યા મને  
તો પણ ઉત્તો રહ્યો, એ તો કહિસગગના શુભ ધ્યાને  
સમતા રાખી મોટી તેથી સમતાધારી કહેવાયો...મહાવીર...

ચંદનને ઉગારી, ચંડકેશીયાને ઉગાર્યો  
ગૌતમજીનો ગર્વ, ક્ષણભરમાં એણે ઉતાર્યો  
ભક્તિ ભાવથી કરજો, જેનો ડંકો જગમાં વાગ્યો...મહાવીર...

જૈન સંયુક્ત મંડળ આવે, અને ભાવના તારી ભાવે  
પૂજાઓ ભણાવે, તને અક્ષતે વધાવે  
દીન દુઃખીયાનો બેલી થાજે, સેવક દવારે આવ્યો...મહાવીર...



## ☆ अब सौंप दिया ☆

अब सौंप दिया इस जीवनका सब भार तुम्हारे हाथोंमें,  
है जीत तुम्हारे हाथोंमें, और हार तुम्हारे हाथोंमें.

मेरा निश्चय बस एक यही, इक्बाल तुम्हें पा जाउं मैं,  
अर्पण कर दूँ दुनिया भरका, सब प्यार तुम्हारे हाथोंमें.

जो जगमें रहूँ तो ऐसे रहूँ, ज्यों जलमें कमलका फूल रहे,  
मेरे सब गुणदोष समर्पित हो, करतार! तुम्हारे हाथोंमें.

यदि मानवका मुझे जन्म मिले, तोतव चरणोंका पूजारी बनूँ  
इस पूजककी ईक ईक रगका, हो तार तुम्हारे हाथोंमें.

जब जब संसारका कैदी बनूँ, निष्काम भावसे कर्म करूँ  
फिर अंत समयमें प्राण तजुँ, साकार! तुम्हारे हाथोंमें.

मुझमें तुझमें बस भेद यही, नर हूँ, तुम नारायण हो,  
मैं हूँ संसारके हाथोंमें, संसार तुम्हारे हाथोंमें.

अब सौंप दिया इस जीवनका सब भार तुम्हारे हाथोंमें,  
है जीत तुम्हारे हाथोंमें, और हार तुम्हारे हाथोंमें.



## ☆ बुरा किसी का मत करना ☆

यदि भला किसी का कर न सके तो बुरा किसी का मत करना  
अमृत न पीलाने को घरमें तो जहर पिलाते भी डरना.

यदि संत्य मधुर न बोल सके तो झूठ कठिन भी मत बोलो  
यदि मौन रखो सबसे अच्छा, कमसे कम विष तो मत धोलो.  
बोलो तो! पहले तुम तोलो, फिर मुख ताला खोला करना  
यदि भला किसी का कर न सके तो बुरा किसी का मत करना.

यदि घर न किसी का बान्ध सके, तो झोंपड़ियां न जला देना  
यदि मरहम पटी कर न सके, तो क्षार नमक न लगा देना.  
यदि दीपक! बन कर जल न सके, तो अन्धकार भी मत करना  
यदि भला किसी का कर न सके तो बुरा किसी का मत करना.

यदि फूल नहीं बन सकते तो कांटे बन कर न बिखर जाना  
मानव बनकर सहला न सके, तो दिल भी किसी का दुखाना ना  
यदि देव नहीं! बन सकते तो दानव बन मत मरना  
यदि भला किसी का कर न सके तो बुरा किसी का मत करना

'मुनि पुष्प' अगर भगवान नहीं तो कम से कम इंसान बनो  
किन्तु न कभी शैतान बनो, और कभी न तुम हैवान बनो.  
यदि सदाचार! अपना न सके, तो पापोंमें पग मत धरना  
यदि भला किसी का कर न सके तो बुरा किसी का मत करना



**MERI BHĀVANĀ**  
**MY PRAYER**

Jisane Rāg-Dvesh Kāmādik, Jeete Sab Jag Jān Liyā,  
Saba Jeevon Ko Moksha-Mārg Kā, Nispruha Ho Upadesha Diyā..... 1

**(The Spiritual Conqueror), Who has vanished affection, hatred and other sensual temptations,  
Who has gained the knowledge of the whole world and Who has discoursed upon the teachings of the  
Right Path of Liberation (for the benefit) of all in a quite unselfish manner.**

Buddha, Veer, Jin, Hari, Brahmā Yā Usako Swādheena Kaho,  
Bhakti- Bhhāv Se Prerit Ho Yah, Chitta Usee Men Leen Raho.....2

**(You may call Him Either by the name of) Buddha, Vira, Jina, Hari, Brahma or Independent (Deity).  
Enamored by devotion to (that Spiritual Conqueror) my mind may remain absorbed in Him and Him only.**

Vishayon Ki Āshā Nahiñ Jinake, Sāmyabhāv Dhan Rakhate Hein,  
Nija Par Ke Hit Sādhan Men Jo, Nishadin Tatpar Rahete Hein..... 3

**(Those ascetics) who have no desire for sensual pleasures, whose only possession is mental equanimity,  
who remain engaged always, day and night, in bringing about the good for their own selves and for  
others as well.**

Svārth Tyāg Ki Kathin Tapasyā, Binā Khed Jo Karate Hein,  
Aise Gnāni Sādhu Jagat Ke, Dukh Samuh Ko Harate Hein..... 4

**Who always undergo the penance of self-sacrifice without any regret - such learned ascetics remove the  
multitudes of troubles of the world.**

Rahe Sadā Satsang Unhin Kā, Dhyān Unhin Kā Nitya Rahe,  
Unhin Jaisi Charyā Men yah, Chitta Sadā Anurakt Rahe.....5

**May I ever have their good company and May I ever keep them in mind. May my heart be always  
engrossed and inclined to adopt the rules of conduct, which they observe.**

Nahin Satāun Kisee Jeev Ko, Jhunth Kabhee Naheen Kahā Karoon,  
Par Dhan Vanitā Par Na Lubhāun, Santoshāmruta Piyā Karoon..... 6

**May I never hurt and harm any living being; may I never speak a lie. May I never be greedy of wealth or  
wife of other. May I ever drink the nectar of contentment**

Ahankār Kā Bhāv Na Rakkhun, Naheen Kisee par Krodh Karoon,  
Dekh Doosaron Kee Badhatee Ko, Kabhee Na Eersā - Bhhāv Dharoon..... 7

**May I never entertain the idea of egotism, nor may I be angry with anybody! May I never become jealous  
on seeing the worldly prosperity of other people.**

Rahe Bhāvanā Aisee Mere, Saral Satya Vyavahār Karoon,  
bane Jahān Tak Eesa Jeevan Men, Auron Kā Upakār Karun.....8

**May my thoughts and feelings be such that I may always act in a simple and straightforward manner.  
May I ever, so far as I can, do good in this life to others.**

### ૩૩. પાવાપુરીમાં ભગવાનની ૧૬ પ્રહર [૪૮ કલાક]ની અંતિમ દેશના અને [૫] નિર્વાણ-કલ્યાણક



ભગવાન અનેક દેશમાં પગપાળા વિચર્યાં. એમણે ઉપદેશનો ધોધ વરસાવ્યો. જેમાં ગરીબો, અમીરો, શ્રમજીવીઓ અને શ્રીમંતો, રાજકુમારો, રાણીઓ, રાજાઓ હતાં, એવા હજારો જીવોને દીક્ષા આપી, અને લાખો લોકોને ધાર્મિક બનાવ્યા. અંતમાં કેવલી પર્યાયના ૩૦ મા, દીક્ષાના ૪૨ મા અને જન્મના ૭૨ મા વર્ષે અંતિમ ચોમાસું અને જીવનનું અંતિમ વર્ષ પૂર્ણ કરવા ભગવાન અપાપાપુરી (પાવાપુરી) પધાર્યા. ત્યાં તેઓશ્રી હસ્તિપાલ રાજાના કારકુનોના સલાખંડમાં ચાતુર્માસ રહ્યા. હુંમેશાં અપાતાં નિર્ગ્રંથ પ્રવચનોથી પ્રતિબુદ્ધ થઈ અનેક ભવ્ય જીવોએ નિર્ગ્રંથ ધર્મની પ્રવચનાઓ સ્વીકારી. ચોમાસાનો ચોથો મહિનો (ગુજ.) આસો વદિ અમાવસ્યાએ પોતાનું પરિનિર્વાણ થવાનું હોવાથી ચૌદસ-અમાસના બે નિર્જલ ઉપવાસ (છઠ્ઠ તપ) કર્યા. જગતના કલ્યાણ માટે સુવર્ણકમળ ઉપર પદ્યંકાસને-પદ્માસને બેસી અંતિમ દેશનાનો પ્રારંભ કર્યો. સભામાં ચારેનિકાયના દેવો, ચતુર્વિધ શ્રીસંઘ, કાશી-કોશલ દેશ આદિ જનપદના માન્ય ૧૮ ગણરાજાઓ, તેમ જ ગણ્ય-માન્ય અન્ય વર્ગ અને સામાન્ય વર્ગ પણ ઉપસ્થિત હતો. પ્રવચનમાં ભગવાને પુણ્ય-પાપ ફલ વિષયક અધ્યયનો આદિ વર્ણવ્યું. અમાવસ્યાની પાછલી રાતની ચાર ઘડી બાકી રહી ત્યારે સોલ પ્રહર-૪૮ કલાકની અવિરત ચાલેલી પ્રલંબ દેશના પૂરી થતાં જ ભગવાનનો આત્મા શરીર ત્યજી, વેદનીયાદિ ચાર અઘાતી કર્મોનો ક્ષય થતાં; આઠેય કર્મોનો સંપૂર્ણ ક્ષય કરી, ૭૨ વર્ષનું આયુષ્ય પૂરું કરીને સ્વાતિ નક્ષત્રમાં ઊર્ધ્વાકાશમાં અસંખ્ય યોજન દૂર રહેલાં મુક્તિ-સ્થાનમાં એક જ સમયમાં (એક સેકન્ડનો અસંખ્યાતામો ભાગ) પહોંચી જ્યોતિમાં જ્યોતિરૂપે ભળી ગયો. હવે તેઓ જન્મ-મરણથી મુક્ત થયા. તમામ બંધનો, દુઃખો, સંતાપોથી રહિત બની, સર્વ સુખના ભોક્તા બન્યા. આ મહાન આત્માએ ગત જન્મમાં કરેલી સાધના અને અંતિમ જન્મમાં કરેલી મહાસાધનાના ફળરૂપે અલીપ્ત-પરમોચ્ચ એવા સિદ્ધિપદને મેળવ્યું. જૈન ધર્મના સિદ્ધાન્ત મુજબ સિદ્ધિ કે મોક્ષની પ્રાપ્તિ બાદ ફરી તેમને આ સંસારમાં અવતરવું પડતું નથી.



