

The 7th Biennial Convention

New England | July 1-4, 2006

णमाकार महामंत्र

णमा अरिहंताणं णमा सिद्धाणं णमा आयरियाणं णमा उवज्झायाणं णमा लोए सव्वसाहूणं एसो पंचणमोक्कारो सव्वपावप्पणासणो मंगलाणं च सव्वेसिं पढमं हवइ मंगलं





# Namokar Mahamantra

Namo Arihantanam Namo Siddhanam Namo Aayariyanam Namo Uvajjhayanam Namo Loe Savva Sahunam

Eso Panch Namukkaro Savva Pavappanasano Manglanam cha Savvesim Padhamam Havai Mangalam

# 2006 YJA CONVENTION MAKING OUR LIFE OUR MESSAGE



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# Welcome Letters

# Young Jains of America Making Our Life Our Message

Convention 2006 - Stamford, CT

# Chairpersons

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### Jai Jinendra:

The Young Jains of America and the Convention Committee are proud to present the 7th Biennial YJA National Convention at the beautiful Westin Hotel in Stamford, CT. After much deliberation, our convention committee members all agreed to an inspirational theme. Jain Evolution: Making Our Life Our Message. Jain Evolution refers to our continual redefinition of what it means to be Jain. Our time-honored scriptures suggest how one lives life as a Jain, but does not provide a framework for the modern day. After this Convention, we hope that you will have developed your own guide on how you can make your life, your message.

In today's fast-paced world, there is a growing need to understand that Jainism is not limited to prayers and worship. In order to practice Jainism, we must live it. To this end, our Convention's programming focuses on the observance of Jainism throughout every action we might take. With sessions such as, Ahimsa: Walking the Talk, Powerful Relationships, Forgiveness & Letting Go, and Investing In Yourself, it is our sincere hope that this Convention will be the most enlightening yet.

Our social events also will highlight this Convention as one reaching above and beyond those of the past. Our first ever Dance Competition promises to showcase the culture and diversity of youth talent from across the country. Our Cruelty-Free Expo will provide the national visibility of companies whose ideals and principles are in line with those of Jainism. The Bollywood Ball is also another first, bringing every attendee 3000 miles across the ocean to the largest movie industry in the world. Mixing in a South-Asian comedian and Gujurati hip-hop group with what we have planned, we promise there will not be a dull moment.

After you are finished reading this souvenir booklet, look up at the scene before you. Youth from all over the country have assembled with one purpose in mind: making their lives, their messages. We would like you to repeat this phrase to yourself constantly as you meet new people, embrace old-friends, and smile with fantastic company. Absorb what you learn at your sessions and discuss them with complete strangers. What you take away from this Convention will be our reward. Without further ado, welcome to the 2006 YJA Convention! We hope you enjoy the ride.

### Sincerely,

Archit Shah, Arpan Shah, Chintan Shah, and Shaan Zaveri Chairpersons, Young Jains of America Convention 2006

# Federation of Jain Associations in North America

A Non-Profit Tax Exempt Religious Organization IRS Code Section 501( c ) ( 3 ) El # 54-1280028 JAINA Headquarters: P.O. Box 700, Getzville, NY 14068 USA: Phone & Fax (716) 636-5342

President Kirit C. Daftary Waco, TX (254) 776-4209 netrat@atr.net

July 1, 2006

First Vice President Dilip V, Shah Philadelphia, PA (215) 561-0581 dilipvshah@gmail.com

Jai Jinendra

Secretary Lata Champsee Don Mills, ONT (416) 441-2200 latachampsee@usa.net Welcome to the 7th Biennial YJA Convention!

Treasurer
Pravin Mehta
Clarksville, TN
(931) 648-9535
plinehta@hotmail.com

YJA has become a role model for the rest of the world. For the first time in India, young Jains of India decided to come together under one umbrella without any barrier and form a group just like YJA. They call their group Young Jains of India, YJI. YJA and JAINA members guided them to hold their first ever convention in 2005 at Indore, India. The theme of this YJI convention was Jain Way of Life, which was originally developed by JAINA's "Long Range Planning Committee".

Vice Presidents Jasvant Mehra Edmonton, AB (780) 435-9070 ivmehta2000@yahoo.com

You will learn at this convention how to live and implement Jain principles in every day life. I sincerely hope you will follow the Jain Way Of Life as best as you can. Make it a point to strengthen our numbers and increase awareness of Jain Values to your peers and others. You will find more information about IWOL on the JAINA website.

Bipin A. Shah Atherton, CA (650) 289-9552 bshah@kovair.com

YJA has many activities. Some of them are habitat for Humanity, Vecraytan, Regional conferences and biennial conventions. They have consistently shown their maturity and responsibility by creating world class youth conventions time after time. Some of you have been taking active role in various JAINA committees to give it a fresh approach and requirements of tomorrow. All of us at JAINA are proud of your achievements and success. I know some of you are going to lead JAINA in big way down the road when your time comes around.

Udai C. Jain Sugar Land, TX (281) 980-0741 udaijn@yahoo.com

We wish you the very best for now and forever. Have a wonderful Convention.

Deepika K. Dalal Cooper City, FL (954) 431-5957 kdeepika@aol.com

Sincerely,

lla G. Mehta Maumee, OH (419) 856-2727 ilamehta@buckeve-express.com

> Kirit C. Daftary President IAINA

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A non-profit educational organization \* Founded by Poojya Gurudev Shree Chitrabhanuji 401 EAST 86TH STREET #20A · NEW YORK, NY · 10028 · 212 534-6090

July 1-4, 2006

My Dear President, Chairmen, Members of Young Jains of America and Participants

I received the pleasant news that you will be celebrating the joyous event of The 7th Biennial Young Jains of America Convention in Stamford, Connecticut, and of the carefully chosen theme Jain Evolution: Making Our Life our Message. This is a unique event during which students will receive additional insights and know from the teachings of Jain Dharma who they are. It is an opportunity to learn from successful people and from colleagues whose life is wholistic and eco-friendly.

What you will gain through various activities will become a treasure for all of you. It is a Celebration of Immortal Treasure. You will have connections with people who have their roots embedded in Ahinsa and have the heritage and culture that has no vices of drugs, alcohol, hunting, gambling, warring and violence. You will share different depths of Jain Dharma with those who are aspirants of peace, who have respect for life, who know how to unfold one's creativity, and who can be in a world of greed, war and power-driven enterprises and yet be a messenger of Jain evolution by making one's life a message.

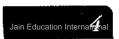
Let us not have a fossilized understanding of our own philosophical traditions which can and do respond to contemporary situations and changes. Jain Dharma does not honor absolutism in thought, and stresses the idea of Anekantavada. This involves a multi-faceted view of reality and of its inherent dynamism. This principle encourages us to grow in understanding the purpose of our doing and to recreate ourselves. What is different need not be assumed to be antagonistic and threatening. If growth is a dialectical process, then dealing with differences may help us to evolve.

If reality is multi-faceted, then so has to be our growth. If material success becomes the sole pursuit, then we may end up developing, myopia. We need the growth of our compassionate and moral selves as well. This may seem contradictory but we have to develop the understanding of Anekant within us. As the poet Blake once said, "Without contraries there is no progression."

The Young Jains of America are a living example of hard work, peaceful cooperation and creativity. I sincerely hope that the journey into the Self will be a successful one. Mahavira had stressed the vital connections between consciousness and being. The inner consciousness constitutes our being and, therefore, our destiny.

I wish you success in the celebration of this grand occasion, and my loving blessings are with all of you.

Love and Blessings, Chitrabhanu



# A Message from H.H. Acharyashri Mahaprajna for the Youth Jain Association

Arham.

Our planet today has two quandaries – a mental propensity towards consumption and needless violence. The answer is the growth of Jain Dharma. According to Bhagwan Mahavir, Dharma is the finest fortune. It has three attributes:

- 1. Non Violence Renouncing needless violence and limiting what is necessary
- 2. Restraint Limiting consumption
- 3. Austerity Developing compassion and conquering minds and senses

Faith can become the practical way of life only when the guiding principles perceived and recognized by the conscious mind reach the sub conscious and a resolution is made to amend vestigial social norms.

The cohorts of Jain dharma are not as cognizant towards internal austerity as they are towards social and religious norms. Your life can become a message of Jain dharma if your outlook is devoted to the principle of Anekant (multiple perspectives) and your life style portrays restraint and limitation of physical attraction.

The Jain Youth Association should ponder this subject.

Acharya Mahaprajna May 21, 2006 Sunam, Punjab, India



# JAIN CENTER OF GREATER BOSTON

15 Cedar Street Norwood MA 02062 (781) 762-9490 <u>www.jcgb.org</u> Tax ID# 04-260-2823

July 2006

The YJA Executive Board and Delegates to the 2006 YJA Biennial Convention

Dear Friends,

On behalf of the Jain Center of Greater Boston, I would like to extend a very warm welcome to all of you here at the 2006 YJA Convention at Stamford, CT. Let me first take this opportunity to express my sincere gratitude to all the volunteers who invested their personal time and energy to turn this into a beautiful convention!

I am confident that your entire experience here at the 7th Biennial Convention will be a pleasant one, even as it is enriching, rewarding and fulfilling! The Boston Convention Committee (BCC) and the YJA Convention Committee have worked tirelessly to provide you with a rich programming content, a complimentary learning environment and an opportunity to network and socialize with others who have similar interests and convictions as you.

Young Jains of America and around the world are tomorrow's torch bearers of Jainism! A Convention of this nature provides a conduit for nurturing the leaders of tomorrow who will carry with them the Jain principles, Jain values and Jain Way of Life. The theme of Convention is Jain Evolution. Evolution suggests transformation and in this new millennium, I challenge all of you to transform your community. Get out and get involved! Help the needy! Educate the masses and demystify the Jain values!

Finally, enjoy and have fun!

Jai Jinendra!

Shrey Shah, President Jain Center of Greater Boston

# Jain Sangh of New England

July 2006

President

Vijay Shah 781-245-0051

Vice President

Rinesh Palkhiwala 978-256-1620

Secretary

Parind Shah 978-256-8844

Treasurer Bipin Parikh

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Niren Jhaveri 978-251-3725

Pushpa Shah 781-270-9237

Rajesh Shah 781 399-0267

Sanjay Shah 781-270-5960 The YJA Board and delegates to the 2006 YJA Biennial Convention

Dear Friends,

On behalf of The Jain Sangh of New England, I would like to extend a very warm welcome to all of you attending the 7th YJA Convention at Stamford, CT. As one of the volunteers working with the Greater Boston Convention Committee of YJA, I am confident that you will enjoy the programming, arrangements and activities that have been planned for the Convention. The YJA Convention Committee has worked very hard to make sure that all the attendees leave with a very memorable and unique experience.

Many of you have traveled from all over the United States and abroad, devoted precious time, and taken great pains to attend this convention. Your attendance here is a proof of your commitment and dedication to enrich your knowledge of Jain principles, values, rituals and traditions. Many of you will be the future leaders of Jainism and I hope that this experience will aid and encourage you to advance in that course.

