

बेंगलोर : जनवरी

ता.	सूर्यो- दय	सूर्यास्त	नव- कारसी	पोरसी	साङ्ढ- पोरसी	पुरी- मङ्ढ	अवङ्ढ	सुबह की			शाम की		
	घं-मि	घं-मि	घं-मि	घं-मि	घं-मि	घं-मि	घं-मि	दोघडी	चारघडी	छःघडी	दोघडी	चारघडी	छःघडी
01	6:41	18:04	7:29	9:32	10:57	12:22	15:13	7:29	8:17	9:05	17:16	16:28	15:40
02	6:42	18:04	7:30	9:32	10:58	12:23	15:14	7:30	8:18	9:06	17:16	16:28	15:40
03	6:42	18:05	7:30	9:33	10:58	12:23	15:14	7:30	8:18	9:06	17:17	16:29	15:41
04	6:42	18:05	7:30	9:33	10:58	12:24	15:15	7:30	8:18	9:06	17:17	16:29	15:41
05	6:43	18:06	7:31	9:33	10:59	12:24	15:15	7:31	8:19	9:07	17:18	16:30	15:42
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09	6:44	18:08	7:32	9:35	11:00	12:26	15:17	7:32	8:20	9:08	17:20	16:32	15:44
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31	6:46	18:19	7:34	9:39	11:06	12:33	15:26	7:34	8:22	9:10	17:31	16:43	15:55

भूखे को भोजन की तरह योग्य को ही उपदेश देना सार्थक है.

फरवरी : बेंगलोर

ता.	सूर्यो- दय	सूर्यास्त	नव- कारसी	पोरसी	साङ्ढ- पोरसी	पुरी- मङ्ग	अवङ्ग	सुबह की			शाम की		
	घं-मि	घं-मि	घं-मि	घं-मि	घं-मि	घं-मि	घं-मि	दोघडी	चारघडी	छःघडी	दोघडी	चारघडी	छःघडी
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05	6:45	18:21	7:33	9:39	11:06	12:33	15:27	7:33	8:21	9:09	17:33	16:45	15:57
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29	6:35	18:28	7:23	9:34	11:03	12:32	15:30	7:23	8:11	8:59	17:40	16:52	16:04

मरने के लिए कोई उम्र छोटी नहीं होती और पढ़ने के लिए कोई उम्र बड़ी नहीं होती.

बेंगलोर : मार्च

ता.	सूर्यो- दय	सूर्यास्त	नव- कारसी	पोरसी	साङ्ग- पोरसी	पुरी- मङ्ग	अवङ्ग	सुबह की			शाम की		
	घं-मि	घं-मि	घं-मि	घं-मि	घं-मि	घं-मि	घं-मि	दोघडी	चारघडी	छःघडी	दोघडी	चारघडी	छःघडी
01	6:35	18:28	7:23	9:33	11:02	12:31	15:30	7:23	8:11	8:59	17:40	16:52	16:04
02	6:34	18:28	7:22	9:33	11:02	12:31	15:30	7:22	8:10	8:58	17:40	16:52	16:04
03	6:34	18:28	7:22	9:32	11:02	12:31	15:30	7:22	8:10	8:58	17:40	16:52	16:04
04	6:33	18:28	7:21	9:32	11:01	12:31	15:30	7:21	8:09	8:57	17:40	16:52	16:04
05	6:33	18:29	7:21	9:32	11:01	12:31	15:30	7:21	8:09	8:57	17:41	16:53	16:05
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08	6:31	18:29	7:19	9:30	11:00	12:30	15:29	7:19	8:07	8:55	17:41	16:53	16:05
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16	6:26	18:30	7:14	9:27	10:57	12:28	15:29	7:14	8:02	8:50	17:42	16:54	16:06
17	6:25	18:30	7:13	9:26	10:57	12:27	15:29	7:13	8:01	8:49	17:42	16:54	16:06
18	6:24	18:30	7:12	9:26	10:56	12:27	15:29	7:12	8:00	8:48	17:42	16:54	16:06
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21	6:22	18:30	7:10	9:24	10:55	12:26	15:28	7:10	7:58	8:46	17:42	16:54	16:06
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23	6:21	18:30	7:09	9:23	10:55	12:26	15:28	7:09	7:57	8:45	17:42	16:54	16:06
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25	6:20	18:30	7:08	9:22	10:54	12:25	15:28	7:08	7:56	8:44	17:42	16:54	16:06
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31	6:16	18:31	7:04	9:20	10:51	12:23	15:27	7:04	7:52	8:40	17:43	16:55	16:07

जो समय पर अटकना जानता है उसे आपत्ति नहीं आती.