### ૩૩. પાવાપુરી में भगवान् की १६ प्रहर की अन्तिम देशना और निर्वाण-मोक्ष की प्राप्ति, [पाँचवां कल्याणक]



भगवान् ने भारत के अनेक देशों में विचरण-विहार किया, उपदेशों की अजस्र वृष्टि की। हजारों को दीक्षा दी, लाखों लोगों को धर्मिष्ठ बनाये। अन्त में केवल पर्याय के ३०, दीक्षा के ४२, और जन्म के ७२ वें वर्ष में अन्तिम चातुर्मास और अपने जीवन का—देह का अन्तिम वर्ष पूर्ण करने के लिये भगवान् बिहार देश की अपापापुरी (पावापुरी) पधारे। वहाँ वे हस्तिपाल राजा के कर्मचारियों की रज्जूगशाला में चातुर्मास रहे। दैनिक प्रवचनों से प्रतिबुद्ध हो अनेकों ने वहाँ निर्ग्रन्थ धर्म की प्रव्रज्या ली। चौमासे के चौथे मास कार्तिक कृष्णा (गु. आ. वदि) अमावास्या के दिन अपना परिनिर्वाणको जाना। चतुर्दशी और अमावास्या के दो निर्जल उपवास (छठ तप) किये। लोककल्याण के लिये स्वर्णकमल पर पर्यंकासन-पद्मासन से बैठकर अन्तिम देशना प्रारम्भ की। सभा में देवनिकाय, चतुर्विध श्रीसंघ, अन्य जनता, और काशी-कोशल आदि जनपद के मान्य १८ गणराजा भी उपस्थित थे। भगवान् ने पुण्य-पाप फल विषयक अध्ययनादि का वर्णन किया। अमावास्या की पिछली रात्रि के चार प्रहर शेष रहे। तब प्राणिमात्र के कल्याण के लिये सोलह प्रहर (४८ घण्टे) की प्रलम्ब देशना धाराप्रवाह से दी। वह पूर्ण होते ही अवशेष अघाती कर्मों का क्षय पूर्वक सम्पूर्ण अष्ट कर्मों का क्षय करके ७२ वर्ष की आयु पूर्णकर भगवान् की आत्मा सदा के लिये देह को छोड़कर ऊर्ध्वाकाश में स्थित मुक्तिस्थान में तत्काल पहुँच कर ज्योति में ज्योति मिले वैसी मिल गई। वे सम्पूर्ण सुखों के भोक्ता बने।



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During the forty-two years of his ascetic life, Bhagavān Mahāvīra preached his gospel of Ahimsā to millions of people and initiated into monkhood thousands of his disciples. At the age of seventy-two he came to Pāvāpurī for spending the final rainy season there. In the month of Āśvina he observed fast for two days—without even taking water—and seated in the lotus posture on a golden lotus he delivered his last and longest sermon, lasting for forty-eight hours, before the four-fold saṃgha. With only four Ghaṭīs of the new-moon night left, he destroyed the remaining four types of non-destructive karmans. And thus with all the eight karmans completely annihilated, his soul soared high and reached the pinnacle of Loka and went to the permanent abode of Siddhas, never to return again. And thus the great soul achieved the highest goal after practising severe austerities spreading over numerous previous births and especially in the last one.

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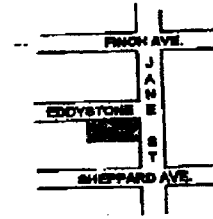
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*Bright with cheer  
And lots of happiness  
for you throughout  
The coming year*

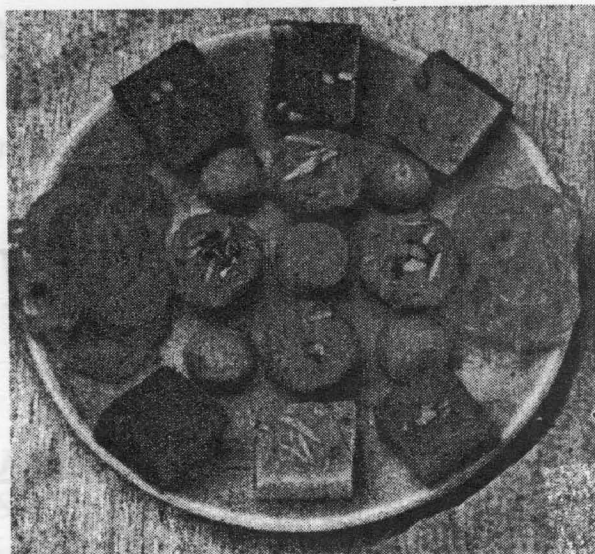
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*or*

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Wish You Happy Diwali And Prosperous New Year

# ***SIDDHACHALAM TIRTH***

## **SPECIAL APPEAL FOR FUNDS**

1. 2 October, 1994 -  
Fire destroys the entire Kitchen and Dining Room Facility at Siddhachalam.
2. The Trustees of SIDDHACHALAM ( I.M.J.M.) decide on that same day to proceed with reconstruction immediately.
3. The reconstruction project is endorsed and supported by Jain Societies and Jain Sanghs from far and wide.
4. We are proceeding with clean-up of the ashes and with new designs and plans for the new Kitchen and Dining Room Complex.
5. Saha-Dharma Vatsalya(Swami Vatsalya) has been and continues to be a tradition for all Jain Sanghs and for all Jain Tirths. Yatris come from far distances to SIDDHACHALAM throughout the year, including the winter months. The success of the Tithi program at SIDDHACHALAM and the warm hospitality of our Kitchen must and, with Guruji's blessings, will continue.
6. We have an emergency at our hands now. We shall meet the challenge together. SIDDHACHALAM shall continue to maintain its traditions and hospitality with your support.

We need FUNDS. We need them now. A special rebuilding fund has been set up. Please send in your donations as soon as possible. We enclose a self-addressed envelope. Please make your cheques payable to SIDDHACHALAM. We shall send you your tax-deductible receipts by return mail. Canadian Donors can make cheques payable to I.M.J.M. CANADA OR TO JAIN SOCIETY OF TORONTO.

**IT IS DIVALI - a time to give and to give generously.**

**This Appeal is made to you on behalf of the entire Jain community and on behalf of all the Jain Sanghs of North America for whom SIDDHACHALAM is their own Tirth and their only Tirth in North America.**

**We wish you a very happy Divali and a spiritually rewarding and prosperous New Year.**

**SIDDHACHALAM (International Mahavir Jain Mission)  
65 Mud Pond Rd. Blairstown, N.J. 07825**

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**Haresh - Hemlata - Ankit - Riddhi - Siddhi**  
**Naresh - Paresha Palak - Arpi**  
**and Mehta Family**



***We wish you all***  
***Happy Diwali***  
***and a***  
***Prosperous New Year***

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મેત્રી ભાવ જગત મે મેરા, સબ જીવોં સે નિત્ય રહે ।  
 દીન-દુઃખી જીવોં પર મેરે, ઉર સે કરુણા સ્રોત બહે ॥૯॥  
 દુર્જન-ક્રૂર-કુમાગરિતો પર, દોષ નહીં મુસકો આવે ।  
 સામ્ય-ભાવ રક્ષણ મેં ઉન પર, દેસી પરિણતિ હો આવે ॥૧૦॥  
 ગુણી જનોં કો દેખ હૃદય મેં, મેરે પ્રેમ ઉમડુ આવે ।  
 બને અહીં લોકે ઉનકી સેવા, કરકે યહ મન સુખ પાવે ॥૧૧॥  
 હોઝું નહી કલ્પન કમી મેં, દ્રોહ ન મેરે ઉર આવે ।  
 ગુણ ગ્રહણ કા ભાવ રહે નિત, દૃષ્ટિ ન દોષોં પર આવે ॥૧૨॥  
 કોઈ બુરા કહો યા અદ્ધા, લક્ષ્મી આવે યા આવે ।  
 ભાર્યોં વાણોં લોકે જીઝું યા, મૃત્યુ આજ હી આ આવે ॥૧૩॥  
 અધ્યા કોઈ કૈશા હી ભય, યા લાલચ દેને આવે  
 તો મી ન્યાય માર્ગ સે મેરા, કમી ન પદ ડિગને પાવે ॥૧૪॥  
 હોકર સુરુષ મેં મગન ન ફૂલે, દુષ્ટ મે કમી ન ઘણાયે ।  
 પર્વત-નદી-શ્મશાન મયાનક, અદવી સે નહી ભય રચાયે ॥૧૫॥  
 રહે અઠોલ અકંપ નિરંતર, યહ મન વૃદ્ધતર બન આવે ।  
 શિષ્ટ વિયોગ-અનિષ્ટ યોગ મેં, સહનશીલતા વિશ્વભાવે ॥૧૬॥

Maitree Bhāv Jagat Men Merā, Saba Jeevon Se Nitya Rahe,  
Deen - Duhkhee Jeevon Pard Mere, Ura Se Karunā Srota Vahe..... 9

**May I always have friendly feelings towards all living beings of the world and may the stream of compassion always flow from my heart towards distressed and afflicted living beings.**