Finally, enjoy the convention, meet old friends, and make new friends. As you know, networking with your peers is very important and can be extremely rewarding.

Jai Jinendra.

Vijay Shah President Jain Sangh of New England

Jain Evolution

Jain Center of Connecticut 62 Elderberry Lane Fairfield CT 06824

Jain Center of Greater Hartford 23 Fellen Road Storrs, CT 06268

Young Jains of America The Westin Stamford 1 Stamford Place Stamford, Connecticut 06902

# Dear Young Friends:

We are extremely pleased and excited to learn that the YJA convention is being held for the first time in Connecticut. Our two Jain Centers in Connecticut, Jain Center of Connecticut and Jain Center of Greater Hartford, are delighted to welcome 1000 enthusiastic participants. You will be our special guests while you learn about Jain Evolution, and apply to your own life, and for the good of the world. The future of Jainism is in your hands.

Our Jain centers pledge to support the convention to the best of our abilities. It will be our pleasure to see so many people eager to learn, and to meet other Jain friends. These delegates will include our own youth as participants, as members of the organizing committee, and also as presenters. Adult volunteers from both the centers are ready to assist the attendees.

Both of our Centers have been in existence since early Eighties, and over 100 young Jains have graduated from our Pathshala. We also have a Jain Temple in Middletown, Connecticut. Delegates to the convention are cordially invited to visit the Jain Sanctum at the Sri Satyanarayana Temple (11 Training Hill Rd, Middletown, CT; 860-346-8675).

We wish you a grand success for the 2006 convention and are confident that it will be a historical event.

Sincerely,

Hasmukh Parikh and Harshida Shah Dr. Prem Godha Jain Center of Connecticut Jain Center of Greater Hartford



M. JODI RELL GOVERNOR STATE OF CONNECTICUT EXECUTIVE CHAMBERS HARTFORD, CONNECTICUT 06106

July 1, 2006

7th Biennial Young Jains of America Convention

Dear Friends:

On behalf of the State of Connecticut, it is my pleasure to extend sincere greetings to all who are gathered in Stamford for the 7th Biennial Young Jains of America Convention.

The Young Jains of America is a prominent group in the lives of many of our Nation's youth. Your efforts will help encourage America's youth to become more involved in society and their communities. The dedication and commitment displayed through the work of the Young Jains of America should not be overlooked, because the youth of today are the leaders of tomorrow.

This convention offers the Young Jains of America with a unique opportunity to discuss a wide range of pressing issues, ranging from globalization to personal responsibility. It also provides you with time to visit some of the renowned and historic sites of the City of Stamford and Fairfield County. I commend all who have dedicated their time to planning the many events scheduled over the next few days.

It is a privilege to extend my words of tribute to all members of the Young Jains of America. Please know that you have my best wishes for a memorable and productive convention.

Sincerely,

M. Jodi Rell
Governor



WHEREAS: The City of Stamford is proud to recognize the Young Jains of America (YJA); and

WHEREAS: YJA is a nationwide organization that was founded in 1991, and this group has been working earnestly at the grassroots level to achieve its goals; and

WHEREAS: YJA continues to foster respect for our natural environment, continues educating America's youth on ways of respectful coexistence in a diverse society and promotes peaceful was of resolving conflict in both the global and local communities as well as in one's life; and

WHEREAS: Jains make up over 80,000 of our country's population and are prominent members of our society and an integral part of our community and we welcome and admire the importance of their heritage; and

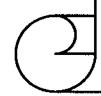
Stamford is proud of all of its diversity, and we continually become inspires, motivated, and influenced by our Indian community, and therefore we are honored to acknowledge the Young Jains of America.

THEREFORE I, Dannel P. Malloy, Mayor of the City of Stamford, do hereby proclaim July 1-4, 2006, to be

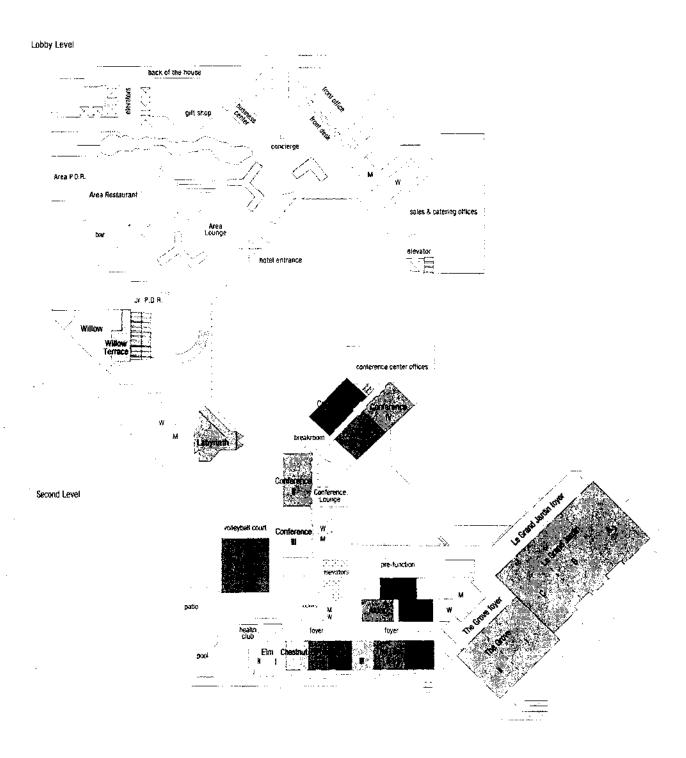
# YOUNG JAINS OF AMERICA DAYS

in the City of Stamford, and I welcome all participants attending the convention and wish them our best for continued happiness and success.

Mayor



# Westin Hotel - Stamford, Connecticut



# Convention Schedule

# Convention Schedule

# Saturday • July 1

10:30 am - 3:30 pm	Onsite Registration
3:30 - 5:00 pm	Ice Breakers
5:00 - 6:00 pm	Free Time
6:00 - 6:45 pm	Opening Ceremony
6:45 -8:00 pm	Dinner
8:00 - 9:00 pm	Free Time/Change for Evening
9:00 pm - 12:30 am	Garba Raas
12:30 - 1:00 am	RA Meetings
1:00 am	Curfew

# Sunday • July 2

7:00 - 8:00 am	Yoga and Meditation
8:00 - 9:00 am	Breakfast
9:00 - 10:15 am	Session 1
10:30 - 11:45 am	Session 2: Keynote Address
11:45 am - 1:00 pm	Lunch
1:15 - 2:15 pm	Session 3
2:30 - 3:45 pm	Session 4
4:00 - 5:15 pm	Session 5
5:15 - 6:30 pm	Recreation Time
6:30 - 8:00 pm	Dinner
8:00 - 9:00 pm	Free Time/Change for Evening
9:00 pm - 12:30 am	Dance Competition and Fastion Show
12:30 - 1:00 am	RA Meetings
1:00 am	Curfew

# Convention Schedule

# Monday • July 3

7:00 - 8:00 am Yoga and Meditation 8:00 - 9:00 am Breakfast 9:00 - 10:15 am Session 1 10:30 - 11:30 am Session 2 11:30 am - 12:00 pm **Group Photo** 12:15 - 1:15 pm Session 3: Keynote Address 1:15 - 2:30 pm Lunch 2:45 - 3:45 pm Session 4 4:00 - 5:15 pm Session 5 Recreation Time 5:15 - 6:30 pm 6:30 - 8:00 pm Dinner Free Time/Change for Evening 8:00 - 9:00 pm Bollywood Ball 9:00 pm - 12:30 am 12:30 - 1:00 am **RA Meetings** 1:00 am Curfew

# Tuesday • July 4

7:45 - 9:30 am Breakfast **Closing Ceremony** 9:45 - 10:30 am Check Out 11:00 am - 1:15 pm



Sunday,, July 2

Session 1 9:00 am

# Rate your Jain Way of Life • Presenter: Yogendra Jain

Jainism is a complex faith that, while grounded in a few core principles, expands to touch every part of our lives. In this workshop, you will assess the extent to which you are living a Jain way of life. The workshop leaders will guide you through a comprehensive life inventory covering many different aspects ranging from professional to family to spiritual life.

# Jain Evangelism • Debate

How do God and atheism fit into Jainism? In this session, you will participate in a debate on key questions about Jain envangelism and the role of God and atheism in Jainism. In true anekantvad style, you will argue each side of the issue at different times. No prior preparation is needed – you will be provided with some key arguments to get you started debating!

# Jain Cribs • Presenters: Parlnda and Shibani Shah

Welcome to Jain Cribs, the most exciting way to discover your favorite temples without traveling around the world. See the innumerable steps of Palitana. Marvel at the enormous statue of Bahubali at Shravan Belgola. Check out the Jain world's newest attractions, temples built right here in America. Along the way, you'll learn about the architecture and rituals of the Jain temple.

# Conflict Resolution • Presenter: Sushil Jain

Conflict exists all around us in the from of problems, disagreements, and misunderstanding. Conflict resolution is as important as the conflict, but sometimes knowing how to solve problems is more difficult than the conflict and chaos itself. This session will help us better understand interpersonal and global conflict resolution for the betterment of our lives.

# Celebrations... Jain Style Presenter: Jayesh Khona

Jains celebrate certain festivals during the year at the temple. What are they, and what significance do they hold? How do we celebrate these significant days in our temples? This session will explain important Jain festivals and how they are celebrated at temple. We will discuss many aspects of Jain traditions, including stavans and pujas performed during Mahavir Jayanti and self-purification and reflection activities during Paryushan.



# Global Impact of Vegetarianism • Presenter: Manoj Oswal

Manoj's core area of interest is the animal rights and vegetarianism movement. He aspires to interact with Jain youths and explain vegetarianism in a new light. He believes Jains should explore the since behind vegetarianism as well as its relation with world hunger, deforestation, top soil erosion, communicable diseases (like bird flu, SARS, BSE), pesticide usage, chemicals in food, recurring diseases and scores of issues. We now need to be empowered with knowledge to help others understand that vegetarians are not weaklings, but rather, a force for the survival of this planet.

# Tattvartha Sutra Comes Alive Presenter: Manoj Jain

Written by Umasvati in second century B.C., Tattvartha Sutra embodies the essence of Jain philosophy. "Tatta" means true nature, and "artha" means things or realities. It was the first attempt to bring together the many elements of Jainism into one text. Some find the text difficult to understand, so the Jain Center of Greater Boston has prepared a presentation to explain the Tattvartha Sutra and expose the essence of Jain philosophy.

# Living Purposefully • Presenter: Gurudev Chitrabhanu

People must have a conscious design of how to live purposefully. Active planning toward that goal is very important. How do individuals put focused energy into making their lives their message? Gurudev will talk about using your life to make a purposeful impact and some specific ways that you can go about doing this. People must have conviction. Nothing will come to you unless you go get it. Show the lamp of your thoughts in your heart. That is the only way to grow.

# One Life to Save Many Debate

Animal test subjects have helped advance science and discover new medicines. Is this research compatible with Jainism? This session will allow you to participate in a structured debate about many key questions facing Jains today. The topic listed in the session title will be the emphasis of the session. Which side of the issue are you on? No prior preparation is needed – you will be provided with some key arguments to get you started debating!