अप्रैल : बेंगलोर

ता.	सूर्यो- दय	सूर्यास्त	नव- कारसी	पोरसी	साङ्ढ- पोरसी	पुरी- मङ्ग	अवङ्ग	सुबह की			शाम की		
	घं-मि	घं-मि	घं-मि	घं-मि	घं-मि	घं-मि	घं-मि	दोघडी	चारघडी	छःघडी	दोघडी	चारघडी	छःघडी
01	6:15	18:31	7:03	9:19	10:51	12:23	15:27	7:03	7:51	8:39	17:43	16:55	16:07
02	6:15	18:31	7:03	9:19	10:51	12:23	15:27	7:03	7:51	8:39	17:43	16:55	16:07
03	6:14	18:31	7:02	9:18	10:50	12:22	15:27	7:02	7:50	8:38	17:43	16:55	16:07
04	6:13	18:31	7:01	9:18	10:50	12:22	15:27	7:01	7:49	8:37	17:43	16:55	16:07
05	6:13	18:31	7:01	9:17	10:49	12:22	15:26	7:01	7:49	8:37	17:43	16:55	16:07
06	6:12	18:31	7:00	9:17	10:49	12:22	15:26	7:00	7:48	8:36	17:43	16:55	16:07
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22	6:03	18:33	6:51	9:10	10:44	12:18	15:25	6:51	7:39	8:27	17:45	16:57	16:09
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24	6:02	18:33	6:50	9:09	10:43	12:17	15:25	6:50	7:38	8:26	17:45	16:57	16:09
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30	5:59	18:34	6:47	9:08	10:42	12:16	15:25	6:47	7:35	8:23	17:46	16:58	16:10

सुकुत करने के बाद कभी उसकी निंदा मत करो.

बेंगलोर : मई

ता.	सूर्यो- दय	सूर्यास्त	नव- कारसी	पोरसी	साङ्ढ- पोरसी	पुरी- मङ्ग	अवङ्ग	सुबह की			शाम की		
	घं-मि	घं-मि	घं-मि	घं-मि	घं-मि	घं-मि	घं-मि	दोघडी	चारघडी	छःघडी	दोघडी	चारघडी	छःघडी
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03	5:57	18:35	6:45	9:07	10:41	12:16	15:25	6:45	7:33	8:21	17:47	16:59	16:11
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31	5:52	18:42	6:40	9:04	10:41	12:17	15:29	6:40	7:28	8:16	17:54	17:06	16:18

पाप करते के बाद कभी उसकी प्रशंसा मत करो.

जुन : बेंगलोर

ता.	सूर्यो- दय	सूर्यास्त	नव- कारसी	पोरसी	साङ्ढ- पोरसी	पुरी- मङ्ग	अवङ्ग	सुबह की			शाम की		
	घं-मि	घं-मि	घं-मि	घं-मि	घं-मि	घं-मि	घं-मि	दोघडी	चारघडी	छःघडी	दोघडी	चारघडी	छःघडी
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02	5:52	18:43	6:40	9:05	10:41	12:17	15:30	6:40	7:28	8:16	17:55	17:07	16:19
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30	5:57	18:49	6:45	9:10	10:46	12:23	15:36	6:45	7:33	8:21	18:01	17:13	16:25

अहंकार दुर्गुणों का पिता है, नम्रता सद्गुणों की माता है.