Durjan - Kroor - Kumargaraton Par, Kshobh Naheen Mujhako Āvai,  
Sāmya -Bhāv Rakhoon Main Un Par, Aisee Parinati Ho Jāvai..... 10

**May I never become fretful towards bad, cruel, and wicked persons. May I keep tolerance towards them. May I be so disposed.**

Gunee Janon Ko Dekh Hruday Men, Mere Prem Umad Āvai,  
Bane Jahān tak Unaki Sevā, Karake Yah Man Sukh Pāvai..... 11

**May my heart be overflowing with love at the sight of the virtuous and may I be happy to serve them so far as possible.**

Houn Nahin Krutagna Kabhee Main, Droha Na Mere Ura Āvai,  
Guna Grahana Kā Bhāva Rahe Nita, Drushti Na Doshon Para Jāvai..... 12

**May I never be ungrateful (towards anybody); nor may I revolt (against anybody). May I ever be appreciating the good qualities of other persons and may I never look at their faults.**

Koyi Burā Kaho Yā Acchhā, Lakshmee Āvai Yā Jāvai,  
Lākhon Varsho Taka Jeeun Yā, Mrutyu Āja Hee Ā Jāvai..... 13

**Whether anybody calls me by bad or good name; whether wealth comes to me or goes away from me, whether I may live for millions of years or meet death this very day.**

Athavā Koyi Kaisā Hee Bhay, Yā Lālacha Dene āvai,  
To Bhee Nyāya Mārga se Merā, Kabhee Na Pad Digane Pāvai..... 14

**Or whether anybody terrifies me or tempts me in any way, still may my steps never swerve from and trespass the Righteous Path.**

Hokara Sukhamen Magna Na Foole, Dukha Men Kabhee Na Ghabarāvai  
Parvava-Nadee-Smashāna Bhayānaka, Atavee Se Naheen Bhaya Khāval..... 15

**May my mind neither be puffed up with joy, nor may it become nervous in pain and grief. May it never be frightened even of a mountain, a river, a cremation ground, or a terrible forest.**

Rahe Adola Akampa Nirantara, yaha Mana Drudhatara band Jāvai,  
Ishta Viyoga-Anishta Yoga men, Sahanasheelatā Dikhalāvai..... 16

**May my mind remain always steady and firm, unswerving and unshaken; may it become stronger everyday. May I bear and endure with patience the deprivation of dear ones and the occurrence of undesired evils.**

# **HIS HOLINESS JNANA YOGI SWASTI SRI BHATTARAK CHARUKEERTI PANDITACHARYAVARYA SWAMIJI**

H.H. Swasti Sri Bhattarak Charukeerti Panditacharyavarya Swamiji is the ex-Officio name for being the Head of Shri Jain Math of Moodbidri – generally known as 'Moolabadri'. Before occupying the pontifical throne of Shri Jain Math, he was the close disciple of H.H. Elacharya Muni Sri Vidyanandji Maharaj.

His name was Dharmaraj Jain. He was born on December 12, 1945, in a respected Digambar Jain family at Moodbidri. After primary education at his native place and secondary and higher education at Varanasi, he did his B.A. at the Banaras Hindu University, and studied Jainism and Sanskrit at Varanasi in the famous Jain Mahavidyalaya and obtained his 'Sahitya Shastri' and 'Siddhanta Shastri' degrees. He also studied at Rajasthan University, Jaipur, and got his Masters Degree in Sanskrit and Hindi literature with distinction.

At the age of 20, he took the vow of celibacy and at the age of 28, on April 30, 1975, he was coronated and acquired the name of Swasti Sri Bhattarak Charukeerti Panditacharyavarya Swamiji as the 'Bhattarak' or 'Mathadhipati' of Shri Jain Math, Moodbidri. Along with these heavy responsibilities, Shri Swamiji took keen interest and worked hard to develop the Moodbidri Shrine both as a place of religious as well as tourist attraction, creating all the necessary amenities. Moodbidri is one of the most visited pilgrimage centres in India because of the existence of 'Nava Ratna' images embedded with precious diamonds and Thousand Pillars Temple and 18 other attractive ancient Jain temples.

Shri Swamiji participated in the Third Assembly of the World Conference on Religion and Peace held at Princeton in New Jersey, USA, from 29th August to 9th September, 1979.

Shri Swamiji, in addition to his position as the Bhattarak and Head of the Institute of Shri Jain Math, has concurrently been working actively for many other organisations occupying key positions, some of which are listed below:–

1. Founder and Chief Director, Shrimathi Rama Rani Jain Research Institute, Moodbidri.
2. Chairman, World Conference of Religion for Peace, Moodbidri.
3. Managing Trustee, the Siddhanta and the group of 18 Jain Temples, Moodbidri.



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Manish '62, Mona '68  
3956 Glamis Court  
Mississauga L5L 3N5

**KOTHARI, Mona**  
L 223  
905 820 0659 ONT.  
3956 Glamis Court  
Mississauga L5L 3N5

**KOTHARI, Rajendra**  
Shaila  
416 498 5816 Ont.  
Shraddha, Akshar  
Shruti  
138 Thorney wine way  
Willowdale M2J 4J6

**KOTHARI, Sharad N.**  
Smita L 154  
905 727 3030 ONT  
Rahul '75, Shefali '78  
14 Ironshore Court  
Aurora L4G 5X9

**KUMAR, S. A.**  
Brahmila L 41  
905 890 3368 ONT  
Navita '69  
Ashij '72  
4665 Moccasin Trail  
Mississauga L4Z 2B3

**KOTHARY, Manharlal**  
Ramila L 226  
416 291 5535 ONT.  
90 Burrows Hall Blvd.  
# 1009  
Scarborough M1B 5M2

**LATHIA, Suryakant**  
Pushpa L 184  
905 294 8937 ONT  
135 William Honey Cr.  
Markham L3S 2L6

**MAKIM, Hiten**  
Sonal L 229  
416 282 6951 ONT.  
37 Gennela Square  
Scarborough M1B 5A3

**MAKIM, Narottam**  
Hansa L 46  
416 282 6951 ONT  
Hiten '67, Paren '68  
37 Gennela Square  
Scarborough M1B 5A3

**MEHTA, Amit**  
Seema L 216  
MOVED TO USA

**MEHTA, Arun**  
Devika L 47  
416 754 7658 ONT  
Ekta Aarti  
96 Dunmail Drive  
Scarborough M1V 1J5

**KOTHARI, Suresh**  
Bharti L 40  
905 615 8874 ONT  
Sunil  
1086 Shagbark Cr.  
Mississauga L5C 3N7

**KUMAR, Vijay**  
519 472 2394 ONT  
498 Castlegrove Blvd.  
London N6G 1KB

**LAKHANI, Shishir**  
Kala L 146  
905 884 2155 ONT  
73 Hillhurst Drive  
Richmond Hill L4B 3C4

**LOGANI, Brij**  
Pushpa L 44  
905 579 1969  
1055 Chelsea Court  
Oshawa L1G 7R4

**MAKIM, Jayanti**  
Meena L 21  
905 829 1838 ONT  
Meera, Amar '87  
2774 Hardy Cr.  
Oakville L6J 7D4

**MAKIM, Paren**  
416 282 6951 ONT  
37 Gennela Square  
Scarborough M1B 5A3

**MEHTA, Amit C**  
905 886 7732 ONT.  
14 Fee Avenue  
Thornhill L4J 2M4

**MEHTA, Ashwin**  
Usha L 48  
905 643 1476 ONT  
Jayesh '75, Bijal '79  
80 Valara Drive  
Stoney Creek L8E 4T9

**KOTHARY, Girish**  
Hansa L 231  
905 821 3919 ONT.  
Rakesh '73, Shilpa '77  
Nilesh '78  
6237 Kisby Drive  
Mississauga L5V 1M5

**KURIA, Balu**  
Arvinda L 42  
613 257 2898 ONT  
Andy '68  
Shiela '69  
Bindee '77  
331 Bridge Street  
Ottawa K7C 3H9

**LAKUMB, Mahendra**  
L 43

MOVED  
LIFE MEMBER  
MOVED

**MAHENDRA, Navin**  
Smita A 3  
416 297 0347 ONT  
2365 Kennedy Rd  
APT 1001  
Scarborough M1T 3S6

**MAKIM, Mahendra**  
Nila L 45  
905 430 0522 ONT  
Anish '74, Neeraj '86  
5 Farnwood Street  
Whitby L1R 1M4

**MANIAR, Narendra**  
Bharti L 186  
416 626 8932 Ont.  
Deepa '74, Rakhee '77  
53 Newington Cr.  
Etobicoke M9C 5B7

**MEHTA, Amit. M.**  
L 244  
416 241 2044 ONT.  
26 Vancho Crescent  
Islington M9A 4Z2

**MEHTA, Bharat**  
Kailash L 49  
905 940 0585 ONT  
94 Tomlimson Circle  
Unionville L3R 9T6

**MEHTA, Chandrakant**  
Urvashi A 19  
416 231 8626 ONT  
Shefali '75, Nirav '77  
Ameet '81  
17 Appleby Road  
Islington M9B 4G8

**MEHTA, Devendra, Dr.**  
Nayna L 50  
LIFE MEMBER  
MOVED

**MEHTA, HARESH**  
Prafulla A 16  
905 738 9305 Ont.  
50 Quaker Ridge  
Concord L4K 2E7

**MEHTA, Jagdish, Dr.**  
Lalita L 52  
905 646 4456 ONT  
Samir '70, Sangeeta '77  
12 Fallingbrook Dr.  
St.Catharines L2N 6V1