# Consultations • Presenter: Pramodha Chitrabhanu

Pramodha Chitrabhanu has listened and talked to people about their lives. She has seen that certain concerns are common among people from all backgrounds. In this session, Pramodha Auntie will refere to her consultations with students and discuss some insecurities in peoples' lives. Prepare for an open discussion about events that cause us trepidation.

# Networking Basics • Presenter: Sarano Kelly

Listen to a dynamic individual talk about the power of networking. Learn how to gain the most from every interpersonal experience you have, and explore how what people say and how they react influences our relationships. This is a great intro to the YJA Convention and all the opportunities you will have to network.

Jain Evolution 15 www.jainelibrary.og

# My Life is My Message, Not Yours • Presenter: Nipun Mehta

Join Nipun Mehta and your fellow convention colleagues at this informative and inspiring keynote that will highlight the theme of this year's YJA Convention. What exactly is your message, and how can you make it meaningul to you, your life, and your spiritual improvement?

Sunday, July 2

Session 3 1:15 pm

# Bhajan Nation Remix • Presenter: Ameet Shah

Imagine singing Jain bhajans to a contemporary beat. Ameet Shah has used his musical talent to do just this. In this session he will present you with his own production where the mantras we know so well are presented with a twist. You will be astonished at the impact bhajans can have when they are tuned to a more popular tempo.

# Living Karma, Genes, & My Actions • Presenters: Ankoor Shah & Milan Doshi

This session will introduce participants to the basic concept of karma and karma theory. We will review the eight main types of karma, taking time to describe their acquisition and consequences. Within this framework, we will examine the scientific and philosophical question of causal interaction: namely, how does karma, a metaphysical entity, directly cause changes in the physical world? We suggest the possibility that karma linked through an individual's genetics may contribute to this interaction. If I subscribe to karma theory, is my fate completely predetermined?

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# Pujas Unwrapped • Presenter: Jayesh Khona

The concept of "pujas" has been the topic of heated debate in recent generations. What's the deeper meaning behind each of the different types and why are our parents so insistent on us learning about them? This session will explain some of the key pujas in Jain dharma, and will explain the purpose and procedure behind each of them.

# Karma Theory Made Simple Presenter: Kirit Gosalia

Karma is not as simple as pap and punya. The idea of Karma is based on a complex theory. This session will break down the Karma theory to make it easier to understand. Participants will learn the difference between good Karma, bad Karma, and how we obtain it. If you're one of the many people who is confused about exactly how the Karma theory works, this session will help you understand it and apply it to your everyday life.

# AAA of Jainism • Presenter: Manoj Jain

Triple A's of Jainism – What are they, and how can we help our non-Jain friends appreciate them? In a secular manner (without using the word Jainism), we will define Ahimsa (non-violence), Aparigraha (non-possessiveness), and Anekantvaad (non-absoluteism) and show their significance for personal and societal progress. For more information go to

# Consultations • Presenter: Pramoda Chitrabhanu

Pramoda Chitrabhanu has listened and talked to people about their lives. She has seen that certain concerns are common among people from all backgrounds. In this session, Pramodha Auntie will refere to her consultations with students and discuss some insecurities in peoples' lives. Prepare for an open discussion about events that cause us trepidation.

# Nav Tatva: Nine Fundamentals • Presenter: Pravin Shah

Considered the nine fundamentals of Jain Dharma, the Nav Tatva explain the interactions between the soul and karmic matter. "What goes around, comes around" may hold true, but the Jain philosophy goes further than that by explaining the process in depth. Entire books, like the Tattvartha Sutra, have been written elucidating this fundamental process. What more could there be on these nine fundamentals? What are these basic principles anyway? Come to this session – whether you are know them or not – and you are sure to walk away with more!

# Driving Social Change • Presenter: Richard Brooks

In this session, we will discuss the relationship between holistic development and nonviolence and what young Jains can do to integrate the two. You will learn skills for facilitating health and social change. How do we apply the strategies of social marketing and community organizing to issues that concern us? This session will provide some tips and take-home lessons for business, public service, and peacebuilding; including techniques you can apply to networks, associations, neighborhoods and teams of any kind. What are young people doing in the US and other countries to enhance their own education while serving humanity and the environment? Learn examples of innovative youth-led programs and opportunities to get involved.

n Education International For Personal & Private Use Only

# Ahimsa: Walking the Talk • Presenter: Sonal Sheth

What is Ahimsa in our world? From lying to cheating and thievery to downright violent acts, today, it seems as though no one is safe from himsa. We have heard time and time again that the future lies in the hands of our generation. So, let's take it. In this session, participants will have a chance to solve real-life issues using Ahimsa and the fundamentals of Jainism as our only weapon.

# Art of Being • Presenter: Surbhi Pandya

This session will introduce three spiritual fundamentals that form the basis for a Jain way of life:

1) Law of Dharma - discovering our essential nature; 2) Law of Kriyashakti - focusing energy;
3) Law of Attachment and Detachment - being able to differentiate the real from the un-real and the permanent from the transitory. The session will be structured around a dialogue so that participants are engaged in the realization of these fundamentals. Surbhi will describe an art – skills that are easy to understand yet take a lifetime to master – that can help you to live in harmony with these three fundamentals and make them a part of your everyday life.

# Purity of Principles and Practices • Presenters: Vinit Doshi

This interactive discussion will explore how fresh perspectives on different aspects of Jain principles and practices can transform our common understandings and beliefs into catalysts for spiritual fulfillment and self-empowerment. From the merely insightful to the potentially life-altering, this exploration of paradigm shifts will engage the young and aspiring Jain in an urgently relevant and thought-provoking journey.

# Balancing Your Possessions • Presenter: Yogendra Jain

Learn the true meaning of aparigraha, one of the most important, yet least understood vows in Jainism. This workshop will explain what it means to limiting your possessions and provide you with practical tools for keeping the vow and realizing its many benefits in your daily life.

# The Nature of Jain Ism • Presenter: Level 3 Patshala Class, Connecticut

Jain Ism, or the Jain religion, is the product of two things: spirituality and society. Jain Dharma includes living in the present moment and meditating on spirituality to bring about stillness and peace. Although this may be ideal, it is not yet possible for everyone to do. Therefore, we lay-Jains turn to the Jain Sangh or society, which creates realistic, practices to take us to that path. Thus, the Ism is born. In a new country and a new time, we have the same outlook on life or spirituality as generations before us. Just as peoples' ways of life have adopted and changed with a new country and new time, perhaps tenets of our ancient religion should too. In the past, Jain social events have consisted of borrowing Hindu cultural events and rituals. Pujas and wedding ceremonies are examples of this practice. In this session, we will explore how a new generation can grow the Jain faith through social practices appropriate for the 21st century, such as social work and visual performing arts.

# Jainism: What it Means to You Presenter: Ashok Jain

This session will discuss the practical side of Jainism. How do you practice Jainism in and around different faiths and stereotype atmospheres? We will look at the obvious and subtle similarities between Jainism and Hinduism and review the important individuals who overlap between the two religions. This will be an interactive session, so bring your questions and concerns. Together, we will find a practical solution without compromising beliefs.

# Soak up the Sun • Presenter: Hira Ratan Manek

Since June 18, 1995, HRM has lived only on sun energy and water. Occasionally, for hospitality and social purposes he drinks tea, coffee and buttermilk. Thus far, he has had three strict fastings, during which he had just sun energy and water and was under the observation of medical researchers. The first of these fastings lasted for 211 days in 1995 and 1996 in Calicut, India, and was directed by Dr. C.K. Ramachandran, a medical expert on allopathy and ayurvedic medicine. Mr. Manek will discuss this phenomenal science and his personal experience with it.

# Jain Vision 2020 • Presenter: Jain Leadership

Inhopes of reviewing the long term future of Jainism, JAINA's Long Range Planning Committee began work early in 2004 to analyze the trends and patterns of Jains in the US and Canada. Dipak Jain, the Dean of Kellogg School of Management at Northwestern University, invited Jain leaders to a historic first summit in April 2005 to discuss the future of Jainism in North America. In addition, all Jain Center presidents and leaders sent their comments to the group. The goal of the summit was to apply Kellogg's leadership atmosphere, innovative thinking culture, and powerful management concepts to develop a strategic plan to bring Jainism to a new level in North America in the next 10 years. This leadership forum will allow attendees to provide their own leadership insight and collaborate as a collective group. This will serve as the beginning of a dynamic enterprise that will build off ideas and concepts we discuss.

### Passion and Purpose Presenter: Nimesh Patel

Doyou have passion? How do you channel that passion into something worthwhile? With passion comes the need for purpose. Nimesh will discuss how to select purposeful endeavors and put your heart into them. Everyone has passion, but dynamic leaders follow their heart and align passion with purpose. Today's resources make it easy to bring these forces together.

# Random Acts of Kindness • Presenter: Nipun Mehta

Want to change the world? Tel! the truth to your plumber. Talk with the checkout clerk at the grocery store. The power of changing the world is in your hands. There's the ready, steady, go approach - build a business plan, think about sustainability, market products, and launch. Then there's the rocket model: just fire off, steady if at all, and arrive whenever the time is right. Are you ready to do acts of kindness? The session will introduce smile cards, explain the "Butterfly Effect" (why people feel that what they do doesn't count), and discuss small acts vs. big acts (Who has changed the world more - Mother Teresa or Bill Gates?).

# Was Gandhi Jain? • Presenter: Rajlv Jain

This year's convention theme, "Making our life our message," can be fully appreciated when exploring the life of Mahatma Gandhi. We know about Gandhi's Independence movement and his strong belief in the principle of Ahimsa. However, this session will shed more light into Gandhi's personal beliefs and show how strongly they were impacted by Jainism. For example, did you know that the person who most greatly impacted him was the famous Jain Shrimad Raj Chandra? Gandhi's unique personal beliefs will ultimately show his adherence to the principles of anekantvad (multiplicity of view points) and lead to a comparison of Christianity, Hinduism, and Jainism.

# Powerful Relationships • Presenter: Sarano Kelly

Personal relationships don't always function well because two people get together for the purpose of finding happiness. What they really want is for the other person to make them happy. I'm sure you've come to realize that it doesn't work this way. But using relationships as a crutch for happiness does not have to be the default. There is an alternative: spiritually grounded relationships. Spiritually grounded friends are committed to a higher purpose and to helping each other fulfill that purpose. This gives them goals beyond their personal happiness and makes the relationship more satisfying than most friendships. How can you transform your current relationships into powerful spiritually grounded ones and be able to both give and get more from life?

# Is Your Neighbor Jain? • Presenter: Shardule Shah

Ever run into someone who thinks you're going to hell in your next life because you don't believe in their religion? This interactive session will combine a short presentation and an audience-led discussion to help determine whether Jains should or should not feel the way same about their religion. Based on the principle of anekantvad (multiplicty of viewpoints), we will touch basis on many topics, such as God (or a lack thereof), aspects of Jainism in other religions, and vice versa. You will hopefully leave this session with a better of understanding of both Jainism and its relevance to the culture we are part of today.