बेंगलोर : जुलाई

ता.	सूर्यो- दय	सूर्यास्त	नव- कारसी	पोरसी	साङ्ग- पोरसी	पुरी- मङ्ग	अवङ्ग	सुबह की			शाम की		
	घं-मि	घं-मि	घं-मि	घं-मि	घं-मि	घं-मि	घं-मि	दोघडी	चारघडी	छःघडी	दोघडी	चारघडी	छःघडी
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02	5:57	18:49	6:45	9:10	10:47	12:23	15:36	6:45	7:33	8:21	18:01	17:13	16:25
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31	6:05	18:47	6:53	9:15	10:50	12:26	15:36	6:53	7:41	8:29	17:59	17:11	16:23

अपेक्षा जितनी ज्यादा, अशांति उतनी ज्यादा.

अगस्त : बेंगलोर

ता.	सूर्यो- दय	सूर्यास्त	नव- कारसी	पोरसी	साङ्ग- पोरसी	पुरी- मङ्ग	अवङ्ग	सुबह की			शाम की		
	घं-मि	घं-मि	घं-मि	घं-मि	घं-मि	घं-मि	घं-मि	दोघडी	चारघडी	छःघडी	दोघडी	चारघडी	छःघडी
01	6:05	18:46	6:53	9:15	10:50	12:25	15:36	6:53	7:41	8:29	17:58	17:10	16:22
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किसी सच्चे संत को मित्र बनाओ जो हमेशा तुम्हारा हित करे.



बेंगलोर : सीतम्बर

ता.	सूर्यो- दय	सूर्यास्त	नव- कारसी	पोरसी	साङ्ढ- पोरसी	पुरी- मङ्ग	अवङ्ग	सुबह की			शाम की		
	घं-मि	घं-मि	घं-मि	घं-मि	घं-मि	घं-मि	घं-मि	दोघडी	चारघडी	छःघडी	दोघडी	चारघडी	छःघडी
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08	6:08	18:25	6:56	9:13	10:45	12:17	15:21	6:56	7:44	8:32	17:37	16:49	16:01
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30	6:08	18:10	6:56	9:09	10:39	12:09	15:09	6:56	7:44	8:32	17:22	16:34	15:46

आलस अमावस्या है, पुरुषार्थ पूर्णिमा है.

अक्तुम्बर : बेंगलोर

ता.	सूर्यो- दय	सूर्यास्त	नव- कारसी	पोरसी	साङ्ढ- पोरसी	पुरी- मङ्ढ	अवङ्ढ	सुबह की			शाम की		
	घं-मि	घं-मि	घं-मि	घं-मि	घं-मि	घं-मि	घं-मि	दोघडी	चारघडी	छःघडी	दोघडी	चारघडी	छःघडी
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मलाई बिन दूध निकम्मा, भलाई बिन जीवन निकम्मा.

बेंगलोर : नवम्बर

ता.	सूर्यो- दय	सूर्यास्त	नव- कारसी	पोरसी	साङ्ढ- पोरसी	पुरी- मङ्ग	अवङ्ग	सुबह की			शाम की		
	घं-मि	घं-मि	घं-मि	घं-मि	घं-मि	घं-मि	घं-मि	दोघडी	चारघडी	छःघडी	दोघडी	चारघडी	छःघडी
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30	6:25	17:51	7:13	9:17	10:42	12:08	14:59	7:13	8:01	8:49	17:03	16:15	15:27

टी.वी. जीवन को खराब करने की मशीन है.

दिसम्बर : बेंगलोर

ता.	सूर्यो- दय	सूर्यास्त	नव- कारसी	पोरसी	साङ्ढ- पोरसी	पुरी- मङ्ग	अवङ्ग	सुबह की			शाम की		
	घं-मि	घं-मि	घं-मि	घं-मि	घं-मि	घं-मि	घं-मि	दोघडी	चारघडी	छःघडी	दोघडी	चारघडी	छःघडी
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09	6:30	17:53	7:18	9:21	10:46	12:12	15:02	7:18	8:06	8:54	17:05	16:17	15:29
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प्रार्थना से ईश्वर नहीं, प्रार्थना करने वाला बदलता है.