**MEHTA, Kishorekant**  
Rekha  
705 335 5440 ONT  
Hitesh '66, Tejal '67  
131 Avenue Road  
Kapusksing P5N 3A4

**MEHTA, Kumudchandra**  
Usha L 55  
905 507 8547 ONT  
Neha, Nilay  
287 Glenn Hawthorne Blvd  
Mississauga L5R 2M2

**MEHTA, MANISH**  
905 897 6631 Ont.  
3375 Acla Cr.  
Mississauga L5A 3E4

**MEHTA, Mohanlal**  
Anjwadiben A 18  
416 626 1277 ONT  
45 Sedgebrook Cr.  
Islington M9B 2X2

**MEHTA, Chetan**  
L 243  
416 241 2044 ONT.  
26 Vancho Crescent  
Islington M9A 4Z2

**MEHTA, Dilip, Dr.**  
Bina L 51  
416 232 1083 ONT  
Rishi '85, Kevan '87  
6 Tamerlane Court  
Islington M9B 6G4

**MEHTA, Harehsh**  
Hemlata L 255  
416 748 7219 Ont.  
49 Silverstone Dr.  
# 1201  
Etobicoke M9V 3G2

**MEHTA, Jayantilal**  
Ranjan L 54  
416 661 2967 ONT  
Vipul, Baijul, Shardul  
76 Carnival Court  
Willowdale M2R 3T8

**MEHTA, Kishorekumar**  
Nirmala L 218  
905 792 9658 Ont  
15 Kensington Road  
Apt 208  
Bramalea L6T 3W2

**MEHTA, Labhshankar, Dr.**  
Kumud L 53  
905 646 2304 ONT  
Amit '64, Sunil '70  
28 Golden Blvd  
St. Catharines L2R 6P9

**MEHTA, Mahendra, Dr.**  
Neela L 56  
416 241 2044 ONT  
Chetan '71, Amit '73  
26 Vancho Crescent  
Islington M9A 4Z2

**MEHTA, Nalin**  
Ila A 1  
705 335 6904 ONT  
Rajvee '81, Rhea '83  
Rishabh '88  
6 Mateev Avenue  
Kapusksing P5N 3E5

**MEHTA, Chhabildas**  
Bhanu L 220  
905 886 7732 ONT.  
14 Fee Avenue  
Thornhill L4J 2M4

**MEHTA, Girish**  
Prafulla L 141  
905 428 7668 ONT  
Anita, Shilpa  
1626 Peppewood Gate  
Pickering L1X 2K4

**MEHTA, Hemant**  
Nitida L 219  
905 889 2826 ONT.  
42 Lagani Avenue  
Richmond Hill L4B 3C7

**MEHTA, Kirit**  
Meena L 155  
905 454 8638 ONT  
105 Waybridge Trail  
Brampton L6V 3W8

**MEHTA, Kulin**  
A 20  
416 626 1277 Ont.  
45 Sedgebrook Cr.  
Etobicoke M9B 2X2

**MEHTA, Lalit**  
Pallavi L 171  
416 222 6031 ONT  
Hema, Lisa  
3 Tollerton Av.  
Willowdale M2K 2G9

**MEHTA, Manish**  
Tapti  
416 444 8530 ONT  
Devansh  
17 Farmstead Rd.  
Apt # 1001  
Willowdale M2L 2G1

**MEHTA, Naresh K**  
Paresha  
416 742 3294 Ont  
1915 Martingrove Rd  
APT.618  
Etobicoke M9V 3T2



**MEHTA, Prabhulal**  
Bhanu L 162  
905 459 7636 ONT  
Tushar , Chetan  
18 Newgate Place  
Brampton L6S 4W6

**MEHTA, Pravin**  
Pratibha L 60  
416 744 1789 ONT  
Tejas '74,Purvi '77  
7 Milkwood Av.  
Rexdale M9V 1M2

**MEHTA, Pritam**  
Manjula L 61  
905 897 6631 ONT  
Sanjay '61, Manish '68  
3375 Acala Cr.  
Mississauga L5A 5E4

**MEHTA, Sanjiv**  
Tejal L 230  
519 894 7022 ONT.  
208 Oldfield Drive  
Kitchner N2A 3S9

**MEHTA, Shashikant**  
Jashwanti L 63  
519 894 7022 ONT  
Sahjita, Sanjiv  
208 Oldfield Dr.  
Kitchener N2A 3S9

**MEHTA, Sudhir**  
Hina L 225  
905 882 7890 ONT.  
41 Harris Way  
Thornhill L3T 5A6

**MEHTA, Suryakant**  
Rashmi L 66  
416 499 3982 ONT  
Sapna, Sachin  
14 Springhouse Square  
Scarborough M1W 2X1

**MEHTA, Yipul**  
Anita L 238  
416 661 2967 ONT  
76 Carnival Court  
Willowdale M2R 3T8

**MEHTA, Pradhuman**  
Jayshree L 58  
905 477 9958 ONT  
Sunil , Viraj  
3 Perdue Court  
Markham L3R 3T4

**MEHTA, Pravin**  
Madhuri L 202  
905 507 8730 Ont.  
Ravi, Neel  
495 Baggeta Crescent  
Mississauga L5R 3G9

**MEHTA, Rashmi**  
905 820 6479 ONT  
4134 Treetop Cr.  
Mississauga L5L 2L8

**MEHTA, Shantilal.C**  
Manjula L 156  
905 889 2826 ONT  
42 Lagani Avenue  
Richmond Hill L4B 3C7

**MEHTA, Sheela**  
416 299 6807 ONT  
816 Ellesmere Rd.  
# 2  
Scarborough M1P 2W4

**MEHTA, Surendra**  
Purnima L 64  
416 626 1277 ONT  
Kulin '67, Tusar '71  
45 Sedgebrook Cr.  
Islington M9B 2X2

**MEHTA, Sushila**  
L 57  
905 568 9377 Ont.  
Nina  
65 Trailwood Drive  
Unit 413  
Mississauga L4Z 3L1

**MERCHANT, Shankuntala**  
Vinay L 68  
905 508 5026 Ont.  
59 Valley Ford Av.  
Richmond Hill L4C 0A7

**MEHTA, Prakash**  
Jayshree L 59  
519 745 2179 ONT  
Samir, Priya, Sonya  
128 Hillbrock Cr.  
Kitchener M2N 1J5

**MEHTA, Pravin**  
Bharti L 257  
416 695 1079 ONT  
Deep '77,Amees '78  
4 Pebble Valley lane  
Etobicoke M9C 4X3

**MEHTA, Sailesh**  
Shilpa A 30  
416 962 2196 ONT  
240 Wellesley St. East  
# 2705  
Toronto M4X 1G5

**MEHTA, Shashikant**  
Suryakala L 62  
905 940 1679 ONT  
Sudesh '61  
15 Sutton Court  
Unionville L3R 9B4

**MEHTA, Sudesh**  
Nita L 191  
905 940 1679 ONT  
15 Sutton Crt  
Unionville L3R 9B4

**MEHTA, Suryakant**  
Susmita L 65  
905 271 7055 ONT  
Nina '81 Dev'84  
Kavita72,Sangeeta,Anita  
1726 Chesbro Court  
Mississauga L5H 4H3

**MEHTA, Vinod**  
Prafulla L 67  
905 935 2843 ONT  
Shilpa '70 ,Shejal '74  
Shaila '79  
10 Evangelista Court  
St Catherines L2N 7C3

**MITHANI, Pankaj**  
Asha A 6  
905 566 9445 ONT  
250 Webb Dr.  
Apt. 806  
Mississauga L5B 3Z4

**MITHANI, Yogesh**  
Nirali L 173  
416 240 8532 ONT  
2085 Islington Av.  
Apt# PH 12  
Weston M9P 3R1

**MODY, Anil**  
Kumud L 138  
613 737 3390 ONT  
Parimal '62, Priti '65  
1817 Yale Av.  
Ottawa K1H 6S3

**MODY, Prakash**  
Prafula L 144  
416 491 5560 ONT  
Yash '76, Hetal '78  
37 Tuscarora Drive  
North York M2H 2K4

**MUTHA, Rajendra**  
Kavitha A 40  
416 967 7485 Ont.  
Ankeet ,93  
30 Charles St. West  
Toronto M4Y 1R5

**PADLIYA, Dilip**  
Jyoti L 25  
519 542 4350 Ont.  
199 Twin Lakes Drive  
Sarnia N7S 4W6

**PANSAR, Vinod**  
Smita  
416 412 0480 ONT  
3845 Sheppard Av. East  
#408  
Scarborough M1T 3S8

**PAREKH, Mandakini**  
Amratlal L 242  
905 678 0735 ONT  
Vijay '75  
3533 Derry Rd. East  
Apt 610  
Mississauga L4T 1B1

**PARIKH, Surendra**  
Veena L 71  
905 881 2901 ONT  
Sejal , Suvil  
256 Pinewood Drive  
Thornhill L4J 4N5

**MITTELMAN, Marc**  
Jayshree  
416 252 2864 ONT.  
Anjuliee 88  
2045 Lakshore Blvd.West  
Apt 1912  
Toronto M8V 2Z6

**MODY, Jayantilal**  
Vina SL -1  
905 273 4405 ONT  
2239 Corsair Road  
Mississauga L5B 2L7

**MORBIA, Chandulal**  
Ranjan L 130  
519 254 3504 ONT  
Rita'69Rekha'74Reena'84  
1804 Randolph St.  
Windsor N9B 2W3

**MOMAYA Kirankumar**  
A 9  
416 340 8011 Toronto  
University of Toronto  
Dept.Civil Engineering  
35 St.George St M5S 1A4