# A Jain Way of Life? • Presenter: Sudhir Shah

Jainism existed long before the first rays of sunlight rose upon the Chinese civilization and long before it set on the Roman Empire. Yet less than 1% of world's population is even aware of Jainism. The JAINA exhibition is an attempt to raise awareness about Jain philosophy and its rich, scientific, and historic background. Based on the JAINA exhibition, this presentation will explore the Jain way of life in a non-traditional way free of dogma.

# Purity of Principles and Practices Presenter: Vinit Doshi

This interactive discussion—will explore how fresh perspectives on different aspects of Jain principles and practices can transform our common understandings and beliefs into catalysts for spiritual fulfillment and self-empowerment. From the merely insightful to the potentially life-altering, this exploration of paradigm shifts will engage the young and aspiring Jain in an urgently relevant and thought-provoking journey.

### Presenters: Parinda and Shibani Shah Jain Cribs

Welcome to Jain Cribs, the most exciting way to discover your favorite temples without traveling around the world. See the innumerable steps of Palitana. Marvel at the enormous statue of Bahubali at Shravan Belgola. Check out the Jain world's newest attractions, temples built right here in America. Along the way, you'll learn about the architecture

Saturday, July 2 | Session 5

# Be the Change • Presenter: Chirag Shah

Many Jains are becoming increasingly concerned about the world in which they live. Local issues such as education and gun control, national issues regarding the sanctity of marriage and abortion rights, and international issues involving war and genocide, are taking center stage in global politics. Often, these issues have no easy answer, since people feel differently about how societal problems ought to be resolved. In this session, you will discuss the Jain way of life relating to hot-button political issues and learn how to apply Jain principles to politics, policy and governmental actions. Young people, and particularly young Jains, are in a unique position to proactively engage policy makers. In the words of Mahatma Gandhi, "you must be the change you wish the see in the world." In this seminar, you may learn how.

# Jain Vision 2020 • Presenter: Jain Leadership

In hopes of reviewing the long term future of Jainism, JAINA's Long Range Planning Committee began work early in 2004 to analyze the trends and patterns of Jains in the US and Canada. Dipak Jain, the Dean of Kellogg School of Management at Northwestern University, invited Jain leaders to a historic first summit in April 2005 to discuss the future of Jainism in North America. In addition, all Jain Center presidents and leaders sent their comments to the group. The goal of the summit was to apply Kellogg's leadership atmosphere, innovative thinking culture, and powerful management concepts to develop a strategic plan to bring Jainism to a new level in North America in the next 10 years. This leadership forum will allow attendees to provide their own leadership insight and collaborate as a collective group. This will serve as the beginning of a dynamic enterprise that will build off

# Forgiveness and Letting Go Presenter: Kamal Shah

We all make mistakes. The role of forgiveness is essential to maintaining a happy and healthy life, but sometimes we need more help to just let go. Jain scriptures explain the role that "kshmapana," or forgiveness, plays in our everyday lives and how it can better our lives and the lives of those around us.

# Karma Theory Made Simple Presenter: Kirit Gosalia

Karma is not as simple as pap and punya. The idea of Karma is based on a complex theory. This session will break down the Karma theory to make it easier to understand. Participants will learn the difference between good Karma, bad Karma, and how we obtain it. If you're one of the many people who is confused about exactly how the Karma theory works, this session will help you understand it and apply it to your everyday life.

# Shopping Jain • Presenter: Megha Doshi

Do you ever think about where your STUFF comes from? It's easy to forget that our clothes, food and electronics don't just come from the mall and the supermarket. Where our things come from, how they were made, and where they are sold can have huge impacts on society, the environment, and the welfare of others. This session will help you become a more responsible consumer by taking issues like climate change, environmental impact, labor conditions, human rights, social equity, and corporate ethics into consideration when making shopping decisions.

# Success Outside the Box Presenter: Michael Simmons

Michael Simmons, founder of Extreme Entrepreneurship Education and author of The Student Success Manifesto and All or Nothing, Now or Never, will challenge and inspire Jain youth to look deep within themselves to find a sense of purpose. Michael excels at helping youth look beyond traditional measures of success such as high grades and test scores and help them define success for themselves. With all this entrepreneurial passion, there is just enough room for spiritual balance. Explore the possibilities within yourself to see what you're truly capable of.

# To Err is Human; To Forgive is Divine • Presenter: Pavan Zaveri

Anger is the first and foremost of the passions to conquer in Jainism. What weapons do we have to conquer and defeat this enemy? How do those tools become useful on a daily basis? We use the word Kshama/Forgiveness freely and frequently. Do we understand the depth and power of this concept? Starting with several scenarios of anger-filled moments from people's daily lives, we will explore the source of this anger (krodh) and conclude with ways to bring forgiveness (kshama) actively into our lives.

# Will "Later" Ever Get Here? • Presenter: Sarano Kelly

"Later" is a very sneaky opponent to living your real life. It's always convincing you that whatever needs to be done will somehow be improved by waiting. How many moments are accumulating into years while you put off until later those things you've always wanted to do? We put off not only our big goals but also things like showing kindness, getting help for ourselves, telling people we love them, or taking up a hobby. As we get older, we do our best to make sure that everything stays the same. We drive the same way every day when going to work. We eat the same foods at the same restaurants; we listen to the same music and watch the same movies. We lose vitality in life and relationships. We're human beings who have been caught in a dream and are sleepwalking through our lives. Did you know that some people wake up and take a different course? They find extraordinary powers within themselves. Awakened dreamers accomplish goals beyond their imaginations. This session will teach you how to move beyond "later" by harnessing the power of stillness and focused attention.

# Ahimsa: Walking the Talk Presenter: Sonal Sheth

What is Ahimsa in our world? From lying to cheating and thievery to downright violent acts, today, it seems as though no one is safe from himsa. We have heard time and time again that the future lies in the hands of our generation. So, let's take it. In this session, participants will have a chance to solve real-life issues using Ahimsa and the fundamentals of Jainism as our only weapon.

# Leadership in our Community • Presenter: YJA Executive Board

As a young Jain, you have the ability to make a positive difference in our community. However, it is often difficult to decide where to start and what to do. This session has been developed in order to provide guidance for any aspiring youth. Current and former YJA Board members will provide a first hand account of their experiences on the board as well as discuss how they became active members in the Jain community.

# JNF Teambuilding

Teambuilding is a fun and unique way to meet new people. Relax, be yourself, and have fun with the project, game, or activity that you get to play. We've put together some awesome events which will definitely provide a memorable time for you and your new friends. Get ready to think outside of the box!

Monday, July 3 | Session 1

# Bhajan Nation Remix • Presenter: Ameet Shah

Imagine singing Jain bhajans to a contemporary beat. Ameet Shah has used his musical talent to do just this. In this session, he will present you with his own production where the mantras we know so well are presented with a twist. You will be astonished at the impact bhajans can have when they are tuned to a more popular tempo.

# Investing in Yourself • Presenter: Gurudev Chitrabhanu

Investments can go far beyond those in the stock market. How should one invest in one's own life? What kinds of analyses can be done? What types of comparisons and choices should one make? Let's evaluate the investments in your life and ways to maximize them.

# Pujas Unwrapped • Presenter: Jayesh Khona

The concept of "puja" has been the topic of heated debate in recent generations. What's the deeper meaning behind each of the different types and why are our parents so insistent on us learning about them? This session will explain some of the key pujas in Jain dharma, and will explain the purpose and procedure behind each of them.

# AAA of Jainism • Presenter: Manoj Jain

Triple A's of Jainism - What are they, and how can we help our non-Jain friends appreciate them? In a secular manner (without using the word Jainism), we will define Ahimsa (non-violence), Aparigraha (non-possessiveness), and Anekantvaad (non-absoluteism) and show their significance for personal and societal progress. For more information go to www.mjain.net.

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# Walking into Yourself • Presenter: Nipun Mehta

Six months into their marriage, two Silicon Valley twenty-somethings left home to do a walking pilgrimage in India. "We went to places where no one knew our name, where no dollar bills would rescue our karma, where no business card could open unknown doors, where the only currency for survival was our ability to relate to strangers and ultimately, to love. Living on dollar a day, eating wherever food is offered, sleeping wherever a flat surface is found, this was an unscripted spiritual pilgrimage to greet life in the farthest corners of our own consciousness. As we walked a thousand kilometers, we learned much about India, a lot about humanity and most about the stranger we call 'I.'" This session will include a photo-sharing session with stories about the walk and a discussion on the significant of a pilgrimagein Jain context.

# Making the Three Jewels Sparkle • Presenter: Nitln Talsania

Where does unhappiness stem from? What is my goal in life and how do I get there? These are just a few of the questions that will be addressed in this interactive session regarding the three basic jewels of Jainism. The session will discuss self-realization by using a Jain focus and approach. Participants will go through an exercise of trying to help one another find resolutions to the questions in an attempt to develop a road map for one's future.

# To Err is Human; To Forgive is Divine • Presenter: Pavan Zaverl

Anger is the first and foremost of the passions to conquer in Jainism. What weapons do we have to conquer and defeat this enemy? How do those tools become useful on a daily basis? We use the word Kshama/Forgiveness freely and frequently. Do we understand the depth and power of this concept? Starting with several scenarios of anger-filled moments from people's daily lives, we will explore the source of this anger (krodh) and conclude with ways to bring forgiveness (kshama) actively into our lives.

# Practical Jainism • Presenter: Pramoda Chitrabhanu

We are all Jain - no matter how we define it. Being Jain is not a defined entity. We all live the Jain way of life in some way, shape, or form. How can we better incorporate the Jain way life in our daily lives? This session will give us some practical ways to improve ourselves.

# Driving Social Change • Presenter: Richard Brooks

In this session, we will discuss the relationship between holistic development and nonviolence and what Jains can do to integrate the two. You will learn skills for facilitating health and social change. How do we apply strategies of social marketing and community organizing to issues that concern us? This session will provide tips for business, public service, and peacebuilding, including techniques you can apply to networks, associations, and groups. What are young people doing to enhance their own education while serving humanity and the environment? Learn examples of innovative youth-led programs and opportunities to get involved.

# Relax and Reflect • Presenter: Samani Munit Pragyaji

Stress is inevitable. This session will help you manage stress with Preksha Dhyaan, Pranayam, and Kayotsarg, the techniques created by our saints centuries ago and are still very applicable today. A demonstration of these techniques will be provided.

# Achieving Peace • Presenter: Samani Sangh Pragyaji

Between professional, social, academic and other pressures, Peace is hard to come by. This session will help you understand what peace really is on an individual level and how you can obtain it. You will learn several techniques of Preksha Dhyaan, Pranayam, Kayotsarg. Find peace in your daily life through a better understanding of dharma, meditation, and thought.

# Who am I? • Presenter: Sudhir Shah

This interactive session—will explore one of the most important questions we each ask oursives. Emphasis is on the process of analysis and questioning and not on providing or arriving at a common answer. We will help develop your capacity to think freely so we can begin to discover for ourselves who we really are.

