

Arvind's Vegetarian Shopping Guide

SOAP, SHAMPOO, CONDITIONER, SHAVING CREAM, HAIR PRODUCT:

Buy from:

Whole Foods
Any other health food store
www.veganessentials.com

Preferred Brands:

Aubrey Organics
Pangea Organics
JASON Natural Products
Clearly Natural Soaps
Alba Botanica

TOOTHPASTE:

Buy From:

Anyplace that sells toothpaste

Preferred Brand:

Toms of Maine

LIP BALM:

Buy From:

www.veganessentials.com
Moo Shoes
Whole Foods

Preferred Brand:

Eco Lips – Vegan Bee Free Flavor

SHOES:

Buy From:

Moo Shoes – www.mooshoes.com
www.veganessentials.com

Preferred Brands:

No Preference – all non-leather brands

BAGS & PURSES:

Buy From:

Moo Shoes – www.mooshoes.com
www.veganessentials.com

Preferred Brands:

Queenbee Creations
Matt & Nat
Crystalyn Kae

WALLETS:

Buy From:

Moo Shoes – www.mooshoes.com
www.veganessentials.com

Preferred Brands:

DB Clay
Malcolm Fontier
Matt & Nat

BELTS:

Buy From:

www.Truthbelts.com
Moo Shoes – www.mooshoes.com
www.veganessentials.com

Preferred Brands:

Truth Belts

LOTION:

Buy From:

Whole Foods
Any other health food store
www.veganessentials.com

Preferred Brands:

Kiss My Face
Aubrey Organics
Alba Botanica

OTHER GOOD WEBSITES:

www.compassionmatters.com
www.cosmosveganshoppe.com
www.differentdaisy.com
www.onestopveganshop.com
www.veganstore.com
www.whiterabbitbeauty.com

Be on the lookout for the following: “100% Vegetarian Ingredients. No Animal Testing”, “This product contains no animal ingredients and was not tested on animals”