**PANCHAL, A.**  
416 741 4445 ONT  
10 Garfella Dr  
Apt 107  
Rexdale M9V 2E9

**PARAKH, Shantilal**  
Kusum L 152  
905 374 3067 ONT  
Dinesh, Deepa, Rupa  
6980 Coach Drive  
Niagara Falls L2G 2J1

**PARIHAR, Rajiv**  
Swati L 182  
613 721 8042 ONT  
10 Stonepark Lane  
Nepean K2H 9P7

**PARIKH, Vastupal**  
Nalini A 14  
905 453 5073 Ont.  
10 Lisa Street  
# 2302  
Brampton L6T 4N4

**MODI, Pratul**  
Smita  
519 749 0132 ONT  
Shetu '84, Namish '89  
16 Elmsdale Drive  
Kitchner N2E 1H6

**MODY, Nalin**  
Meera L 69  
905 273 4405 ONT  
Nayha '81,Shilpa '84  
2239 Corsair Road  
Mississauga L5B 2L7

**MORCHI, Vasu**  
Bhavna L 248  
905 890 1850 ONT  
Monica '75  
P.O.Box 1433 Station B  
Mississauga L5R 1M1

**NAGDA, Laxmichand**  
Vanita L 167  
905 731 0012 ONT  
Lav '76,Kush '78  
49 Old English Lane  
Thornhill L3T 2V2

**PANSAR, Lalit**  
Ranjan L 70  
416 243 1487 ONT  
Hiten '79, Raj '84  
20 Waterbury Drive  
Etobicoke M9R 3X6

**PAREKH, Amit**  
Dipa A 39  
416 698 9442 ONT  
Nidhi '93  
7 Crescent Place  
# 2720  
Toronto M4C 5L7

**PARIKH, Prakash**  
Darashana L 142  
905 472 6015 ONT  
Dipali  
35 Rowe Court  
Markham L3S 2J6

**PATEL, Bhupendra**  
Jayshree L 233  
416 286 5193 Ont.  
Shital Arpit  
3 Birrel Av.  
Scarborough M1B 5C8

**PATEL, Chhotalal**  
Hansa L 159  
416 494 2909 ONT  
Birju '69, Arju '72  
78 Eagleview Cr.  
Scarborough M1W 3N2

**PATEL, Pravin**  
Chandan L 72  
416 283 3760 ONT  
Ketal, Bhavisha  
27 Parsonage Drive  
Scarborough M1B 4J2

**PATEL, Vinod**  
Shobhana L 74  
905 669 4995 ONT  
281 Badessa Circle  
Thornhill L4J 4L2

**RACH, Ramniklal**  
Manjula  
905 890 9299 Ont.  
5344 Richborough Dr.  
Mississauga L5R 3K1

**RAMBHIYA, Dinesh**  
Shefali  
416 497 3828 ONT  
80 Navaho Dr.  
Willowdale M2M 2X3

**SANGHAVI, Kirit**  
Ila L 196  
915 263 3123 U.S.A  
Amy '79, Sarah '83  
909 Mountain Drive  
Big Spring  
Texas TX79720

**SANGHVI, Rajnikant**  
Bharti L 198  
416 284 6880 ONT  
25 Collingsgrove Rd  
Unit 157  
Scarborough M1E 3S3

**SETHI, Dina**  
Anil A 7  
905 294 7198 ONT  
97 Coppard Avenue  
Markham L3S 2S7

**PATEL, Kantaben**  
416 674 8806 ONT  
57 Briarwood Av.  
Etobicoke M9W 6C9

**PATEL, Raman**  
Kokila L 73  
905 738 8561 ONT  
Jaymin, Rakesh  
18 Bayhill Drive  
Concord L4K 1G9

**PITHADIA, Bhanu**  
416 497 0631 ONT  
Nitin  
1-100 George Henry Blvd  
Willowdale M2J 1E7

**RADFORD, Mikal**  
Kathy L 264  
905 271 2809 ONT.  
36 Ben Machree Drive  
PORT CREDIT L5H 2S3

**RATHOD, Ashok**  
Harsha L 176  
905 886 1042 ONT  
Kartik, Pratik  
7460 Bathurst St  
# 214  
Thornhill L4J 7K9

**SANGHVI, Anil**  
Surekha L 140  
416 535 3932 ONT  
Kinjal '74, Niraj '84  
35 Spencer Avenue  
#502  
Toronto M6K 2K1

**SANGHVI, Bharat**  
Rashmi A 31  
416 497 7260 ONT  
Rajen 84  
47 Palemoon Cr.  
Scarborough M1W 3H4

**SETHI, Suresh**  
Andrea  
416 766 9352 Ont.  
Chantal '90  
80 Quebec Av.  
# 312  
Toronto M6P 4B7

**PATEL, Natubhai**  
Chadrekanta L 246  
905 686 7345 Ont.  
1590 Majoroak Road  
Pickering L1X 2G9

**PATEL, Surendra**  
Varsha  
416 299 9794 Ont,  
139 SilverSpring Blvd.  
Scarborough M1V 1M8

**PROUDFOOT, Michael**  
A 23  
416 249 6359 Ont.  
40 Dixington Cr.  
# 306  
Weston M9P 2K8

**RAMBHIYA, Chandrakant**  
Pretee L 192  
416 497 3828 ONT  
Paras '89  
80 Navaho Drive  
Willowdale M2M 2X3

**SACHDEVA, Krishan**  
Indu  
416 723 3440 ONT  
827 Ferndale St.  
Oshawa L1S 5K5

**SANGHVI, Bharat**  
Rashmi A 31  
416 497 7260 Ont.  
Rajen '84  
47 PaleMoon Cr.  
Scarborough M1W 3H4

**SAVLA, Khushal**  
Ila L 135  
905 828 8804 ONT  
Shaloo '82, Dimple '87  
3086 Barwell Road  
Mississauga L5L 3Z9

**SHAH, Agni**  
Jyotshana L 75  
905 828 6128 ONT  
Bhavisha '71, Mona '75  
Nimesh '82  
4183 Loyalist Drive  
Mississauga L5L 3W3

**SHAH, Ajay**

Rekha L 193  
416 741 1796 ONT  
Aakash  
76 Provence Trail  
Etobicoke M9V 1A4

**SHAH, Amu**

Ranjan L 136  
905 770 5026 ONT  
Amit '70, Meeta '73  
10 Harvey Court  
Richmond Hill L4C 5R2

**SHAH, Ashok**

Mallika L 79  
416 221 5347 ONT  
Hemant, Parag  
28 Carmel Court  
Willowdale M2M 4B4

**SHAH, Ashwin**

Shobhana L 80  
416 740 6965 ONT  
Sunil '85 Vishal '89  
15 Kay Dr.  
Rexdale M9V 4V3

**SHAH, Bharat**

Purnima L 185  
416 756 1550 Ontario  
Amit '74, Gautam  
25 Parkway Forest Dr.  
Apt. 1106  
Willowdale M2J 1L4

**SHAH, Bhiku**

Sudha L 82  
905 472 4977 ONT  
Anish, Rakesh  
7 Lavron Court  
Markham L3S 2R4

**SHAH, Chandrakant, Dr.**

Sudha L 85  
416 785 1651 ONT  
Sunil '69, Rajiv '71  
31 Newgate Road  
Toronto M6B 3G6

**SHAH, Dharendra**

Mayuri L 209  
416 439 9646 Ont.  
960 Markham Rd.  
Apt # 1005  
Scarborough M1H 2Y4

**SHAH, Amit**

Priti L 178  
416 512 0715 Ont.  
83 Pineway Blvd.  
North York M2H 1A7

**SHAH, Anil**

Madhu L 77  
404 717 0280 Georgia  
Manish '71, Neetu '77  
1200 H, Court Drive  
Duluth 30136

**SHAH, Ashok M.**

Niru A 36  
416 699 5152 ONT  
Archana 86  
5 Massey Sq.  
#1016  
Toronto M4C 5L6

**SHAH, Bhadresh**

Dipika L 222  
905 470 8141 ONT  
Bina, Jignesh  
53 Beckwith Crescent  
Markham L3S 1R9

**SHAH, Bharat**

L 249  
416 226 5949 ONT  
5 Tangreen Court  
# 506  
Willowdale M2M 3Z1

**SHAH, Bipin**

Pravina L 166  
416 494 6492 ONT  
Nisha '76, Ami '84, Amit '85  
138 Micmac Cr.  
Willowdale M2H 2K2

**SHAH, Chandu**

Jennifer  
905 274 1060 ONT  
Samantha, Tina  
1288 Hurontario St.  
Mississauga L5G 3H3

**SHAH, Dilip**

Santok A 4  
416 492 1205 ONT.  
10 Bridletown Circle  
Apt. 606  
Scarborough M1W 2M4

**SHAH, Amrat**

Pushpa L 76  
416 291 8242 ONT  
Sudha, Rakesh  
97 Horseley Dr.  
Scarborough M1B 1W4

**SHAH, Arvind**

Meena L 78  
416 282 3113 ONT  
Mona '71, Sanjay '77  
88 Quantrell Trail  
Scarborough M1B 1L8

**SHAH, Ashok Dr.**

Jayshree L 205  
705 324 7877 ONT  
Sangeeta '69, Akash '74  
26 Walker St.  
Lindsay K9V 6C2

**SHAH, Bhaichandbhai**

Manglaben L 81  
416 447 7710 ONT  
1264 York Mills Rd. #301  
Don Mills M3A 1Y9

**SHAH, Bharat, Dr.**

Sheila L 84  
905 881 4400 ONT  
Rima '86  
Neepa '87  
43 Emmanuel Dr  
Richmond Hill L4B 2B3

**SHAH, Chandrakant**

Ranjula L 183  
416 391 0079 ONT  
Aadarsh '76, Shreya '77  
9 Winchfield Place  
Donmills M3B 1L4