# Contemporary Issues • Presenter: Sushil Jain

Religion is meant to be intertwined with our daily lives, but how can it when we feel a disconnect with the issues and topics we deal with everyday? What is Jainism's take on the contemporary issues of today? In a world full of conflict and unrest, we hope to find shelter under the Jain dharma, but what types of answers does it provide for us?

# Balancing Your Possessions • Presenter: Yogendra Jain

Learn the true meaning of aparigraha, one of the most important yet least understood vows in Jainism. This workshop will explain what it means to limiting your possessions and provide you with practical tools for keeping the vow and realizing its many benefits in your daily life.

# Jain Cribs. • Presenters: Parinda and Shibani Shah

Welcome to Jain Cribs, the most exciting way to discover your favorite temples without traveling around the world. See the innumerable steps of Palitana. Marvel at the enormous statue of Bahubali at Shravan Belgola. Check out the Jain world's newest attractions, temples built right here in America. Along the way, you'll learn about the architecture and rituals of the Jain temple.

Monday, July 3 | Session 2 | 10:30 am

# Jainism: What it Means to You • Presenter: Ashok Jain

This session will discuss the practical side of Jainism. How do you practice Jainism in and around different faiths and stereotype atmospheres? We will look at the obvious and subtle similarities between Jainism and Hinduism and review the important individuals who overlap between two religions. This will be an interactive session, so bring your questions and concerns. Together we will find a practical solution without compromising beliefs.

# Jain Evangelism Debate

How do God and atheism fit into Jainism? In this session, you will participate in a debate on key questions about Jain envangelism and the role of God and atheism in Jainism. In true anekantvad style, you will argue each side of the issue at different times. No prior preparation is needed – you will be provided with some key arguments to get you started debating!

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# Jains as Conscientious Objectors Debate

Should Jains avoid being drafted? Should we go to war alongside our fellow citizens? This session will allow you to participate in a structured debate about many key questions facing Jains today. The topic listed in the session title will be the emphasis of the session. Which side of the issue are you on? In this session, in true anekantvad style, you will argue each side of the issue at different times so you can gain a better appreciation for all sides of this issue. No prior preparation is needed!

# Investing in Yourself • Presenter: Gurudev Chitrabhanu

Investments can go far beyond those in the stock market. How should one invest in one's own life? What kinds of analyses can you do? What type of comparisons and choices should one make? Let's evaluate the investments in your life and ways to maximize them.

# Simple Slokhs and Stavans Presenter: Jayesh Khona

Many young Jains feel a disconnect with the older generations in the temple regarding knowing and understanding Jain fundamentals and theory. Our language barriers from living in the Western World hinders our ability to practice Jainism the same way our parents do – with the singing and recitation of slokhs, stavans, and other various prayers. In this session, you will have the chance to learn a some simple prayers and songs to use in your daily life.

# Shopping Jain • Presenter: Megha Doshi

Do you ever think about where your STUFF comes from? It's easy to forget that our clothes, food and electronics don't just come from the mall and the supermarket. Where our things come from, how they were made, and where they are sold can have huge impacts on society, the environment, and the welfare of others. This session will help you become a more responsible consumer by taking issues like climate change, environmental impact, labor conditions, human rights, social equity, and corporate ethics into your shopping decisions.

# Success Outside the Box • Presenter: Michael Simmons

Michael Simmons, founder of Extreme Entrepreneurship Education and author of The Student Success Manifesto and All or Nothing, Now or Never, will challenge and inspire Jain youth to look deep within themselves to find a sense of purpose. Michael excels at helping youth look beyond traditional measures of success such as high grades and test scores and helps them define success for themselves. With all this entrepreneurship passion, there is just enough room for spiritual balance. Explore the possibilities within yourself to see what you're truly capable of.

# Everyday Ahimsa Presenter: Neel Patel

This session will look at how to incorporate Ahimsa into your daily life beyond simple vegetarianism. Each day presents new lessons to learn. What lessons did you learn today? Yesterday? What lessons will you find tomorrow? Learn to understand the meaning of experiences and their impact on your future. Learn how to turn difficulties and challenges into success and spiritual satisfaction.

# Overcoming Everday Obstacles • Presenter: Samani Munit Pragyaji

Are you stressed out, burnt out, and worn out from work, school or other activities? Does holding true to Jain ideals seem tough sometimes? Often, we are inundated with obstacles that monopolize our time and attention. As young people we tend to take on a number of intense activities and leave little time to explore spirituality. It can sometimes be difficult to concentrate on religion when deadlines, tests and commitments are weighing heavily on our minds. In this session, you will learn how to keep your life simple and make time for spiritual reflection. The renowned Samnijis understand that our lives can be difficult to manage and will provide tips on how to regain control and focus on what is truly important lead a more fulfilling lifestyle.

# Is Your Neighbor Jain? • Presenter: Shardule Shah

Ever run into someone who thinks you're going to hell in your next life because you don't believe in their religion? This interactive session will combine a short presentation and an audience-led discussion to help determine whether Jains should or should not feel the way same about their religion. Based on the principle of anekantvad (multiplicty of viewpoints), we will touch basis on many topics, such as God (or a lack thereof), aspects of Jainism in other religions, and vice versa. You will hopefully leave this session with a better of understanding of both Jainism and its relevance to the culture we are part of today.

# Entrepreneurship • Career Panel

The focus of this career panel will be to discuss experiences and best practices of entrepreneurs. Hear from and learn about various successful and not-so-successful startups by these seasoned entrepreneurs.

# Moving up the Corporate Ladder • Career Panel

For those who work for large corporations or strive to, this panel will present some guidance from successful professionals who have moved up the corporate ladder. Ask them questions or bounce off ideas.

# Law and Politics • Career Panel

Indians and Jains are quickly becoming strong forces as lawyers and politicians. Hear from some already in the field and learn what it takes to make it.

# Medicine: Choosing Your Specialty • Career Panel

For aspiring medical professionals, selecting your specialty can be the most difficult decision of your life. Hear stories from successful doctors and professionals and ask questions about their experiences in medical school.

# Non-Profit and Miscellaneous Careers • Career Panel

Not in a traditional "Indian" career? Then this panel is for you. Hear stories from an artist, non-profit director, musician, several other unique professionals.

# Will "Later" Ever Get Here? • Presenter: Sarano Kelly

"Later" is a very sneaky opponent to living your real life. It's always convincing you that whatever needs to be done will somehow be improved by waiting. How many moments are accumulating into years while you put off until later those things you've always wanted to do? We put off not only our big goals but also things like showing kindness, getting help for ourselves, telling people we love them, or taking up a hobby. As we get older, we do our best to make sure that everything stays the same. We drive the same way every day when going to work. We eat the same foods at the same restaurants; we listen to the same music and watch the same movies. We lose vitality in life and relationships. We're human beings who have been caught in a dream and are sleepwalking through our lives. Did you know that some people wake up and take a different course? They find extraordinary powers within themselves. Awakened dreamers accomplish goals beyond their imaginations. This session will teach you how to move beyond "later" by harnessing the power of stillness and focused attention.

Monday, July 3

Session 4 2:45 pm

# Be the Change • Presenter: Chirag Shah

Many Jains are becoming increasingly concerned about the world in which they live. Local issues such as education and gun control, national issues regarding the sanctity of marriage and abortion rights, and international issues involving war and genocide, are taking center stage in global politics. Often, these issues have no easy answer, since people feel differently about how societal problems ought to be resolved. In this session, you will discuss the Jain way of life relating to hot-button political issues and learn how to apply Jain principles to politics, policy and governmental actions. Young people, and particularly young Jains, are in a unique position to proactively engage policy makers. In the words of Mahatma Gandhi, "you must be the change you wish the see in the world." In this seminar, you may learn how.

# You are not your Thoughts • Presenter: Dhrumil Purohit

Upon meditating on the essence of life itself, René Descartes, the French philosopher came the to conclusion, "I think, therefore I am." What could be more true than that? Our thoughts are expressions of our mind and are the primary way we experience life. But is there something deeper? Is it possible that we are more than a collection of mental beliefs, associations, and attachments? Speaker, Dhrumil Purohit, will use his personal experiences and simple story telling as a way of uncovering the truth behind the greatest lie ever believed by humanity.

# Forgiveness and Letting Go Presenter: Kamal Shah

We all make mistakes. The role of forgiveness is essential to maintaining a happy and healthy life, but sometimes we need more help to just let go. Jain scriptures explain the role that "kshmapana," or forgiveness, plays in our everyday lives and how it can better our lives and the lives of those around us.

# Invisible Children • Presenter: Nimit Mehta

In the spring of 2003, three Californians left in search of a story. What they found, was a tragedy that both disgusted and inspired them. In a world of security and freedom, Ugandan children live in fear of the country, people, and death around them. Come, hear their story, and discover the unseen.

# Finding Compromise in Relationships • Presenter: Nipun Mehta

More than 50% of the marriages end up in divorce. Over \$26 billion is spent annually on antidepressants. California's prison budget is more than all but five, of the world's economies. We live in a time of broken relationships. When Edgar Mitchell, the fifth man on the moon, was descending on Earth, he had a metaphysical realization that changed his world view: the country and state lines on our maps are man-made! Ultimately, we're all just one family on Earth. However, we don't consider our neighbors as our own; we fight with business partners, we have tense personal relationships. In an era of non-stop sensual bombardment from commercially-driven operatives, how do we build lasting relationships based on compassion?

# Making the Three Jewels Sparkle • Presenter: Nitin Talsania

Where does unhappiness stem from? What is my goal in life and how do I get there? These are just a few of the questions that will be addressed in this interactive session regarding the three basic jewels of Jainism. The session will discuss self-realization by using a Jain focus and approach. Participants will go through an exercise of trying to help one another find resolutions to the questions in an attempt to develop a road map for one's future.

# Exploring the Jain Universe • Presenter: Pravin Shah

What exactly lies past this Earth? This Solar system? The Milky Way? Exactly how big is our universe? Everyday, science unfurls a new galaxy in our midst, and it seems like our universe is ever-expanding. When we try to picture the universe from a Jain perspective, what exactly are we trying to see? This session explains the model of the Jain universe and will hopefully help to explain tensions between Jain philosophy and modern science.

# Driving Social Change • Presenter: Richard Brooks

In this session, we will discuss the relationship between holistic development and non-violence and what Jains can do to integrate the two. You will learn skills for facilitating health and social change. How do we apply strategies of social marketing and community organizing to issues that concern us? This session will provide tips for business, public service, and peacebuilding, including techniques you can apply to networks, associations, and groups. What are young people doing to enhance their own education while serving humanity and the environment? Learn examples of innovative youth-led programs and opportunities to get involved.

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# Powerful Relationships • Presenter: Sarano Kelly

Personal relationships don't always function well because two people get together for the purpose of finding happiness. What they really want, is for the other person to make them happy. I'm sure you've come to realize that it doesn't work this way. But using relationships as a crutch for happiness does not have to be the default. There is an alternative: spiritually grounded relationships. Spiritually grounded friends are committed to a higher purpose and to helping each other fulfill that purpose. This gives them goals beyond their personal happiness and makes the relationship more satisfying than most friendships. How can you transform your current relationships into powerful spiritually grounded ones and be able to both give and get more from life?