**SHAH, Dhiraj, Dr.**

Pratima L 83  
716 773 1314 U.S.A.  
135 Morningside Dr.  
Grand Island NY14072

**SHAH, Dina**

204 269 6890 Manitoba  
208 Lake Village Rd.  
Winnipeg R3T 4M8

**SHAH, Girish**  
Rajul  
905 276 2272 ONT  
Nirav'81 Samir'83 Priti'85  
60 Hanson Road  
#33  
Mississauga L5B 2P6

**SHAH, Hasmukh**  
Hansa L 177  
905 824 4734 ONT  
Neal '78, Meha '83  
7258 WindRush Court  
Mississauga L5N 6K2

**SHAH, Hitesh**  
416 245 0377 ONT  
101 Redgrove Drive  
Weston M9R 3V2

**SHAH, Jashvant**  
Prafulla L 89  
416 463 5582 ONT  
Hitesh '67, Dipesh '69  
901 Greenwood Avenue  
Toronto M4J 4B9

**SHAH, Jayant M.**  
L 90  
416 491 4899 ONT  
Nishita '79, Jaime  
7 Mogul Drive  
Willoowdale M2H 2H4

**SHAH, Kamal.**  
Sonal L 208  
416 449 6680 ONT  
Urvi'85, Jay '88  
2 Stonedale Placeway  
North York M3B 1W3

**SHAH, Kirti.**  
Bharti A 2  
905 770 5026 ONT  
10, Harvey Court  
Richmond Hill L4C 5R2

**SHAH, Lalit**  
Madhu L 201  
21 Saumya Apts.  
Ahemadabad  
Gujarat, INDIA 380014

**SHAH, Harish**  
Mina  
905 405 0741 ONT.  
3533 Derry Road  
Unit 403  
Mississauga L4T 1B1

**SHAH, Hasmukh**  
Meena L 86  
905 275 6152 ONT  
Priya'76, Ajay'77, Dilip  
4210 Renoak Court  
Mississauga L5C 4K2

**SHAH, J.D.**  
Ranjan L 88  
905 886 7960 ONT  
Hema'70, Pina'77 Anand'84  
4 Trinity Crescent  
Richmond Hill L4B 2S4

**SHAH, Jasud**  
SL-2  
905 828 6128 ONT.  
4183 Loyalist Dr.  
Mississauga L5L 3W3

**SHAH, Jayendra**  
Sudha A 45  
416 292 2550 ONT.  
Ashish '71 Purvi'75  
90 Bethany Leigh Drive  
Scarborough M1V 2N7

**SHAH, Kirit**  
Mayuri L 92  
905 471 5756 ONT  
Sonali '83, Sangeeta '85  
41 Grove Road  
Markham L3P 4M2

**SHAH, Kishore**  
Rekha  
519 623 2488 Ont.  
67 Avenue Road  
Apt. 209  
Cambridge(GALT)N1R 1Z9

**SHAH, Liladhar**  
L 94  
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Nalini  
905 770 5966 ONT.  
Sona'71, Paras'73 Roopa'76  
337 Fern Avenue  
Richmond Hill L4C 8P6

**SHAH, Hasmukhlal**  
Ranjan L 87  
905 438 0664 ONT  
Manisha, Dina, Bhavana  
Sandeep,  
129 Miles Farm Rd.  
Markham L3S 1Z9

**SHAH, Janak**  
Hema  
613 825 5406 ONT  
Neel '85  
7 Mancil Drive  
Nepean K2J 2K5

**SHAH, Jayant**  
Sushila L 91  
905 858 0440 ONT  
Smita '67, Sheila '70  
Beena '80  
1696 Carrington Rd  
Mississauga L5M 2K2

**SHAH, Kamal**  
Reshma L 195  
416 746 4297 ONT  
3390 Weston Road  
# 1206  
Weston M9M 2X3

**SHAH, Kirti**  
Devindra L 93  
519 884 0324 ONT  
Swati '62, Surabhi '67  
Nikhil  
449 Winchester Dr.  
Waterloo N2T 1H6

**SHAH, Kuntaben**  
416 746 3739 ONT  
2314 Islington Ave  
Apt 313  
Rexdale M9W 5W9

**SHAH, Maganlal**  
Manvanti A 29  
416 398 5740 ONT  
Narendra '53, Veena '59  
Bina '59  
44 Alexis Blvd.  
Downsview M3H 2P4

**SHAH, Mahendra**

Malti L 95  
 905 827 9083 ONT  
 Mayur, Nilesh  
 140 West St.  
 Oakville L6L 5Y4

**SHAH, Manoj**

Vijya A  
 416 499 3822 Ont.  
 23 River Grove Dr.  
 Scarborough M1W 3T8

**SHAH, Minesh**

Ila L 169  
 905 477 5285 ONT  
 Ravin '79, Minila '81  
 21 Stirling Cres.  
 Unionville L3R 7K5

**SHAH, Muktilal P.**

L 189  
 905 823 6550 ONT  
 1271 Walden Circle  
 Apt # 1201  
 Mississauga L5J 4R4

**SHAH, Narendra**

Lata L 96  
 416 745 2848 ONT  
 Robin '80, Sejal '87  
 10 Bordeaux Circuit  
 Rexdale M9K 4Z1

**SHAH, Nilesh**

Jayshri L 214  
 905 839 5089 Ont.  
 Shivani '90  
 1188 Canborough Cr.  
 Pickering L1V 3K9

**SHAH, Paresh**

Dina  
 905 502 8483 ONT.  
 197 McNicoll Avenue  
 Willowdale M2H 2C2

**SHAH, Praful**

Manorama L 98  
 905 890 4834 ONT  
 Bharat '66, Parag '73  
 415 Everton Drive  
 Mississauga L5R 1W2

**SHAH, Mahendra**

Pragna L 143  
 416 391 0865 ONT  
 Suha '80, Neeral '84  
 56 Crimson Millway  
 Willowdale M2L 1T6

**SHAH, Manu**

Hasmita L 145  
 416 241 0673 USA  
 Mayur '76, Kavita '80  
 300 Cambia Drive  
 Schaumburg IL60193

**SHAH, Minesh**

Anisha  
 416 223 9289 ONT  
 30 Greenfield Av.  
 # 1901  
 Willowdale M2N 3C8

**SHAH, Narendra**

Falguni L 165  
 905 669 4751 ONT  
 Palak '92 Ishani '94  
 97 Mabley Crescent  
 Thornhill L4J 2Z7

**SHAH, Naresh**

Nalini L 175  
 416 491 2217 ONT  
 Parul '79, Shreyan '85  
 73 Clydesdale Dr.  
 Willowdale M2J 3N3

**SHAH, Nimesh**

416 740 0398 Ont.  
 2940 Jane Street  
 # 303  
 Downsview M3N 2V4

**SHAH, Parimal**

Ragini L 160  
 905 472 2060 ONT  
 Jay, Ronak  
 15 William Honey Cr.  
 Markham L3S 2K3

**SHAH, Praful**

Asha L 99  
 416 626 2124 Ontario  
 Meeta  
 64 Millsborough Cr.  
 Etobicoke M9C 5E8

**SHAH, Mahesh**

Sangita L 261  
 905 660 9578 ONT  
 Kejal '89 Nikita '92  
 144 Spyglass Hill Rd.  
 Concord L4K 2K7

**SHAH, Milan**

Smita L 170  
 905 886 8446 ONT  
 20 Maryvale Cr.  
 Richmond Hill L4C 6P8

**SHAH, Mukesh**

416 751 8229 ONT  
 2225 Eglinton Av.  
 APT 600  
 Scarborough M1K 2M7

**SHAH, Narendra**

Radha L 97  
 905 886 1107 ONT  
 Deepa, Shasha  
 98 Donnamora Cr.  
 Thornhill L3T 4K7

**SHAH, Nayna**

L 234  
 Nidhi '76, Niyati '81  
 Moved to USA  
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**SHAH, Nitin.**

Chandanbala L 237  
 905 294 8383 ONT.  
 Ambrish '86, Chand '92  
 33 Meyer Circle  
 Markham L3P 4C3

**SHAH, Pradip**

Nalini L 252  
 905 477 9289 ONT  
 Raj '85  
 36 Hainsworth Court  
 Markham L3S 1T6

**SHAH, Pravin**

Prafulla L 100  
 416 747 5012 Ont  
 Piyush '63, Paresh '68  
 260 John Garland Blvd.  
 Unit 240  
 Rexdale M9V 1N8

**SHAH, Pravin**  
Sandra  
416 535 4383 ONT  
Priya  
18 Wright Av.  
Toronto M6R 1K8

**SHAH, Premal**  
A 22  
426 291 2868 ONT  
4091 Sheppard Ave.East  
# 1607  
Scarborough M1S 3H2

**SHAH, Raju**  
Rakha L 172  
416 756 2807 ONT  
Amisa '88  
65 Forest Manor Rd  
# 101  
Willowdale M2J 1M5

**SHAH, Ravi**  
905 881 9390 ONT.  
41 Laureleaf Rd.  
Thornhill L3T 2X6

**SHAH, Sanjay**  
Asmita A 35  
416 467 4920 ONT  
Kushal '80  
5 Vicora Linkway  
Apt.410  
Don Mills M3C 1A4

**SHAH, Shakuntala**  
A 44  
416 740 0398 ONT  
Nimesh  
2940 Jane St  
#303  
Downsview M3N 2V4

**SHAH, Shashikant**  
Jayvanti L 107  
416 495 9270 ONT  
Mihir '75  
615 Seneca Hill Drive  
North York M2J 2W6

**SHAH, Suketu**  
Sona L 240  
416 601 1166 ONT  
c/o Paras Gem Corp.  
55 Queen St.East #1009A  
Toronto M5C 1R5

**SHAH, Pravin, Dr.**  
Jyoti L 101  
519 641 6665 ONT  
Amit '69, Chirag '67  
118 FranklinWay R.R.1  
Hyde Park N0M 1Z0

**SHAH, Raj**  
Meena L 103  
416 837 0063 ONT  
Amit '82, Sejal '86  
930 Duncannon Drive  
Pickering L1X 2P3

**SHAH, Ramesh**  
Kishori L 104  
416 281 5668 ONT  
Ketan '80, Ankit '82  
46 Scotney Grove  
Scarborough M1B 2S4

**SHAH, Rohit**  
Rupal L 199  
416 293 4462 ONT  
20 Carabob Court  
#806  
Scarborough M1T 3M1

**SHAH, Saurabh**  
Bindu L 227  
416 754 4807 ONT.  
Pranav '90  
1950 Kennedy Road  
Apt # 1003  
Scarborough M1P 4S9

**SHAH, Shantichandra**  
Jashvanti L 105  
905 881 9390 ONT  
Natasha, BANasha,  
Ravindra  
41 Lauraleaf Road  
Thornhill L3T 2X6

**SHAH, Shirish**  
Bhavna A 15  
905 803 8597 Ont  
1001 Cedaerglen Gate  
Mississauga L5C 4R2

**SHAH, Sunil**  
Darshna L 108  
416 299 9657 ONT  
237 Mammoth Hall Trail  
Scarborough M1B 1S9

**SHAH, Pravinchandra**  
Jashoda L 102  
613 584 4469 ONT  
Nina, Sunil  
P.O. Box 2033  
65 Rurherford St.  
Deep River K0J 1P0

**SHAH, Rajendra**  
Sadhna L 254  
905 479 4212 ONT  
Payal '87, Parth '90  
55 Kenley Cr  
Markham L3R 6X9

**SHAH, Ramesh**  
Maya  
416 444 5043 ONT  
Apurv, Seema  
424 The Heights Dr.  
Don Mills M3C 1Y3

**SHAH, Sandeep**  
Poonam Jain A 32  
905 883 8677 Ont.  
Sapna 92  
60 Coulmbia Way  
Suite 400  
Markham L3R 0C9

**SHAH, Shailesh**  
Heena L 212  
416 282 1457 ONT  
Mihir '83  
7 Quantrell Trail  
Scarborough M1B 1L7

**SHAH, Shashi**  
Sarla L 106  
905 470 2639 ONT  
Sujay, Ajay  
10 Edgecomb Drive  
Markham L3S 2W6

**SHAH, Subhash**  
Bhanu L 197  
416 492 0957 Ont,  
45 Huntingdale Blvd.  
# 1607  
Scarborough M1W2N8

**SHAH, Suresh, Dr.**  
L 108  
716 434 1554 USA  
7128 Ridgewood Dr  
Lockport, NY 14094

**SHAH, Sutinkumar**  
Angie  
416 429 7986 ONT  
Angie '90  
5 Shady Golfway  
Apt 107  
Don Mills M3C 3A5

**SHAH, Vijay**  
Urmila L 109  
905 826 1226 ONT  
Jagesh '73, Nisha '81  
6272 Donway Dr.  
Mississauga L5V 1H9

**SHAH, Vinod, Dr.**  
Sunita  
905 732 1234 Ont.  
Anit'76, Meetul'88  
Hasit '69  
23 West Main Street  
Welland L3C 4Z8

**SHANGHAVI, Jitu**  
Jayshree L 112  
905 475 5463 ONT  
Gina  
7 Kimbark Cr  
Markham L3R 8P7

**SHANGHAVI, Pradip**  
Prafula L 115  
905 294 4312 Ont  
Amit, Nisha  
32 MaryPearson Drive  
Markham L3S 2Y8

**SHETH, Anil .**  
Darshana  
519 823 2152 ONT  
29 Echo Drive  
Guelph N1G 1H1

**SHETH, Gautam**  
A 11  
905 277 8702 ONT  
3315 Acla Cr.  
Mississauga L5A 3E4

**SHETH, Manoj**  
Dharmista A 42  
905 453 7078 ONT  
43 Millstone Dr.  
Brampton L6Y 4P6

**SHAH, Upendra**  
Rekha L 137  
905 819 1753 ONT  
Niket, Neil  
1086 Bradbury Chase  
Mississauga L5V 1B8

**SHAH, Vijay**  
Vasanti L 174  
416 291 2868 ONT  
Premal '70, Parag '74  
4091 Sheppard Av. E.  
#1607  
Scarborough M1S 3H2

**SHAH, Yogesh**  
Kailas L 110  
905 291 7541 ONT  
Reena '80  
119 Dunmail Dr.  
Scarborough M1V 1V8

**SHANGHAVI, Mahesh**  
Aarti L 113  
905 569 6858 ONT  
Puja '85, Raj '87  
3430 Loyalist Drive  
Mississauga L5L 4X9

**SHANGHAVI, Pramod**  
Rajeshwari L 190  
905 472 0159 ONT  
Priya '81, Punit '86  
127 Irenmount Crescent  
Markham L3S 3C2

**SHETH, Bhupendra**  
Bhupendra L 116  
416 504 0849 ONT  
Chandani '84  
798 Richmond St. West  
# 320  
Toronto M6J 3P3

**SHETH, Khimji.**  
Maniben  
905 453 7078 Ont.  
43 Millstone Dr.  
Brampton L6Y 4P6

**SHETH, Mukesh**  
Kalpana L 179  
905 430 3578 Ont.  
Amar 86  
62 Long Drive  
Whitby L1N 8E3

**SHAH, Vasantkumar**  
Vasanti L 221  
905 896 1693 ONT.  
Bindi '76, Sameet '79  
61 Elm Drive West  
Mississauga L5B 1M1

**SHAH, Vinod**  
Damini L 180  
905 738 1943 ONT  
198 Bob-O-Link Av.  
Concord L4K 1H2

**SHAH, Yogesh**  
Rita L 111  
416 737 6092 ONT  
Sonal '74, Monika '80  
35 Northgate, Crescent  
Richmond Hill L4B 2K8

**SHANGHAVI, Mukesh**  
Harsha L 114  
905/471 8295 ONT  
19 Rowe Court  
Markham M4C 5L5

**SHANGHVI, Prakash**  
Pallavi A 37  
416 286 0491 ONT  
Anjali '80, Akash '83  
24 Rainbow Ridge Av.  
Scarborough M1B 2H8

**SHETH, Dhiren**  
Nita A 28  
905 568 0402 ONT  
Jesal '78  
5133 Guildwood Way  
Mississauga L5R 2S7

**SHETH, Manhar**  
Sunita L 117  
905 828 9879 ONT  
Raj'69, Sameer'71, Mona'75  
5149 Frybrook Court  
Mississauga L4M 5A8

**SHETH, Narendra**  
Kalpana L 118  
905 847 8370 ONT  
Tej '73, Tarang '73  
2075 Black Smith Lane  
Oakville L6M 3A3



**SHETH, Raj. M.**

Rashmi L 211  
 905 828 9879 Ont.  
 5149 Frybrook Court  
 Mississauga L4M 5A8

**SHETH, Rohit**

Jyotsna A 10  
 905 277 8702 ONT  
 Gautam, Amar  
 3315 Acala Cr.  
 Mississauga L5A 3E4 Maple

**SINGHAL, Dharam Prakash**

Vijay  
 905 336 2269 ONT  
 1273 Abbey Court  
 Burlington L7P 3R4

**TALSANIA, Sudhir**

Nayna L 235  
 905 737 2281 ONT.  
 Milon'76, Tanvi'81  
 29 Hillhurst Dr.  
 Richmond Hill L4B 2V3

**UPENIEKS, Irena**

416 481 5550 Ont,  
 261 Jedbergh Rd.  
 Toronto M5M 3M3

**VARIA, Ramesh**

Anupama L 122  
 905 455 7803 ONT  
 Amita, Ajay '79  
 71 Canarvan Court  
 Brampton L6Y 4N1

**VORA, Adesh**

L 259  
 905 833 2809 ONT  
 51, Dermis Drive  
 King City L0G 1K0

**VORA, Bhushan**

Rohita A 8  
 905 731 9855 ONT  
 7 Red Oak Drive  
 Richmond Hill  
 L4B 1T7

**SHETH, Rajesh**

Kalpna A 41  
 905 453 7078 ONT  
 43 Millstone Dr  
 Brampton L6Y 4P6

**SHETH, Vasant**

Sadhana L 119  
 905 832 3335 ONT  
 Vince, Ricky  
 128 Avro Road  
 L6A 1Y2

**SUTARIA, Nirmal**

A S2  
 ONT  
 100 Burrows Hall Blvd  
 Unit 67  
 Scarborough M1B 1N7

**TOLIA, Atul, Dr.**

Nila L 120  
 905 278 1743 Ontario  
 Maulee, Chaula, Nehal  
 1000 Fleet Street  
 Mississauga L5H4C6

**VARIA - KISSOON Amita**

Dave L 194  
 905 456 0805 ONT  
 1 Dutch Crescent  
 Brampton L6Y 3W1

**VASSA, Shashikant**

Sushila L 123  
 905 470 2863 ONT  
 Saloni '72, Sameer '73  
 17 Finchley Circle  
 Markham L3R 8S5

**VORA, Anil**

Smita L 124  
 905 833 2809 ONT  
 Adesh '75, Mital '80  
 51 Dennis Drive  
 Kingcity L0G 1K0

**VORA, Jitendra**

Deepa L 217  
 416 751 7904 Ont,  
 1540 Victoria Park Av  
 Apt No 510  
 North York M1L 4S1

**SHETH, Ramesh**

Rupa L 200  
 416 291 9784 ONT  
 Sima '74, Shyam, Sajay  
 47 Delburne Drive  
 Scarborough M1V 1A8

**SHETH, Yatin**

Neeta A 34  
 416 299 7293 ONT  
 Jessica  
 1180 Sandhurst Circle  
 #17  
 Scarborough M1V 1T8

**SWAMI, Shankuntala**

416 293 2132 ONT  
 Nayan '69, Deepa '71  
 74 Kerbar Rd.  
 Scarborough M1V 1G3

**UDANI, Hemant**

A 12  
 705 324 0038 Ont.  
 279 William St. N  
 Apt. # 1  
 Lindsay K9V 5X7

**VARIA, Harish**

Vishaka L 121  
 905 793 9567 ONT  
 Monali '75, Meghal'79  
 36 Pleasant Valley Pl.  
 Brampton L6S 5S2

**VERMA, Narinder**

905 890 8641 Ont.  
 5164 Fairwind Dr.  
 Mississauga L5R 2N3

**VORA, Ashwin**

Kishori L 181  
 416 283 8846 ONT  
 Jaina '77, Mehul '80  
 43 Whiteway Court  
 Scarborough M1B 5I9

**VORA, Mahendra**

Kala L 12  
 905 475 1873 ONT  
 Priti'69, Trupty'74  
 Monali '77  
 100 Longmeadow Cr.  
 Markham L3R 3J5