# Leadership in our Community • Presenter: YJA Executive Board

As a young Jain, you have the ability to make a positive difference in our community. However, it is often difficult to decide where to start and what to do. This session has been developed in order to provide guidance for any aspiring youth. Current and former YJA Board members will provide a first hand account of their experiences on the board as well as discuss how they became active members in the Jain community.

# Business and Entrepreneurship • Career Panel

The focus of this career panel will be to discuss experiences and best practices of entrepreneurs. Hear from and learn about various successful and not-so-successful startups by these seasoned entrepreneurs. You will also be able to hear from those who work for large corporations. Hear some guidance from successful professionals who have moved up the corporate ladder. Come with questions or bounce off ideas.

# Law and Politics • Career Panel

Indians and Jains are quickly becoming forces as lawyers and politicians. Hear from some already in the field and learn what it takes to make it.

# Medicine: Choosing Your Specialty • Career Panel

For aspiring medical professionals, selecting your specialty can be the most difficult decision of your life. Hear stories from successful doctors and professionals and ask questions about their experience in medical school.

# Career Couples Career Panel

Whether both of your parents work or one stayed at home, most of us young professionals will be pursuing a career. Whether you're male or female, you have a passion and will firmly pursue it. What happens when you meet your significant other? How do two dynamic, ambitious people carry on a relationship? Meet some newly married young couples who balance their careers, relationships, and lives. You'll hear their challenges and get a glimpse of how they manage complicated, fulfilling lives.

# Pressures of Marriage Panel

Whether you're 21 or 29, you've probably thought about what it will be like to get married. Some of us are reminded about this more often than others by our friends, parents, siblings, and just about everyone else we know. So how do you best deal with that pressure? The first place to look for a solution is through the eyes of those who have already overcome this pressure. Meet several couples who are in varying levels of relationships: dating, newly married, and parents. Hear their thoughts, suggestions, and viewpoint. This will be an open dialogue for attendees to express their opinions and ask questions.

Monday, July 3

Session 5 4:00 pm

# Living Karma, Genes, & My Actions Presenters: Ankoor Shah & Milan Doshi

This session will introduce participants to the basic concept of karma and karma theory. We will review the eight main types of karma, taking time to describe their acquisition and consequences. Within this framework, we will examine the scientific and philosophical question of causal interaction: namely, how does karma, a metaphysical entity, directly cause changes in the physical world? We suggest the possibility that karma linked through an individual's genetics may contribute to this interaction. If I subscribe to karma theory, is my fate completely predetermined?

# Jains as Conscientious Objectors • Debate

Should Jains avoid being drafted? Should we go to war alongside our fellow citizens? This session will allow you to participate in a structured debate about many key questions facing Jains today. The topic listed in the session title will be the emphasis of the session. Which side of the issue are you on? In this session, in true anekantvad style, you will argue each side of the issue at different times so you can gain a better appreciation for all sides of this issue. No prior preparation is needed!

# Jain Vision 2020 • Presenter: Jain Leadership

In hopes of reviewing the long term future of Jainism, JAINA's Long Range Planning Committee began work early in 2004 to analyze the trends and patterns of Jains in the US and Canada. Dipak Jain, the Dean of Kellogg School of Management at Northwestern University, invited Jain leaders to a historic first summit in April 2005 to discuss the future of Jainism in North America. In addition, all Jain Center presidents and leaders sent their comments to the group. The goal of the summit was to apply Kellogg's leadership atmosphere, innovative thinking culture, and powerful management concepts to develop a strategic plan to bring Jainism to a new level in North America in the next 10 years. This leadership forum will allow attendees to provide their own leadership insight and collaborate as a collective group. This will serve as the beginning of a dynamic enterprise that will build off ideas and concepts we discuss.

# Morality in Medicine • Presenter: Kirit Gosalia

Every profession comes with its share of moral and ethical issues. In this session, cardiologist Kirit Gosalia will provide a first hand account of the moral conflict associated with the medical profession. Attendees will learn about the struggle and satisfaction of the healthcare field. Dr. Gosalia's advice and experience will be valuable to any student of or considering medicine. After all, when the line between morality and medicine is blurred, who better to ask than a professional?

# Global Impact of Vegetarlanism • Presenter: Manoj Oswal

Manoj's core area of interest is the animal rights and vegetarianism movement. He aspires to interact with Jain youths and explain vegetarianism in a new light. He believes Jains should explore the science behind vegetarianism as well as its relation with world hunger, deforestation, top soil erosion, communicable diseases (like bird flu, SARS, BSE), pesticide usage, chemicals in food, recurring diseases and scores of issues. We now need to be empowered with knowledge to help others understand that vegetarians are not weaklings, but rather, a force for the survival of this planet.

# Success Outside the Box • Presenter: Michael Simmons

Michael Simmons, founder of Extreme Entrepreneurship Education and author of The Student Success Manifesto and All or Nothing, Now or Never, will challenge and inspire Jain youth to look deep within themselves to find a sense of purpose. Michael excels at helping youth look beyond traditional measures of success such as high grades and test scores and helps them define success for themselves. With all this entrepreneurship passion, there is just enough room for spiritual balance. Explore the possibilities within yourself to see what you're truly capable of.

# Everyday Ahimsa Presenter: Neel Patel

This session will look at how to incorporate Ahimsa into your daily life beyond simple vegetarianism. Each day presents new lessons to learn. What lessons did you learn today? Yesterday? What lessons will you find tomorrow? Learn to understand the meaning of experiences and their impact on your future. Learn how to turn difficulties and challenges into success and spiritual satisfaction.

# Passion and Purpose • Presenter: Nimesh Patel

Do you have passion? How do you channel that passion into something worthwhile? With passion comes the need for purpose. Nimesh will discuss how to select purposeful endeavors and put your heart into them. Everyone has passion, but dynamic leaders follow their heart and align passion with purpose. Today's resources make it easy to bring these forces together.

# Random Acts of Kindness • Presenter: Nipun Mehta

Want to change the world? Tell the truth to your plumber. Talk with the checkout clerk at the grocery store. The power of changing the world is in your hands. There's the ready, steady, go approach – build a business plan, think about sustainability, market products, and launch. Then there's the rocket model: just fire off, steady if at all, and arrive whenever the time is right. Are you ready to do acts of kindness? The session will introduce smile cards, explain the "Butterfly Effect" (why people feel that what they do doesn't count), and discuss on small acts vs. big acts (Who has changed the world more – Mother Teresa or Bill Gates?).

# Leadership in our Community • Presenter: YJA Executive Board

As a young Jain, you have the ability to make a positive difference in our community. However, it is often difficult to decide where to start and what to do. This session has been developed in order to provide guidance for any aspiring youth. Current, and former, YJA Board members will provide a first hand account of their experiences on the board as well as discuss how they became active members in the Jain community.

# JNF Teambuilding

Teambuilding is a fun and unique way to meet new people. Relax, be yourself, and have fun with the project, game, or activity that you get to play. We've put together some awesome events which will definitely provide a memorable time for you and your new friends. Get ready to think outside of the box!

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# 🌇 Speaker Biographies



# Ameet :

North Carolina native Ameet Shah is a former YJA co-chair and has been an active member of the Jain community for years. After graduating from Duke University, Ameet worked for JP Morgan Chase and spent two years teaching at underprivileged public schools in Los Angeles through Teach for America. Ameet graduated from Harvard Business School this past May and has a knack for music; which he's showcasing at his session entitled "Bhajan Nation."



# ✓Ankoor.

Ankoor Shah is from Albany, New York. He graduated two years ago from the University of Pennsylvania with majors in biology and health care management. He is now finishing his second year of medical school at Columbia University. At this year's convention, Ankoor and his friend Milan, will teach and leadadiscussionsessionabouttherelationship between science and religion.



# Ashok

Ashok Jain has been teaching Jainism to the next generation for many years. He has a unique method of teaching and interacts with people at their knowledge level. He is a practical teacher and an expert in conflict resolution and problem solving. He is a Systems Engineering Fellow and leader at the Pratt & Whitney Engineering department in East Hartford, Connecticut.



# Chirage

Chirag Shah is a native of Milwaukee, Wisconsin, and recently graduated from the University of Wisconsin with degrees in political science and international relations. Chirag has been politically active by working on campaigns and interning at the US Congress. In addition, he has dedicated much of his time to religious activities. He has been involved with the Jain community in Wisconsin, has served on YJA Executive Board, and was a co-chair for the 2004 convention.



# ✓ Dhrumil

As a founder of Dharmaboost, Dhrumil Purohit uses commerce as a powerful catalyst for social change and speaks at various community and Jain events. Dhrumil's lifestyle as a raw foodist and campaigner for compassion, demonstrates his moral convictions. He has been a YJA board member for several years and has helped the Jain community progress innovatively.

### Gurudev

Born in July 1922, Gurudev Chitrabhanuji was the first monk to establish Ahimsa and reverence for life in the west. At an early age, Gurudev sought answers to questions about life and death. He went on spiritual journeys, vowed to become a monk, took a five year vow of silence (mohan), and wrote inspirational books and poems from which he raised considerable interest in Ahimsa and Jainism. While traveling, Gurudev also successfully campaigned to close down slaughterhouses, which resulted in a complete ban on cow slaughter in nine states in India. Gurudev's teaching and activism earned him invitations from the Harvard Divinity School, institutes in Paris and Munich, and from the Secretary of the Vatican to meet with Pope Paul VI in Rome.



### A Hira Ratan

Hira Ratan Manek was born in September 1937 in Bodhavad, India and received his mechanical engineering degree from the University of Kerala. After graduating, he joined his family's shipping and spice trading business and worked there until he retired in 1992. He then began studying the ancient practice of sun gazing, an old, but forgotten method. It has been practiced in many different parts of the world by many leaders and religious figures, including Lord Mahavir, who was an avid sun gazer over 2600 years ago. Mr. Manek developed this practice for three years, and re-discovered the secrets of sun gazing.

### Jayesh

Jayesh Khona was born and raised in India, and received a masters degree in the philosophy of Jainology. Today, he oversees the activities at the Jain Temple in Northern California as the temple's Panditji, and enjoys teaching Jain Dharma in Pathshala and Swadyay classes. From performing ghee bolis and leading pujas, to delivering fectures at the University of California in Santa Clara on Jainism, Mr. Khona, also known as Jack amongst his friends, enjoys sharing his message of Jainism with the whole community.



### ✓ Kamal

Kamal Shah is the President of the Jain Religion Center of Wisconsin and an active voice in the Jain community. He attended the University of Wisconsin in Oshkosh and earned an MBA with a concentration in marketing and finance. Mr. Shah served as a marketing executive for Blue Cross, Blue Shield, Metropolitan Life, and United Health Care before starting his own consulting agency. Mr. Shah reflects, "Jainism is an integral part of life for my family and me. Seventeen years ago, an unexpected visit from by two Samnijis rekindled my Jain spirit, and the death of a Jain boy exposed the value of Jainism. That motivated me to keep Jainism alive in America by unifying our small community in Wisconsin, and building our temple in 2001. Ihope that Jainism remains an essential part of life for generations to come."