VORA, Rajesh  
Rina A 5  
416 299 9082 ONT  
Monik  
1180 Sandhurst Circle  
#6  
Scarborough M1V 1T8

SHETH, Rashmi  
Vasu  
905 886 7874  
Soniya 74  
18 Glenhurst Road  
Richmond Hill L4B 2C8

**DIWALI  
GREETINGS  
AND  
PROSPEROUS  
NEW YEAR**

**SACHINDRA & USHA JAIN  
& FAMILY**

**Happy Diwali  
and Prosperous  
New Year**

**RAJENDRA & LALITA  
DOSHI & FAMILY**

**Best  
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From**

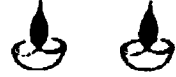
**PARIKH VASTUPAL, NALINI  
& FAMILY**

**DEEPAWALI  
GREETINGS**

**From**

**GIRISH, HANSA  
RAKESH, SHILPA & NILESH  
KOTHARI**

**The Ajmera Family Wishes the Jain Society and  
Community a Happy and Healthy Diwali and a  
Happy New Year!**



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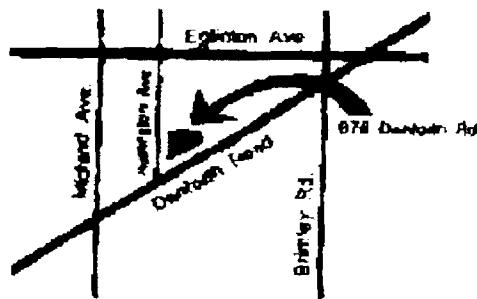
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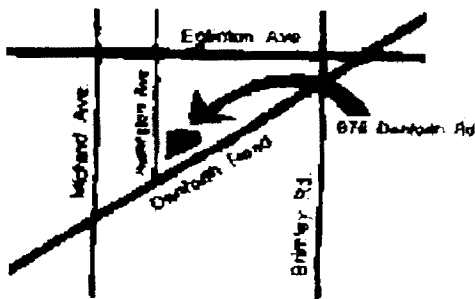
**878 Danforth Road  
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Sun. 10:00 - 3:00 p.m.

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**Dr. Jaswant & Puspa Jain and  
Family**

**Rochester, N.Y.**

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&  
PROSPEROUS NEW YEAR**

***With Best Compliments From***

**Dr. Jagat & Manjula Jain  
and Family**

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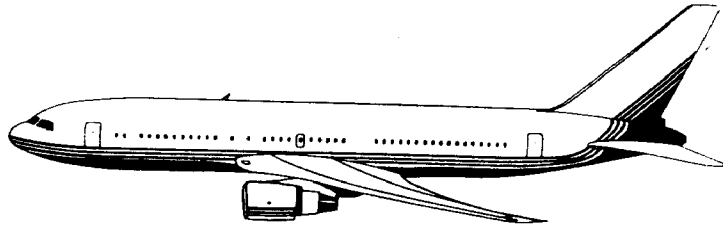
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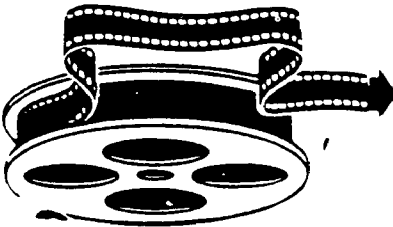
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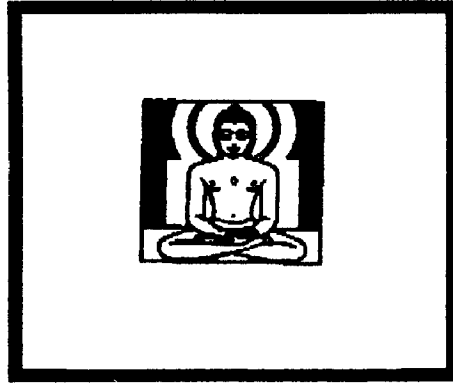
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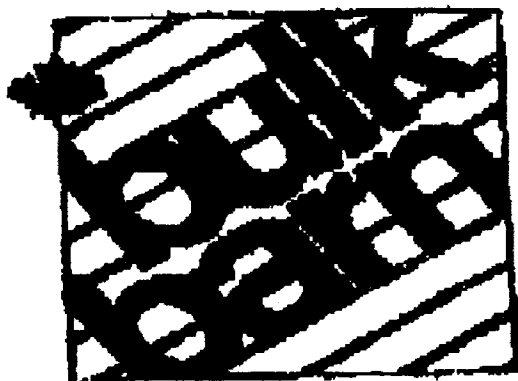
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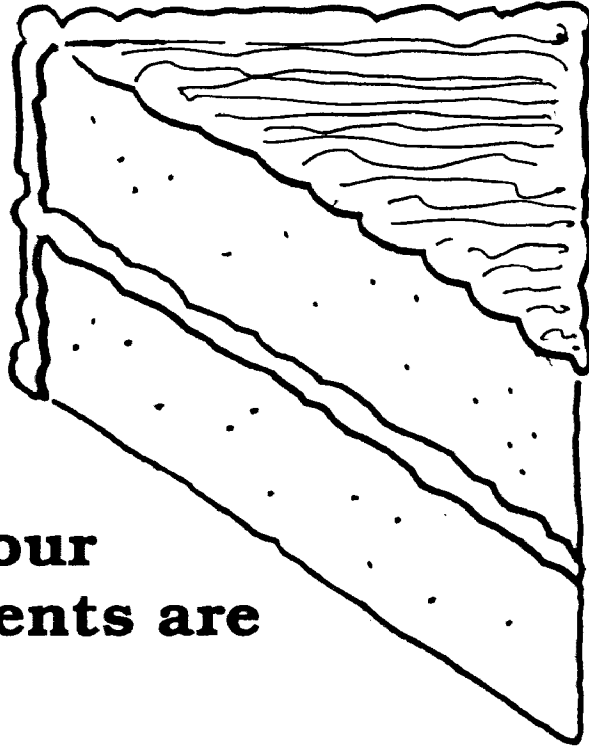
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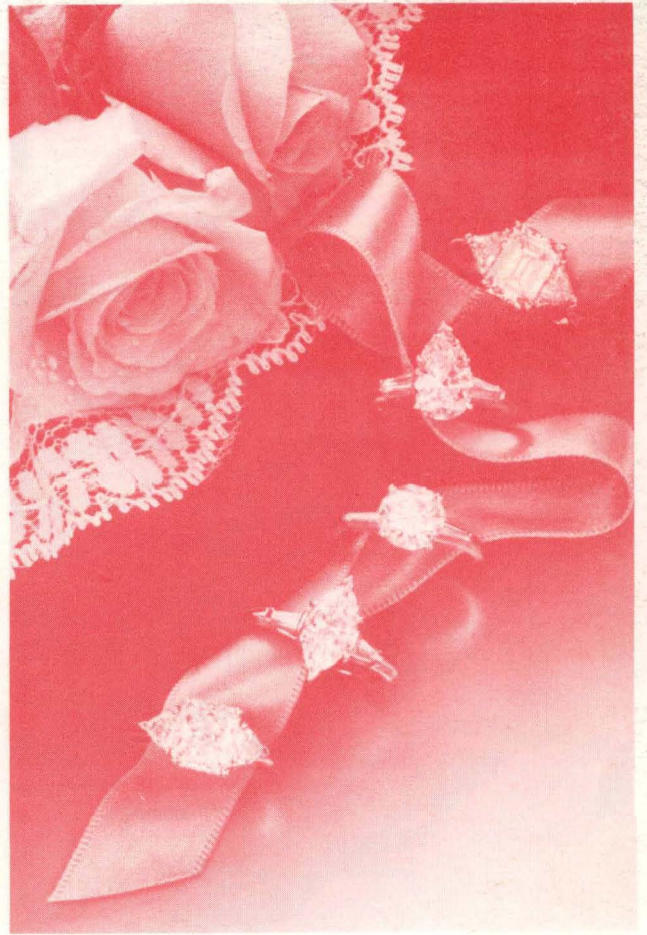
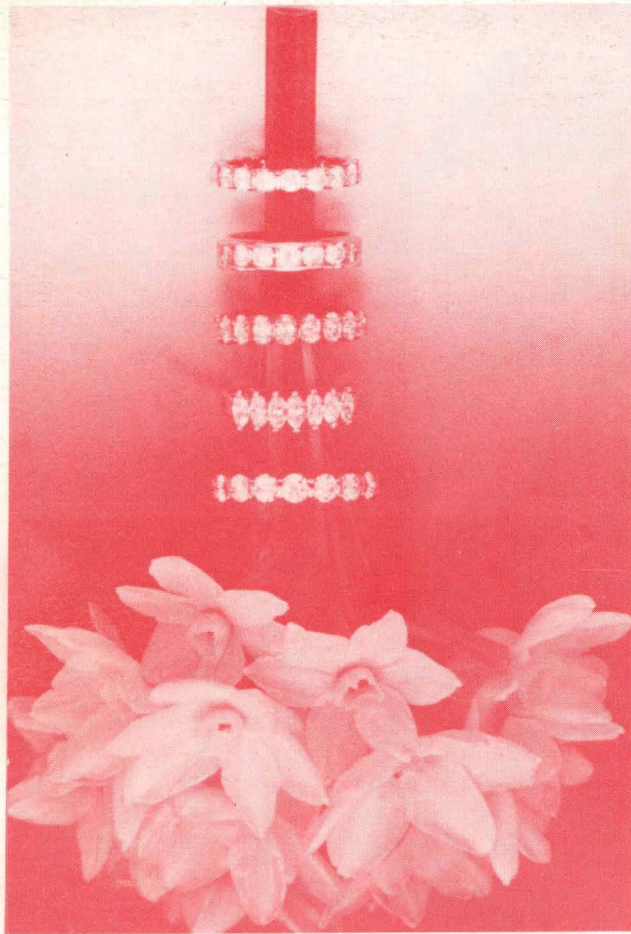
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