### A Kirit

As a founding member, former president, and head of fundraising of the Jain Center of Greater Phoenix, Dr. Kirit Gosalia has been instrumental to the Jain community in the Phoenix area and has focused focused his efforts on the construction of a new temple in Phoenix. In addition to his efforts in Phoenix, Dr. Gosalia is a participant in Rakesh Bhai's annual camp in India and runs a youth camp in India himself. He is a well-known speaker in the Jain community in both the US and India. One of Dr. Gosalia's greatest recent accomplishments is the publication of the Primer of Jain Principles (available at www.jainworld.com). Dr. Gosalia works as a cardiologist in Phoenix and currently resides in Glendale, Arizona.



### Manoi

Manoj Jain, MD MPH is an infectious disease physician in Memphis, Tennessee, and a national leader in healthcare quality improvement. Dr. Jain conducts research on spirituality and medicine, and lectures on Eastern and Western thought. He received his engineering, doctorate, and public health degrees from Boston University. He has served as a consultant to the World Bank on HIV, and has been interviewed by CNN, National Public Radio, and India Today magazine. He has also authored several books on vegetarian Indian foods and Jain dharma.



### ✓ Manoj

Manoj Oswal founded Creatives & Logics, a London-based consulting company. He is a social activist who has participated in the animal rights and citizens rights movements in India and arranged a press conference in India, at which major religious figures spoke against communal voting. Mr. Oswal also led the effort to create a leaflet about the cruel practices and dangerous chemicals used by KFC (PETA's US office uses these materials as a model). Mr. Oswal also loves to travel and make life an adventure.



### ✓ Megha

Originally from Chicago, Illinois, Megha Doshi graduated from Harvard University in 2004 with degrees in Bioethics & Policy and Spanish. After graduating, Megha researched public health issues and environmental policy at the California Department of Health Services before moving back to Boston to work for a socially responsible investment company.



### Michael

Michael Simmons is a best-selling author, award-winning entrepreneur, and well-known motivational speaker at high school and college campuses. As a recent colluege graduate, Michael is able to relate to and inspire young audiences with a unique and insightful message. When he was 16 years old, Michael co-founded his first business, Princeton WebSolutions (PWS), which was later rated the #1 youth-run web development company in the nation by Youngbiz Magazine. In addition, Michael has won three Entrepreneur-of-the -year awards from the National Foundation for Teaching Entrepreneurship, Fleet, and the National Coalition for Empowering Youth Entrepreneurship.

### Milan

Milan Doshi is from Albany, New York, and is currently in his third year of dental school at UPenn. He has attended several YJA and JAINA conventions "I am very excited for this year's convention (where else can you do garba in July), and hope to meet many of you at the seminar about science and karma that I'm leading with my friend, Ankoor."



### ✓ Neel

Neel Patel is currently a medical student at NYCOM Medical School in Long Island, New York. Originally from Delaware, Neel aspires to be a cardiologist. At this year's YJA convention, he hopes to spread knowledge and awareness about health consciousness. His goals are to educate the public on the importance of a proper diet and exercise and how they can lead to a life without disease.



### Nicky

Nicky Dawda currently serves as the COO of Quadrisery, Inc. Previously, Nicky served as Global Head of Product Development for Execution Services at Deutsche Bank. He also held the positions of Head of Product Development for Global Equity Prime Services and COO for Global Program Trading, also at Deutsche Bank. Nicky holds a BS in electrical and electronic engineering from The University of Hull in the United Kingdom.



### Nimesh

Nimesh Patel worked in strategic planning and business development for American Express before serving as vice president of Rukus Avenue, an independent South Asian record label. He graduated from the Wharton School of Business, and writes comics for the site Badmash.tv. At YJA, Nimesh will speak about the importance of passion and purpose and how easy it is to do what you love. Nimesh's South Asian hip hop group Karmacy will also be performing.



### Nimit Nimit

Nimit Mehta is a freshman at Columbia University and has been working with nonprofit organizations for the last five years. This year, he spent his spring break in New Orleans aiding Katrina-ravaged areas and victims. Nimit is currently working with Invisible Children, an organization that is dedicated to ending the suffering of Ugandan children in Central Africa.



### ✓ Nipun

Nipun Mehta used his software engineering skills to begin an organization called CharityFocus, which helps non-profit organizations with webbased solutions on a purely volunteer basis. Apart from CharityFocus, Mr. Mehta serves on the board of the Seva Foundation, the Institute for Global Communications, Airline Ambassadors, a Pay-It-Forward Club, and the Silicon Valley Volunteer Center. He also organizes Help-the-Homeless Drives and participates in several other community service activities.





### Nitin

Nitin Talsania chairs JAINA's Media and Public Relations committee and is part of the Jain Leadership Forum at Northwestern University's Kellogg School of Business. He headed the planning of "Ahimsa Varsh Celebration," Lord Mahavir's 2600 Birth celebration, and was actively involved in the planning of the 2002 YJA Convention in New Jersey. Intrigued by the minuteness and scientific nature of Jain philosophy, Nitin likes to study the depth of vitarag vignan, the science of the soul and how it can be practically applied in daily life. Nitin and his family live in Basking Ridge, New Jersey.



### Pavan

Pavan Zaveri is a pediatric emergency medicine fellow in Washington, D.C. He has been active with Jain youth activities in Dallas, Texas, since 1989. Having worked with youth at the local, regional, and national levels, he has gained tremendous experience. Jainism is an essential part of his life as he works hard to live it and pass it on to the next generation, starting with his own son, Manan. Pavan served on the first YJA Board and has been a key mentor to many of the current YJA Board members.



### Pramodaji

Born in a Jain family, Pramodaji Chitrabhanu developed an interest in the philosophy of Jainism from early childhood. She received a B.A. in psychology and excelled in many other areas, such as singing and sitar-playing, but none matched her determination to follow the religious path. She later married Gurudev Chitrabhanuji, with whom she has two sons, and she has since authored three books on Jainism. Pramodaji Chitrabhanu strives to practice Jainismandfollowthepathofspiritualblissinhereverydaylifewithherfamily.



### Pravin

Pravin Shah is a founding member of the Jain Study Center of North Caroling and a JAINA Executive Committee member. He is the chairperson of the JAINA Education Committee and an advisor to YJA and YJP youth organizations. He worked as an electrical engineer at IBM and lives in Raleigh, North Carolina. He is also a member of the Harvard University Pluralism Project Advisory Council and director of the Wake County Interfaith organization. He has published several articles (available at www.jaina.org) and books on Jain philosophy, animal cruelty, and comparative religions. One of his objectives is to prepare Jain educational material in English for the Jain community. He offers two-day interactive workshops on various aspects of Jainism to prepare Jain Pathshala teachers and educate the community.



### Rajiy ....

Rajiv Jain recently graduated from Virginia Tech with a degree in computer engineering. He has always lived in the Washington DC area and has been active in the local Jain Center since childhood. During college, he was inspired by a class he took on Gandhi, and his session at this year's convention will highlight some of the things he learned.

### Richard

Richard Brooks is the outreach program manager and director of the Health Promotion Project in the Division of Continuing Studies at the University of Wisconsin. He has participated in several community service programs including Engineering Projects in Community Service, the Madison Home Garden Project, the Dane County Time Bank, the Wisconsin Positive Youth Development Initiative, and the Japan-Sri Lanka Study Service Program. In addition to his work on health promotion, Mr. Brooks is also well-known for his commitment to Sri Lankan tsunami relief efforts through Sarvodaya USA, a nonprofit group that has raised \$3.5 million to date. Mr. Brooks has made two aid trips to the country in the past year.



### Samani Mudit

Samani Mudit Pragyaji has been an assistant professor; teaching the science of living, yoga, and meditation at Jain Vishwa Bharati University, India. She has been a Jain Sadhvi for the last 25 years and has been studying under the guidance of Acharyashri Mahapragya. Samani Pragyaji has a masters degree and is proficient in several ancient languages such as Sanskrit and Prakrit. She is also an expert at various Jain scriptures and Agams, and has written many articles and books. She has traveled extensively around the world and led the Jain Vishwa Bharati Center of Orlando for three years. She has conducted several yoga and preksha meditation camps throughout the US.



### Samani Sangh

Samani Sangh Pragyaji was initiated in the Monk and Nun order before her 14th birthday by Acharyashri Mahapragya. She has a masters degree in Jain philosophy and studied the science of living at Somaiya College Bombay. She also learned Sanskrit and Prakrit and has extensively studied Jain Stotras and Agams. Samaniji has given her spiritual and religious guidance to Jain Vishwa Bharati Centers in the UK and US and has conducted several Preksha meditation camps and lectures.



### ✓ Sarano

Sarano Kelley grew up in a gang-ridden neighborhood in Brownsville, New York. He entered Vassar College at the age of 16 and was earning \$400,000 in commission as a stockbroker on Wall Street by the time he was 23 years old. When he was at the height of success as a stockbroker, he had a life-changing experience; he lost some family members in a fire. This tragedy led him to begin a spiritual and philosophical journey to understand the meaning and purpose of his life. At this year's convention, Sarano will be inspiring youth through his message of directed attention and the power of presence.



### Shibani Parinda

Shibani Shah is completing a Doctorate of Pharmacy at Midwestern University in Downers Grove, Illinois. Parinda Shah attends the Illinois Institute of Technology in Chicago and is majoring in Molecular Biochemistry. Both Shibani and Parinda teach pathshala classes at the Jain Society of Metropolitan Chicago.



### ✓ Shardule =

Shardule is a senior attending Case Western Reserve University in Cleveland. Ohio. His main hobbies are playing music and cheering all Boston (his hometown) sports teams. If you have any clue as to what he should do after graduation, he's open to ideas.



### ✓ Sonal Contain

Sonal Sheth received her B.A. in sociology from the University of Michigan at Ann Arbor. She has worked as a child sexual abuse educator at public schools in Washington, D.C., as an English and art teacher in India, and as a youth worker with Asian teens. Currently, Sonal runs a tutoring program for elementary school children in D.C. She is also the youth coordinator for her temple in Maryland and is helping to organize a conference called DC Desi Summer for young South Asians who want to be catalysts for positive change in their communities (www.myspace.com\dcdesi). For fun and inspiration, Sonal paints, writes poetry, dances, plays soccer, and attends performances.



### Sudhir

Sudhir Shah currently chairs the JAINA Exhibition Committee and has been involved in educational and outreach activities for last 10 years. He has served his local Jain center in various capacities, including board member, president, editor of the Anekantvad newsletter, pathshala coordinator and a teacher. He is the author of "Think of these a collection of articles about an alternate approach to the Jain way of thinking. He has received a Masters of Science and Masters in Public and Private Management from Yale University and also serves as the Jain representative of the Yale University Interfaith Group.



### Surbhi

Surbhi Pandya reflects her thoughts on canvas with the studies of Jain philosophy. She studied Jain principles under the guidance of Munishri Kshama-Sagarji. Surbhi is a group counselor and has conducted many Jain presentations in India, Massachusettes, and California. She practiced pranic healing and developed an interest in acupressure, astrology, painting, and music. Her most well-known works include a series of paintings on Jain philosophy that were exhibited at Washington Georgetown University in 2001 and Milpitas, California in 2004.



### Sushil .

Born in India and raised in a suburb of Kentucky, Dr. Sushil Jain has a fresh understanding of the Jain youth perspective. After finishing his education, Dr. Jain joined the US Navy and gained valuable leadership, organization skills, and insight about Jains serving in the armed forces. As a doctor of optometry, Dr. Jain has served as the eye doctor for the last three US Presidents. Dr. Jain is also a leader in the Washington, DC Jain community and currently serves as its President. Dr. Jain currently serves as a JAINA committee chair and previously served as JAINA Regional Vice President and Secretary.

### ✓ Vinit

Vinit Doshi studied statistics and liberal arts at the University of Michigan and University of California at Berkeley. He currently works in the field of marketing consulting. Vinit lives in Fairfield, Connecticut, with his wife and two children. He is active in the Connecticut Jain Sangh and helps teach young people about Jain dharma:



### Young Jains of America

The Young Jains of America executive board is a group of 15 dynamic individuals who share a common goal to help Jain youth understand their heritage. The executive board is great way for Jain youth to discuss ideas and activities with other young Jains. Aside from the biennial YJA Conventions, the YJA Board also organizes smaller events in each region of the US. In addition, the YJA Board has started an online blog that enables the public to discuss current events and activities. Each year, the executive board hosts a session that gives guidance to young leaders that want to help the Jain community so that the Young Jains of America group can continue in its effort to preserve the Jain heritage for years to come.



### ✓ Yogendra

Yogendra Jain is a technologist and entrepreneur. He founded four companies and has raised over \$30 million in venture capital. He served as vice president and general manager of RadiSys Corporation, worked at Texas Instruments, and at MIT Lincoln Labs. Mr. Jain has a masters degree from Rice University, an MBA from Babson College, and a bachelors from Boston University. He serves as chairman of the JAINA Long Range Planning Committee and teaches Pathshala at the Jain Center of Greater Boston. He has led several projects such as: The Jain Way of Life, TattvarthSutra – Ancient Scriptures Come Alive, Comparative Religions, Essence of Jainism, Rebranding and Repackaging Jainism, Discovery of the Soul and Strengthening of Jain Faith. Mr. Jain is also currently working on a Jain Handbook, to present Jainism in a simple manner for both Jains and non-Jains.



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Anil and Hina Shah Concord, MA Congratulations to YJA for your outstanding leadership and dedication to the Jain Community!

Shekar and Aarti Mehta Hudson, MA

Best Compliments for a Successful Convention!

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Great Work! We are proud!

Dharmaraj and Sonali Khot Quincy, MA A Job Well Done! Keep up the Great Work!

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Without your support we would not be here today!

### Congratulations!

The Leaders of tomorrow have organized another great convention for our community!

Best Wishes and Continued Success!

Prem, Sandhya, Ankít, and Mohít Jaín

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### Jainam Jayati Shasanam Sarvatra Sukhi Bhavntu Lokah

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Jain Center of New Jersey 233 Runnymede Road Essex Falls, NJ 07021 Only that science is great and the best of all sciences, the study of which frees mankind from all miseries

-Mahavir Swami (Isibhasiya, 7/11)

Jai Jinendra!

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You all have done an excellent job. We are very proud of all of you!

Keep up the great work!

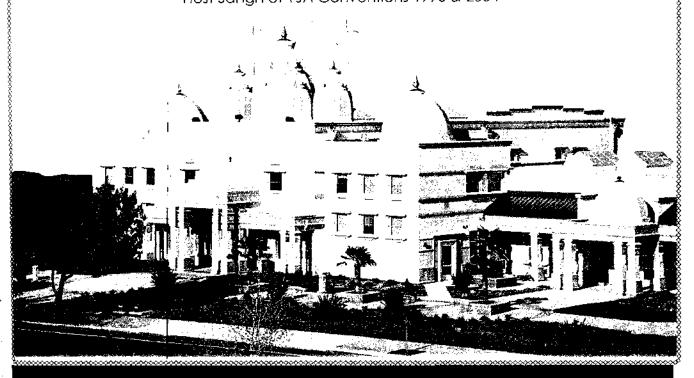
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# We Support our youth and YJA Convention 06 in New England!

Ila Mehta Maumee, Ohio Congratulations on making your vision a reality!

Your dedication can serve as motivation for us all!

Pradip and Nisha Gosalia Tanmay, Tarang, Varsha

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### Excellent Convention!

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Best Regards to YJA!

Mukund and Dhira Mehta Sejal and Shamit Stoughton, MA RELIGION IS THE HIGHEST OF ALL BLESSINGS. IT IS COMPRISED OF AHIMSA (NON-VIOLENCE), SAMYAMA (SELF-RESTRAINT), AND TAPA (PENANCE). EVEN THE GODS BOW DOWN TO HIM WHOSE MIND IS ALWAYS CENTERED IN RELIGION.

-DASA VAIKALIKA SUTRA

### BEST WISHES TO YJA 2006

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## We are proud of all of your accomplishments!

### Keep Up the Great Work YJA!

Dr. Viren and Jolly Shah Southwest Primary Care Sugar Land, TX 281-980-2233 Jai Jinendra and Best Wishes to YJA Convention!

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We commend you for your hard work and dedication!

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Congratulations and Best Wishes The Jain Society of Minnesota www.jaincentermn.org

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Yogendra and Preeti Jain Wellesley, MA We are proud
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### Our Youth are the Leaders of Tomorrow! Congrats!

Lalit and Chandrika Gala Cosmos Consultancy North Andover, MA

### GOOD LUCK TO YJA AND GBCC

WE ARE PROUD OF YOU

VASANT AND JYOTSNA NAGDA North Attleboro, MA

## Wishing you the best for the Upcoming Convention!

Haresh and Hemlata Mehta Riddhi and Meghi Methven, MA

I've attended the past four conventions and feel that I've become a better person and have made several life-long friends! Thank You YJA!

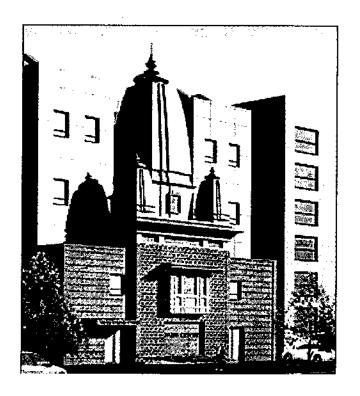
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Best Wishes to ... Young Jains of America ...the future of Jainism

Kul Bhushan and Rani Jain Rakhi, Naman, Hindi, Sonia, Naina, Neha, Kamal, and Aakash Norwood, MA

# Congratulations Young Jains of America!

Pavan, Meenal and Manan Zaveri Burtonsville, MD Congratulations to Young Jains of America!

Great Work & A Job Well Done!

Yogesh and Bhakti Kamdar Hamden, CT

Best Wishes Young Jains of America!

Keep up the Excellent Work

Kamal and Jagruti Shah Mequon, WI Best of Luck to Convention 2006

Keep the tradition of YJA strong!

Sunit and Seema Jain Long Grove, IL

# Great Job With The 7th Biennial YJA Convention!

Continuing the long tradition of USA in a positive manner!

Pradhuman and Dhanlaxmi Zaveri Dallas, TX

Great Job With Very Nice job YJA!

Continue helping
Young Jains
Leaders Emerge!

Sushil, Asha, Ankush & Nishant Jain Gaithersburg, MD

### CALLING ALL SOUTH ASIANS

PLEASE HELP SAVE THEIR LIVES YOU ARE THEIR ONLY HOPE!

Ankit, Anand Patel and Naren are three of the thousands of patients with leukemia and other fatal blood disorders who desperately need matched marrow/blood stem cell donors. South Asians between the ages of 18 and 60 and in good general health could be those potential donors. We know your heart goes out to them, but they need more than your compassion: they need your moral commitment.

It takes only a few minutes to fill a consent form and give a mouth swab sample for a test.

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# Congratulations Young Jains of America!

Continue living and promoting a Jain Way of Life!

Manoj and Sunita Jain Sapna, Monika, & Rishab Germantown, TN

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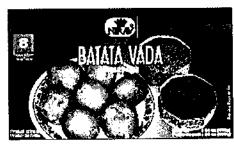
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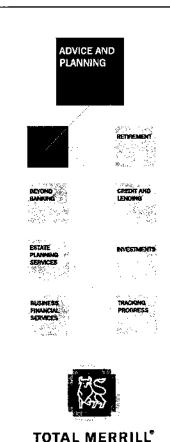
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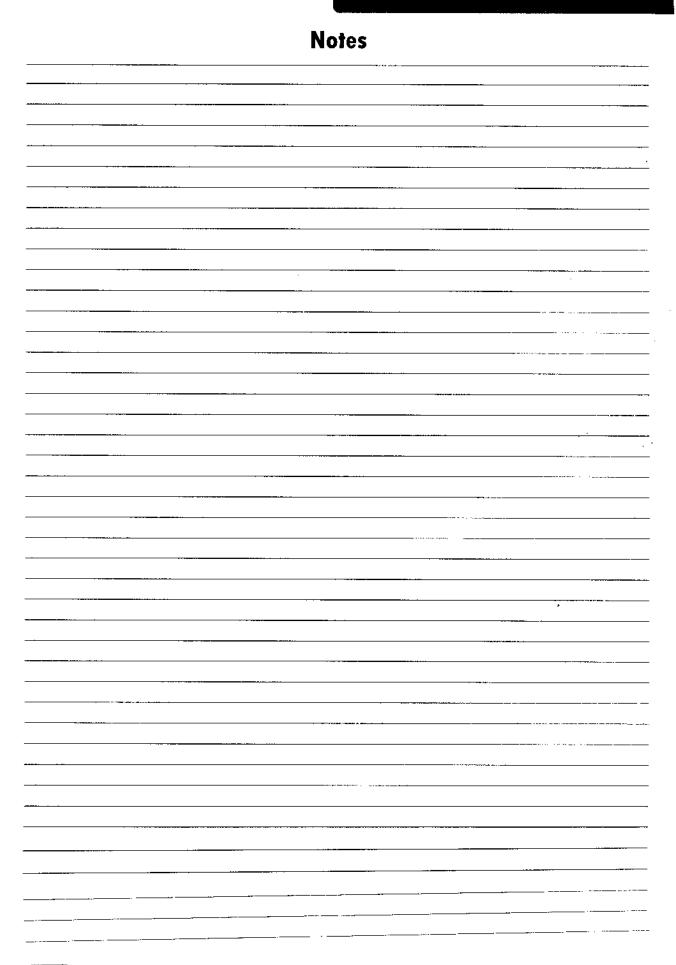


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### With Best Wishes



To

Greater Boston Convention Committee & Young Jains of America

On the

7th Biennial 2006 YJA Convention

From

### Jain Center of Greater Boston

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